

TYNOR A350GDA

TYNOR Maternity Belly Band (Model A350GDA)

Instruction Manual

1. PRODUCT OVERVIEW

The TYNOR Maternity Belly Band is designed to provide gentle support to the lower back, abdomen, and pelvic areas during pregnancy. Its anatomical shape and breathable material ensure comfort while helping to alleviate common discomforts associated with pregnancy, such as back pain and pelvic girdle pain. This adjustable belt is suitable for various stages of pregnancy and can be worn over or under clothing.



Image: TYNOR Maternity Belly Band, front view.

2. KEY FEATURES

- **Anatomically Shaped:** Provides a comfortable and secure fit around the waist.
- **Breathable Material:** Porous body ensures airflow and supreme comfort, preventing overheating.
- **Oblique Design & Abdominal Panel:** Gently supports and lifts the belly bump, reducing pressure on the lower back.
- **Broad Hook-Loop Closure:** Allows for easy application, removal, and precise adjustment for optimal compression and fit.
- **Lightweight and Adjustable:** Designed for ease of use and adaptability throughout pregnancy.
- **Skin-Friendly Fabric:** Soft, rash-free, and allergy-safe for all-day wear.



Image: Graphic highlighting key benefits such as support for lumbar back pain, sciatica, pelvic girdle pain, and postural imbalance.

3. SIZING AND FIT

To ensure the best fit and comfort, it is crucial to select the correct size. Please follow the measurement instructions carefully.

How to Measure:

1. Stand comfortably in a relaxed position.
2. Measure the circumference around your waist, immediately below your navel.
3. Refer to the size chart below to find your corresponding size.

State Of The Art Technology

Bringing together innovation and expertise to craft exceptional support products, powered by state-of-the-art technology & meticulous craftsmanship.



Tynor is distinguished by a range of certificates, showcasing its unwavering commitment to quality safety, compliance with standards.



Tynor's commitment to sustainability shines through with green building, solar power, sustainable materials, waste reduction & green packaging, fostering a greener future.



Tynor empowers marginalized communities, fostering innovation via an incubation center, promoting education through public libraries, & supporting vulnerable individuals.

Image: A pregnant woman demonstrating how to measure for the belly band, accompanied by a size chart.

TYNOR Maternity Belly Band Size Chart

Brand Size	Waist (in)	Waist (cm)
S	32 - 38	80 - 95
M	38 - 44	95 - 110
L	44 - 50	110 - 125
XL	50 - 56	125 - 140
2XL	56 - 62	140 - 155

Note: The maternity belt may feel slightly snug during the initial 2-3 weeks of use, but it typically becomes more comfortable as it conforms to your body.

4. SETUP AND APPLICATION INSTRUCTIONS

Follow these steps to correctly apply your TYNOR Maternity Belly Band for optimal support:

- Position the Main Panel:** Place the wider back panel of the belt centrally on your lower back, ensuring it covers the area where you need support.
- Wrap Around the Abdomen:** Bring the two ends of the main belt forward, wrapping them around your abdomen.
- Secure the Primary Closure:** Fasten the primary hook-loop closure at the front, just below your belly bump. Adjust for a snug, comfortable fit that provides support without being overly tight.
- Adjust the Oblique Straps:** Locate the two oblique straps extending from the sides of the main belt. Gently pull these straps upwards and forwards, then secure them over the primary closure. These straps help to lift the belly and provide additional support.

5. **Final Adjustment:** Ensure the belt is evenly distributed and feels supportive. It should lift your belly slightly and reduce pressure on your back. You should be able to breathe comfortably.



Image: Initial placement of the back panel.



Image: Securing the front closure and oblique straps.

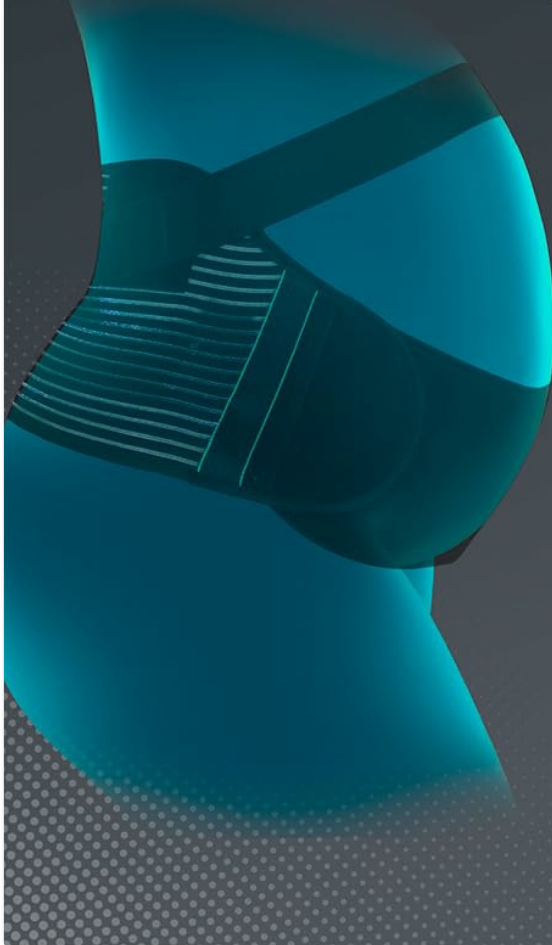
5. USAGE GUIDELINES

The TYNOR Maternity Belly Band is designed for daily use to provide comfort and support during pregnancy. It can be worn during daily movements or light exercise.

- **Wear Duration:** Wear the belt for periods of activity or when you feel the need for additional support. It is generally recommended to take breaks from wearing the belt, especially during prolonged sitting or sleeping, unless advised otherwise by a healthcare professional.
- **Comfort Check:** Regularly check that the belt is not too tight or causing any discomfort. Adjust as needed.
- **Over Clothing:** The belt can be worn over your clothes for convenience, or directly against the skin if preferred, thanks to its skin-friendly fabric.



PERFECT PREGNANCY SUPPORT



- Support & hold belly in pregnancy
- Provide support in lumbar back pain
- Helpful in sciatica during pregnancy
- Supports during pelvic girdle pain
- Perfect for postural imbalance

Image: A pregnant woman wearing the TYNOR Maternity Belly Band, demonstrating comfortable use.

6. CARE AND MAINTENANCE

Proper care will extend the life and effectiveness of your maternity belly band.

- **Hand Wash Recommended:** Hand wash in cold water with a mild detergent.
- **Do Not Bleach:** Avoid using bleach or harsh chemicals, as these can damage the fabric and elastic properties.
- **Air Dry:** Lay flat to air dry in the shade. Do not tumble dry or iron.
- **Avoid Direct Heat:** Keep away from direct sunlight or heat sources during drying.
- **Secure Hook-Loop:** Before washing, ensure all hook-loop closures are fastened to prevent snagging other fabrics or collecting lint.

7. TROUBLESHOOTING

- **Discomfort or Excessive Tightness:** If the belt feels too tight or causes discomfort, loosen the hook-loop closures and readjust. Ensure the oblique straps are not pulled too tightly. Remember that initial use might feel snug, but it should not cause pain.

- **Belt Rides Up or Down:** Ensure the back panel is positioned correctly on your lower back. The oblique straps should be adjusted to provide an upward lift to the belly, which helps keep the belt in place. Re-measure your waist to confirm you are using the correct size according to the size chart.
- **Lack of Support:** If you are not feeling adequate support, ensure the belt is snug enough. The hook-loop closures allow for significant adjustment. If the issue persists, double-check your measurements against the size chart to confirm the correct size.
- **Skin Irritation:** Although made with skin-friendly fabric, if irritation occurs, ensure the belt is clean and dry. Consider wearing it over a thin layer of clothing. Discontinue use and consult a healthcare professional if irritation persists.

8. SPECIFICATIONS

- **Product Dimensions:** 8.46 x 6.69 x 2.36 inches
- **Item Weight:** 8.8 ounces
- **Item Model Number:** A350GDA
- **Manufacturer:** Tynor Orthotics Private Limited
- **Specific Uses:** Back Pain, Support Belly Bump
- **Age Range:** Adult

9. WARRANTY AND SUPPORT

For any questions, concerns, or support regarding your TYNOR Maternity Belly Band, please contact TYNOR Orthotics directly through their official website or the retailer from whom the product was purchased. Please retain your proof of purchase for any warranty claims or support inquiries.