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UMF RUHLA 1062M-1

UMF RUHLA Autokinetic 1062M-3 Men's Watch Instruction Manual

Model: 1062M-1

INTRODUCTION

Thank you for choosing the UMF RUHLA Autokinetic 1062M-3 Men's Watch. This timepiece combines traditional German craftsmanship with modern automatic movement technology, offering precision and reliability. This manual provides essential information for the proper setup, operation, and maintenance of your watch to ensure its longevity and optimal performance.

UMF Ruhla watches are proudly made in Germany, a testament to their high quality and precision engineering.

PRODUCT OVERVIEW





Figure 1: UMF RUHLA Autokinetic 1062M-3 Men's Watch. This image displays the watch with its cream-colored dial, silver-tone hands, and a date window at the 3 o'clock position. The dial features an "Energy Level" indicator ranging from "start" to "4-6 MONTHS", indicating the power reserve. The watch is fitted with a finely woven Milanese stainless steel bracelet. The crown and pushers are visible on the right side of the case. The dial also prominently displays "UMF RUHLA" at the 12 o'clock position and "AUTOMATIC Generated Power" below the center. "MADE IN GERMANY" is visible near the 6 o'clock position.

SETUP

Initial Winding

Your UMF RUHLA Autokinetic watch is powered by an automatic movement, meaning it winds itself with the motion of your wrist. However, for initial setup or if the watch has stopped due to lack of wear, it requires manual winding to build up a power reserve.

1. Ensure the crown is in its fully pushed-in position (position 0).
2. Turn the crown clockwise approximately 30-40 times. This will provide enough power for the watch to start running and build a sufficient power reserve.
3. Once the watch starts ticking, it will continue to wind itself as long as it is worn regularly.

Setting the Time and Date

1. **Setting the Date:** Gently pull the crown out to the first click (position 1). Turn the crown counter-clockwise to adjust the date. If the date changes around midnight, it indicates the watch is currently set to AM. Adjust the time accordingly if needed. Push the crown back in to position 0 when done.
2. **Setting the Time:** Pull the crown out to the second click (position 2). The second hand will stop. Turn the crown clockwise or counter-clockwise to set the hour and minute hands. To ensure accurate time setting, synchronize with a reliable time source. Push the crown back in to position 0 to restart the second hand and begin timekeeping.

OPERATING YOUR WATCH

Automatic Movement and Power Reserve

The UMF RUHLA Autokinetic 1062M-3 features a precise PX82A autokinetic movement. This movement is self-winding, meaning it harnesses the kinetic energy from your arm's motion to wind the mainspring. When fully wound, the watch has a significant power reserve, allowing it to continue running for an extended period even when not worn.

The dial includes an "Energy Level" indicator, which visually displays the approximate remaining power reserve. This indicator typically shows levels such as "1 DAY", "2 DAYS", "1 MONTH", and "4-6 MONTHS", allowing you to monitor the watch's stored energy. Regular wear (typically 8-10 hours a day) is sufficient to keep the watch fully wound.

Reading the Time and Date

- **Time:** The watch displays time using traditional hour, minute, and second hands. The luminous hands ensure readability in low-light conditions.
- **Date:** The date is displayed in a window at the 3 o'clock position.

MAINTENANCE

Cleaning Your Watch

To maintain the appearance of your watch, clean it regularly.

- Wipe the case and crystal with a soft, lint-free cloth.
- For the Milanese stainless steel bracelet, you can use a soft brush with mild soapy water to remove dirt, then rinse thoroughly with clean water and dry immediately with a soft cloth. Ensure the watch head does not get wet if its water resistance rating is low.
- Avoid using harsh chemicals or abrasive materials, as these can damage the watch's finish.

Water Resistance

While UMF RUHLA watches are built with quality, specific water resistance ratings vary. It is generally recommended to avoid exposing your watch to excessive moisture, direct water jets, or submersion unless explicitly stated otherwise for your specific model. Always ensure the crown is fully pushed in before any contact with water.

Storage

When not wearing your watch, store it in a cool, dry place away from direct sunlight, extreme temperatures, and strong magnetic fields. A watch box or pouch is ideal for protection.

Service Intervals

Like all mechanical timepieces, your UMF RUHLA watch will benefit from periodic professional servicing to ensure its accuracy and longevity. It is generally recommended to have your watch serviced every 3-5 years by a qualified watchmaker.

TROUBLESHOOTING

- Watch Not Running:** If the watch has stopped, it likely needs to be wound. Manually wind the watch by turning the crown 30-40 times clockwise while it is in position 0. If it still does not start, ensure the crown is fully pushed in.
- Time/Date Not Setting:** Ensure the crown is pulled out to the correct position (position 1 for date, position 2 for time). If the crown feels loose or does not engage, it may require professional inspection.
- Inaccurate Timekeeping:** Minor variations in timekeeping are normal for mechanical watches. However, if the watch is consistently gaining or losing significant time, it may need regulation or servicing. Ensure it is being worn regularly enough to maintain a sufficient power reserve.
- Condensation Under Crystal:** If you notice condensation inside the watch, this indicates moisture ingress. Immediately take the watch to a professional watchmaker to prevent further damage to the movement.

SPECIFICATIONS

Feature	Description
Model Number	1062M-1
Movement	Autokinetic PX82A (Automatic)
Case Diameter	42 mm
Crystal	Special K1 Glass (Scratch-resistant)
Case Back	Screwed Glass Back (Exhibition case back)
Dial Color	Cream with color gradient and sunray finish
Bracelet Material	Milanese Stainless Steel with deployant clasp
Functions	Date display, Luminous hands, Energy Level indicator
Dimensions (Package)	29.7 x 7.9 x 3.4 cm
Weight (Package)	290 grams
Manufacturer	UMF RUHLA
Country of Origin	Germany

WARRANTY AND SUPPORT

For information regarding the warranty period and terms for your UMF RUHLA watch, please refer to the warranty

card included with your purchase or visit the official UMF RUHLA website.

Should you require technical assistance, repairs, or have any questions not covered in this manual, please contact UMF RUHLA customer support or an authorized service center. Contact details can typically be found on the manufacturer's website or in your product documentation.