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> Samsung Galaxy Watch 6 Classic 47mm Bluetooth Smartwatch Instruction Manual

Samsung SM-R960NZKAXAA

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Model: SM-R960NZKAXAA

1. INTRODUCTION

The Samsung Galaxy Watch 6 Classic 47mm Bluetooth Smartwatch combines timeless design with advanced technology to enhance your daily life. Featuring a classic rotating bezel, this smartwatch offers comprehensive fitness tracking, advanced sleep coaching, continuous heart rate monitoring, and body composition analysis. Stay connected and informed directly from your wrist.



Image: The Samsung Galaxy Watch 6 Classic in black, showcasing its elegant design and digital display.

2. SETUP

2.1. What's in the Box

- Watch Body
- Watch Strap
- Galaxy Watch Charger

2.2. Charging the Device

Before first use, fully charge your Galaxy Watch 6 Classic using the provided Galaxy Watch Charger. Connect the charger to a power source and place the watch onto the magnetic charging pad. The watch display will indicate charging status.

2.3. Pairing with Your Smartphone

To utilize all features, pair your smartwatch with a compatible smartphone (Android 8.0 or later with 1.5GB or more RAM). Download the Samsung Health app (version 6.22 or later) from the Google Play Store. Follow the on-screen instructions in the app to connect your watch via Bluetooth.

More screen,
thinner bezel

Personalized
HR Zone

❤️ 174

HR zone guide

On

- 5. Maximum
161-178 bpm
- 4. Anaerobic
143-160 bpm
- 3. Aerobic
125-142 bpm
- 2. Weight control
107-124 bpm
- 1. Low intensity
89-106 bpm
- Custom
Not set

Most advanced sleep tracking

Awake	35m
REM	1h 30m
Light	4h 30m
Deep	55m



Images: Front and back views of the Galaxy Watch 6 Classic, highlighting its display and sensor array.

3. OPERATING THE SMARTWATCH

3.1. Navigation

Navigate your Galaxy Watch 6 Classic using the intuitive rotating bezel and responsive touchscreen. Rotate the bezel to scroll through menus and widgets, and tap the screen to select options. Physical buttons on the side provide quick access to home and back functions.

3.2. Fitness Tracking

The watch tracks over 90 exercises, providing insights on duration, distance, and calories burned. It automatically recognizes activities like running and swimming. Utilize personalized heart rate zones to optimize your workouts; the watch scans your health data to provide tailored HR zones, helping you maintain the ideal intensity for your goals.

Wake up to our most advanced sleep coaching



Image: The smartwatch screen showing personalized heart rate zones for effective workout management.



Image: Two Galaxy Watch models showcasing workout tracking features, including duration, distance, and pace.

3.3. Advanced Sleep Coaching

Develop better sleep habits with Advanced Sleep Coaching. The watch helps you plan your bedtime, detects snoring, and tracks your sleep stages (awake, light, deep, REM) to provide comprehensive insights into your sleep health.

Workouts designed by you, for you



Personalized HR Zone is available only for running workouts. Requires initial setup of 10 minutes of outside running with GPS on; smartphone with Android 8.0 or later, 1.5GB or more RAM and Samsung Health app version 6.22 or later.

Image: A person wearing the Galaxy Watch 6 Classic while sleeping, with the watch displaying sleep coaching metrics and animal sleep symbols.

3.4. Heart Monitoring

The watch continually scans your heart rate to detect irregular rhythms that might be indicative of A-fib, a heart-related abnormality. This feature helps you stay proactive about your heart health.

3.5. BIA Sensor (Body Composition Analysis)

The advanced Bioelectrical Impedance Analysis (BIA) sensor provides readings on body fat, skeletal muscle, body water, and Body Mass Index (BMI), offering a deeper understanding of your body's composition.

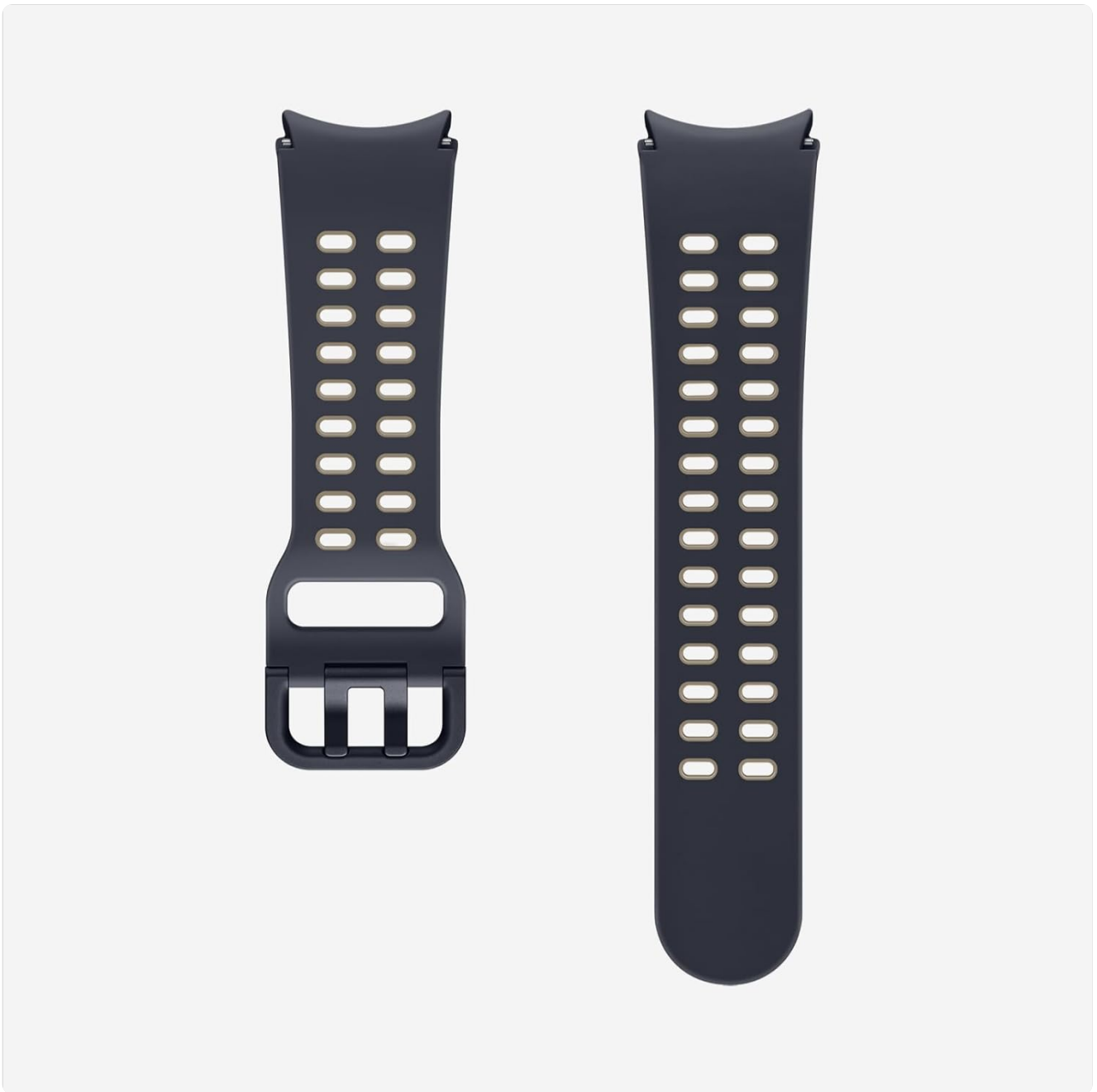


Image: The smartwatch screen showing body composition measurements, including skeletal muscle and body fat percentage.

3.6. Connectivity

Your Galaxy Watch 6 Classic seamlessly syncs with other Galaxy devices. You can play music, control your smartphone camera, make calls, and send texts directly from your watch, even when your phone is not immediately at hand.

3.7. Customization

The watch features a large, durable crystal glass display. Personalize your watch with a wide variety of interchangeable bands, which can be swapped with a simple click. Complement your chosen band with an assortment of new and enhanced watch faces.

Keep your body in balance



The Samsung BIA is a body analyzer that uses bioelectrical impedance analysis (BIA) technology to track body composition based on weight, body fat, body mass index (BMI), skeletal muscle, body water, and basal metabolic rate (BMR) measurements. It is not intended to specifically diagnose or treat a medical condition. Requires smartphone with Android 8.0 or later, 1.5GB or more RAM and Samsung Health app (free) version 6.22 or later.

Image: A close-up of the Galaxy Watch 6 Classic's large display and rotating bezel, emphasizing its customizable appearance.

4. MAINTENANCE

4.1. Cleaning

Regularly clean your watch and strap with a soft, dry cloth. For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials, which can damage the watch's finish or sensors.

4.2. Battery Care

To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the watch regularly, but avoid leaving it fully charged or fully depleted for extended periods. Use only the official Samsung charger.

4.3. Water Resistance

The Galaxy Watch 6 Classic is designed with water resistance. However, it is not suitable for high-pressure water activities or diving. Always ensure the watch is dry before charging.

5. TROUBLESHOOTING

5.1. Connectivity Issues

- Ensure Bluetooth is enabled on both your watch and smartphone.
- Verify that the Samsung Health app is updated to the latest version.
- Restart both the watch and the smartphone.
- If issues persist, try unpairing and re-pairing the devices.

5.2. Battery Draining Quickly

- Reduce screen brightness.
- Disable Always-On Display if not needed.
- Limit background app refresh.
- Turn off Wi-Fi or GPS when not in use.

5.3. App Not Functioning Correctly

- Ensure the app is updated.
- Clear the app's cache and data on your watch or phone.
- Reinstall the problematic app.

6. SPECIFICATIONS

Feature	Detail
Brand	Samsung
Model Number	SM-R960NZKAXAA
Product Dimensions	1.5 x 2.5 x 11 inches
Item Weight	6.7 ounces
Batteries	1 A batteries required (included)
Operating System	Android
Wireless Communication Technologies	Bluetooth
Connectivity Technologies	Bluetooth, Wi-Fi
GPS	True
Special Features	Durable
Human Interface Input	Touchscreen
Color	Black
Standing Screen Display Size	47 Millimeters
Memory Storage Capacity	16000 MB
Date First Available	July 26, 2023

7. WARRANTY AND SUPPORT

Your Samsung Galaxy Watch 6 Classic is covered by a manufacturer's warranty. For detailed warranty information, including terms and conditions, please refer to the warranty card included with your product or visit the official Samsung support website. For technical assistance, troubleshooting guides, and frequently asked questions, please visit [Samsung Support](#).