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› naspaluro B8 Ergonomic Office Chair Instruction Manual

naspaluro B8

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Model: B8

INTRODUCTION

Thank you for choosing the naspaluro B8 Ergonomic Office Chair. This manual provides detailed instructions for assembly, operation, maintenance, and troubleshooting to ensure optimal performance and longevity of your chair. Please read this manual thoroughly before assembly and use.



Image: The naspaluro B8 ergonomic office chair in a modern office environment.

SETUP AND ASSEMBLY

The naspaluro B8 office chair is designed for easy assembly. All necessary parts and tools are included. Assembly typically takes approximately 15 minutes.

Included Components:

- Chair Backrest (Mesh)
- Seat Cushion
- Armrests (2)
- Gas Lift Cylinder
- Base (5-star)
- Casters (5)

- Mechanism Plate
- Hardware (screws, washers, Allen key)

Assembly Steps:

1. **Attach Casters to Base:** Insert each of the five casters into the holes at the end of each leg of the 5-star base until they click securely into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the central hole of the assembled base. Ensure it is seated firmly.
3. **Attach Mechanism Plate to Seat:** Align the mechanism plate with the pre-drilled holes on the underside of the seat cushion. Secure it using the provided screws. Ensure the front of the mechanism faces the front of the seat.
4. **Attach Armrests to Seat:** Secure the armrests to the sides of the seat cushion using the provided screws. Ensure they are oriented correctly (left and right).
5. **Attach Backrest to Seat/Armrests:** Align the backrest with the mounting points on the seat and/or armrests. Secure with the remaining screws.
6. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring the central hole of the mechanism plate aligns with the top of the gas lift. Press down firmly to secure.

OPERATING INSTRUCTIONS

Your naspaluro B8 office chair offers several adjustable features to enhance comfort and support.

1. Height Adjustment

To adjust the chair's height, locate the lever on the right side beneath the seat. While seated, pull the lever up to lower the chair. To raise the chair, stand up and pull the lever up. Release the lever to lock the height in place.

2. Rocking Motion and Tilt Tension

The chair features a rocking function for relaxation. To activate the rocking mode, pull the lever on the left side (opposite the height adjustment lever) outwards. Push it inwards to lock the chair in an upright position. The tilt tension can be adjusted by rotating the round knob located under the front of the seat. Turn clockwise to increase tension (making it harder to recline) and counter-clockwise to decrease tension (making it easier to recline).

Note: The backrest tilt cannot be locked at an angle other than upright.

Ergonomic Design

Give your body enough support



Image: Illustration of the rocking motion and the tilt tension adjustment knob.

3. Folding Armrests

The armrests can be folded up by 90 degrees. This feature allows you to push the chair further under your desk, saving space when not in use. Simply lift the armrests upwards until they lock into the folded position. To return them to the down position, pull them down firmly.

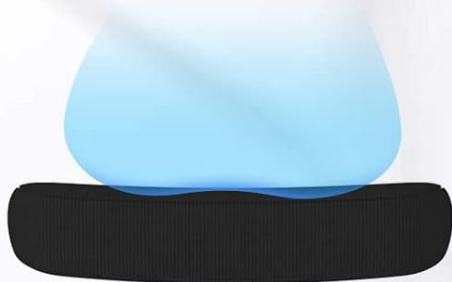
High Resilience Foam Cushion



Soft

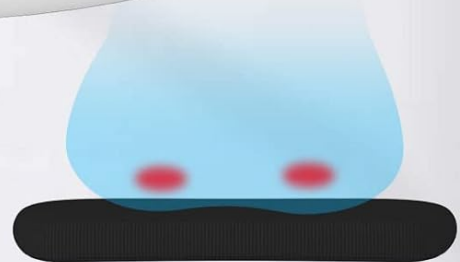


Breathable



OURS

Relieve pressure on the hips



OTHERS

Soreness from prolonged sitting

Image: The naspaluro B8 chair with armrests folded up, illustrating its space-saving capability.

4. Ergonomic Support

The C-shaped backrest is designed to conform to the natural curve of your spine, providing ergonomic support for your back, lumbar region, and coccyx. The breathable mesh back promotes continuous airflow to keep you cool.

Product Size



Image: Diagram highlighting the ergonomic design features, including support for shoulders, back, lumbar, and coccyx.

5. Comfortable Seat Cushion

The high-density foam seat cushion is engineered to distribute pressure evenly across your hips and thighs, reducing discomfort during prolonged sitting and maintaining productivity.

Rocking Motion

90° 105°

NOTE: Unable to lock the tilt of backrest



Activate Rocking Mode



Tilt Tension Adjustment



Image: Visual comparison demonstrating superior pressure relief provided by the high-resilience foam cushion.

MAINTENANCE AND CARE

Regular maintenance will help prolong the life and appearance of your naspaluro B8 office chair.

- **Cleaning:**

- For the mesh backrest and fabric seat, use a soft brush or vacuum cleaner to remove dust and debris.
- For spills, gently blot with a clean, damp cloth and mild soap. Avoid harsh chemicals or abrasive cleaners.
- Wipe plastic and metal parts with a soft, damp cloth.

- **Hardware Check:** Periodically check all screws and bolts to ensure they are tight. Re-tighten if necessary to prevent wobbling or instability.

- **Caster Care:** Keep casters clean from hair and debris to ensure smooth rolling. If casters become stiff, they can be removed and cleaned.

- **Gas Lift:** The gas lift is a sealed unit and requires no maintenance. If it fails to adjust height, refer to the troubleshooting section.

TROUBLESHOOTING

This section addresses common issues you might encounter with your naspaluro B8 office chair.

Problem	Possible Cause	Solution
Chair wobbles or feels unstable.	Loose screws or bolts.	Check and tighten all assembly screws and bolts, especially those connecting the seat, backrest, and armrests.
Chair does not adjust height.	Gas lift malfunction or lever mechanism issue.	Ensure the height adjustment lever is fully engaged. If the issue persists, the gas lift may need replacement. Contact customer support.
Casters do not roll smoothly.	Debris (hair, dust) caught in casters.	Remove casters from the base and clean any accumulated debris. Reinsert firmly.
Rocking function is too stiff or too loose.	Tilt tension not adjusted correctly.	Rotate the tilt tension knob under the seat. Clockwise for stiffer, counter-clockwise for looser rocking.

SPECIFICATIONS



Image: Detailed dimensions of the naspaluro B8 ergonomic office chair.

Feature	Detail
Model Number	B8
Brand	naspaluro
Product Type	Ergonomic Office Chair
Color	Black
Overall Dimensions (L x W x H)	52 x 50 x 98 cm (approx. 20.5 x 19.7 x 38.6 inches)
Item Weight	9.1 kg (approx. 20 lbs)
Maximum Weight Recommendation	102 kg (approx. 225 lbs)

Feature	Detail
Special Features	Ergonomic Design, Height Adjustable, Folding Armrests, Rolling Casters, Swivel Base
Assembly Required	Yes
Included Components	Armrest Pads, Casters

WARRANTY AND SUPPORT

naspaluro is committed to customer satisfaction. If you encounter any defects due to non-human factors, please contact our customer service team for assistance.

How to Contact Support:

Please follow these steps to contact us through your Amazon account:

1. Log in to your Amazon account.
2. Go to "Your Orders".
3. Find the relevant order ID for your naspaluro B8 chair.
4. Click on "Contact Seller".

Our team aims to provide effective and professional solutions within 24 hours.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question