

## Shua A5

# Shua A5 Treadmill User Manual

**Brand:** Shua | **Model:** A5

## 1. INTRODUCTION

Welcome to the user manual for your new Shua A5 Treadmill. This premium home treadmill is designed to provide a robust and engaging running experience. Featuring a powerful AC motor and compatibility with popular fitness platforms like Kinomaps and ZWIFT, the A5 Treadmill offers advanced training possibilities. Its foldable design makes it suitable for various living spaces.



**Figure 1.1:** The Shua A5 Treadmill, showcasing its sleek design and robust frame.

This manual provides essential information regarding the setup, operation, maintenance, and troubleshooting of your Shua A5 Treadmill. Please read it thoroughly before initial use to ensure safe and optimal performance.

## 2. SAFETY INFORMATION

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Your safety is paramount. Please adhere to the following safety guidelines:

- Always consult with a healthcare professional before starting any new exercise program.
- Ensure the treadmill is placed on a flat, stable surface with adequate clearance around it (at least 2 meters at the rear and 0.6 meters on each side).
- Keep children and pets away from the treadmill during operation.
- Always attach the safety key clip to your clothing before beginning a workout. The safety key is a crucial safety feature that will immediately stop the treadmill if disengaged.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Wear appropriate athletic footwear.
- Do not step on or off the treadmill while the belt is moving.

- Unplug the treadmill from the power source when not in use or before cleaning and maintenance.



**Figure 2.1:** The treadmill console showing the red safety key, which must be attached during operation.

### 3. SETUP

Follow these steps to set up your Shua A5 Treadmill:

1. **Unpacking:** Carefully remove all components from the packaging. Ensure all included components are present: Treadmill Base, User Manual, Safety Key, Power Cord, Warranty Documentation, Remote Control, Motor Housing, and Lubrication Tool.
2. **Placement:** Choose a suitable location with a stable, level floor. Ensure there is ample space around the treadmill for safe operation and access.
3. **Assembly:** Refer to the detailed assembly instructions provided in the separate assembly guide (if applicable) or the included user manual for specific steps to unfold and secure the treadmill frame and console.
4. **Power Connection:** Once assembled, connect the power cord to the treadmill and then to a grounded electrical outlet.
5. **Initial Check:** Before first use, ensure all bolts and nuts are tightened, and the running belt is centered and properly tensioned.



**Figure 3.1:** Side profile of the Shua A5 Treadmill, illustrating its compact design when folded or in use.

## 4. OPERATING INSTRUCTIONS

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Operating your Shua A5 Treadmill is straightforward. Familiarize yourself with the console and controls.



**Figure 4.1:** The main control console of the Shua A5 Treadmill, featuring the LED display and various function buttons.

1. **Power On:** Plug in the treadmill and turn on the main power switch, usually located near the front base. The LED display will illuminate.
2. **Attach Safety Key:** Always attach the safety key clip to your clothing. Insert the magnetic end of the safety key into its designated slot on the console. The treadmill will not operate without the safety key in place.
3. **Starting a Workout:** Press the "START" button. The belt will begin to move at a low speed. You can then adjust the speed and incline.
4. **Adjusting Speed:** Use the "SPEED +" and "SPEED -" buttons on the console or handrails to increase or decrease the belt speed. The maximum speed is 18 km/h.
5. **Adjusting Incline:** Use the "INCLINE +" and "INCLINE -" buttons to adjust the incline level. The maximum incline is 12%.
6. **Monitoring Progress:** The LED display shows various metrics including Speed, Time, Distance, Incline, Heart Rate (if sensors are used), and Calories Burned.
7. **Stopping a Workout:** Press the "STOP" button to gradually bring the treadmill to a halt. For an emergency stop, pull the safety key from the console.

8. **Connectivity:** The Shua A5 Treadmill integrates with Kinomaps and ZWIFT, allowing for interactive and immersive workout experiences. Refer to the respective application manuals for connection instructions. The console also features Bluetooth, USB, and MP3 connectivity options.



Figure 4.2: Detail of the console's connectivity indicators (Bluetooth, USB, MP3) and integrated cup holder.

## 5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Shua A5 Treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners.
- **Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and wear. Use the included lubrication tool and follow the instructions in the separate lubrication guide (if provided) or the main user manual. Frequency depends on usage, typically every 3-6 months for moderate use.
- **Belt Alignment and Tension:** Periodically check the running belt for proper alignment and tension. Adjust if necessary according to the instructions in the manual to prevent premature wear.
- **Motor Housing:** Keep the motor housing area clean and free of dust and debris to ensure proper ventilation.

- **Inspection:** Regularly inspect all nuts, bolts, and moving parts for tightness and wear. Tighten any loose fasteners.

## 6. TROUBLESHOOTING

If you encounter issues with your Shua A5 Treadmill, refer to the common troubleshooting tips below. For problems not listed, contact customer support.

- **Treadmill Not Starting:**

- Ensure the power cord is securely plugged into a grounded outlet and the treadmill.
- Check if the main power switch is in the "ON" position.
- Verify that the safety key is correctly inserted into its slot on the console.
- Check the circuit breaker in your home.

- **Belt Slipping or Hesitating:**

- The running belt may need lubrication. Refer to the maintenance section.
- The running belt may need tensioning. Consult the manual for adjustment procedures.

- **Unusual Noises:**

- Ensure the treadmill is on a level surface.
- Check for any loose parts or debris under the belt.
- Lubricate the belt if a squeaking noise is heard.

- **Display Not Working:**

- Check power connections and the safety key.
- If the issue persists, contact customer support.

## 7. SPECIFICATIONS

Detailed technical specifications for the Shua A5 Treadmill:

Feature	Specification
Motor	1.5AC (Cont) / 3.5HP AC (Peak) @ 4000 rpm
Max Speed	18 km/h
Max Incline	12%
Running Area	480mm x 1350mm
Max User Weight	126 kg
Display Type	LED
Displayed Metrics	Speed, Time, Distance, Incline, Heart Rate, Calories Burned
Frame Material	Metal
Product Weight	97 kg

## 8. WARRANTY AND SUPPORT

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Shua provides comprehensive warranty coverage for your A5 Treadmill:

- **Frame:** Life Time Warranty
- **Motor:** Life Time Warranty (specifically 5 Years on AC Motors)
- **Labour:** 1 Year
- **Durable Items:** 6 Months

Specific components covered under the Life-Time Warranty include:

- 5 Years on AC Motors
- 5 Years on Inverters (excludes power surges)
- 5 Years on Rollers and Bearings
- 3 Years on the Running Deck
- 3 Years on the Running Belt

For technical support, warranty claims, or service inquiries, please contact your authorized Shua dealer or the customer service department. Keep your purchase receipt and warranty documentation handy for faster service.