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› AVUMDA Smart Watch ZL80-B User Manual

AVUMDA ZL80-B

AVUMDA Smart Watch ZL80-B User Manual

Model: ZL80-B

INTRODUCTION

Thank you for choosing the AVUMDA Smart Watch ZL80-B. This smart watch is designed to enhance your daily life with its advanced features, including call answering, comprehensive health monitoring, and a wide range of sports modes. This manual provides detailed instructions to help you set up, operate, and maintain your device for optimal performance.



Image: The AVUMDA Smart Watch ZL80-B, showcasing its sleek design and digital display with call interface overlays.

WHAT'S IN THE BOX

Please check the contents of your package to ensure all items are present:

- 1 x AVUMDA Smart Watch ZL80-B
- 1 x USB Charger
- 1 x Product Manual (this document)

SETUP

1. Charging the Smart Watch

Before first use, fully charge your smart watch. A full charge typically takes about 2 hours.

1. Connect the USB charger to a power source (e.g., computer USB port, wall adapter).
2. Attach the magnetic end of the charger to the charging contacts on the back of the watch. Ensure it snaps into place securely.

3. The watch screen will indicate charging status.



15 Days
Standby time

7 Days
Working time

2 h
Charging hours



compatible
iOS and Android

Image: Visual representation of the watch's IP68 waterproof rating, battery life (15 days standby, 7 days working, 2 hours charging), and compatibility with iOS and Android systems.

2. Installing the DaFit App

The AVUMDA Smart Watch ZL80-B requires the "DaFit" app for full functionality and data synchronization.

1. Scan the QR code in the quick start guide (if provided) or search for "DaFit" in your smartphone's app store (App Store for iOS, Google Play Store for Android).
2. Download and install the app.
3. Open the DaFit app and follow the on-screen instructions to create an account or log in.

3. Pairing with Your Smartphone

To enable calls, notifications, and data sync, pair your watch with the DaFit app via Bluetooth.

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the DaFit app. Navigate to the "Device" or "My Device" section.
3. Tap "Add Device" or "Bind Device". The app will search for nearby devices.
4. Select "ZL80-B" or the corresponding device name from the list.
5. Confirm the pairing request on both your watch and smartphone.
6. For call functionality, you may need to pair the watch's secondary Bluetooth connection (often named "ZL80-B_CALL" or similar) directly from your phone's Bluetooth settings after the initial app pairing.

OPERATING INSTRUCTIONS

1. Screen and Encoder Functions

The watch features a 2.01-inch HD touch screen and a multi-function rotary encoder for navigation.

- **Touch Screen:** Swipe up, down, left, or right to navigate through menus and access different features. Tap to select.
- **Rotary Encoder:** Rotate the button to scroll through lists, switch watch faces, or adjust settings. Press the button to return to the home screen or confirm selections.
- **Watch Faces:** The watch supports 200+ watch faces. You can customize and set dynamic watch faces via the DaFit app.

2.01" HD

HD
Touch
Screen



500
NITS Peak
Brightness

TOURNER LE
BOUTON POUR
CHANGER DE CADRAN



Image: Close-up of the smartwatch screen highlighting its 2.01" HD Touch Screen and the rotary encoder for changing dials.

200 + fashion style dia

Enjoy a new look anytime



Image: A selection of over 200 fashion-style watch faces available for customization on the smartwatch.

2. Call Functions

The watch features a built-in high-fidelity speaker and waterproof microphone, allowing you to answer and make calls directly from your wrist.

- **Answering Calls:** When a call comes in, the watch will display the caller ID. Tap the green phone icon to answer.
- **Making Calls:** Access the dial pad or synced contacts on the watch to initiate a call.
- **Voice Assistant:** Use the voice assistant feature to make calls hands-free.

Bluetooth Call

Bluetooth Calling



Voice Assistant

Text, E-mail, App messaging



Image: Depicts the smartwatch's Bluetooth calling capabilities, including incoming call display, AI voice assistant, and various app messaging icons.

Bluetooth call & Message notification

Built-in Hi-Fi speaker, waterproof microphone, you can play music anytime and anywhere. At the same time, the volume can be adjusted directly on the smartwatch.



Image: Illustrates the smartwatch's Bluetooth call and message notification features, showing an incoming call screen and a message display.

3. Message Notifications

Receive real-time message reminders from SMS, WhatsApp, Facebook, and other applications directly on your watch.

- Ensure notification permissions are enabled for the DaFit app in your phone's settings.
- Configure which app notifications you wish to receive within the DaFit app.

4. Health Tracking

The watch utilizes a high-precision HX3600 sensor to monitor various health metrics.

- **Heart Rate Monitoring:** Provides 24-hour continuous heart rate tracking.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels.
- **Blood Pressure Monitoring:** Offers blood pressure readings. (Note: This is for reference only and not a medical device.)
- **Sleep Monitoring:** Tracks your sleep quality and duration, helping you understand and adjust your sleep patterns.
- **Data Analysis:** All health data is recorded and analyzed in the DaFit app, providing insights into your body's condition.

Keep Track of Your Health




24/7 heart rate



Blood oxygen
monitoring




Sleep monitoring

Image: Displays the smartwatch's health tracking capabilities, including 24/7 heart rate monitoring, blood oxygen monitoring, and sleep monitoring.

Health Management

This smart watch can monitor 24-hour heart rate, blood oxygen (SpO2) and analyze sleep quality to help you understand your body data.



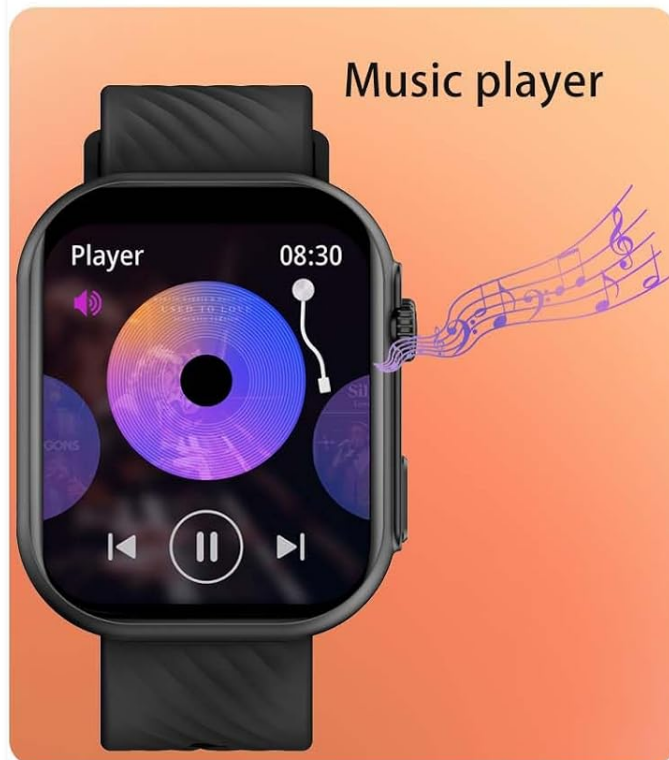
Image: Shows the DaFit app interface for health management, displaying heart rate, blood oxygen, blood pressure, and sleep data.

5. Sports Modes and Activity Tracking

The watch offers 123 built-in sports modes to track your workouts effectively.

- **123 Sports Modes:** Select from various activities like running, football, cycling, and more. The watch monitors steps, calories burned, distance, and heart rate in real-time during exercise.
- **GPS Pedometer:** Connect to the DaFit app and enable GPS on your phone to track your movement trajectory during outdoor activities.
- **Breathing Training:** Utilize the breathing training function to regulate your condition after physical exertion.

Fitness tracker and more useful functions



Entertainment game



GPS via smartphone



123+
sports modes

Image: Illustrates the smartwatch's fitness tracking features, including a music player, entertainment game, GPS via smartphone, and icons representing over 123 sports modes.

All-day activity recording

Built-in 123 sports modes, whether you are running, cycling or doing other exercises, the smart watch will record all your exercise data.



Image: Shows a person running with the smartwatch, highlighting all-day activity recording metrics such as distance, heart rate, and calories for 123 sports modes.

6. Other Practical Functions

The AVUMDA Smart Watch ZL80-B includes a variety of useful features for daily convenience:

- **Timer & Stopwatch:** For timing activities or workouts.
- **Calculator:** Perform basic calculations on your wrist.
- **Weather Forecast:** Get real-time weather updates (requires app connection).
- **Camera Control:** Remotely control your smartphone's camera.
- **Task Reminder:** Set reminders for important tasks.
- **Menstrual Cycle Tracking:** For female users to track their cycle.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Games:** Enjoy simple entertainment games on the watch.
- **Music Player:** Control music playback on your connected smartphone.
- **Alarm Clock:** Set multiple alarms.
- **Find Phone:** Locate your paired smartphone by making it ring.

More Functions to Discover

It is very convenient and practical to control everything on your wrist



Image: An overview of additional smartwatch functions, including Alarm Clock, Calendar, Find Phone, Multifunction Rotary Encoder, Breathing Exercises, Long Sitting Reminder, Women's Health, and Stopwatch Timing.

MAINTENANCE

1. IP68 Waterproof Rating

The AVUMDA Smart Watch ZL80-B is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. This makes it suitable for everyday use, such as washing hands, sweating, or light rain.

- **Do NOT** use the watch in hot water, saunas, or steam rooms, as steam can penetrate the seals and cause damage.
- **Do NOT** press any buttons underwater.
- After contact with water, especially saltwater, wipe the watch dry with a soft cloth.

IP68 Waterproof



15 Days
Standby time

7 Days
Working time

2 h
Charging hours



compatible
iOS and Android

Image: The smartwatch with water droplets, illustrating its IP68 waterproof capability.

2. Cleaning and Care

- Regularly clean the watch and strap with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

TROUBLESHOOTING

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.

Problem	Possible Solution
Cannot pair with phone	1. Ensure Bluetooth is enabled on your phone. 2. Make sure the watch is within range of your phone. 3. Restart both the watch and your phone. 4. Forget the device in your phone's Bluetooth settings and try pairing again through the DaFit app. 5. Ensure the DaFit app has necessary permissions (location, Bluetooth).
No notifications received	1. Check notification settings in the DaFit app. 2. Ensure the DaFit app is running in the background and has notification access in your phone's system settings. 3. Verify the watch is successfully paired.
Inaccurate health data	1. Ensure the watch is worn snugly on your wrist, not too loose or too tight. 2. Clean the sensor on the back of the watch. 3. Avoid excessive movement during measurements. 4. Remember that health data from smartwatches is for reference and not for medical diagnosis.
Short battery life	1. Reduce screen brightness. 2. Limit continuous heart rate monitoring or turn off features you don't use frequently. 3. Ensure the watch is fully charged each time. 4. Frequent calls or heavy usage will consume more battery.

SPECIFICATIONS

Feature	Detail
Model Number	ZL80-B
Screen Size	2.01 Inches HD Touch Screen
Product Dimensions	9.96 x 1.54 x 0.43 inches
Item Weight	5.3 ounces
Battery Type	Lithium Polymer
Charging Time	Approx. 2 hours
Working Time	Approx. 7 days
Standby Time	Approx. 15 days
Waterproof Rating	IP68
Connectivity	Bluetooth 5.0
Compatibility	iOS and Android systems
RAM Memory Installed Size	128 MB
Sensor	HX3600 (for health monitoring)

Product Size



Image: Detailed diagram showing the dimensions of the AVUMDA Smart Watch ZL80-B, including screen size, strap length, and watch thickness.

WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the contact details provided with your purchase or visit the official AVUMDA website. Keep your purchase receipt as proof of purchase for warranty claims.

If you encounter any issues not covered in this manual, please contact AVUMDA customer service for assistance.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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