

SENCOR SFR 5340WH

SENCOR Air Fryer SFR 5340WH Instruction Manual

Model: SFR 5340WH

1. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons. Read all instructions carefully before operating the SENCOR Air Fryer SFR 5340WH.

- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse the cord, plugs, or the appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let the cord hang over the edge of a table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use the appliance for other than intended use.
- Ensure the appliance is placed on a stable, heat-resistant surface, away from walls and other appliances to allow for proper ventilation.

2. PRODUCT OVERVIEW

The SENCOR Air Fryer SFR 5340WH is designed for oil-free frying, offering a healthier alternative to traditional frying methods. It features a high-quality 3.5L borosilicate glass bowl, LED display, and touch control sensors for easy operation.



Front view of the SENCOR Air Fryer SFR 5340WH, showcasing its sleek white design and transparent glass bowl.



Side view of the air fryer, highlighting the handle and the borosilicate glass bowl.



Rear view of the air fryer, showing the ventilation outlets.

Components:

- **Main Unit:** Houses the heating element and control panel.
- **Control Panel:** LED display with touch controls for time and temperature.
- **Borosilicate Glass Bowl:** 3.5L capacity, transparent for monitoring cooking progress.
- **Handle:** For safely pulling out and inserting the glass bowl.
- **Oil Smoke Filter:** Integrated to reduce smoke during cooking.

3. SETUP

Unpacking:

1. Carefully remove the air fryer and all packaging materials from the box.
2. Remove any stickers or labels from the appliance.
3. Wash the glass bowl and any removable accessories with hot water, dish soap, and a non-abrasive sponge. Rinse thoroughly and dry.
4. Wipe the inside and outside of the appliance with a damp cloth.

Placement:

- Place the air fryer on a stable, level, and heat-resistant surface.
- Ensure there is at least 10 cm (4 inches) of free space on the back and sides of the appliance, and above it, to allow for proper air circulation.
- Do not place the appliance near flammable materials or heat sources.

First Use:

Before first use, it is recommended to run the air fryer empty for about 10-15 minutes at 180°C (350°F) to burn off any manufacturing residues. A slight odor may be present, which is normal and will dissipate.

4. OPERATING INSTRUCTIONS

The SENCOR Air Fryer SFR 5340WH is ready for use in approximately 3 minutes after powering on. It features a 60-minute timer with an alarm and a temperature control range of 60°C to 200°C.



A user adjusting the time and temperature settings on the touch control panel.

Basic Operation:

1. **Plug In:** Connect the power cord to a grounded wall outlet. The appliance will beep, and the display will light up.
2. **Prepare Food:** Place your ingredients into the glass bowl. Do not overfill the bowl to ensure even cooking.
3. **Insert Bowl:** Slide the glass bowl back into the main unit until it clicks into place.
4. **Set Temperature:** Use the temperature control buttons (usually '+' and '-') to set the desired cooking temperature (60°C - 200°C).
5. **Set Time:** Use the timer control buttons (usually '+' and '-') to set the desired cooking time (up to 60

minutes).

6. **Start Cooking:** Press the 'Start/Stop' button to begin the cooking process. The appliance will preheat and then start cooking.
7. **Monitor Cooking:** The transparent borosilicate glass bowl allows you to monitor the cooking progress without opening the appliance.
8. **Shake/Flip (Optional):** For even cooking, especially with items like fries or chicken pieces, you may need to pull out the bowl and shake or flip the food halfway through the cooking time. Always use oven mitts.
9. **End of Cooking:** The timer will sound an alarm when the cooking time is complete, and the appliance will automatically shut off.
10. **Remove Food:** Carefully pull out the glass bowl using the handle. Place it on a heat-resistant surface. Use tongs to remove the cooked food.
11. **Unplug:** Unplug the appliance from the wall outlet after use.

5. COOKING GUIDE

This section provides general guidelines for cooking various foods in your SENCOR Air Fryer. Cooking times and temperatures may vary based on food quantity, size, and desired crispiness. Always ensure food is cooked thoroughly to safe internal temperatures.



Freshly baked croissants and berries, demonstrating the versatility of the air fryer for various dishes.



Muffins baking in the air fryer's glass bowl, showing its capability for baking.

Tips for Best Results:

- **Preheating:** For best results, preheat the air fryer for 3-5 minutes at the desired temperature before adding food. The appliance is ready to use in 3 minutes.
- **Oil Usage:** While an oil-free system, a small amount of oil (1-2 teaspoons) can be tossed with some foods (e.g., fresh fries) for extra crispiness.
- **Do Not Overfill:** Avoid overcrowding the basket. Cook in batches if necessary to ensure even air circulation and crisping.
- **Shake/Flip:** Shake smaller items (like fries) or flip larger items (like chicken breasts) halfway through cooking for uniform results.
- **Check Doneness:** Use a food thermometer to ensure meats and poultry reach safe internal temperatures.

Approximate Cooking Chart:

Food Item	Temperature (°C)	Time (minutes)	Notes
Frozen Fries (thin)	180-200	15-20	Shake halfway
Chicken Drumsticks	180	20-25	Flip halfway
Fish Fillets	160-180	10-15	
Vegetables (broccoli, bell peppers)	180	10-15	Toss with a little oil
Muffins/Cupcakes	160	12-18	Use silicone or paper liners

6. MAINTENANCE AND CLEANING

Regular cleaning of your SENCOR Air Fryer SFR 5340WH will ensure optimal performance and extend its lifespan. Always unplug the appliance and allow it to cool completely before cleaning.

Cleaning the Glass Bowl:

- The 3.5L borosilicate glass bowl is dishwasher safe.
- Alternatively, wash the bowl with hot water, dish soap, and a non-abrasive sponge.
- For stubborn food residues, soak the bowl in warm soapy water for about 10-15 minutes before cleaning.

Cleaning the Main Unit:

- Wipe the exterior of the appliance with a damp cloth. Do not use abrasive cleaners or scouring pads.
- Clean the interior of the appliance, including the heating element, with a soft, damp cloth. For hard-to-reach areas, a small brush can be used.
- Ensure no water enters the appliance's electrical components.

Storage:

Store the cleaned and dry air fryer in a cool, dry place. Ensure the power cord is neatly wrapped and not kinked.

7. TROUBLESHOOTING

If you encounter any issues with your SENCOR Air Fryer SFR 5340WH, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Appliance does not turn on	Not plugged in; Power outlet malfunction; Appliance malfunction	Ensure plug is securely in outlet; Test outlet with another appliance; Contact customer support
Food is not cooked evenly	Basket overcrowded; Food not shaken/flipped; Incorrect temperature/time	Cook in smaller batches; Shake or flip food halfway; Adjust temperature and time settings
Food is not crispy	Too much moisture; Not enough oil (for some foods); Temperature too low	Pat food dry before cooking; Lightly coat with oil if desired; Increase temperature or cooking time
White smoke coming from appliance	Grease residue from previous use; Fatty food being cooked	Clean the glass bowl and interior thoroughly; This is normal for fatty foods, ensure good ventilation
Appliance smells during first use	Manufacturing residues burning off	This is normal for first use; Run empty for 10-15 minutes in a well-ventilated area

8. SPECIFICATIONS

Technical details for the SENCOR Air Fryer SFR 5340WH.



Diagram showing the dimensions of the SENCOR Air Fryer SFR

5340WH.

- **Model Number:** SFR 5340WH
- **Brand:** SENCOR
- **Color:** White
- **Capacity:** 3.5 Liters
- **Power:** 1300 Watts
- **Voltage:** 240 Volts (AC)
- **Material:** Plastic (housing), Borosilicate Glass (bowl)
- **Dimensions (L x W x H):** 36.4 x 21.5 x 19.5 cm
- **Weight:** 3 Kilograms
- **Temperature Control Range:** 60°C – 200°C
- **Timer:** 60 minutes with alarm
- **Special Features:** LED Display, Touch Control Sensors, Oil Smoke Filter, Automatic Shut-off, Temperature Control

9. WARRANTY AND SUPPORT

SENCOR products are manufactured to high-quality standards. For warranty information, please refer to the warranty card included with your purchase or visit the official SENCOR website. Keep your proof of purchase for any warranty claims.

For technical support, spare parts, or service inquiries, please contact SENCOR customer service through their official channels. Contact details can typically be found on the SENCOR website or in the product packaging.