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› [Sejoy](#) /

› [Sejoy Deep Tissue Massage Gun JMQ-WS-037-BLA User Manual](#)

Sejoy JMQ-WS-037-BLA

Sejoy Deep Tissue Massage Gun JMQ-WS-037-BLA User Manual

1. INTRODUCTION

Thank you for choosing the Sejoy Deep Tissue Massage Gun, model JMQ-WS-037-BLA. This device is designed to provide percussive massage to help relieve muscle soreness, promote blood circulation, and aid in muscle recovery. Please read this manual thoroughly before use to ensure safe and effective operation.



Image 1.1: Overview of the Sejoy Deep Tissue Massage Gun's key features.

2. SAFETY INSTRUCTIONS

To reduce the risk of electric shock, fire, and injury, please observe the following safety precautions:

- Do not immerse the device in water or use it in wet environments.

- Keep the device away from heat sources and direct sunlight.
- Do not use the device on injured skin, open wounds, or areas with swelling.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Do not use the device for more than 15 minutes continuously on a single muscle group.
- Keep out of reach of children.
- Use only the provided charging cable.
- Do not disassemble or modify the device.

3. PACKAGE CONTENTS

The Sejoy Deep Tissue Massage Gun package typically includes:

- Sejoy Deep Tissue Massage Gun (Model JMQ-WS-037-BLA)
- 8 Replaceable Massage Heads
- USB Type-C Charging Cable
- Carrying Bag
- User Manual

4. PRODUCT FEATURES

- **Deep Muscle Treatment:** 12mm penetration depth for effective relief of muscle soreness.
- **Adjustable Speeds:** 30 different speed levels (1200-2800 RPM) for customized massage intensity.
- **Versatile Massage Heads:** 8 interchangeable massage heads designed for various muscle groups and massage types.
- **Long Battery Life:** Built-in 2500 mAh battery provides up to 10 hours of use on a single charge.
- **Quiet Operation:** High-quality motor operates at less than 45dB, ensuring a quiet massage experience.
- **LCD Touch Screen:** Displays speed level, massage pressure, and remaining battery power.
- **Portable Design:** Lightweight (0.89 kg) with an ergonomic, anti-slip handle and included carrying bag for convenience.
- **USB Type-C Charging:** Convenient and widely compatible charging method.



Image 4.1: 12mm Deep Muscle Treatment.

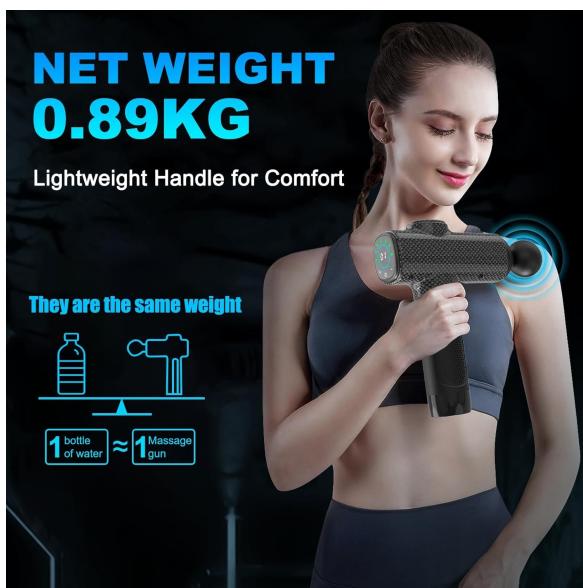


Image 4.2: Super Quiet Design for discreet use.



Image 4.3: Lightweight and ergonomic design.

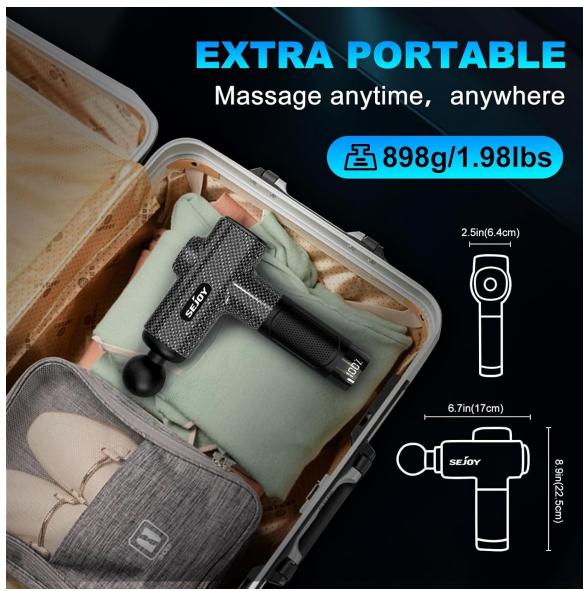


Image 4.4: Extra portable for travel and gym use.

5. SETUP

- Initial Charge:** Before first use, fully charge the massage gun. Refer to the 'Charging' section for detailed instructions.
- Attach Massage Head:** Select the desired massage head. Align the head with the opening on the front of the gun and push it firmly into place. Ensure it is securely attached before use.

6. OPERATING INSTRUCTIONS

6.1 Power On/Off

- To power on, locate the main power switch at the bottom of the handle and slide it to the 'ON' position. Then, press and hold the power button on the LCD screen for a few seconds.
- To power off, press and hold the power button on the LCD screen for a few seconds until the display turns off. For complete power disconnection, slide the main power switch to the 'OFF' position.

6.2 Adjusting Speed Levels

The massage gun features 30 adjustable speed levels. Use the '+' and '-' buttons on the LCD touch screen to increase or decrease the massage intensity. The current speed level will be displayed on the screen.

Long Battery Life With Large Capacity



Image 6.1: LCD screen and speed adjustment interface.



Image 6.2: Speed level recommendations for various massage needs.

6.3 Changing Massage Heads

To change a massage head, gently pull the currently attached head out of the device. Select a new head and firmly push it into the opening until it clicks into place.



Image 6.3: Overview of the 8 replaceable massage heads and their recommended uses.



Image 6.4: Targeting specific muscle groups with appropriate massage heads.

6.4 Usage Guidelines

- Apply the massage gun to the desired muscle area.
- Move the device slowly over the muscle, applying gentle pressure.
- Avoid direct contact with bones, joints, and sensitive areas.
- Do not use on the head, face, or directly on the spine.
- The device has a 10-minute auto-off feature to prevent overuse.

7. CHARGING

The Sejoy Deep Tissue Massage Gun is equipped with a 2500 mAh rechargeable battery. The remaining battery power is displayed on the LCD screen.

- Connect the USB Type-C charging cable to the charging port on the device.
- Plug the other end of the cable into a compatible USB power adapter (not included) or a computer USB port.
- The battery indicator on the LCD screen will show charging status.
- A full charge takes approximately 3-4 hours and provides up to 10 hours of use, depending on speed settings.
- Ensure the main power switch is in the 'OFF' position during charging.



Image 7.1: Long battery life and Type-C charging.



Image 7.2: Convenient USB charging port.

8. MAINTENANCE AND CARE

- **Cleaning:** Wipe the device with a slightly damp cloth after each use. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massage gun in its carrying bag in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Massage Heads:** The massage heads can be removed and cleaned with mild soap and water. Ensure they are completely dry before reattaching.
- **Heat Dissipation:** The device features a heat sink design to maintain optimal performance. Ensure the heat dissipation vents are not blocked during use.



Image 8.1: Heat sink for efficient heat dissipation.

9. TROUBLESHOOTING

- **Device not turning on:** Ensure the main power switch is in the 'ON' position and the battery is charged. Press and hold the power button on the LCD screen.
- **No vibration:** Check if a massage head is securely attached. Ensure the device is powered on and the speed level is set above zero.
- **Short battery life:** Ensure the device is fully charged before use. Battery life can vary based on the speed level used.
- **Unusual noise:** Turn off the device immediately. Check for any obstructions or loose parts. If the issue persists, contact customer support.

10. SPECIFICATIONS

Model Number	JMQ-WS-037-BLA
Brand	Sejoy
Dimensions (L x W x H)	28.7 x 10.3 x 23.5 cm
Weight	1.58 kg (Product); 0.89 kg (Net Weight)
Material	Silicone
Speed Levels	30 (1200-2800 RPM)
Massage Heads	8
Penetration Depth	12 mm
Battery Capacity	2500 mAh
Battery Life	Up to 10 hours
Charging Port	USB Type-C
Noise Level	< 45 dB
Auto-Off Timer	10 minutes

11. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the product packaging or contact Sejoy customer service through the retailer where the product was purchased. Keep your purchase receipt as proof of purchase.