

TOOBUR IDW18

TOOBUR IDW18 Smart Watch User Manual

Comprehensive guide for your TOOBUR IDW18 Smart Watch.

1. INTRODUCTION

Welcome to the TOOBUR IDW18 Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read thoroughly to ensure optimal performance and a seamless user experience.

2. WHAT'S IN THE BOX

- TOOBUR IDW18 Smart Watch (with silicone strap)
- Magnetic Charging Cable
- User Manual

3. SETUP GUIDE

3.1 Initial Charging

Before first use, charge the smartwatch for at least 1 hour. If the battery is completely drained, charge for at least 30 minutes before powering on. Use the provided magnetic charging cable by aligning it with the charging points on the back of the watch.

Long Battery Life



Always Powered Up

-  **2.5 Hours**
Charging Time
-  **7-10 Days**
Average Usage
-  **20 Days**
Power-saving Mode
-  **30 Days**
Standby Time

Long Battery Life

Image: The TOOBUR IDW18 Smart Watch connected to its magnetic charging cable, illustrating the charging process.

3.2 App Download & Pairing

Download the "VeryFit" app from your device's app store (compatible with Android 6.0+ / iOS 9.0+). Open the app and follow the on-screen instructions to connect your smartwatch via Bluetooth. Ensure Bluetooth is enabled on your phone.

Bluetooth 5.3

Answer/Make Calls

 Set Frequency Contacts

 Check Call History

 Support Dial Pad



Voice Assistant

Turn on the light

Listening...

Set an Alarm



Sync Notifications

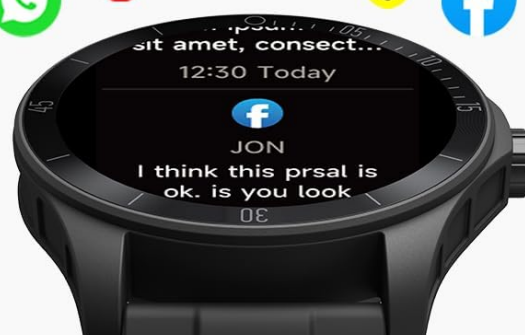
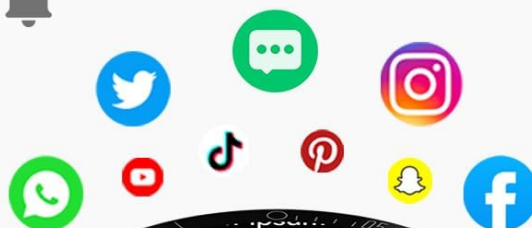


Image: The TOOBUR IDW18 Smart Watch screen showing Bluetooth call options (Set Frequency Contacts, Check Call History, Support Dial Pad) and synced notifications from various social media apps.

4. OPERATING THE SMARTWATCH

4.1 Basic Navigation

The TOOBUR IDW18 features a 44mm HD touchscreen for intuitive navigation. Swipe left, right, up, or down to access different functions and menus. Use the physical button on the side for quick access to the app list or to return to the home screen.

4.2 Call & Message Management

With Bluetooth compatibility, you can answer/make calls directly from your wrist. The smartwatch also provides instant notifications for social media, emails, and SMS messages. To receive phone notifications, ensure the "VeryFit" app is running in the background and Bluetooth is connected to both the phone and the app.



SMART WATCH

Bluetooth 5.3 Compatible

Built-in microphone and speaker that allows you to make and receive calls

Set up your frequent contacts and you can make calls from your watch with just one touch

Free your hands and never worry about missing any important calls again

Image: The TOOBUR IDW18 Smart Watch displaying an incoming call screen, highlighting its ability to answer and make calls via Bluetooth 5.3.

Check Message and Notifications

Stay connected and informed at all times, with real-time alerts delivered directly to your wrist

Supported E-mails, text messages, SMS and App notifications, ensures that you're always in the loop

Say goodbye to missing any important messages and notifications again

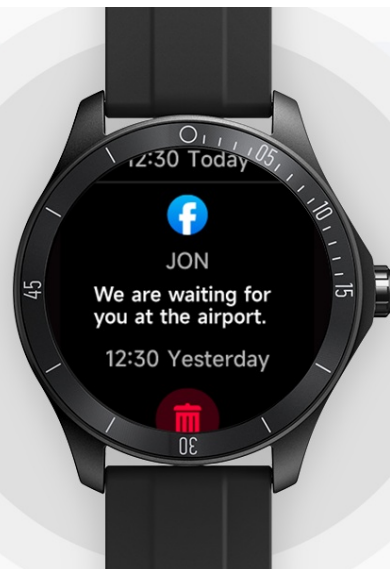


Image: The TOOBUR IDW18 Smart Watch screen showing a message notification from a social media app, with icons of various social media platforms below.

4.3 Alexa Built-in

Enjoy the convenience of Alexa on your wrist. Long press the button to activate Alexa. You can control smart home devices, set reminders, get weather updates, and more. Ensure your watch is connected to the "VeryFit" app and logged into your Amazon account for Alexa functionality.

Start Your Smart Life

Long press the button to talk with Alexa

Experience the power of seamless interactions as you effortlessly control smart devices, set alarms and timers, check the weather, start your training and more

Make life more convenient



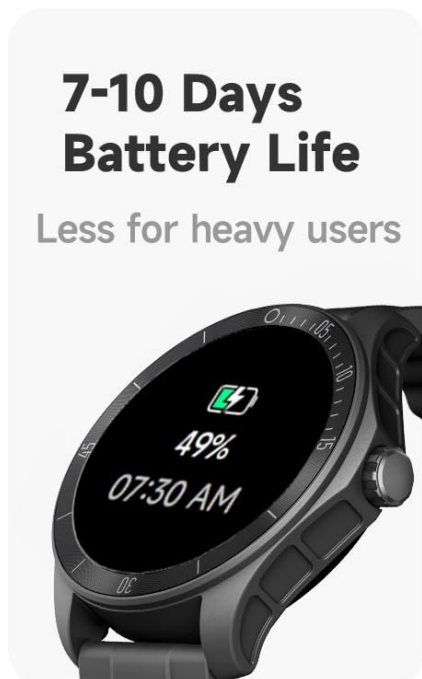
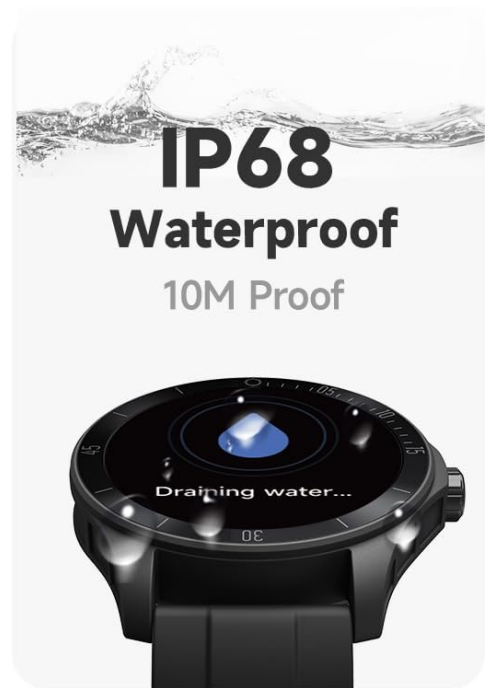
Image: The TOOBUR IDW18 Smart Watch displaying the Alexa voice assistant interface, with examples of commands like "How is the weather?" and "Set an alarm."

4.4 Customizable Watch Faces

Personalize your smartwatch with over 100 exquisite cloud watch faces available through the "VeryFit" app. You can also upload your own photos to create unique watch faces.



DIY
Watch Faces



**7-10 Days
Battery Life**

Less for heavy users



100 Sport Modes

Image: The TOOBUR IDW18 Smart Watch showcasing different customizable watch faces, including a DIY option with a personal photo.

5. HEALTH & FITNESS TRACKING

5.1 Activity Tracking & Sports Modes

The smartwatch offers 24/7 activity tracking, monitoring steps, calories burned, distance, and speed. It supports over 100 different sports modes to accurately track your workouts.



Insight for Better Sleep



Image: The TOOBUR IDW18 Smart Watch showing activity data including exercise duration, calories, distance, and steps, with a person exercising in the background.

Begin Your Training Progress

Offer a holistic view of your fitness journey
Personalize your tracking experience and
take your performance to the next level

100 sport modes

 **8.35 mi**
 **24302 Steps**
 **1092 Kcal**



Image: The TOOBUR IDW18 Smart Watch displaying various sports mode icons around the watch face, indicating its 100+ sports tracking capabilities.

5.2 Heart Rate, Blood Oxygen & Stress Monitoring

Monitor your heart rate, blood oxygen levels, and stress levels in real-time. The watch provides insights into your health status, with data synchronized to the "VeryFit" app for detailed analysis.

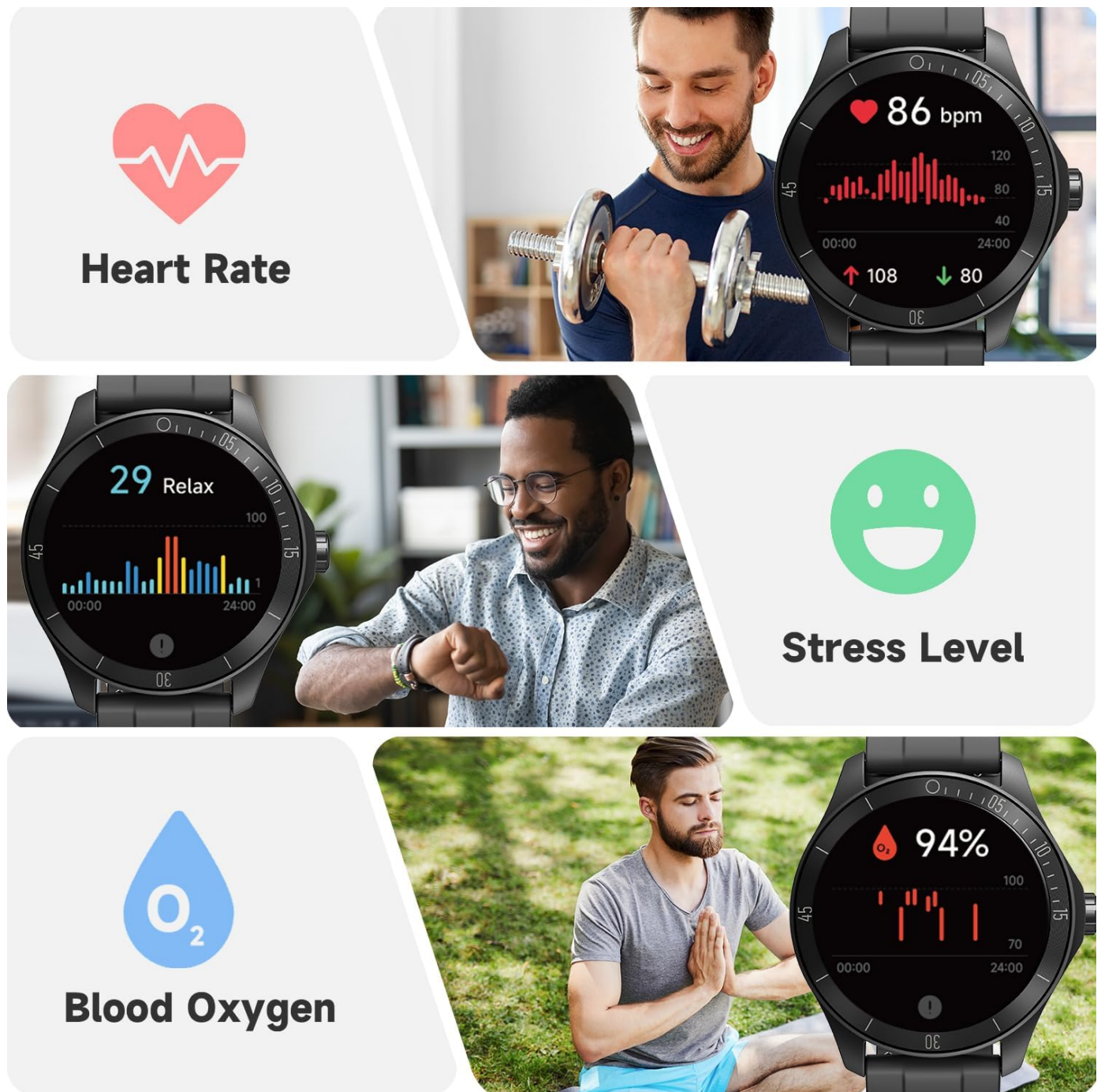


Image: The TOOBUR IDW18 Smart Watch displaying readings for heart rate (BPM), stress level, and blood oxygen saturation (SpO₂).

5.3 Sleep Tracking

The TOOBUR IDW18 accurately monitors your sleep patterns across four modes: awake, REM, light sleep, and deep sleep. Access personalized insights and tips in the "VeryFit" app to improve your sleep quality.



24/7 Activity Tracking



4.35
mi



10226
Steps



402
Kcal

Image: The TOOBUR IDW18 Smart Watch showing sleep duration for light sleep, deep sleep, REM, and awake periods, with a person sleeping in the background.

Insight for Better Nights

Records your sleep stages, including Awake, Light Sleep, Deep Sleep, and REM (Rapid Eye Movement)

With detailed insights into your sleep quality and duration for each stage, you'll be empowered to optimize your bedtime routine and have better habits

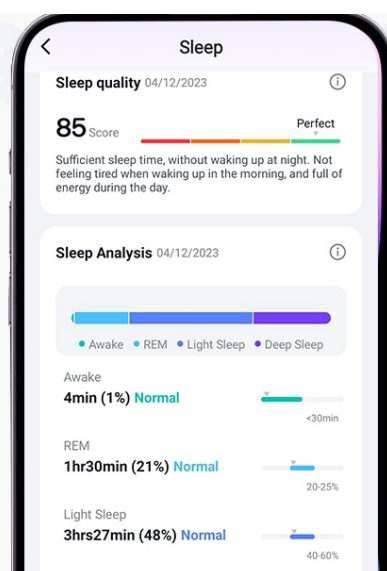


Image: The TOOBUR IDW18 Smart Watch displaying detailed sleep analysis, including sleep stages and a sleep quality score, accessible via the VeryFit app.

6. MAINTENANCE

6.1 IP68 Waterproof Rating

The TOOBUR IDW18 is IP68 waterproof, ensuring 100% performance in up to 1.5 meters of water. It can withstand swimming and daily water exposure. However, it is not applicable to high-temperature or corrosive environments like spas or seawater.



IP68 Waterproof

100% Performance in 10 Meters Water

Not applicate to high and corrosive places like spa and seawater etc.

Image: The TOOBUR IDW18 Smart Watch submerged in water, demonstrating its IP68 waterproof capability.

6.2 Battery Life

The smartwatch offers impressive battery life: up to 30 days of standby time, 20 days in power-saving mode, and 7-10 days of daily usage. A full charge takes approximately 2.5 hours.

7. TROUBLESHOOTING

If the connection repeatedly disconnects, try restarting the watch and your phone's Bluetooth. For detailed function introductions and precautions, refer to the "VeryFit" app.

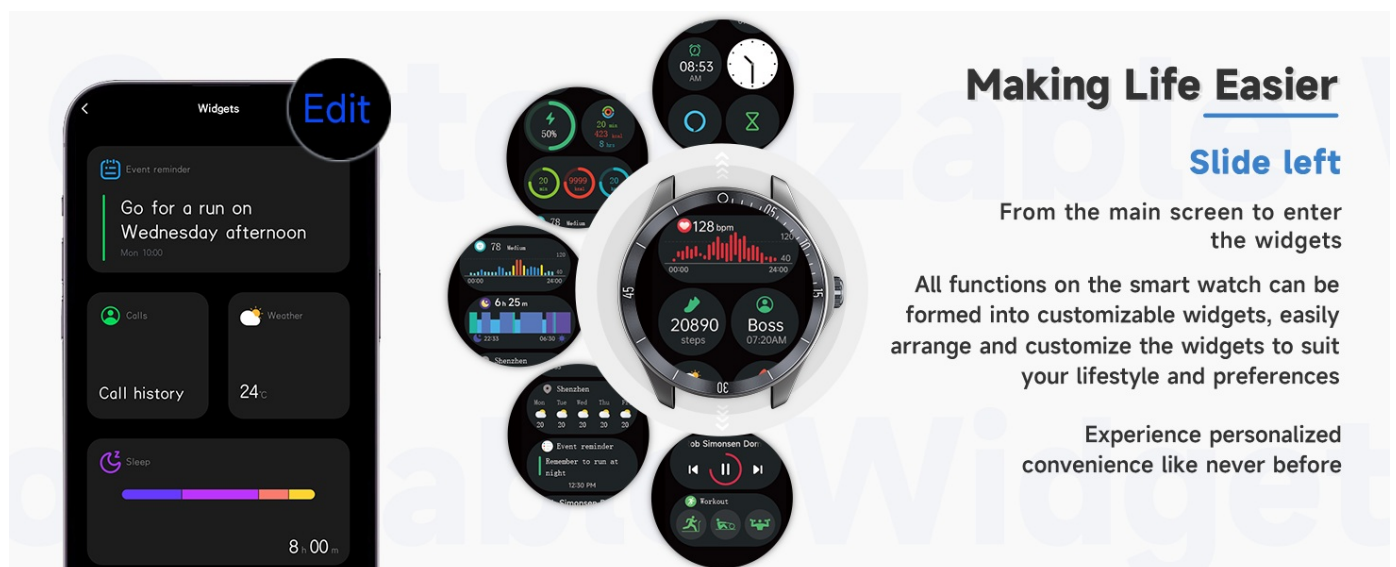


Image: A graphic titled "Attention" with notes on charging (charge for at least 1 hour before initial use, charge for 30 minutes if completely drained) and Bluetooth connection (syncing data requires Bluetooth, app running in background for notifications, restart watch/Bluetooth for

repeated disconnections).

8. SPECIFICATIONS

Model Name	IDW18
Screen Size	44 Millimeters
Display Type	Digital
Resolution	320 x 320
Operating System	Android 6.0+ / iOS 9.0+
Connectivity Technology	Bluetooth
Waterproof Rating	IP68
Water Resistance Depth	1.5 Meters
Battery Type	Lithium Metal (included)
Battery Average Life	10 days
Battery Charge Time	2.5 Hours
Item Weight	45 Grams
Dimensions	28 x 9 x 1.8 cm
Supported Application	Voice Assistant, Phone, Fitness Tracker, Sleep Monitor, Multisport Tracker, Notifications
Controller Type	Amazon Alexa
GPS	GPS Via Smartphone

9. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or visit the official TOOBUR website. The "VeryFit" app also provides detailed function introductions and troubleshooting tips.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question