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› UMF RUHLA Autokinetic 1064M-1 Men's Automatic Watch User Manual

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Model: 1064M-1

1. INTRODUCTION

This manual provides detailed instructions for the proper use and care of your UMF RUHLA Autokinetic 1064M-1 men's automatic watch. UMF RUHLA watches are crafted in Germany, embodying high quality and precision engineering. Please read this manual thoroughly to ensure optimal performance and longevity of your timepiece.

2. PRODUCT OVERVIEW

The UMF RUHLA Autokinetic 1064M-1 is an elegant men's automatic watch featuring a precise PX82A autokinetic movement. It boasts a distinctive old rose dial with a color gradient and sunburst finish, protected by a special K1 glass front. The watch includes a date function and luminous hands for enhanced readability. Its robust construction is complemented by a comfortable stainless steel Milanese bracelet with a deployant clasp. The screwed glass case back allows a view of the intricate movement.





Figure 1: Front view of the UMF RUHLA Autokinetic 1064M-1 watch. The image displays the watch with its rose-colored dial, silver hands, date window at 3 o'clock, and a power reserve indicator on the upper left. The watch is fitted with a silver-toned Milanese mesh bracelet.

Key Features:

- Precise PX82A autokinetic movement for reliable timekeeping.
- Old rose dial with color gradient and sunburst finish.
- 42 mm case diameter with special K1 glass front for durability.
- Screwed glass case back revealing the movement.
- Stainless steel Milanese bracelet with deployant clasp.
- Date function and luminous hands for visibility in low light.

3. SETUP

3.1 Initial Winding and Power Reserve

Your UMF RUHLA Autokinetic watch is powered by an automatic movement, meaning it winds itself through the motion of your wrist. For initial setup or after a period of inactivity, it is recommended to manually wind the watch to build up a sufficient power reserve.

1. **Manual Winding:** Gently unscrew the crown (if applicable, otherwise pull out) and turn it clockwise approximately 30-40 times. This will initiate the movement and build a power reserve.
2. **Power Reserve Indicator:** The watch features an "ENERGY LEVEL" indicator on the dial (visible in Figure 1). This indicator shows the remaining power reserve, typically ranging from "start" (low) to "1 DAY", "2 DAYS", "1 MONTH", and "4-6 MONTHS" (full). Ensure the indicator shows at least "1 DAY" for consistent operation.
3. **Wearing the Watch:** Once manually wound, wearing the watch regularly will keep it wound. The movement of your arm will automatically replenish the power reserve.

3.2 Setting the Time and Date

1. **Setting the Date:** Pull the crown out to the first click position. Turn the crown clockwise or counter-clockwise (depending on the movement) to adjust the date. Avoid setting the date between 9 PM and 3 AM, as this can interfere with the automatic date change mechanism.
2. **Setting the Time:** Pull the crown out to the second click position. Turn the crown to move the hour and minute hands. Set the time to the desired hour, ensuring to account for AM/PM if the date changes at midnight.
3. **Finalizing:** Once the time and date are set, push the crown back into its normal operating position. If it's a screw-down crown, gently screw it back in to ensure water resistance.

4. OPERATING INSTRUCTIONS

4.1 Daily Use

Wear your UMF RUHLA Autokinetic watch daily for at least 8-10 hours to maintain its power reserve. If the watch is not worn for an extended period, it may stop. Simply follow the initial winding procedure (Section 3.1) to restart it.

4.2 Luminous Hands

The watch features luminous hands that absorb light and glow in low-light conditions, improving readability. Exposure to bright light will charge the luminescence.

5. MAINTENANCE

5.1 Cleaning

To clean your watch, wipe the case and crystal with a soft, dry cloth. For the Milanese bracelet, a slightly damp cloth can be used, followed by immediate drying. Avoid using harsh chemicals or abrasive materials.

5.2 Water Resistance

While the watch is designed for durability, specific water resistance levels are not provided in the product details. It is generally recommended to avoid prolonged exposure to water, such as swimming or showering, unless explicitly stated otherwise. Always ensure the crown is fully pushed in or screwed down to maintain any inherent water resistance.

5.3 Storage

When not wearing your watch for an extended period, store it in a cool, dry place away from direct sunlight and strong magnetic fields. A watch winder can be used to keep the automatic movement running if desired.

6. TROUBLESHOOTING

- **Watch has stopped:** This is normal for an automatic watch if it has not been worn or manually wound for a period. Follow the initial winding instructions in Section 3.1.
- **Date not changing correctly:** Ensure the time is set correctly, distinguishing between AM and PM. Avoid setting the date between 9 PM and 3 AM.
- **Inaccurate timekeeping:** Automatic watches can be affected by strong magnetic fields. If you suspect this, consult a professional watchmaker for demagnetization. Consistent wear and proper winding are also crucial for accuracy.

7. SPECIFICATIONS

Feature	Detail
Model Number	1064M-1
Movement	PX82A Autokinetic (Automatic)
Case Diameter	42 mm
Crystal	Special K1 Glass Front
Case Back	Screwed Glass Case Back
Dial Color	Old Rose with Gradient and Sunburst Finish
Bracelet Material	Stainless Steel Milanese
Clasp Type	Deployant Clasp
Functions	Date, Luminous Hands, Power Reserve Indicator
Package Dimensions	29.7 x 8.2 x 3.2 cm; 290 grams
Manufacturer	UMF RUHLA

8. WARRANTY AND SUPPORT

Your UMF RUHLA watch is a product of German precision. For any issues or inquiries, please refer to the seller or manufacturer's official support channels.

- **Return Policy:** This product typically comes with a 30-day return/replacement policy. Please check with your retailer for specific terms.
- **Manufacturer:** UMF RUHLA. For more information, you may visit the [UMF RUHLA brand page](#).
- **Spare Parts:** Information regarding the availability of spare parts is currently unavailable.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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