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Timex TWG062500JR

Timex Men's Adrenaline 46mm Digital Watch User Manual

Model: TWG062500JR

INTRODUCTION

This manual provides comprehensive instructions for the setup, operation, and maintenance of your Timex Men's Adrenaline 46mm Digital Watch (Model TWG062500JR). Please read this guide thoroughly to ensure proper use and to maximize the lifespan of your timepiece.

PRODUCT OVERVIEW

The Timex Adrenaline 46mm Digital Watch features a robust design with both analog and digital display capabilities. It is powered by a Quartz movement and includes a durable polyurethane band and an acrylic crystal. The watch is water-resistant to 50 meters.



Figure 1: Front view of the Timex Men's Adrenaline 46mm Digital Watch.

SETUP

Battery Installation

Your watch comes with one Lithium Metal battery pre-installed. No immediate battery installation is required for initial use. If the display becomes dim or the watch stops functioning, the battery may need replacement. It is recommended to have battery replacement performed by a qualified watch technician to maintain water resistance.

Setting Time and Date

Refer to the specific button functions on your watch for setting the time and date. Typically, a mode button allows cycling through settings (time, date, alarm, stopwatch), and other buttons are used to adjust values. Consult the small icons or labels on your watch for guidance.

Strap Adjustment

The watch is equipped with two quick-release synthetic rubber straps. To adjust or change the strap, locate the small lever or pin on the underside of the strap where it connects to the watch case. Slide the lever to release the strap. Ensure the new strap is securely fastened before wearing.

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Video 1: Timex Sizing Chart. This video demonstrates how different case sizes appear on wrists, which can be helpful for understanding watch fit.

OPERATING INSTRUCTIONS

Your Timex Adrenaline watch features multiple functions accessible via its buttons. While specific button layouts may vary slightly, the general operations are as follows:

- **Time Display:** The watch displays time in both analog and digital formats. The digital display typically shows hours, minutes, and seconds, along with the date.
- **Date Display:** The current date (month, day, year) is shown on the digital display.
- **Stopwatch Function:** To activate the stopwatch, press the designated mode button until the stopwatch display appears. Use the start/stop button to begin and pause timing, and the reset button to clear.
- **Alarm Function:** Set an alarm by navigating to the alarm mode. Use the adjustment buttons to set the desired alarm time. Ensure the alarm is activated to sound at the set time.
- **Backlight:** Most Timex digital watches include an INDIGLO® backlight. Press the designated button (often labeled INDIGLO or a lightbulb icon) to illuminate the display in low-light conditions.

For detailed instructions on specific button functions and advanced features, please refer to the full instruction manual available on the official Timex website or contact Timex customer support.

MAINTENANCE

Water Resistance

This watch is water-resistant to 50 meters (164 feet). This rating means the watch is suitable for short periods of recreational swimming, showering, and fishing. It is **not** suitable for diving, snorkeling, or high-impact water sports. Do not operate buttons while the watch is wet or submerged, as this can compromise the water seal.

Cleaning

Clean your watch regularly with a soft, damp cloth. For the synthetic rubber strap, mild soap and water can be used. Avoid harsh chemicals or abrasive materials, which can damage the watch case or crystal.

Crystal Care

The watch features an acrylic crystal. While durable, acrylic can be prone to scratches. Avoid contact with sharp objects. Minor scratches on acrylic crystals can sometimes be buffed out with specialized acrylic polish.

Battery Replacement

When the battery needs replacement, it is strongly recommended to take your watch to an authorized Timex service center or a reputable watch repair shop. This ensures the correct battery type is used and the water resistance seal is properly re-established.

TROUBLESHOOTING

- **Watch Not Functioning:** Check if the battery is depleted. If the watch has stopped or the display is blank, the battery may need replacement.
- **Incorrect Time/Date:** Follow the "Setting Time and Date" instructions in the Setup section to re-adjust.
- **Fogging Under Crystal:** If moisture appears under the crystal, this indicates a breach in the water resistance. Avoid further water exposure and seek professional service immediately.

- **Known Issue: Timer Function Reset:** Some users have reported that the watch may glitch into a "factory reset" when the TIMER function is used (e.g., pressing start, stop, or reset buttons for the timer). If you experience this, avoid using the TIMER function and contact Timex customer support for assistance.

If you encounter issues not listed here or if the suggested solutions do not resolve the problem, please contact Timex customer support.

SPECIFICATIONS

Model Number	TWG062500JR
Display Type	Analog-Digital
Case Diameter	46.5 Millimeters
Case Material	Resin
Crystal Material	Acrylic
Band Material	Polyurethane
Band Width	20 Millimeters
Water Resistance Depth	50 Meters
Movement Type	Quartz
Power Source	Battery Powered (1 Lithium Metal battery included)
Item Weight	0.22 Kilograms (7.76 ounces)
Included Components	Two Quick-Release Synthetic Rubber Straps

WARRANTY AND SUPPORT

Your Timex Men's Adrenaline 46mm Digital Watch comes with a **Limited Warranty** from Timex. For specific details regarding warranty coverage, duration, and terms, please refer to the warranty card included with your purchase or visit the official Timex website.

For customer support, service inquiries, or to find an authorized service center, please visit the [Timex Store on Amazon](#) or the official Timex website.