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> ALLJOY Heating Pad for Back Pain Relief, 24"x33" Weighted Heating Pad Instruction Manual

ALLJOY B0CB5YYHT7

ALLJOY 24"x33" Weighted Heating Pad Instruction Manual

Model: B0CB5YYHT7

1. INTRODUCTION

Thank you for choosing the ALLJOY 24"x33" Weighted Heating Pad. This product is designed to provide targeted heat therapy for muscle pain and tension relief in areas such as the back, neck, and shoulders. Its versatile design also allows for application to the waist, abdomen, and legs. Please read this manual thoroughly before use to ensure safe and effective operation.

Effective Full Body Pain Relief

Neck, Shoulder, Back, Abdomen, Leg, Waist



Image Description: This composite image illustrates the versatility of the heating pad. It shows four different individuals experiencing pain in various body areas (neck, shoulder, back, knee) and how the heating pad can be applied to each for relief. The bottom two panels show a woman using the heating pad while relaxing at home, demonstrating its adaptable nature.

2. SAFETY INFORMATION

Important Safeguards:

- Always use with caution to avoid burn hazards, fire risks, and electrical safety considerations.
- Do not use while sleeping.
- Do not use on infants, incapacitated individuals, or persons insensitive to heat.
- Never use pins or other metallic objects to fasten the heating pad.
- Do not fold, crease, or bunch the heating pad during use.
- Inspect the heating pad and power cord regularly for any signs of wear or damage. Discontinue use if damaged.
- Keep the controller away from water or other liquids.
- Always unplug the heating pad when not in use.

- Consult a healthcare professional if you have any medical conditions or concerns before using this product.

This product is ETL-approved for safe use, ensuring it meets recognized safety standards.

3. PRODUCT COMPONENTS

The ALLJOY Weighted Heating Pad includes the following:

- **Heating Pad:** An extra-large 24"x33" pad made from super soft microplush flannel fabric. It features a high collar for neck coverage, weighted edges for stability, and snap fasteners for secure placement around the shoulders.
- **Controller:** An attached controller with a long detachable cord for adjusting heat and timer settings.
- **Fixture Straps:** Flexible and detachable straps to secure the pad around the waist, preventing slipping.



Image Description: This image displays the ALLJOY 24"x33" weighted heating pad in blue, laid out to show its full shape, including the neck and shoulder sections, and the waist ties. The white digital controller is visible next to it, and the product packaging box is in the background.

High Quality Material

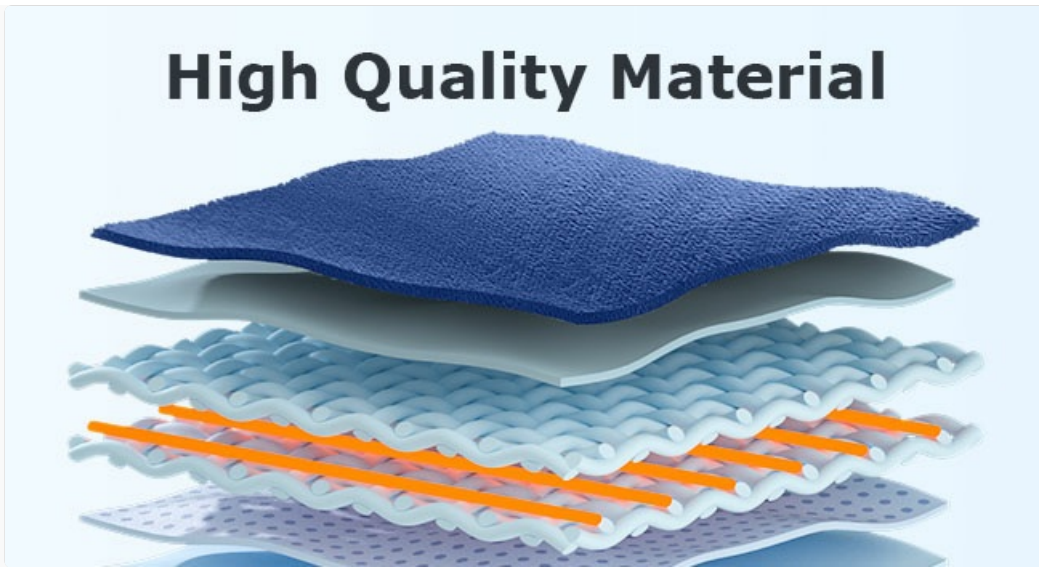


Image Description: A cross-section diagram illustrating the multi-layered construction of the heating pad, highlighting the different materials and heating elements that contribute to its quality and performance.

Skin-Friendly Flannel



Image Description: A detailed close-up shot of the heating pad's microplush flannel fabric, emphasizing its soft texture and skin-friendly quality.

4. SETUP

1. **Unpack:** Carefully remove the heating pad and controller from its packaging.
2. **Position:** Place the heating pad on the desired area of your body (e.g., back, neck, shoulders).
3. **Secure:** For neck and shoulder use, wrap the pad around your neck and shoulders. Use the snap fasteners at the front to secure the shoulder sections. Utilize the flexible waist straps to tie the pad around your waist for added stability and hands-free convenience.
4. **Connect:** Ensure the controller is securely plugged into the heating pad, and then plug the power cord into a standard electrical outlet.

Wrap Design & Shoulder Weighted Edges

Fits naturally and comfortably around the neck and shoulders for maximum warmth



Neck Closure
Snap Fasteners



Weighted Design

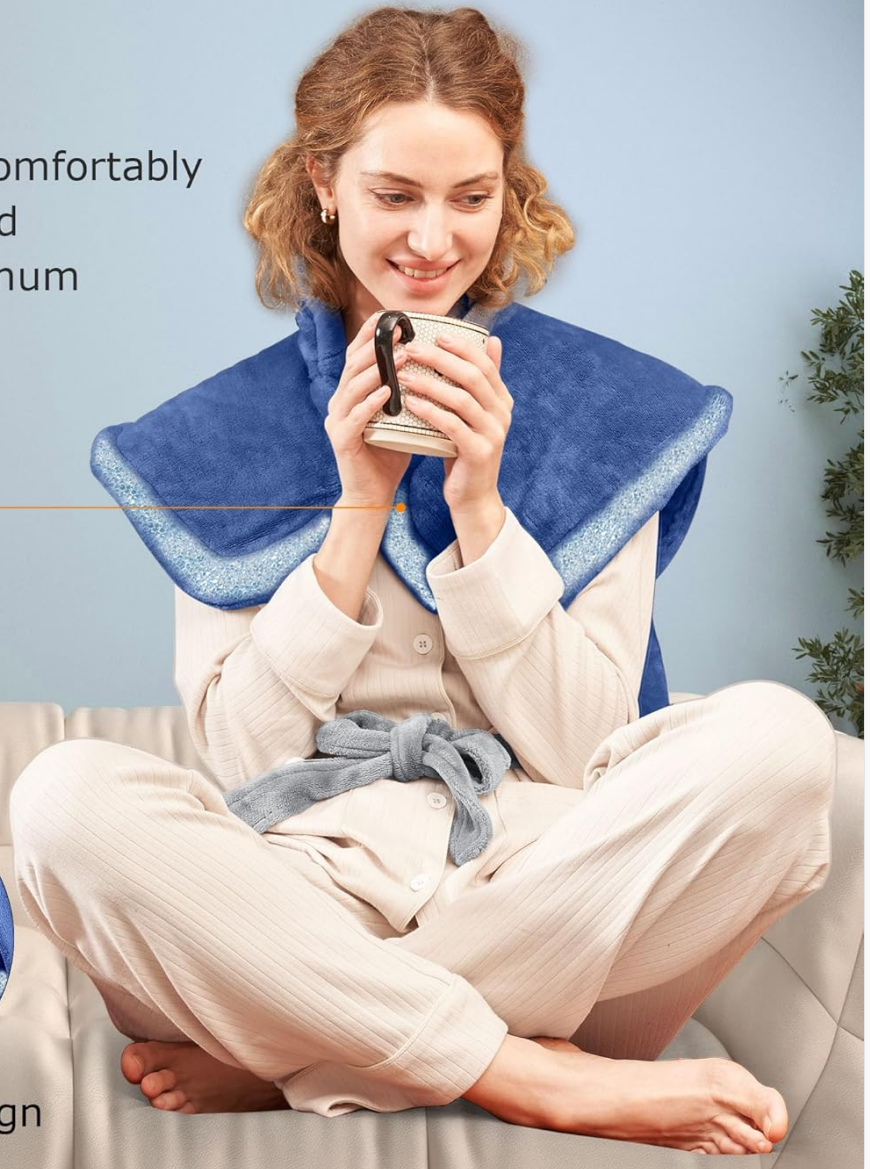


Image Description: A woman is shown wearing the heating pad, highlighting the snap fasteners on the shoulder area and the adjustable ties around the waist, which help keep the pad securely in position for hands-free use.

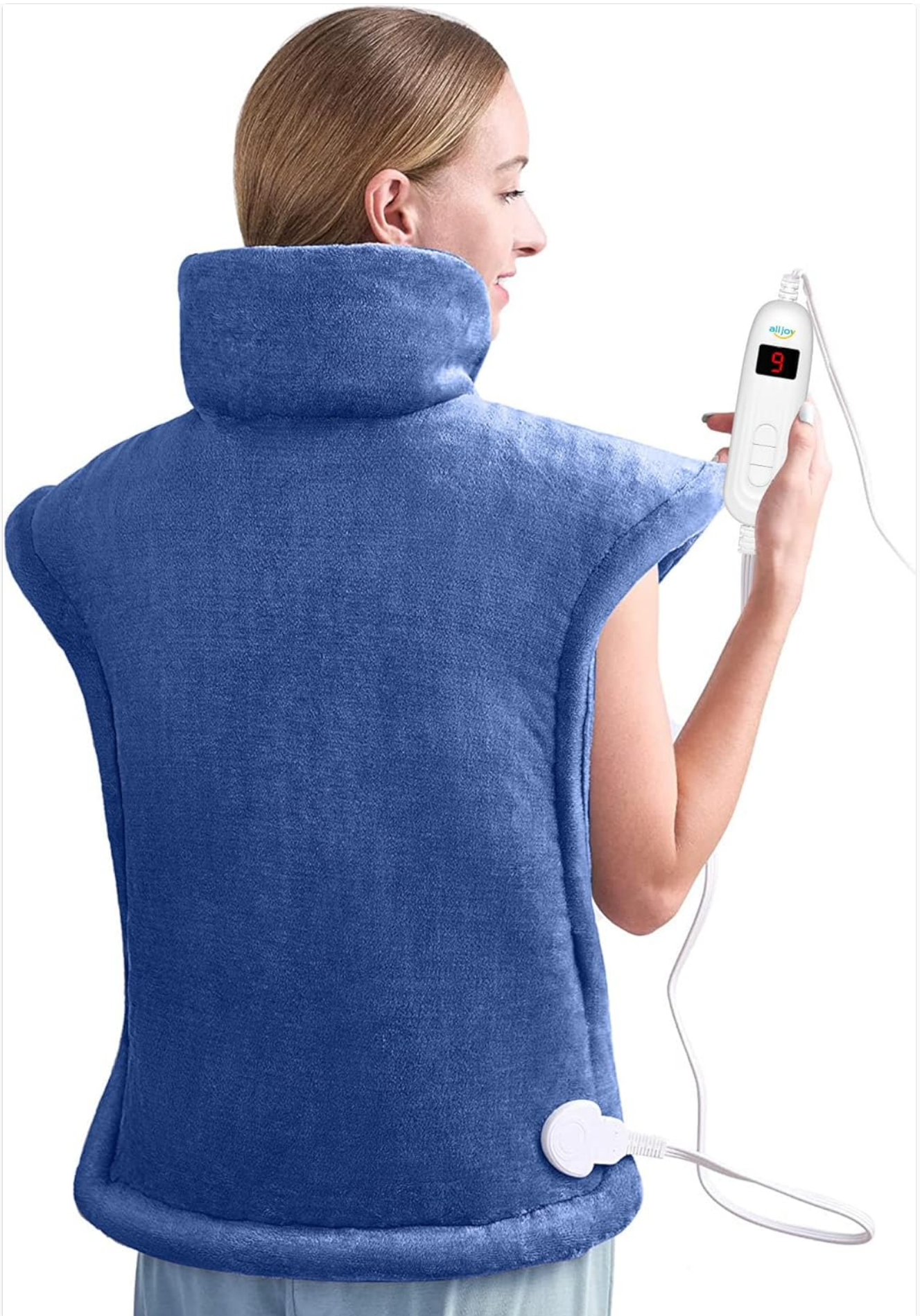


Image Description: A rear view of a woman wearing the ALLJOY heating pad, illustrating its extensive coverage across the back and up the neck, providing comprehensive heat therapy.

5. OPERATING INSTRUCTIONS

The ALLJOY heating pad features a user-friendly controller for adjusting heat and timing settings.

1. **Power On:** Press the power button on the controller to turn on the heating pad.
2. **Select Heat Setting:** Use the '+' and '-' buttons to choose from 10 heat settings, ranging from 100°F to 150°F. The heat penetrates muscles within seconds for fast relief.
3. **Set Timer:** Press the timer button to select an automatic shut-off time: 30, 60, 90, or 120 minutes. This feature prevents excessive heating and ensures safety.
4. **Moist Heat Therapy (Optional):** For moist heat, lightly dampen the fabric of the heating pad with a spray bottle before use. Do not soak the pad.
5. **Power Off:** Press the power button again to turn off the heating pad, or it will automatically shut off after the selected timer duration.



Image Description: This image focuses on the digital controller of the heating pad, displaying its 10 heat settings (from 100°F to 150°F) and 4 timing options (30, 60, 90, 120 minutes). A graph illustrates the temperature progression across the heat levels.

Moist Heat Therapy



Image Description: A hand is shown using a spray bottle to lightly mist the surface of the heating pad, demonstrating the preparation for moist heat therapy.

6. MAINTENANCE AND CARE

Proper care will extend the life of your heating pad.

1. **Disconnect:** Always unplug the heating pad from the electrical outlet and detach the controller before cleaning.
2. **Machine Washable:** The microplush flannel fabric is machine washable. Wash on a gentle cycle with cold water.
3. **Drying:** Tumble dry on low heat or air dry. Do not iron.
4. **Storage:** Store the heating pad in a cool, dry place when not in use. Avoid folding tightly or placing heavy objects on it.



Image Description: A person is shown carefully placing the blue heating pad into the drum of a washing machine, illustrating its machine-washable feature after the controller has been removed.

7. TROUBLESHOOTING

If you experience issues with your ALLJOY Heating Pad, please refer to the following common solutions:

- **Pad not heating:** Ensure the power cord is securely plugged into both the heating pad and the electrical outlet. Check if the power button on the controller has been pressed.
- **Pad not staying on:** Verify that a timer setting has been selected. The pad will automatically shut off after the set time. If it shuts off prematurely, check for any kinks or damage in the cord or pad.
- **Uneven heating:** Ensure the pad is laid flat and not folded or bunched during use.

If problems persist, please contact customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	ALLJOY
Model	B0CB5YYHT7
Dimensions	24" x 33" (0.79 x 0.79 x 0.79 inches packaged)
Weight	2.84 Pounds
Material	Microplush, Flannel
Heat Settings	10 (100°F - 150°F)
Timing Settings	4 (30/60/90/120 minutes)
Special Features	Automatic Shut Off, Overheating Protection, Weighted Edges, Snap Fasteners, Detachable Straps
Certifications	ETL Approved

9. CUSTOMER SUPPORT

For any questions, concerns, or issues regarding your ALLJOY Heating Pad, please do not hesitate to contact our customer support team. We are committed to ensuring your satisfaction.

Contact Information: Please refer to the contact details provided on your product packaging or the official ALLJOY website for the most up-to-date support information.