

MOUNT PRO Single Monitor Mount

MOUNT PRO Single Monitor Mount Instruction Manual

Model: Single Monitor Mount

Brand: MOUNT PRO

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1. INTRODUCTION

Thank you for choosing the MOUNT PRO Single Monitor Mount. This premium aluminum heavy-duty monitor arm is designed to enhance your workspace ergonomics and free up valuable desk space. It supports ultrawide computer screens from 22 to 43 inches, with a weight capacity of 6.6 lbs to 33 lbs, and is compatible with VESA patterns of 75x75mm and 100x100mm. This manual provides detailed instructions for safe installation, operation, and maintenance of your monitor mount.

2. SAFETY INFORMATION

Please read all instructions carefully before assembly and use. Failure to follow these instructions may result in property damage, serious injury, or death.

- **Weight Capacity:** Do not exceed the maximum weight capacity of 33 lbs (15 kg). Ensure your monitor's weight is within this limit.
- **Monitor Size:** This mount is suitable for monitors between 22 and 43 inches.
- **VESA Compatibility:** Ensure your monitor has VESA mounting holes (75x75mm or 100x100mm).
- **Desk Thickness:** For clamp mounting, your desk must be between 0.4" and 1.97" thick. For grommet mounting, your desk must be between 0.4" and 2.16" thick.
- **Desk Material:** Do not install on tempered glass table tops or desks made of fragile materials. Ensure your desk is sturdy enough to support the combined weight of the mount and monitor.
- **Assembly:** Assemble the product according to the instructions. Do not modify the structure of the mount.
- **Moving Parts:** Keep hands and fingers clear of moving parts during adjustment to prevent pinching.
- **Gas Spring:** The gas spring is under high pressure. Do not disassemble or puncture it. Adjust tension

carefully.

3. PACKAGE CONTENTS

Please verify that all components are present and undamaged before proceeding with installation. If any parts are missing or damaged, please contact customer support.

- Monitor Arm Assembly
- Detachable VESA Plate
- Desk Clamp Base
- Grommet Mount Base
- Mounting Hardware (various screws, washers, spacers)
- Hex Keys / Allen Wrenches
- Cable Management Clips
- Instruction Manual

4. SPECIFICATIONS

Feature	Specification
Mounting Type	Tabletop Mount (Clamp or Grommet)
Movement Type	Rotate, Tilt, Swivel
Brand	MOUNT PRO
Material	Aluminum
Color	Black
Compatible Devices	Monitor
Maximum Tilt Angle	45 Degrees
Maximum Supported Screen Size	43 Inches
Minimum Supported Screen Size	22 Inches
Weight Capacity	6.6 lbs to 33 lbs (3 kg to 15 kg)
VESA Compatibility	75x75mm, 100x100mm
Desk Thickness (Clamp)	0.4" - 1.97" (10mm - 50mm)
Desk Thickness (Grommet)	0.4" - 2.16" (10mm - 55mm)
Warranty	2 years

5. SETUP AND INSTALLATION

Follow these steps to correctly install your MOUNT PRO Single Monitor Mount.

5.1 Pre-Installation Checks

Before beginning, ensure your monitor and desk meet the compatibility requirements.



Monitor VESA Compatibility: Verify your monitor has 75x75mm or 100x100mm VESA mounting holes. Remove any existing monitor stand or cover if necessary.



Desk Compatibility: Ensure your desk thickness is within the specified range for either clamp or grommet installation. Avoid installing on tempered glass or fragile surfaces.

5.2 Choose Your Mounting Option

The MOUNT PRO Single Monitor Mount offers two installation methods: C-clamp or Grommet mounting.

360° Rotation

Freely switch between horizontal and vertical screens



Two Mounting Options: Select either the C-clamp for desk edges or the grommet mount for desks with existing holes. Ensure your desk meets the thickness requirements for your chosen method.

C-Clamp Installation:

1. Attach the C-clamp base to the edge of your desk.
2. Tighten the clamp securely using the provided knob until the mount is stable.

Grommet Installation:

1. If your desk has a grommet hole, insert the grommet base through the hole.
2. Secure the base from underneath the desk using the provided plate and nut.

5.3 Attaching the Monitor

The quick-release VESA plate simplifies monitor attachment.

Dynamic Height Adjustment



Detachable VESA Plate: Attach the VESA plate to the back of your monitor using the appropriate screws. Then, slide the monitor (with the attached VESA plate) onto the arm head until it locks securely.

5.4 Installation Video Guide

For a visual guide on the installation process, please watch the official MOUNT PRO video:

Official MOUNT PRO Installation Guide: This video demonstrates the assembly and installation of the MOUNT PRO Premium Heavy Duty Single Monitor Desk Mount, including attaching the monitor and securing the base.

6. OPERATING AND ADJUSTMENTS

The MOUNT PRO monitor arm offers full motion capabilities for optimal viewing comfort.

6.1 Gas Spring Tension Adjustment

Adjust the gas spring tension to match your monitor's weight for smooth height adjustments.

Easy Adjustment



Monitor raise up?

Turn clockwise("-" direction)
Reduce tension for lighter monitor



Monitor drop down?

Turn counter-clockwise("+" direction)
Increase tension for heavier monitor

Gas Spring Adjust

Please hold the arm in a horizontal position

Tilt Angle Adjust

1. Loosen tilting bolt (Turn to "-" direction)
2. Adjust to your desired angle
3. Retighten tilting bolt (Turn to "+" direction)



Gas Spring Adjustment: Use the provided hex key to turn clockwise ('-') to reduce tension for lighter monitors (monitor raises up) or counter-clockwise ('+') to increase tension for heavier monitors (monitor drops down). Hold the arm horizontally during adjustment.

6.2 Height Adjustment

Dynamically adjust the monitor height to your eye level for improved posture.

Perfect view from Anywhere



Swivel
 $\pm 90^\circ$

Dynamic Height Adjustment: Once the gas spring tension is correctly set, you can effortlessly move your monitor up or down to achieve your desired ergonomic height.

6.3 Tilt Adjustment

Adjust the tilt angle to minimize glare and find your comfortable viewing angle.

Effortless Assembly



Tilt Function: The monitor can be tilted from +90° to -45°. Loosen the tilting bolt (turn to '-' direction), adjust to your desired angle, and then retighten the bolt (turn to '+' direction).

6.4 Swivel Adjustment

Swivel your monitor to share your screen or view from different positions.

Two Base Mounting Options



Clamp Installation
0.4" - 1.97"



Grommet Installation
0.4"- 2.16"

Swivel: The monitor arm allows for a $\pm 90^\circ$ swivel, providing flexibility to adjust your screen's horizontal position.

6.5 Rotation Adjustment

Rotate your monitor 360° to switch between landscape and portrait orientations.

Comfortable Viewing

Tilt Function for Anti-glaring



360° Rotation: Freely rotate your monitor 360 degrees to switch between horizontal (landscape) and vertical (portrait) screen orientations as needed for your tasks.

6.6 Cable Management

Utilize the integrated cable management system to keep your workspace tidy.

- Route your monitor cables through the designated clips or channels on the arm.
- This helps to organize wires and maintain a clean, clutter-free desk.

7. MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your monitor mount.

- **Cleaning:** Wipe the mount with a soft, damp cloth. Avoid abrasive cleaners or solvents that could damage the finish.
- **Periodic Checks:** Periodically check all screws and connections to ensure they are tight and secure. Retighten if necessary.
- **Gas Spring:** Do not attempt to service the gas spring mechanism yourself. If you experience issues, contact

customer support.

8. TROUBLESHOOTING

If you encounter any issues, refer to the following common problems and solutions:

8.1 Monitor Sinks or Rises Too Easily

- **Issue:** The monitor does not stay in the desired height or moves too freely.
- **Solution:** Adjust the gas spring tension. If the monitor sinks, increase tension (turn '+' direction). If it rises too easily, decrease tension (turn '-' direction). Refer to Section 6.1.

8.2 Monitor Tilts Forward or Backward

- **Issue:** The monitor's tilt angle cannot be maintained.
- **Solution:** Tighten the tilting bolt on the VESA plate connection. Refer to Section 6.3.

8.3 Mount Feels Unstable or Wobbly

- **Issue:** The entire monitor arm or monitor feels unstable.
- **Solution:** Ensure the desk clamp or grommet base is securely tightened to the desk. Check all connection points on the arm and VESA plate for tightness. Verify your desk is stable and not damaged.

8.4 Cables are Disorganized

- **Issue:** Cables are hanging loosely or creating clutter.
- **Solution:** Utilize the integrated cable management clips and channels on the monitor arm to route and secure your cables. Refer to Section 6.6.

9. WARRANTY AND SUPPORT

9.1 Warranty Information

This MOUNT PRO Single Monitor Mount comes with a **2-year warranty** from the date of purchase. This warranty covers manufacturing defects and material flaws under normal use. It does not cover damage caused by improper installation, misuse, accidents, or unauthorized modifications.

For returns or replacements, please refer to the retailer's return policy, which typically allows for refunds or replacements within 30 days of purchase.

9.2 Customer Support

If you have any questions, require assistance with installation, or need to report a defect, please contact MOUNT PRO customer support through the retailer's platform or the official MOUNT PRO website. Please have your product model and purchase information ready when contacting support.