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KOSPET S1

KOSPET Smart Watch User Manual

Model: S1

Brand: KOSPET

Introduction

The KOSPET S1 Smart Watch is a versatile and durable wearable device designed to enhance your daily life through advanced health monitoring, fitness tracking, and smart communication features. This manual provides essential information for setting up, operating, and maintaining your smartwatch to ensure optimal performance and longevity.

What's in the Box

- KOSPET S1 Smart Watch
- Magnetic Charging Cable
- User Manual (this document)

Setup

1. Charging the Smartwatch

Before initial use, fully charge your KOSPET S1 Smart Watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB-A end into a compatible power adapter (not included). A full charge typically takes approximately 2 hours.



Image: The KOSPET S1 Smart Watch shown alongside its magnetic charging cable, illustrating the charging connection points.

2. Pairing with Your Phone (KOSPET FIT App)

1. Download the **KOSPET FIT** app from your smartphone's app store (App Store for iOS, Google Play Store for Android).
2. Open the KOSPET FIT app and follow the on-screen instructions to create an account or log in.
3. Ensure your watch is powered on and Bluetooth is enabled on your smartphone.
4. In the app, navigate to the device pairing section and select your KOSPET S1 from the list of available devices.
5. Confirm the pairing request on both your phone and the watch.

3. Wearing the Smartwatch

Wear the smartwatch snugly on your wrist, about one finger's width above your wrist bone. Ensure the sensors on the back of the watch are in contact with your skin for accurate health monitoring.

Features & Functions

1. Display and Design

The KOSPET S1 features a 1.3-inch AMOLED display with a 360x360 pixel resolution, offering clear visuals even in bright sunlight due to its anti-glare technology and 1000NIT brightness. The display is protected by 3rd generation Corning Gorilla Glass 3. The watch body is constructed from 6xxx series aircraft-grade alloy and 316L stainless steel, meeting MIL-STD-810H military toughness standards.



Image: A collage showcasing the KOSPET S1 Smart Watch's ruggedness, including views of its durable construction and resistance to harsh conditions.

2. Connectivity (Bluetooth Calling)

Equipped with Bluetooth 5.1, the KOSPET S1 supports Bluetooth calling, allowing you to answer and make calls directly from your wrist. It also provides message alerts and notifications from various apps when connected to your smartphone.



Image: The KOSPET S1 Smart Watch displaying an incoming call and various app notification icons, highlighting its Bluetooth calling and message alert capabilities.

3. Health Monitoring

- **Heart Rate Monitoring:** Continuously monitors your heart rate 24/7 using the VP60 sensor.
- **Blood Oxygen Monitoring (SpO2):** Measures your blood oxygen saturation levels with the VP60 sensor.
- **Blood Pressure Monitoring:** Provides blood pressure readings using the VP60 sensor.
- **Sleep Monitoring:** Tracks your sleep patterns, including deep sleep, light sleep, and awake times, and offers daytime nap tracking.



Image: The KOSPET S1 Smart Watch displaying sleep analysis data, with a user sleeping in the background, illustrating its personal sleep specialist function.

4. Sports Modes & Activity Tracking

The KOSPET S1 supports over 70 sports modes, including outdoor running, cycling, mountaineering, baseball, basketball, football, badminton, and more. It also features 6 intelligent sports recognition modes (Still, Walking, Running, Cycling, Elliptical Trainer, Rowing Machine) that automatically detect and record your activity. The watch includes a pedometer to track steps and calories burned.



Image: The KOSPET S1 Smart Watch displaying various sports metrics like steps, distance, and calories, with hikers in the background, emphasizing its 70+ sports modes and intelligent recognition.

5. AI Voice Assistant

Utilize the built-in AI Voice Assistant to control your watch with voice commands. You can ask questions, play music, check the weather, set alarms, and make calls, providing a hands-free experience.

6. Water Resistance

With a 5ATM and IP69K waterproof rating, the KOSPET S1 is designed to withstand water pressure equivalent to a depth of 50 meters. This makes it suitable for swimming, snorkeling, and use in high-temperature and high-pressure environments.



Image: The KOSPET S1 Smart Watch displaying a swimming activity, with a diver underwater in the background, highlighting its 5ATM & IP69K waterproof capabilities.

7. Battery Life

The KOSPET S1 offers impressive battery longevity: approximately 2-3 days with Always-On Display (AOD) mode, 8-12 days with daily use, and over 50 days in standby mode.



Image: The KOSPET S1 Smart Watch displaying its charging status, with cyclists in the background, illustrating its extended battery life in various usage modes.

8. Customization (Watch Faces)

Personalize your smartwatch with a variety of watch faces available through the KOSPET FIT app. You can choose from pre-installed designs or upload your own photos.

Operating Instructions

1. Navigating the Interface

- **Swipe Left/Right:** Access various tiles such as steps, health options (sleep, heart rate, blood oxygen, blood pressure), and more.
- **Swipe Up:** View notifications.
- **Swipe Down:** Access quick settings (e.g., speaker toggle, brightness adjustment, app menu style).
- **Press Top Right Button (POWER):** Power on/off, return to home screen.

- **Press Bottom Right Button (BACK):** Go back to the previous screen.
- **Press Left Button (SPORT):** Quickly access sports modes.

2. Using Specific Features

- **Initiating a Workout:** Press the SPORT button or navigate to the 'Workout' app. Select your desired sport mode and tap to begin. The watch may offer smart recognition for certain activities.
- **Checking Health Data:** Swipe left from the home screen to view health tiles. Tap on a tile (e.g., Heart Rate) to get a detailed reading.
- **Making/Answering Calls:** When connected via Bluetooth, incoming calls will display on the watch. Tap to answer or decline. To make a call, use the AI Voice Assistant or navigate to the 'Call' app.

Maintenance

- **Cleaning:** Regularly clean the watch and strap with a soft, damp cloth. Avoid harsh chemicals or abrasive materials.
- **Water Resistance Care:** While waterproof, avoid prolonged exposure to hot water or steam. After swimming in saltwater, rinse the watch with fresh water and dry thoroughly.
- **Charging Best Practices:** Use only the provided magnetic charging cable. Avoid overcharging the battery.

Troubleshooting

- **Watch not turning on:** Ensure the watch is fully charged. If it still doesn't turn on, try pressing and holding the POWER button for 10-15 seconds.
- **Unable to pair with phone:** Check if Bluetooth is enabled on both devices. Ensure the watch is within range of your phone. Try restarting both the watch and the phone.
- **Inaccurate health readings:** Ensure the watch is worn snugly on your wrist and the sensors are clean and in direct contact with your skin. Avoid excessive movement during readings.
- **Short battery life:** Reduce screen brightness, disable Always-On Display, limit frequent health monitoring, and close unnecessary background apps on the watch.
- **Notifications not appearing:** Check app notification settings on your phone and within the KOSPET FIT app. Ensure the watch is properly connected via Bluetooth.

Specifications

Feature	Specification
Model Name	S1
Display	1.3-inch AMOLED, 360x360 pixels
Processor	REALTECK8763EWE-VP
Connectivity	Bluetooth 5.1 (with Bluetooth Calling)
Water Resistance	5ATM & IP69K (50 meters)
Durability Standard	MIL-STD-810H Certified
Screen Material	Corning Gorilla Glass 3 (Mohs 9H)
Body Material	6xxx series aircraft grade alloy, 316L stainless steel
Health Sensors	VP60 (Heart Rate, Blood Oxygen, Blood Pressure)

Sports Modes	70+ (with 6 intelligent recognition modes)
Battery Life (Daily Use)	8-12 days
Battery Life (Standby)	50+ days
Charging Time	Approx. 2 hours
Dimensions (Watch)	45.5 mm x 13.4 mm
Weight (Watch)	48 grams

Warranty and Support

KOSPET products typically come with a manufacturer's warranty. Please refer to the warranty card included in your product packaging or visit the official KOSPET website for detailed warranty terms and conditions. For technical support, troubleshooting assistance, or service inquiries, contact KOSPET customer support through their official channels.

Legal Disclaimer: The blood pressure data from the smartwatch may differ from a medical blood pressure monitor due to different measurement points and physiological factors. The smartwatch is not designed or intended to monitor or diagnose diseases or other conditions.

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