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AUVON AUVON 4 Outputs TENS Unit

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INSTRUCTION MANUAL

Product Overview

The AUVON 4 Outputs TENS Unit is a versatile muscle stimulator designed for drug-free pain relief. It utilizes Transcutaneous Electrical Nerve Stimulation (TENS) and Electrical Muscle Stimulation (EMS) to activate natural pain relief mechanisms and relax muscles. This unit features 4 independent output channels, allowing for targeted treatment of multiple body areas simultaneously. It comes with 24 pre-set modes and an easy-to-select button design for various body parts and therapeutic techniques.



Image: The AUVON TENS unit, its EVA travel case, multiple electrode pads, and connection cables.

Important Safety Information

Before using the AUVON TENS Unit, please read and understand the following safety precautions. Failure to do so may result in injury or adverse reactions.

- **Do not use** this product if you have an implanted defibrillator, cardiac pacemaker, or any other implanted metallic or electronic device.
- **Do not use** this product if you have heart rhythm problems, epilepsy, brain diseases, or neurological disorders.
- **Do not use** this product if you have undiagnosed chronic pain.
- **Do not use** this product if you are pregnant or in labor.
- **Do not use** this product if you have cancer.
- **Do not use** this product if you are sensitive to electrotherapy.
- **Do not use** this product excessively.

- **Do not use** this product above the neck, especially on the head or neck area.
- **Do not use** this product if you are under 22 years of age.

Individual symptoms, situations, circumstances, and results may vary. The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. Please consult your physician or qualified health care provider regarding your condition and appropriate medical treatment.

What's in the Box

Your AUVON TENS Unit package includes the following components:

- 1 x AUVON 4 Outputs TENS Unit
- 1 x EVA Travel Case
- 4 x Output Cables (for 4 channels)
- 10 x Upgraded Electrode Pads (4 small 1.5" x 1.5" square, 4 medium 2" x 2" square, 2 large 2" x 4" rectangular)
- 1 x Type-C Charging Cable
- 1 x Instruction Manual (this document)



Image: All components included in the AUVON TENS Unit package.

Setup

Charging the Device

The AUVON TENS Unit comes with a 300mAh rechargeable battery, offering up to 40 hours of standby time. Before first use, ensure the device is fully charged.

1. Connect the provided Type-C charging cable to the charging port on the TENS unit.
2. Connect the other end of the cable to a wall charger, power bank, or laptop.
3. The battery indicator on the screen will show charging progress. Disconnect once fully charged.

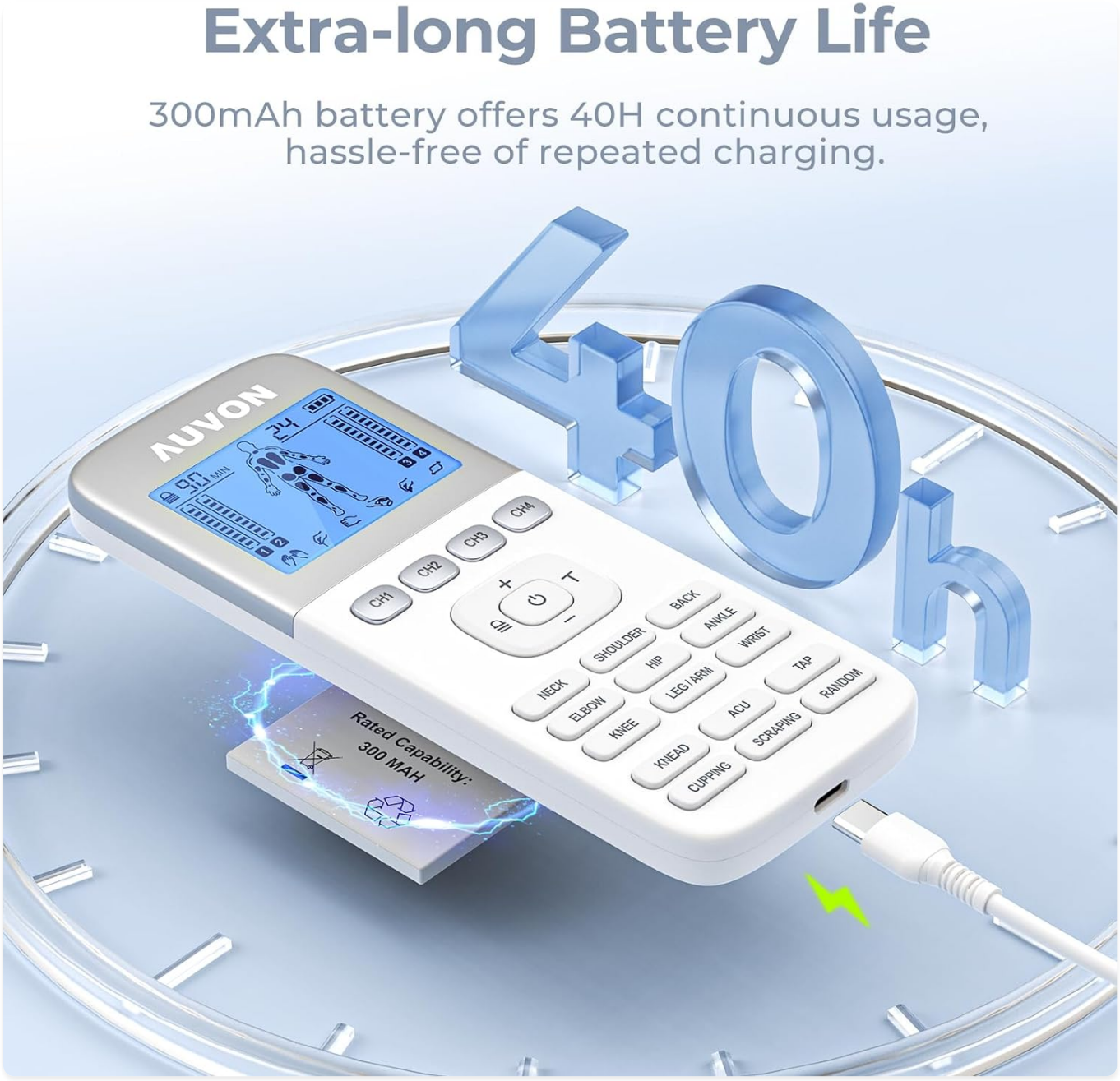


Image: The AUVON TENS unit connected to a charging cable, highlighting its long battery life.

Connecting Electrode Pads

The unit supports up to 4 independent channels, allowing you to use 8 electrode pads simultaneously for targeted relief.

1. Ensure the TENS unit is turned off before connecting pads.
2. Connect the output cables to the corresponding ports (CH1, CH2, CH3, CH4) on the top of the TENS unit.
3. Attach the electrode pads to the ends of the output cables. Ensure a secure connection.
4. Peel off the protective film from the electrode pads.
5. Apply the pads to clean, dry skin on the desired treatment areas. Ensure full contact for optimal performance.

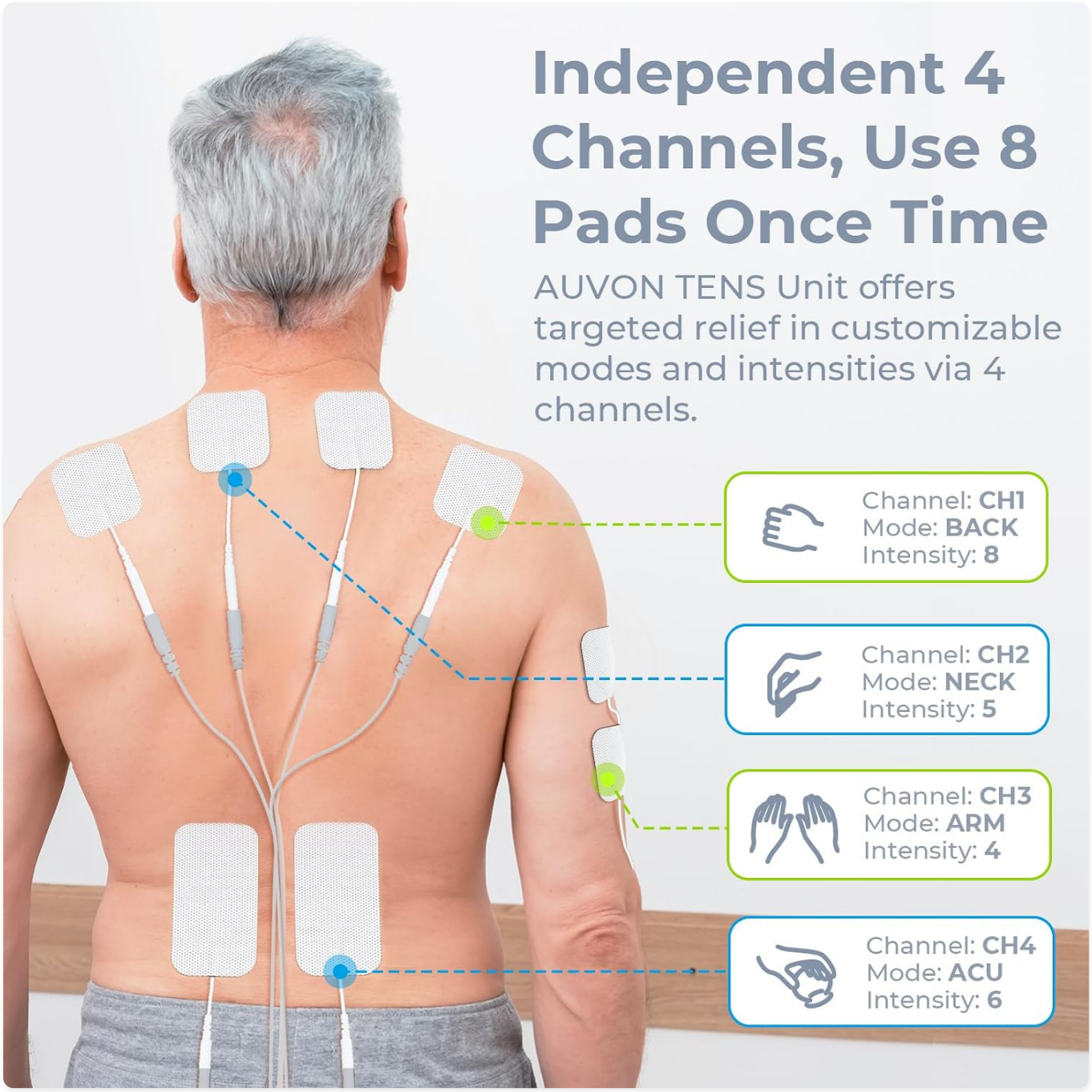


Image: Illustration of electrode pad placement for independent 4-channel use.

▶ **Watch video online**

Getting started is easy!

Video: A short demonstration on how to get started with the AUVON TENS unit, including connecting channels and selecting modes.

Operating Instructions

1. **Power On:** Press and hold the power button () to turn on the device.
2. **Select Channel:** Press the CH1, CH2, CH3, or CH4 button to select the desired channel for adjustment. The selected channel will be highlighted on the screen.
3. **Choose Mode:** Use the dedicated buttons for body areas (NECK, SHOULDER, BACK, ELBOW, HIP, ANKLE, KNEE, LEG/ARM, WRIST) or therapeutic techniques (KNEAD, ACU, TAP, CUPPING, SCRAPING, RANDOM) to select a mode. The chosen mode will be displayed on the screen.

4. **Adjust Intensity:** Use the **+** and **-** buttons to increase or decrease the intensity level for the selected channel. Start with a low intensity and gradually increase until a comfortable sensation is achieved.
5. **Set Timer:** Use the 'T' button to set the treatment duration (10-90 minutes).
6. **Lock Screen:** Press the lock button () to prevent accidental changes during a session. Press again to unlock.
7. **Power Off:** Press and hold the power button () to turn off the device after your session.

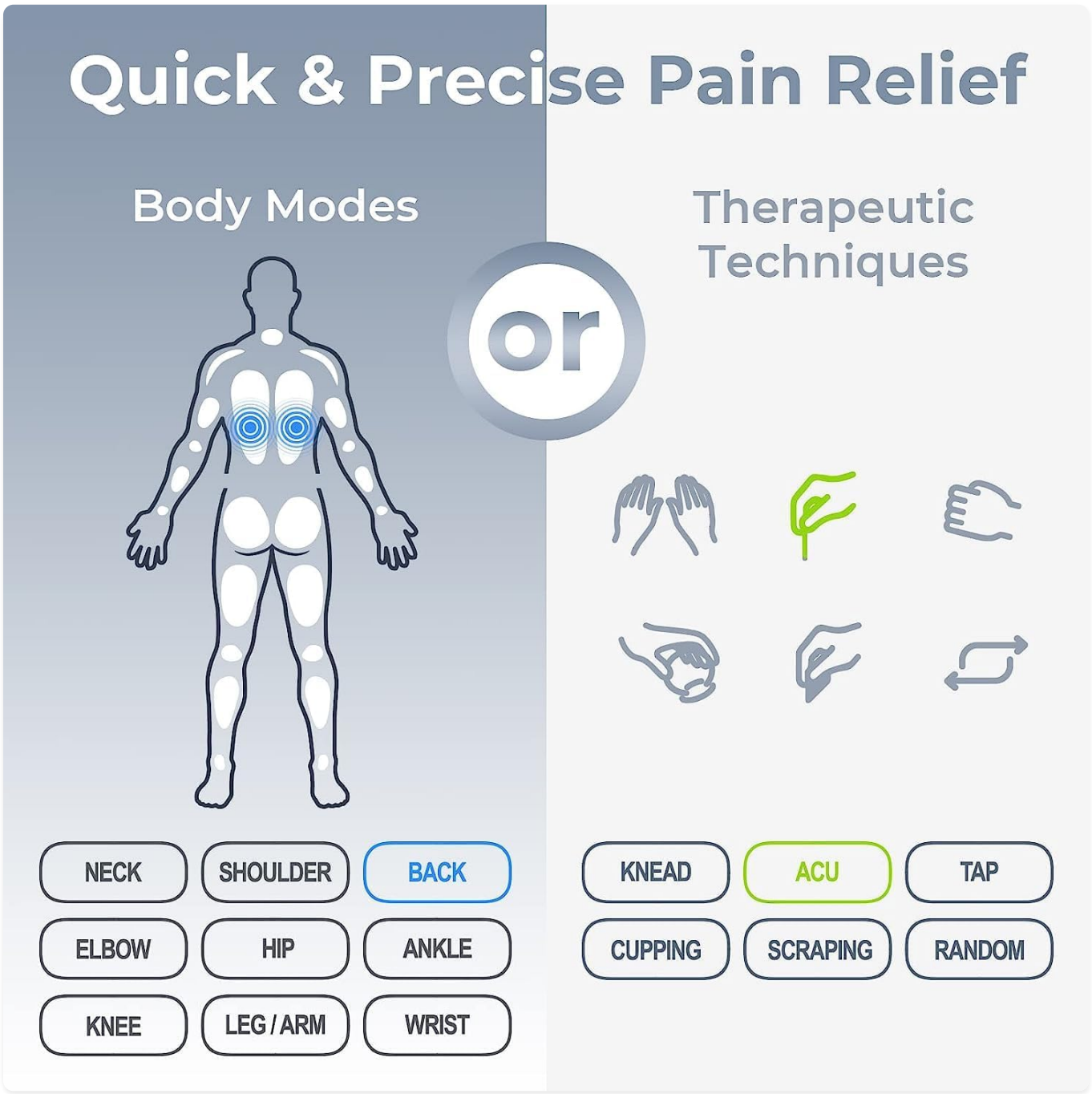


Image: Available body modes and therapeutic techniques for customized treatment.

Maintenance

Cleaning Electrode Pads

To extend the lifespan of your electrode pads, follow these cleaning instructions:

- After each use, gently wipe the adhesive side of the pads with a damp cloth or rinse under lukewarm water. Do not use soap or harsh chemicals.

- Allow the pads to air dry completely, adhesive side up, on a non-porous surface.
- Once dry, reapply the protective film to the adhesive side of the pads.

Storage

Store the TENS unit and its accessories in the provided EVA travel case to protect them from dust, moisture, and physical damage. Keep the device in a cool, dry place away from direct sunlight and extreme temperatures.



Image: The professional EVA travel case designed to store the TENS unit and its accessories securely.

Troubleshooting

If you encounter any issues with your AUVON TENS Unit, please refer to the following common troubleshooting tips:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
No sensation or weak sensation	Pads not making full contact, low battery, incorrect intensity setting, loose cable connection.	Ensure pads are firmly applied to clean skin. Recharge battery. Increase intensity gradually. Check all cable connections.
Device does not turn on	Battery is depleted.	Charge the device fully using the provided Type-C cable.
Pads losing adhesiveness	Pads are dirty or worn out.	Clean pads as per maintenance instructions. Replace with new pads if adhesiveness does not return.

For further assistance, please contact AUVON customer support.

Specifications

- **Model:** AUVON 4 Outputs TENS Unit
- **Dimensions:** 7.44 x 4.76 x 2.64 inches
- **Weight:** 15.1 ounces
- **Battery:** 1 Lithium Ion battery (included), 300mAh rechargeable
- **Output Channels:** 4 independent channels
- **Modes:** 24 pre-set modes
- **Electrode Pads:** 10 upgraded pads (various sizes)
- **Charging Port:** Type-C

Warranty and Support

AUVON provides comprehensive support for its products. Your AUVON TENS Unit comes with:

- **36-month worry-free services**
- **Lifetime technical support**

For any questions, technical assistance, or warranty claims, please visit the official AUVON store or contact their customer service directly.
Visit the AUVON Store: AUVON Official Store on Amazon

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