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› LIGE Smart Watch User Manual

LIGE ST15-A

LIGE Smart Watch User Manual

Model: ST15-A

INTRODUCTION

This user manual provides comprehensive instructions for the LIGE Smart Watch, Model ST15-A. It covers setup, operation, maintenance, and troubleshooting to ensure optimal performance and user experience. The LIGE Smart Watch is designed for men, featuring Bluetooth calling, a 1.39-inch HD display, IP68 waterproofing, and over 111 sport modes, making it suitable for various outdoor and fitness activities. It also includes health monitoring functions such as heart rate, SpO2, and sleep tracking.



Image: The LIGE Smart Watch, showcasing its sleek design with both metal and silicone strap options.

WHAT'S IN THE BOX

Upon opening the package, please verify that all the following items are included:

- 1 x LIGE Smartwatch
- 1 x Steel Band
- 1 x Silicone Strap
- 1 x Charger
- 1 x Steel Band Adjustment Tool
- 1 x Instruction Manual

PRODUCT OVERVIEW

Components and Controls

Familiarize yourself with the main components and controls of your LIGE Smart Watch:

- **1.39-inch HD Full Touch Color Screen:** Main display for all interactions and information.
- **Multi-function Rotary Encoder:** Used for navigating menus, changing watch faces, and scrolling lists.
- **Optical Sensor:** Located on the back, used for heart rate, blood pressure, and SpO2 monitoring.
- **Charging Contacts:** Located on the back, for connecting the magnetic charger.
- **Speaker & Microphone:** For Bluetooth calling and AI voice assistant functions.
- **Interchangeable Straps:** Comes with both steel and silicone straps for different occasions.

Intelligent Health Monitoring

The image features a man in a dark t-shirt lifting a black dumbbell. He is wearing a black smartwatch with a metal link strap. A red ECG line is overlaid on his forearm. In the foreground, two smartwatches are displayed: one showing the back with the optical sensor and charging contacts, and the other showing the front screen with health data.

Blood Oxygen
98%

Heart Rate
124/70 mmHg

Blood Pressure
127 bpm
130 / 67

Sleep
Sleep 08-06
08H 34M
06H 28M
02H 36M

124/70 mmHg

1.39-inch HD Full Touch Color Screen

Multi-function Rotary Encoder

Optical Sensor

Charging Contacts

Speaker & Microphone

Interchangeable Straps

Image: Rear view of the LIGE Smart Watch, highlighting the optical sensor for health monitoring and charging contacts.

SETUP

1. Charging the Smart Watch

Before first use, fully charge your LIGE Smart Watch. Connect the magnetic charger to the charging contacts on the back of the watch. The watch will indicate charging status on its screen. A full charge takes approximately 2 hours.



Image: The LIGE Smart Watch connected to its magnetic charging cable, displaying battery level.

2. Downloading the GloryFit App

The LIGE Smart Watch requires the "GloryFit" application for full functionality and data synchronization. You can download the app by scanning the QR code provided in the watch's packaging or by searching "GloryFit" in your phone's app store (compatible with Android 5.0+ and iOS 9.0+).



Image: Step-by-step guide on how to download the GloryFit app and connect the smartwatch to a smartphone.

For direct download, visit: [GloryFit App Download](#)

3. Pairing with Your Phone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the GloryFit app.
3. In the app, navigate to the device section and select "Add Device" or "Connect Device".
4. The app will search for available devices. Select "ST15-A" or the corresponding device name for your LIGE Smart Watch.
5. Follow any on-screen prompts to confirm the pairing.
6. Allow the smartwatch to display notifications when prompted by your phone.

Once successfully paired, the watch will synchronize time and data with your phone, and you can begin using its features.

OPERATING INSTRUCTIONS

Bluetooth Calling & Smart Notifications

The LIGE Smart Watch allows you to make and receive calls directly from your wrist, and receive notifications from your smartphone.

- **Making/Receiving Calls:** Once connected via Bluetooth, use the watch's dial pad, contacts, or call history to initiate calls. Incoming calls can be answered or rejected directly on the watch.
- **Notifications:** Set up app notifications (SMS, Facebook, WhatsApp, Instagram, etc.) within the GloryFit app to

receive alerts on your watch.

3 in 1

AI Voice Assistant

How is the weather today?

Please call Alin.

Bluetooth calls

Ringtone Built in Mic Calls History Contacts Dial Pad

Smart Notification

Image: The LIGE Smart Watch interface demonstrating Bluetooth call functionality with built-in mic and smart notification display from various social media apps.

Health Monitoring

The watch features advanced optical sensors for continuous health tracking. Access these features via the watch menu or the GloryFit app.

- **Heart Rate Monitoring:** Real-time heart rate tracking throughout the day.
- **Blood Pressure Monitoring:** Provides real-time blood pressure readings.
- **SpO2 (Blood Oxygen) Monitoring:** Measures blood oxygen saturation levels.

- **Sleep Monitoring:** Automatically tracks sleep status and provides comprehensive sleep quality analysis in the GloryFit app.
- **Breath Training:** Guided breathing exercises for relaxation.

Note: Health data is for reference only and should not be used for medical purposes. Consult a healthcare professional for any health concerns.



Image: The LIGE Smart Watch screen showing real-time data for blood oxygen, heart rate, blood pressure, and sleep duration.

Sport Modes

The watch supports over 111 sport modes to track your physical activity. Select your desired sport mode from the watch

menu to record data such as steps, distance, calories burned, and active time.

- **Activity Tracking:** Records steps, distance, and calories.
- **GPS Track:** When paired with the GloryFit app, it can utilize your phone's GPS for detailed route tracking during outdoor activities.
- **Data Analysis:** View detailed sports data analysis in the GloryFit app to help achieve fitness goals.

111+ Sports Modes

The smartwatch will record your exercise data, showing your exact steps, distance, calories, active time, and you can see more detailed data on the app.

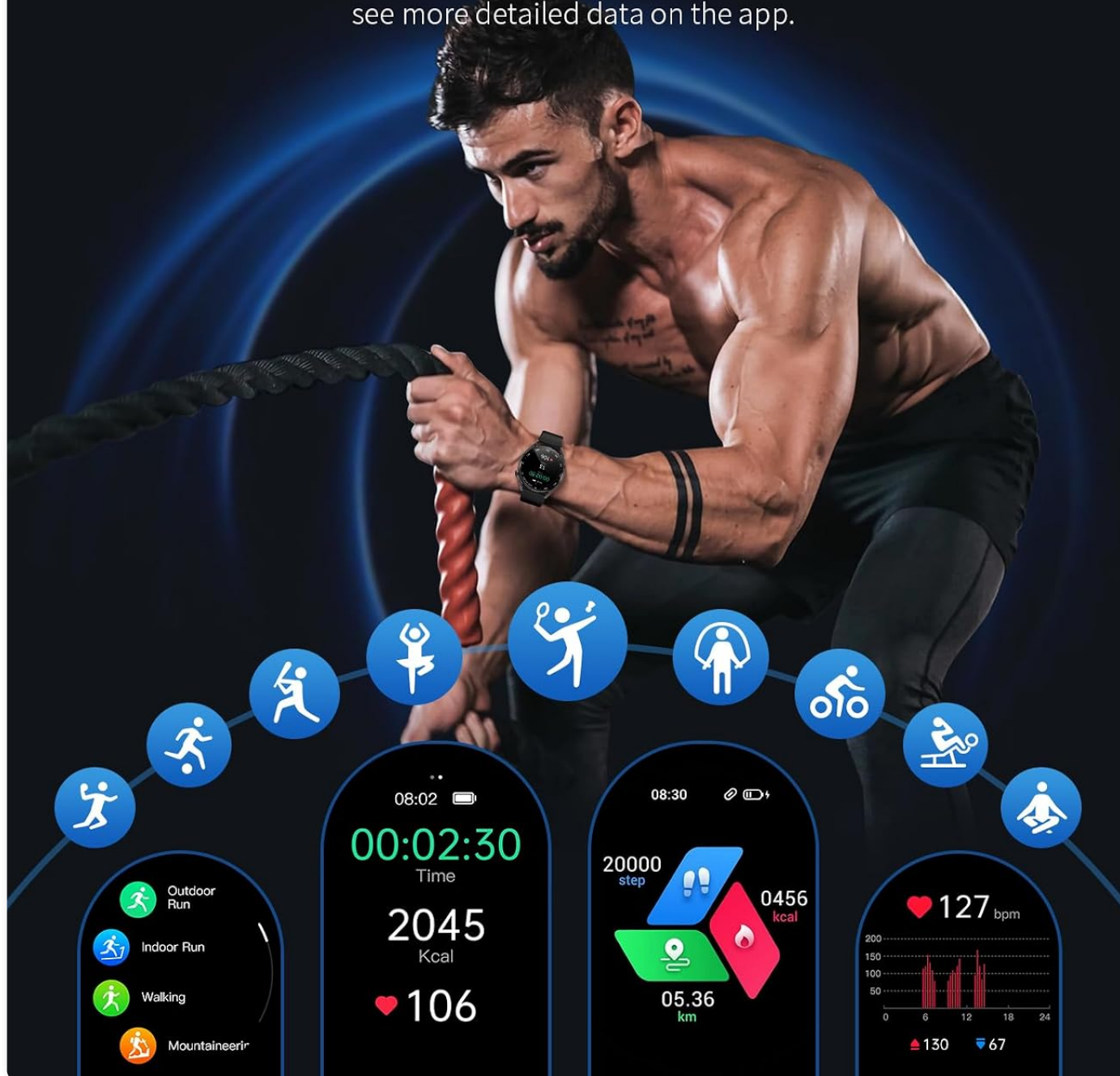


Image: A visual representation of the LIGE Smart Watch's 111+ sport modes, displaying metrics like steps, distance, and calories burned during exercise.

Customizing Watch Faces

Personalize your watch with over 300 available dials in the GloryFit app. You can also upload your own photos to create

custom watch faces.

- **Changing Dials:** Use the multi-function rotary encoder on the watch or select from the extensive library within the GloryFit app.
- **Custom UI:** Upload personal photos through the app to set as your watch background.

270+ HD Fashion Dials

A variety of cool dials and dial markets are built in to cater for diversity, with customisable dials to match your own fashion style.



Image: The LIGE Smart Watch displaying various customizable watch faces, including options to upload personal photos via the app.

AI Voice Assistant & Other Utilities

The LIGE Smart Watch integrates an AI voice assistant and a variety of useful tools for daily convenience.

- **AI Voice Assistant:** Ask questions, play music, set alarms, check weather, and more using voice commands.

- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Camera Remote Control:** Use your watch as a remote shutter for your phone's camera.
- **Calculator:** A basic calculator function is available on the watch.
- **Find Phone:** Locate your misplaced phone by triggering an alarm sound from the watch.
- **Flashlight:** Turn the watch screen into a temporary flashlight.
- **Reminders:** Sedentary reminder, drink water reminder, heart rate alert.
- **Women's Cycle Tracking:** Monitor menstrual cycles.

Multifunctions



Image: The LIGE Smart Watch displaying its various multifunctions, including calculator, breath training, sedentary reminder, and icons for other features like music, alarm, and voice assistant.

MAINTENANCE

Water Resistance (IP68)

The LIGE Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily use, such as hand washing, rain, and light splashes. However, it is not recommended for hot water baths, saunas, or diving, as steam and high temperatures can affect the seal.

Made of steel

Comfortable texture

Vacuum plating technology, highlighting the three-dimensional hard atmosphere, bringing a relaxed and comfortable wearing experience.



304 Fine Steel



Water and Sweat resistant



High temperature resistant



Dust Resistant



Non-deformable



Strong and Wear resistant



Image: The LIGE Smart Watch on a rock, illustrating its durable construction and features like 304 fine steel, water and sweat resistance, and dust resistance.

Cleaning and Care

- Wipe the watch screen and body with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive cleaners.
- Ensure the charging contacts are clean and dry before charging.
- If the watch gets wet, dry it thoroughly before charging or prolonged use.

TROUBLESHOOTING

Problem	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect to the charger and wait a few minutes.

Problem	Possible Solution
Cannot pair with phone	1. Ensure Bluetooth is enabled on your phone. 2. Make sure the watch is within range of your phone. 3. Restart both the watch and your phone. 4. Clear Bluetooth cache on your phone (if applicable). 5. Ensure the GloryFit app has necessary permissions.
Notifications not appearing	1. Check notification settings in the GloryFit app. 2. Ensure your phone's notification access is granted to GloryFit. 3. Verify the watch is connected via Bluetooth.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the optical sensor regularly. Remember, data is for reference only.
Short battery life	Reduce screen brightness, turn off unnecessary notifications, and limit continuous health monitoring if not needed. Ensure full charge cycles.

SPECIFICATIONS

Feature	Detail
Model Number	ST15-A
Screen Size	1.39 Inches HD Full Touch
Resolution	360*360 pixels
Battery Capacity	300 mAh Lithium Polymer
Charging Time	Approx. 2 hours
Working Time	3-5 days (typical use)
Standby Time	Up to 20 days
Waterproof Rating	IP68
Connectivity	Bluetooth
Operating System Compatibility	Android 5.0+ / iOS 9.0+
Memory Storage Capacity	128 MB
Dimensions	1.69 x 1.77 x 0.39 inches
Item Weight	3.53 ounces (100 Grams)

WARRANTY AND SUPPORT

LIGE provides comprehensive support for your Smart Watch.

- **Warranty:** Your LIGE Smart Watch comes with a**2-year warranty** from the date of purchase. This covers

manufacturing defects and quality-related issues.

- **Returns Service:** A **6-month returns service** is available.
- **Online Service:** LIGE offers **24-hour online service** for customer inquiries and support.

For any quality problems, connection failures, strap issues, or general dissatisfaction with the product, please contact LIGE customer service for assistance, replacement, return, or refund services.



Image: LIGE's commitment to customer service, showing 24H Online Service, 6 Months Returns Service, and 2 Years Guarantee.

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This manual is for informational purposes only. Product specifications and features are subject to change without notice.

Ask a Question About This Manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question