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SIHOO M101C-M103

SIHOO M101C Ergonomic Office Chair User Manual

Model: M101C-M103

1. INTRODUCTION

Thank you for choosing the SIHOO M101C Ergonomic Office Chair. This manual provides essential information for the safe assembly, operation, and maintenance of your new chair. Please read it thoroughly before use and retain it for future reference.

The SIHOO M101C is designed for optimal comfort and support in various settings, including office, gaming, and leisure. It features a double-layered breathable mesh backrest, integrated headrest, and a high-resilience seat cushion.

2. SAFETY INFORMATION

Always follow these safety guidelines to prevent injury or damage to the product:

- Ensure all components are securely fastened before use.
- Do not stand on the chair.
- Do not use the chair on uneven surfaces.
- Keep children away from moving parts during assembly and operation.
- Do not exceed the maximum weight recommendation of 100 kg (220 lbs).
- Avoid exposing the chair to direct sunlight or extreme temperatures.
- Use only original SIHOO replacement parts.

3. PACKAGE CONTENTS

Verify that all parts are present before beginning assembly:

- Chair Backrest (Dual-Layered Mesh)
- Seat Cushion (High-Resilience)
- Armrests (Red, Geometric Linkage)
- Gas Lift Cylinder
- Base (5-star, with legs and center piece)
- Casters (Wheels)

- Mechanism (for height and tilt adjustment)
- Hardware Kit (screws, Allen wrench)
- User Manual (this document)

4. SETUP AND ASSEMBLY

Assembly typically takes 20-30 minutes. Follow these steps carefully:

4.1 Assemble the Base

1. Unpack all components and lay them out on a clean, soft surface to prevent scratches.
2. Attach the five legs to the central piece of the base using the provided screws. Ensure each leg is secured with two screws.
3. Insert the casters (wheels) into the holes at the end of each leg by pushing firmly until they click into place.
4. Insert the gas lift cylinder into the central hole of the assembled base.

Dual S Integrated Backrest Design

For better back and neck support

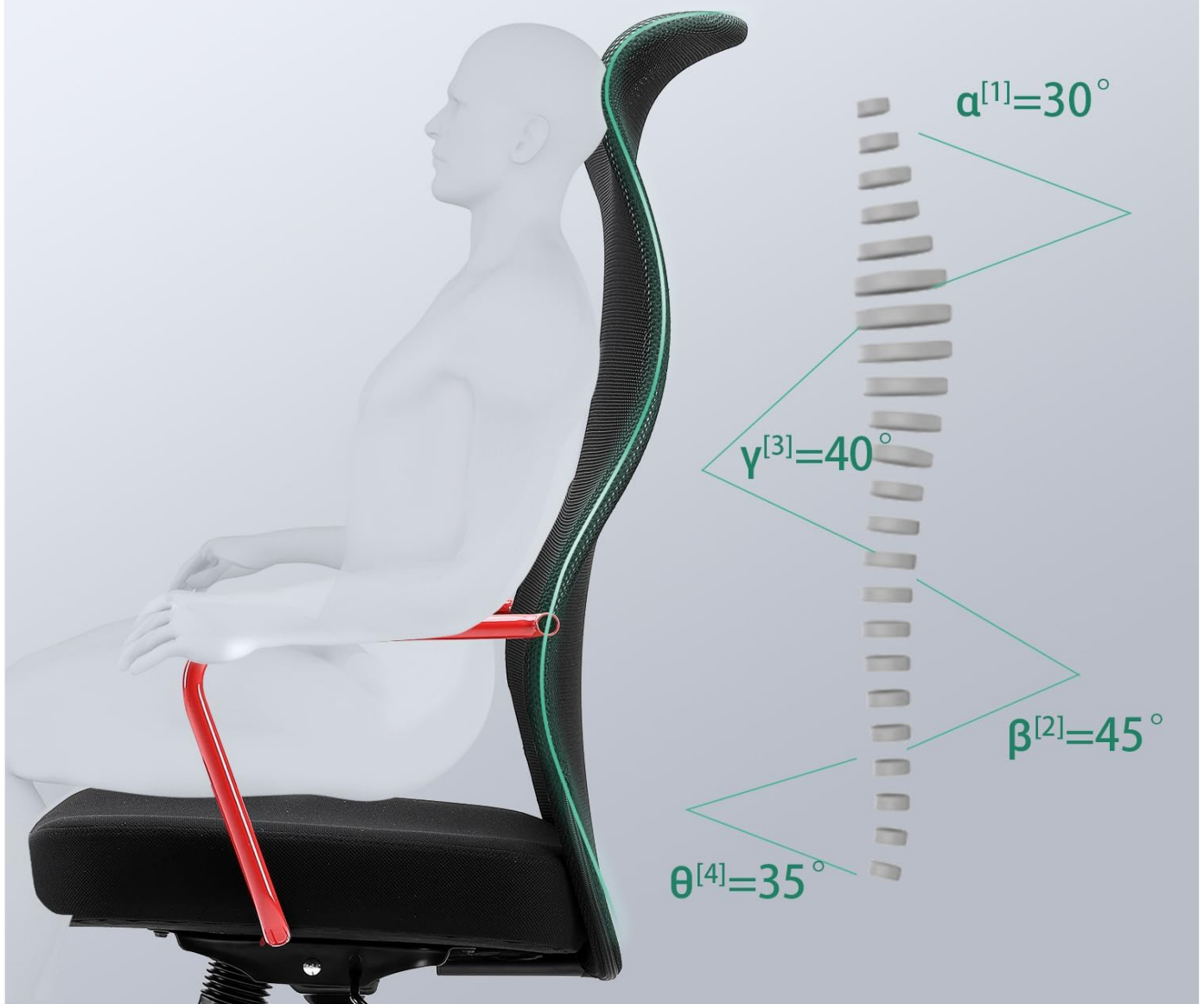


Image: Assembled 5-star base with casters and gas lift cylinder.

4.2 Attach the Mechanism to the Seat

5. Locate the underside of the seat cushion. Identify the "FRONT" sticker or marking.
6. Align the mechanism with the underside of the seat, ensuring the arrow on the mechanism points towards the "FRONT" of the seat.
7. Secure the mechanism to the seat using four screws.

4.3 Attach Armrests and Backrest

8. Attach the armrests to the underside of the seat cushion using the designated screws.
9. Attach the backrest to the seat assembly, securing it with the remaining screws. The armrests also provide additional support for the backrest.



Image: Fully assembled SIHOO M101C ergonomic office chair, showcasing the red armrests and mesh back.

4.4 Final Assembly

10. Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring it is firmly seated.
11. Test all adjustments to ensure proper function.

5. OPERATING INSTRUCTIONS

Your SIHOO M101C chair offers several adjustments for personalized comfort:

5.1 Height Adjustment

To adjust the seat height (from 18in to 22in):

- To raise: Lift the lever on the right side of the seat while taking your weight off the chair.
- To lower: Lift the lever on the right side of the seat while remaining seated.

5.2 Tilt/Recline Function

The chair allows for a recline up to 106 degrees.

- To unlock tilt: Pull the lever on the right side of the seat outwards.
- To lock tilt: Push the lever on the right side of the seat inwards.
- To adjust tilt tension: Rotate the round knob located underneath the seat. Turn clockwise to increase tension (make it harder to recline) and counter-clockwise to decrease tension (make it easier to recline).

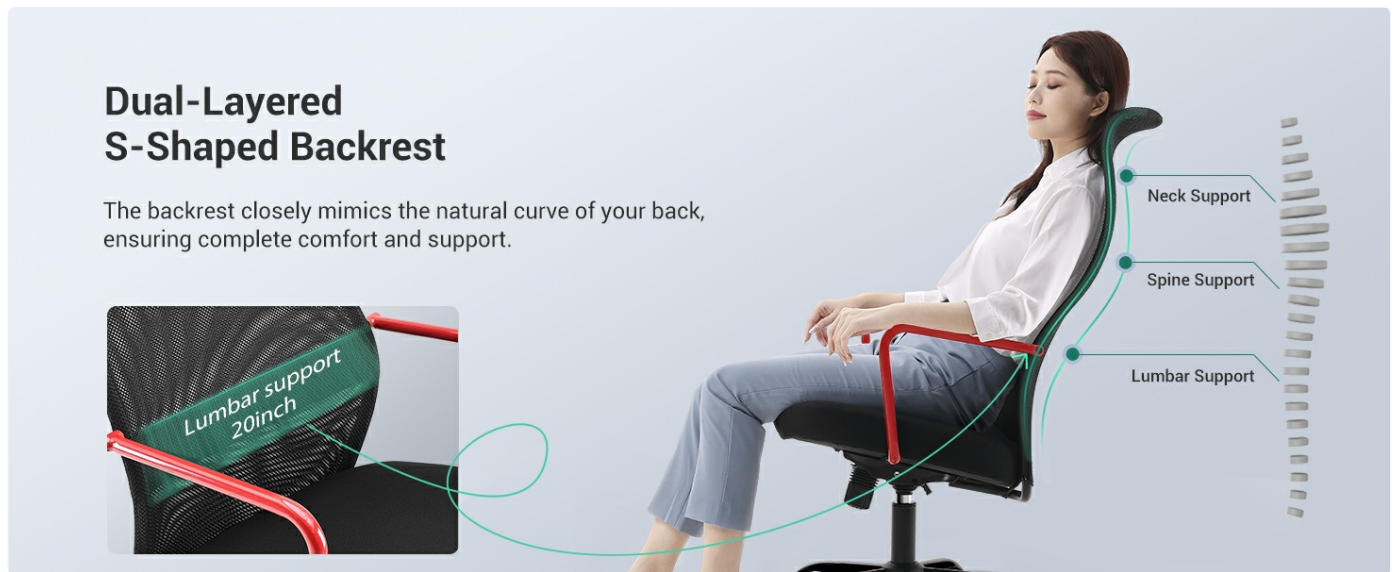


Image: Illustration of the chair's recline function and seat height adjustment mechanism.

5.3 Lumbar and Headrest Support

The chair features a dual S streamlined backrest with broadened lumbar support and an extra-wide breathable headrest for optimal posture and comfort.

2.95 inch Highly Elastic Seat Cushion

Soft and supportive for lasting comfort

- Extra-soft
- Pressure-minimizing

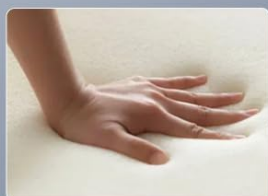


Image: Diagram highlighting the ergonomic design of the dual S-shaped backrest for neck, spine, and lumbar support.

Extra-Wide Breathable Headrest

Perfectly fits and supports your head and neck



Image: Close-up view of the extra-wide breathable headrest, designed for neck and head support.

6. MAINTENANCE

Proper care will extend the life of your SIHOO M101C chair:

- **Cleaning:** Wipe clean with a damp cloth. For stubborn stains on the mesh or fabric, use a mild soap solution and a soft brush, then wipe with a clean, damp cloth and allow to air dry. Avoid harsh chemicals.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Re-tighten if necessary.
- **Casters:** Keep casters free of hair and debris to ensure smooth movement.
- **Lubrication:** The gas lift cylinder and mechanism are generally maintenance-free. Do not attempt to lubricate them unless specifically instructed by SIHOO support.

7. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|-----------------------------------|--|---|
| Chair does not adjust height. | Gas lift cylinder not properly installed or faulty; lever not engaged. | Ensure gas lift is fully inserted into the base and seat mechanism. Check if the lever is fully pulled/pushed. Contact support if issue persists. |
| Chair wobbles. | Loose screws; uneven floor. | Check and tighten all assembly screws, especially those connecting the base legs and the mechanism to the seat. Move chair to a level surface. |
| Casters do not roll smoothly. | Debris caught in casters; casters not fully inserted. | Remove any hair or debris from the caster wheels. Ensure casters are fully pushed into the base. |
| Backrest feels loose or unstable. | Backrest or armrest screws are loose. | Tighten all screws connecting the backrest and armrests to the seat. |

8. SPECIFICATIONS

| Feature | Detail |
|--------------------------------|---------------------------------|
| Brand | SIHOO |
| Model Name | M101C-M103 |
| Color | Red |
| Product Dimensions (D x W x H) | 17.51"D x 23.22"W x 48.42"H |
| Maximum Weight Recommendation | 100 Kilograms (approx. 220 lbs) |
| Seat Height Adjustment Range | 18 inches to 22 inches |
| Reclining Position | Up to 106 degrees |
| Back Style | High back mesh office chair |
| Material | Polyester, Foam (cushion) |
| Furniture Base Movement | Swivel |
| Certifications | BIFMA X5.1, SGS Certified |

DIMENSIONS



Image: Comprehensive diagram displaying all key dimensions of the SIHOO M101C chair.



Image: Illustration detailing the rigorous quality control tests, including tilt, load, and strength tests, ensuring durability.

9. WARRANTY AND SUPPORT

SIHOO provides a **3-year warranty** from the date of purchase for the M101C Ergonomic Office Chair. During this period, replacement parts will be provided free of charge for any manufacturing defects or issues arising from normal use. For any inquiries, assistance with assembly, troubleshooting, or warranty claims, please contact SIHOO's dedicated after-sales team. Refer to the contact information provided on the product packaging or the official SIHOO website. We are committed to ensuring a flawless shopping experience and optimal solutions for our customers.

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