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› JOBYNA Electric Heating Pad User Manual

JOBYNA ZF-FR-A30-BLU

JOBYNA Electric Heating Pad User Manual

Model: ZF-FR-A30-BLU

1. PRODUCT OVERVIEW

The JOBYNA Electric Heating Pad is designed for pain relief and fatigue reduction through heat therapy. It features rapid heating, adjustable temperature settings, and an automatic shut-off function for safety and energy efficiency. The soft flannel material ensures comfort and is machine washable for easy maintenance. This heating pad is suitable for various body parts including the back, neck, shoulders, abdomen, and legs.



Image 1: The JOBYNA Electric Heating Pad, showing the pad itself, the digital controller, and an elastic belt for attachment.

2. SAFETY WARNINGS

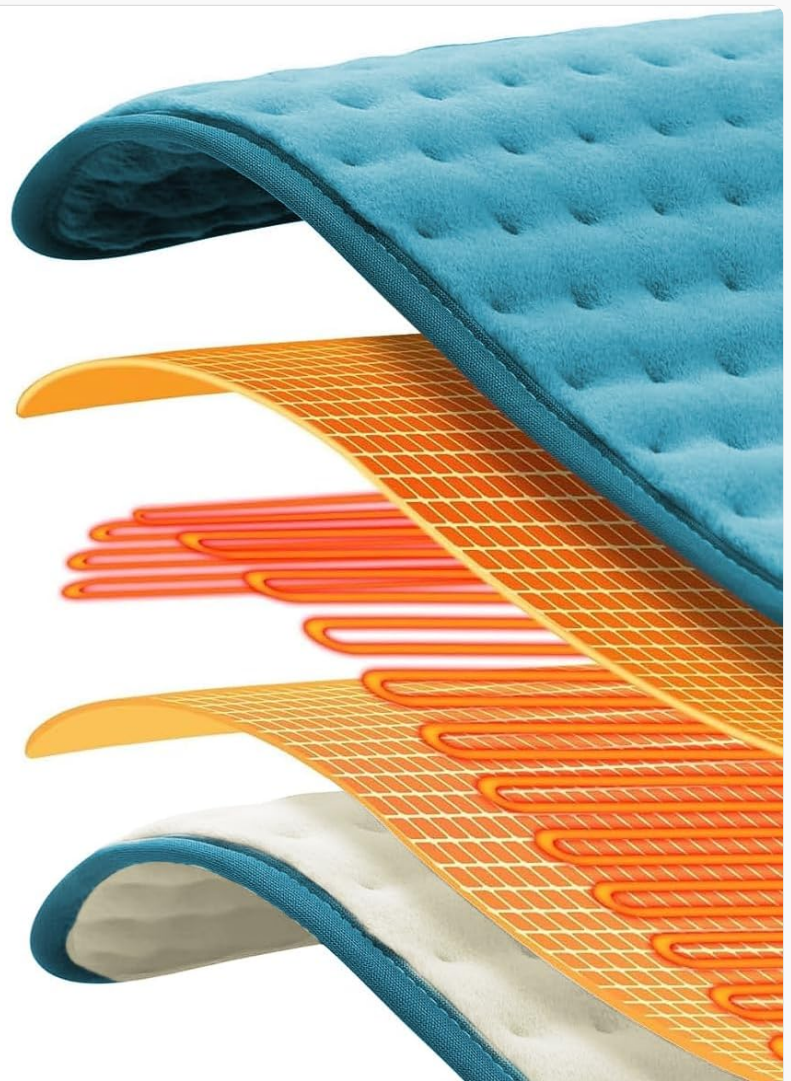
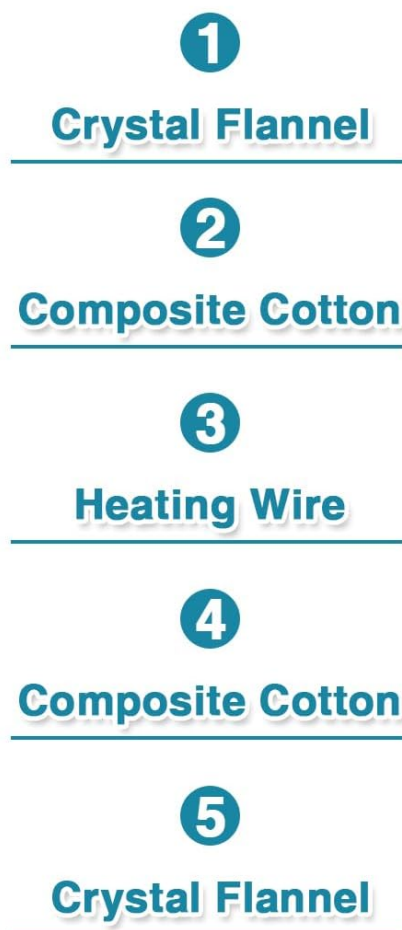
ATTENTION:

- Do not use for purposes other than those specified.
- Remove immediately if overheating occurs or if discomfort is experienced.
- Ensure the pad is completely dry before use, especially after washing.
- Do not use while sleeping.
- Do not use on infants, incapacitated persons, or persons insensitive to heat.
- Do not use with liniment, salve, or ointment preparations that contain heat-producing ingredients, as skin burns could result.
- Do not use pins or other metallic objects to fasten the heating pad.

- Do not sit on, crush, or fold the heating pad during use.
- Always disconnect the power cord when not in use.

3. PRODUCT FEATURES

- **Temperature Settings:** Adjustable from 30°C to 70°C (86°F to 158°F).
- **Fast Heating:** Reaches desired temperature within 5 seconds.
- **Automatic Shut-off:** Timer adjustable from 10 to 90 minutes, with automatic power-off for safety and energy saving.
- **Elastic Belt:** Includes a belt for secure attachment to various body parts.
- **Optimal Size:** 30 x 60 cm (11.8 x 23.6 inches) suitable for multiple body areas.
- **Material:** Ultra-soft flannel, skin-friendly and provides better insulation.
- **Machine Washable:** Detachable control panel allows for machine washing below 30°C.
- **Long Power Cord:** Extra-long 1.5m (4.9 ft) power cord for convenient use.



Safe & Stable Heating

Insulation layer keeps temperature locking and automatic shut-off

Image 2: Diagram illustrating the internal layers of the heating pad, including crystal flannel, composite cotton, and heating wire, emphasizing safe and stable heating.

Accurate LED Multi-Function Controller

*makes adjusting the heat and time
to accommodate your comfort level easy*



30-70°C
Heating Setting



10-90 Minutes
Time Setting



Countdown
Display

Easy to Read
and Operate



Backlight
Design



- The default temperature is 50°C and the default time is 30 minutes.
- Recommended adjusting the temperature from low to high to avoid hurt from high temperature.

Image 3: Close-up of the accurate LED multi-function controller, showing temperature settings (30-70°C), time settings (10-90 minutes), and countdown display. It also highlights ease of use and backlight design.

4. SETUP AND OPERATION

4.1 Initial Setup

1. Unpack the heating pad and its accessories from the packaging.
2. Ensure the control panel is securely connected to the heating pad.
3. Plug the power cord into a standard electrical outlet.

4.2 Operating Instructions

1. **Power On:** Press the power button on the controller to turn on the heating pad. The default temperature is 50°C and the default time is 30 minutes.
2. **Adjust Temperature:** Use the '+' and '-' buttons next to the temperature display to adjust the heat level from 30°C

to 70°C. Each press changes the temperature by 1°C.

3. **Set Timer:** Use the '+' and '-' buttons next to the timer display to set the desired operating time from 10 to 90 minutes. Each press changes the time by 5 minutes.
4. **Positioning:** Place the heating pad on the desired body area (e.g., back, neck, shoulders, abdomen, legs).
5. **Secure with Belt (Optional):** If using for waist or other areas, use the elastic belt to secure the heating pad in place for better contact and heat retention.
6. **Automatic Shut-off:** The pad will automatically turn off once the set time has elapsed.
7. **Power Off:** Press the power button again to manually turn off the heating pad.

Perfect fit for all parts of the body

Relief of pain and cramps & Enjoy full-body



Image 4: A woman demonstrating the use of the heating pad on her lap, illustrating its perfect fit for various body parts like abdomen, legs, back/waist, shoulders, and neck for pain relief.

5. MAINTENANCE

5.1 Cleaning Instructions

1. Always disconnect the power cord and control panel from the heating pad before cleaning.
2. The heating pad is machine washable. Wash gently in cold water (below 30°C) on a delicate cycle.
3. Do not bleach, iron, or dry clean the heating pad.
4. Hang to dry or tumble dry on low heat. Ensure the pad is **completely dry** before reconnecting the control panel and using it again.

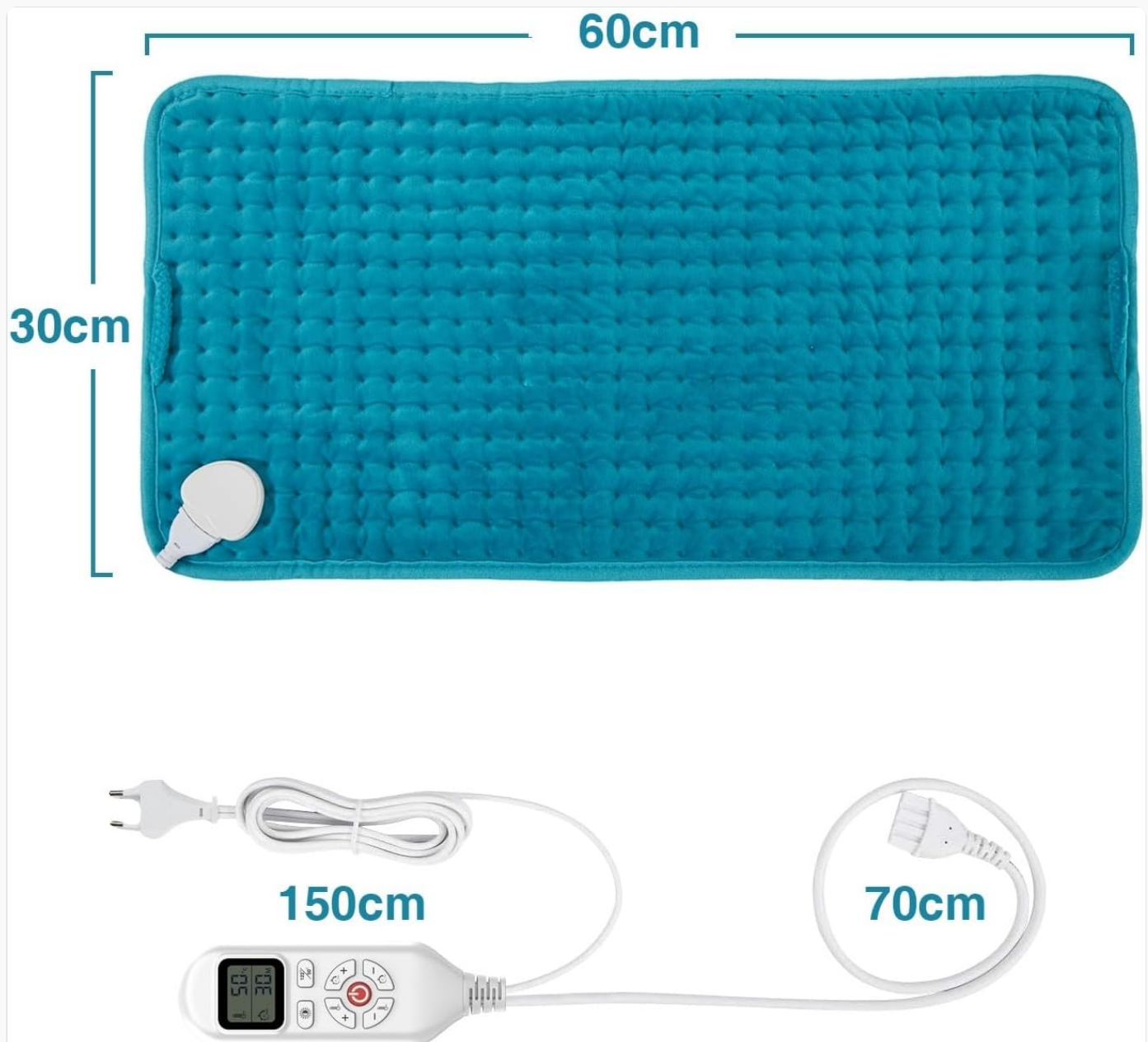


Image 5: A woman placing the heating pad into a washing machine, highlighting its machine washable design for easy cleaning.

5.2 Storage

- Store the heating pad in a cool, dry place when not in use.
- Do not fold tightly or place heavy objects on the pad during storage, as this may damage the internal heating elements.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Heating pad does not turn on.	Not plugged in correctly; Power outlet malfunction; Control panel not connected properly; Internal damage.	Ensure the power cord is fully inserted into the outlet and the control panel is securely connected to the pad. Try a different outlet. If the problem persists, contact customer support.
Heating pad is not heating sufficiently.	Temperature setting is too low; Pad is folded or crushed; Environmental factors.	Increase the temperature setting on the controller. Ensure the pad is laid flat and not folded during use. Allow a few minutes for the pad to reach the set temperature.
Automatic shut-off occurs too soon.	Timer setting is too short.	Adjust the timer setting to a longer duration (up to 90 minutes) using the controller.
Pad feels too hot or uncomfortable.	Temperature setting is too high; Direct skin contact without clothing.	Decrease the temperature setting. Consider placing a thin cloth between the pad and your skin if direct contact is too intense. Remove immediately if discomfort persists.

7. SPECIFICATIONS

- **Model Number:** ZF-FR-A30-BLU
- **Dimensions:** 60 x 30 x 1 cm (11.8 x 23.6 x 0.4 inches)
- **Weight:** 650 grams (1.43 lbs)
- **Material:** Flannel
- **Color:** Peacock Blue
- **Temperature Range:** 30°C - 70°C (86°F - 158°F)
- **Timer Settings:** 10 - 90 minutes
- **Wattage:** 90W
- **Power Cord Length:** 1.5 meters (4.9 feet)
- **Certifications:** CE, ROHS

8. WARRANTY AND SUPPORT

JOBYNA provides a comprehensive warranty and customer support for this product:

- **365-Day Warranty:** The product is covered by a 365-day warranty from the date of purchase.
- **365-Day Free Replacement:** In case of manufacturing defects or malfunctions within 365 days, a free replacement will be provided.
- **30-Day Free Return:** You may return the product for a full refund within 30 days of purchase.

For any questions, concerns, or warranty claims, please contact JOBYNA customer support through the retailer where the product was purchased or visit the official JOBYNA store online.

[Visit the JOBYNA Store](#)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question