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Fretta F3000

Fretta F3000 Cold Press Juicer Instruction Manual

Model: F3000

INTRODUCTION

Thank you for choosing the Fretta F3000 Cold Press Juicer. This manual provides essential information for the safe and efficient operation, maintenance, and care of your new juicer. Please read all instructions carefully before first use and retain this manual for future reference.

IMPORTANT SAFETY INSTRUCTIONS

WARNING: To reduce the risk of fire, electric shock, or injury, always follow basic safety precautions.

- Read all instructions before operating the appliance.
- Do not operate the juicer if any part is damaged or if the power cord is frayed. Contact customer support for assistance.
- Keep hands and utensils out of the feed chute during operation to prevent injury. Always use the food pusher provided.
- Ensure the juicer is properly assembled and locked before turning it on.
- Unplug the appliance from the outlet before cleaning or when not in use.
- Do not immerse the motor base in water or other liquids.
- This appliance is for household use only.
- Avoid juicing extremely hard items like frozen fruits with pits, as this may damage the auger.

PRODUCT OVERVIEW

The Fretta F3000 Cold Press Juicer is designed for efficient and quiet juice extraction, preserving nutrients and flavor. It features a 3-inch wide feed chute, a powerful 200W DC motor, and BPA-free Tritan material for your health and safety.



Image: Fretta F3000 Cold Press Juicer, showcasing its sleek design and components.

COMPONENTS

- Motor Base with Control Panel
- Feed Chute Assembly (with 3-inch wide opening)
- Auger (Masticating Screw)
- Juice Strainer
- Pulp Outlet Cap
- Juice Container
- Pulp Container
- Food Pusher
- Cleaning Brush



Wide Feed Chute

3" wide chute: Juice large fruits/veggies without time-consuming cutting.

Image: An exploded view illustrating all the detachable parts of the Fretta F3000 Juicer for easy identification.

SETUP AND ASSEMBLY

Before first use, wash all detachable parts (except the motor base) in warm, soapy water. Rinse thoroughly and dry.

1. Place the motor base on a stable, flat surface.
2. Align the feed chute assembly with the motor base and push it in until it locks securely. Ensure the lock button on top of the juicer body is fully upright, indicating it's locked.
3. Insert the auger into the feed chute assembly.
4. Place the juice strainer over the auger.
5. Connect the pulp spout by aligning the indicator arrow with the unlock icon, pushing the spout in, and twisting counter-clockwise until the arrow aligns with the lock icon.
6. Place the juice container under the juice outlet and the pulp container under the pulp outlet.

Important: Do not operate the juicer unless it is fully assembled and locked. Improper assembly could damage the machine.

Video: A detailed guide on how to properly assemble the juicer components before use.

OPERATING INSTRUCTIONS

1. Ingredient Preparation

- Wash all fruits and vegetables thoroughly.
- The 3-inch wide feed chute allows for larger pieces, reducing prep time. However, for optimal flavor and to prevent clogging, it is recommended to remove hard peels (e.g., oranges, lemons) and large seeds/pits.
- Cut ingredients into pieces that fit comfortably into the feed chute.



Image: The Fretta F3000 Juicer's large 3-inch feed chute, designed to accommodate whole fruits and vegetables, minimizing pre-cutting.

2. Juicing Process

1. Plug the juicer into a power outlet.
2. Select the appropriate speed setting:
 - **SOFT:** For softer fruits and vegetables (e.g., oranges, grapes, watermelon, strawberries, kiwi).
 - **HARD:** For harder fruits and vegetables (e.g., carrots, celery, apples, pears, ginger).
3. Gradually feed the prepared ingredients into the feed chute. Use the food pusher to gently guide them down. Do not force ingredients.
4. The juicer will extract juice into the juice container and pulp into the pulp container.
5. If ingredients get stuck, use the 'REV' (Reverse) function to clear the blockage. Hold the 'REV' button for a few seconds, then release and restart.
6. Once juicing is complete, turn the juicer off and unplug it.



SOFT



HARD



REV

To Prevent twisting

3 Modes for Different Foods Meet All Your Needs

Image: The control panel of the Fretta F3000 Juicer, showing the 'SOFT', 'HARD', and 'REV' (Reverse) settings for different types of produce.

Video: Demonstration of the Fretta Juicer's large feeding chute in action, processing various fruits and vegetables.

3. Recipe Example: Kiwi Ginger Power Punch Juice

- Ingredients: 2-3 kiwis (peeled), 1-inch piece of ginger (peeled), 1 green apple (cored).
- Process: Feed ingredients into the juicer using the 'HARD' setting for apple and ginger, and 'SOFT' for kiwi.
- Enjoy immediately for maximum freshness and nutrients.

Video: A quick recipe for Kiwi Ginger Power Punch Juice using the Fretta Juicer, demonstrating the ease of making nutritious drinks.

MAINTENANCE AND CLEANING

Regular cleaning ensures the longevity and hygiene of your juicer. The Fretta F3000 is designed for easy disassembly and cleaning.

1. Unplug the juicer from the power outlet.

2. Press the release button on the motor base and twist the feed chute assembly counter-clockwise to detach it.
3. Disassemble all individual parts: auger, strainer, pulp spout, and feed chute.
4. Rinse all detachable parts under running water. Use the provided cleaning brush to remove any stubborn pulp residue from the strainer and other components.
5. All detachable parts are dishwasher safe (top rack recommended). The motor base should only be wiped clean with a damp cloth.
6. Allow all parts to dry completely before reassembling or storing.



One Button Disassemble Easy to Clean

Image: Detachable parts of the Fretta F3000 Juicer being rinsed under running water, highlighting the ease of cleaning.

TROUBLESHOOTING

- **Juicer does not turn on:** Ensure the power cord is securely plugged in and all parts are correctly assembled and locked.
- **Juicer stops during operation:** This may indicate a blockage. Use the 'REV' (Reverse) function to clear the obstruction. If the issue persists, disassemble and clean the parts.
- **Low juice yield or wet pulp:** Ensure ingredients are properly prepared (e.g., hard peels removed).

Try feeding ingredients slower. Check if the strainer is clean and not clogged.

- **Excessive noise:** Some noise is normal during operation. If the noise is unusually loud or grinding, ensure all parts are correctly assembled and there are no foreign objects in the juicer.

SPECIFICATIONS

Feature	Detail
Brand	Fretta
Model Name	F3000
Maximum Power	200 Watts
Number of Speeds	2 (Soft, Hard) + Reverse
Voltage	120 Volts (AC)
Product Dimensions	5.9"D x 13.8"W x 15.5"H
Item Weight	13 pounds
Material	Tritan (BPA-Free)
Product Care Instructions	Hand Wash Only (detachable parts), Wipe Clean (motor base)

CUSTOMER SUPPORT

For any questions, concerns, or assistance with your Fretta F3000 Cold Press Juicer, please contact Fretta-US customer support.

Seller: Fretta-US

Amazon Store: [Visit the Fretta Store on Amazon](#)