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> [ADDIESDIVE 41 MM Quartz Dive Watch \(Model MY-H3-2Q\) Instruction Manual](#)

ADDIESDIVE MY-H3-2Q

ADDIESDIVE 41 MM Quartz Dive Watch (Model MY-H3-2Q) Instruction Manual

Your guide to setting up, operating, and maintaining your ADDIESDIVE dive watch.

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1. PRODUCT OVERVIEW

The ADDIESDIVE 41 MM Quartz Dive Watch (Model MY-H3-2Q) is a robust timepiece designed for reliability and durability. It features a Japanese quartz movement, 316L stainless steel construction, and 200 meters of water resistance, making it suitable for various water activities and daily wear.



Image: Front view of the ADDIESDIVE 41 MM Quartz Dive Watch, showcasing the black dial, luminous markers, and unidirectional bezel.

2. KEY FEATURES

- **Movement:** Reliable Japanese quartz movement 2115 for accurate timekeeping.
- **Materials:** Case and band constructed from durable 316L stainless steel. Features a full brushed steel band and convex mineral glass with anti-glare blue coating.
- **Dimensions:** 41 mm case diameter, 48 mm lug-to-lug length, 20 mm lugs width, and 13 mm case thickness (including glass and case bottom). Watch net weight is approximately 163 g. Total length is 220 mm.
- **Luminous Display:** Blue luminous hands and hour markers utilize Super-Luminous BGW9 powder, ensuring excellent long-lasting brightness for clear visibility in low-light conditions.
- **Water Resistance:** Water resistant to 200 meters (20 ATM), suitable for daily water use, showering, swimming, and diving. Equipped with a unidirectional steel bezel for dive timing.



Image: The ADDIESDIVE watch displaying its bright blue Super-Luminous BGW9 markers and hands in darkness.

3. SETUP INSTRUCTIONS

3.1. Adjusting the Bracelet

The watch comes with a 316L stainless steel bracelet featuring solid end links and a brushed sterile clasp with three micro-adjustments. To ensure a comfortable fit, you may need to remove or add links. A pin removal tool is included for this purpose.



Image: Detailed view of the brushed stainless steel bracelet of the ADDIESDIVE watch.

3.2. Setting Time and Date

Your ADDIESDIVE watch features a screw-down crown to ensure water resistance. Follow these steps to set the time and date:

1. **Unscrew the Crown:** Gently rotate the crown counter-clockwise until it springs free from the case.
2. **Set the Date:** Pull the crown out to the first click position. Rotate the crown clockwise or counter-clockwise to adjust the date.
3. **Set the Time:** Pull the crown out to the second click position. Rotate the crown to move the hour and minute hands to the correct time.
4. **Secure the Crown:** Once the time and date are set, push the crown back into the case and screw it down clockwise until it is firmly sealed against the case. This is crucial for maintaining water resistance.

Video: Official ADDIESDIVE demonstration of the H3C Diver Watch, showing the bezel rotation, crown operation, and bracelet details.

4. OPERATING YOUR WATCH

4.1. Water Resistance

This dive watch is rated for 200 meters (20 ATM) of water resistance. This means it is suitable for recreational diving, swimming, and other water sports. Always ensure the crown is fully screwed down before exposing the watch to water.

4.2. Unidirectional Bezel

The watch features a unidirectional rotating bezel. This bezel is designed to rotate only counter-clockwise, preventing accidental changes that could overestimate elapsed time during a dive. To use it for timing, align the bezel's zero marker with the minute hand at the start of your activity. The minute hand will then indicate the elapsed time against the bezel's scale.

4.3. Luminous Dial

The Super-Luminous BGW9 powder on the hands and hour markers absorbs light and glows in the dark. Exposure to bright light (natural or artificial) will charge the lume, providing visibility in low-light conditions.

5. CARE AND MAINTENANCE

- **Cleaning:** Regularly clean your watch with a soft, damp cloth. For stainless steel parts, a mild soap solution can be used, followed by thorough rinsing and drying.
- **Water Exposure:** After exposure to saltwater, rinse the watch with fresh water and dry it completely to prevent corrosion.
- **Avoid Chemicals:** Do not expose the watch to harsh chemicals, solvents, or detergents, as these can damage the seals and finish.
- **Temperature Extremes:** Avoid sudden temperature changes or prolonged exposure to extreme temperatures, which can affect the watch's accuracy and seals.
- **Battery Replacement:** As a quartz watch, the battery will eventually need replacement. It is recommended to have this done by a professional watchmaker to ensure proper sealing and water resistance.

6. TROUBLESHOOTING

- **Watch Not Running:** If the watch stops, check if the crown is fully pushed in. If it is, the battery may need replacement.
- **Date Not Changing:** Ensure the time is set correctly, passing midnight to trigger the date change. If the date is stuck, try manually advancing it using the crown's first click position.
- **Water Inside the Watch:** If you notice condensation or water inside the watch, immediately take it to a professional watchmaker for inspection and repair to prevent further damage.

7. PRODUCT SPECIFICATIONS

Attribute	Detail
Movement	Japanese Quartz Movement 2115
Case Material	316L Stainless Steel
Band Material	316L Stainless Steel (Brushed)

Crystal	Convex Mineral Glass with Anti-Glare Blue Coating
Case Diameter	41 mm
Lug to Lug Length	48 mm
Lugs Width	20 mm
Case Thickness	13 mm (including glass and case bottom)
Watch Net Weight	Approx. 163 g
Total Watch Length	220 mm
Water Resistance	200 M (20 ATM)
Bezel	Unidirectional Steel Bezel
Lume	Super-Luminous BGW9
Clasp Type	Double Locking Foldover Clasp
Model Number	MY-H3-2Q



Image: Technical drawing illustrating the key dimensions of the ADDIESDIVE watch, including case diameter, lug-to-lug, and weight.

8. WARRANTY AND SUPPORT

ADDIESDIVE products are manufactured to high standards. For specific warranty details, please refer to the documentation included with your purchase or visit the official ADDIESDIVE brand store. For any support inquiries, please contact ADDIESDIVE customer service.

[Visit the ADDIESDIVE Brand Store](#)