Google G4TSL / GQ6H2

Google Pixel Watch 2 Instruction Manual

Brand: Google | Model: G4TSL / GQ6H2

PRODUCT OVERVIEW

The Google Pixel Watch 2 combines the best of Google and Fitbit. Understand your health and fitness with Fitbit's most advanced heart rate tracking yet. Use your favorite Google apps at a glance, including Gmail and Calendar, and get peace of mind from personal safety features. And keep going with even longer battery life.

Key Features

- Advanced sensors for heart rate tracking, skin temperature, and stress management.
- 100% recycled light aluminum housing for comfortable wear.
- Enhanced 24-hour battery life with always-on display.
- Body-response feature for stress management and tracking of skin temperature, blood oxygen, and sleep.
- Emergency SOS, Fall Detection, and Safety Check for personal security.
- ECG app for heart rhythm assessment.
- Auto Workout mode and Heart Zone Training for fitness tracking.
- Seamless integration with Google apps like Calendar, Maps, and Gmail.
- Fast Pair for easy connection with other Pixel devices.

SETUP

What's in the Box

- Google Pixel Watch 2
- Watch Band
- USB-C Magnetic Charging Cable
- Quick Start Guide

What's in the box.

Active Bands
(small and large)

USB-C®
Fast Charging Cable

Pixel Watch 2

Quick Start Guide (not shown)

USB-C® is a trademark of USB Implementers Forum.

This image displays the items included in the Google Pixel Watch 2 packaging: the smartwatch itself, an active band, and the USB-C magnetic charging cable. A quick start guide is also included but not pictured.

This video provides a brief overview of the Google Pixel Watch 2, showcasing its design and key features. It highlights the seamless integration of Google services and Fitbit's health tracking capabilities.

OPERATING YOUR PIXEL WATCH 2

Health and Fitness Tracking

The Pixel Watch 2 features Fitbit's most advanced heart rate tracking yet, providing more precise health and fitness information. It also includes sensors for skin temperature and stress management.

Three new sensors for deeper insights.[6]

Track your heart rate, skin temperature, and signs of stress.[5,9]

The back of the Pixel Watch 2 features three new advanced sensors for comprehensive health tracking, including heart rate, skin temperature, and stress indicators.
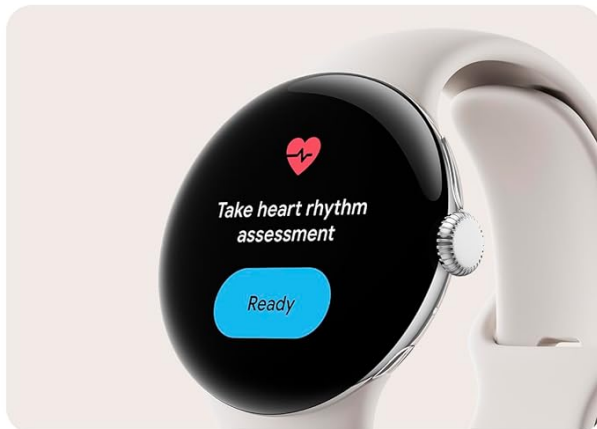
Understand and manage stress with Fitbit's body-response feature, which identifies potential signs of stress and offers guided breathing sessions. Track variations in your skin temperature, blood oxygen levels, and sleep patterns to help you spot possible changes in your wellness.

Get to know your health.

Review your sleep habits and see your time in light, deep, and REM stages[5]

Get irregular heart rhythm notifications in the Fitbit app[5,19]

Track skin temp changes related to your wellness and sleep environment[5,9]

Skin temp variation
In range
Last sleep session

lbs to gain

oxygen

Take heart rhythm assessment

Ready

This image shows a person meditating, highlighting the watch's ability to help users understand and manage stress through body-response features and in-app tools.

Stay on top of your workouts with features like Auto Workout mode and Heart Zone Training. You can also set goals with Pace Training for real-time feedback during runs.

Keep moving with Fitbit.

Automatically track your activities with Auto Workout mode[5]

Set a goal with Pace Training and get real-time feedback on your runs[5]

Optimize and guide your workouts with Heart Zone Training[5]
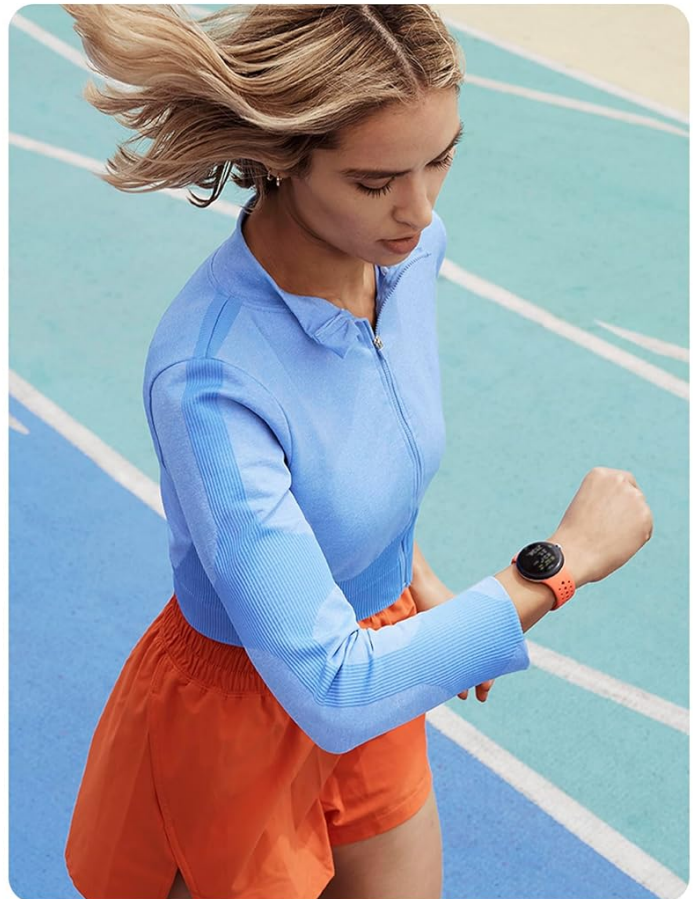
The watch supports automatic workout tracking and offers features like Heart Zone Training and Pace Training to optimize your exercise routines.

Smart Features & Connectivity

Your favorite Google apps, like Google Calendar, Maps, and Gmail, are designed for the Pixel Watch 2, allowing you to easily respond to texts and emails, answer calls, and listen to music and podcasts directly from your wrist.

Stay on track and get things done, all day long.

**Answer calls, texts, and emails, and play music right from your watch.[15]**

The Pixel Watch 2 allows users to manage calls, texts, and emails directly from their wrist, integrating seamlessly with popular Google applications.

Fast Pair makes it easy to connect Pixel devices with each other. Listen to music on the run with Pixel Buds, and control your Pixel Camera and Nest devices right from your watch.

Hands-free help from Google.

Control your connected home, start a workout, and set timers – right on your watch. Just say "Hey Google" to get started.[23]

Set a timer for 5 minutes.
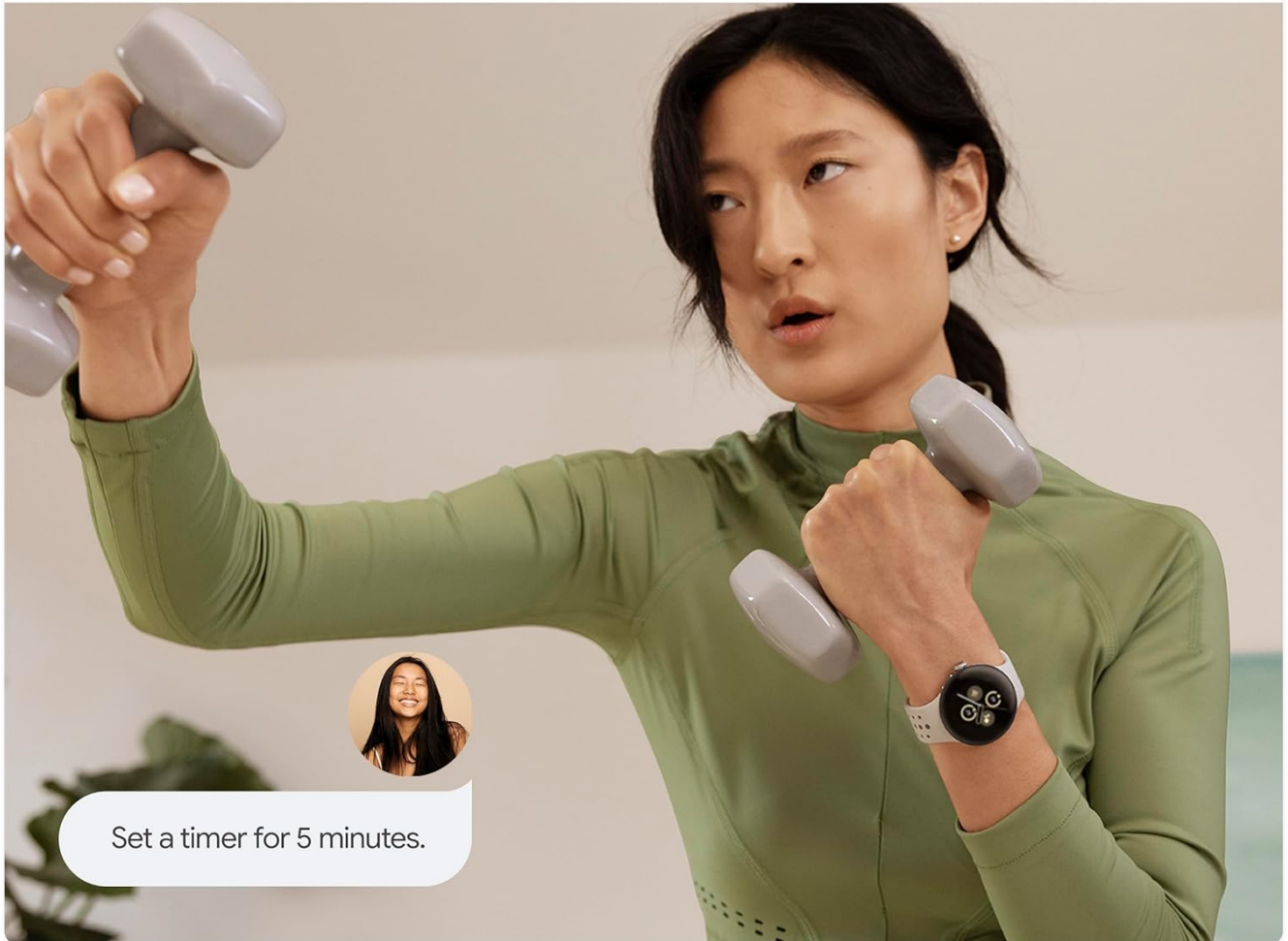
Control your connected home, start a workout, and set timers hands-free by simply saying