

[Manuals.plus](#) /

› [MSFOOT](#) /

› MSFOOT K001 Knee Massager User Manual

MSFOOT K001

MSFOOT K001 Knee Massager User Manual

1. INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your MSFOOT K001 Knee Massager. Please read this manual thoroughly before operating the device and retain it for future reference. The MSFOOT K001 is designed to provide targeted massage and heat therapy to the knee area.



Image 1.1: The MSFOOT K001 Knee Massager in use, highlighting its application to the knee joint.

2. SAFETY INFORMATION

To ensure safe operation and prevent injury or damage, please observe the following precautions:

- Consult a physician before use if you have pre-existing medical conditions, are pregnant, have a pacemaker, or have any concerns about using this device.
- Do not use the device on swollen, inflamed, or injured areas of the skin.
- Keep the device away from water and high humidity.
- Do not disassemble or attempt to repair the device yourself. Contact customer support for assistance.
- Keep out of reach of children.
- Use only the provided charging cable.
- Discontinue use immediately if you experience any discomfort or pain.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- MSFOOT K001 Knee Massager Unit
- USB-C Charging Cable
- User Manual (this document)
- Pain Relief Patches (quantity may vary)



Image 3.1: The MSFOOT K001 Knee Massager and its included accessories.

4. PRODUCT FEATURES

The MSFOOT K001 Knee Massager incorporates several features for comprehensive knee therapy:

- **Infrared Heat Therapy:** Offers 9 adjustable heat levels, ranging from 113°F (45°C) to 149°F (65°C), to promote circulation and comfort.
- **Vibration Massage:** Provides 9 distinct vibration modes for varied massage experiences.
- **Cordless and Rechargeable:** Equipped with a 2400 mAh lithium-ion battery for portable use.
- **LED Touch Screen:** A clear, visible LED display and touch buttons allow for easy operation and mode selection.
- **Ergonomic Design:** Features an adjustable strap (up to 19 inches) and a lightweight design (approximately 1.26 lbs) for a comfortable and secure fit around the knee.
- **360° Knee Coverage:** Designed to provide therapy around the entire knee area.

9 Levels Adjustable Heat

-  1-3 Levels(113°F);
-  4-6 Levels(122°F);
-  7-9 Levels(149°F)



Image 4.1: Illustration of the 9 adjustable heat levels and corresponding temperatures.

9 Vibration Modes



Image 4.2: Illustration of the 9 available vibration massage modes.



LED TOUCH SCREEN

Super Easy to Use



Image 4.3: The intuitive LED touch screen control panel.

5. SETUP

5.1 Charging the Device

1. Connect the provided USB-C charging cable to the charging port on the massager.
2. Plug the other end of the cable into a compatible USB power adapter (not included) or a computer USB port.
3. The charging indicator light will illuminate during charging. Once fully charged, the indicator light will change or turn off (refer to the device's specific indicator behavior).
4. A full charge typically takes approximately 3-4 hours.

5.2 Attaching the Massager

1. Sit in a comfortable position.
2. Place the massager on your knee, ensuring the main unit is centered over the kneecap.
3. Secure the massager using the adjustable strap. Ensure it is snug but not overly tight, allowing for comfortable movement and proper contact with the skin.

6. OPERATING INSTRUCTIONS

The MSFOOT K001 features an easy-to-use LED touch screen control panel.



Image 6.1: Key components of the MSFOOT K001 Knee Massager.

6.1 Power On/Off

- To power on, press and hold the Power button () on the control panel for a few seconds until the LED screen illuminates.
- To power off, press and hold the Power button () again until the screen turns off.

6.2 Adjusting Heat Levels

- After powering on, press the Heat button (SSS) to activate heat therapy.
- Each press of the Heat button will cycle through the 9 available heat levels. The current level will be displayed on the LED screen.
- Select a heat level that feels comfortable.

6.3 Adjusting Vibration Modes

- After powering on, press the Vibration button (v) to activate vibration massage.
- Each press of the Vibration button will cycle through the 9 available vibration modes. The current mode will be displayed on the LED screen.
- Choose a vibration mode that suits your preference.

6.4 Recommended Usage

A typical session duration is 10-15 minutes. The device may have an automatic shut-off feature after a set period. Do not exceed 30 minutes of continuous use per session on the same area.

7. MAINTENANCE

7.1 Cleaning

- Ensure the device is powered off and unplugged before cleaning.
- Wipe the surface of the massager with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- Allow the device to dry completely before storage or next use.

7.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep the device in its original packaging or a protective case to prevent damage.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on	Low battery; Device not charged	Charge the device fully using the provided USB-C cable.
No heat or vibration	Heat/Vibration mode not activated or set too low	Press the respective Heat (SSS) or Vibration (v) button to select a mode and increase the intensity level.
Discomfort during use	Strap too tight; Intensity too high	Loosen the strap for a more comfortable fit. Reduce the heat or vibration intensity. Discontinue use if discomfort persists.
Charging indicator not working	Cable not properly connected; Faulty cable/adaptor	Ensure the USB-C cable is securely connected to both the device and the power source. Try a different USB power adapter.

9. SPECIFICATIONS

Feature	Specification
Model Number	K001
Product Dimensions	9.6 x 5.7 x 5.5 inches
Item Weight	1.26 Pounds
Power Source	Battery Powered
Battery Type	Lithium Ion (6 included)
Battery Capacity	2400 mAh
Material	Plastic
Heat Levels	9 (113°F - 149°F)
Vibration Modes	9
Manufacturer	MSFOOT

10. WARRANTY AND SUPPORT

10.1 Warranty Information

The MSFOOT K001 Knee Massager comes with a **12-month warranty** from the date of purchase. This warranty covers manufacturing defects under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or improper maintenance.

10.2 Customer Support

For any questions, concerns, or warranty claims, please contact MSFOOT customer support through the retailer where the product was purchased or refer to the contact information provided on the product packaging or official MSFOOT website.

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