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› [Chefman Countertop Microwave Oven 0.7 Cu. Ft. Digital Stainless Steel Microwave 700 Watts with 6 Auto Menus, 10 Power Levels, Eco Mode, Memory, Mute Function, Child Safety Lock, Easy Clean](#)

Chefman RJ55-SS-7

Chefman Countertop Microwave Oven User Manual

Model: RJ55-SS-7

INTRODUCTION

Thank you for choosing the Chefman Countertop Microwave Oven. This manual provides essential information for the safe and efficient operation, maintenance, and troubleshooting of your new appliance. Please read all instructions carefully before use and retain this manual for future reference.



Figure 1: Front view of the Chefman Countertop Microwave Oven.

IMPORTANT SAFETY INSTRUCTIONS

Always follow basic safety precautions when using electrical appliances to reduce the risk of fire, electric shock, injury to

persons, or exposure to excessive microwave energy.

- Read all instructions before using the appliance.
- Do not attempt to operate this oven with the door open as this can result in harmful exposure to microwave energy.
- Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- Do not operate the oven if it is damaged. It is particularly important that the oven door closes properly and that there is no damage to the: (1) Door (bent), (2) Hinges and latches (broken or loosened), (3) Door seals and sealing surfaces.
- The oven should not be adjusted or repaired by anyone except properly qualified service personnel.
- Ensure proper grounding to reduce the risk of electric shock.
- Do not use the microwave for purposes other than heating food.
- Always use microwave-safe cookware.
- Supervise children closely when the microwave is in use.
- Do not heat sealed containers, as they may explode.
- Do not overcook food.
- Regularly clean the oven cavity, door, and seals.



Figure 2: Child safety lock feature on the microwave door.

SETUP AND INSTALLATION

1. **Unpacking:** Carefully remove the microwave oven from its packaging. Remove all packing materials, including the glass turntable and rolling ring.
2. **Placement:** Place the microwave on a firm, level surface that is strong enough to hold the oven and the food you are cooking. Ensure there is adequate ventilation around the unit.
 - Minimum clearance of 3 inches (7.5 cm) between the other sides and any adjacent wall.
 - Minimum clearance of 12 inches (30 cm) above the top of the microwave oven to any upper cabinets.
 - The minimum installation height is 3 feet (90 cm).
3. **Turntable Installation:**
 - Place the turntable support ring on the oven floor.
 - Place the glass turntable securely on top of the turntable support. Ensure it is properly seated in the center

hub.

4. **Power Connection:** Plug the microwave oven into a standard 3-prong grounded electrical outlet (120V, 60Hz). Do not use extension cords or adapters.

Easy-Clean Interior

Glass turntable is dishwasher safe.



Figure 3: Microwave dimensions for proper placement.

Powerful Performance

700W cooking with 10 power levels to choose from.



Figure 4: Interior view showing the glass turntable and rolling ring.

OPERATING INSTRUCTIONS

The Chefman Countertop Microwave Oven features a digital control panel for easy operation.

Versatile Cooking



6
Presets

Mute
Button

Eco
Mode

+30
Seconds

Figure 5: Control panel of the Chefman microwave.

Control Panel Functions:

- **Time Cook:** Manually set cooking time.
- **Power:** Adjust power levels (10 levels available).
- **Time Defrost:** Defrost food based on time input.
- **Weight Defrost:** Defrost food based on weight input.
- **Clock:** Set the current time.
- **Timer:** Use as a kitchen timer (no heating).
- **Quick Start (1-6):** Press a number (1-6) for instant cooking for that many minutes at full power.
- **+30s:** Adds 30 seconds to cooking time with each press.
- **Express Cook Presets:**
 - Popcorn
 - Potato

- Pizza
 - Veggies
 - Beverage
 - Leftovers
- **Eco Mode:** Reduces energy use by shutting off the LED display when not in use.
 - **Mute Function:** Press and hold '8' for 3 seconds to silence beeps and alarms. Repeat to turn sounds back on.
 - **Child Safety Lock:** Press and hold 'STOP/CANCEL' for 3 seconds to activate/deactivate. This prevents the microwave from being started.
 - **Memory Function:** Save frequently used settings for quick access.

Basic Cooking Steps:

1. Place food in a microwave-safe container on the glass turntable.
2. Close the microwave door securely.
3. Select desired cooking function (e.g., Time Cook, Express Cook, or Quick Start).
4. Adjust time and power level as needed.
5. Press 'START/+30s' to begin cooking.

Multiphase Cooking:

The microwave supports two different cooking cycles for one food. Program the first cooking phase (time and power level), then program the second phase. The microwave will automatically switch between phases.

Video Demonstration:

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Video 1: Official Chefman Product Overview. This video demonstrates the key features and functions of the Chefman Countertop Microwave Oven, including its compact design, control panel, and various cooking modes.

CARE AND MAINTENANCE

- **Cleaning the Interior:** After each use, wipe the interior with a damp cloth and mild soap. For stubborn stains, a microwave-safe cleaner can be used.
- **Cleaning the Exterior:** Wipe the exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners.
- **Turntable Care:** The glass turntable is removable and dishwasher safe for easy cleaning.
- **Door Seals:** Regularly inspect the door seals and sealing surfaces for any damage or food residue. Clean them thoroughly to ensure proper closure and safe operation.

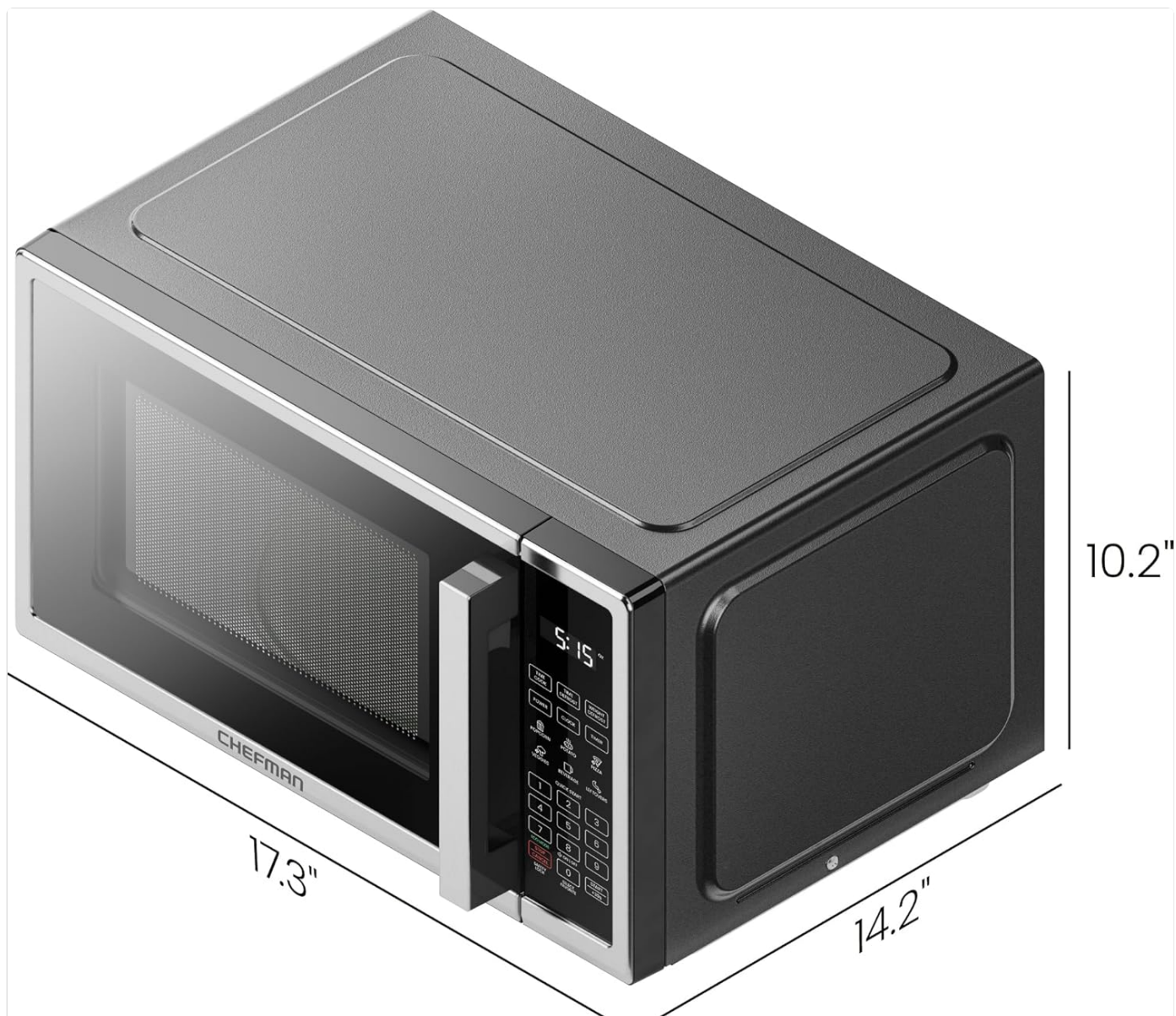


Figure 6: Easy-clean interior with a dishwasher-safe glass turntable.

TROUBLESHOOTING GUIDE

Problem	Possible Cause	Solution
Microwave does not start.	Power cord not securely plugged in. Door not closed properly. Child safety lock is active.	Ensure plug is firmly in the outlet. Close the door completely. Deactivate child safety lock (hold STOP/CANCEL for 3s).
Food is not heating evenly.	Improper stirring or arrangement of food. Incorrect power level or cooking time.	Stir food halfway through cooking. Arrange food in a circular pattern. Adjust power level and cooking time as needed.
Turntable is noisy or not rotating.	Turntable or rolling ring not properly seated. Food obstruction.	Re-seat the glass turntable and rolling ring. Remove any food or debris obstructing rotation.
Display shows error message.	Internal malfunction.	Unplug the microwave for 1 minute, then plug it back in. If the error persists, contact customer support.

Problem	Possible Cause	Solution
Microwave makes loud noises.	Loose components or internal issue.	Ensure turntable is correctly placed. If noise persists, contact customer support.

SPECIFICATIONS

- **Model:** RJ55-SS-7
- **Capacity:** 0.7 Cubic Feet
- **Power Output:** 700 Watts
- **Voltage:** 120 Volts
- **Product Dimensions (D x W x H):** 12.95" x 17.32" x 10.2"
- **Item Weight:** 20.2 Pounds
- **Color:** Stainless Steel, Black
- **Material:** Stainless Steel
- **Special Features:** Child Safety Lock, Mute Button, Express Cook, Quick Start 30 Seconds, Programmable, Eco Mode, Memory Function.
- **Included Components:** User Guide, Glass Turntable

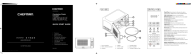


WARRANTY AND SUPPORT




The Chefman Countertop Microwave Oven is UL approved with advanced safety technology for long-lasting durability and comes with a 1-year assurance provided by Chefman.

For warranty claims, technical support, or additional information, please visit the official Chefman website or contact their customer service department. Keep your purchase receipt as proof of purchase for warranty purposes.

Official User Guide (PDF): [Download Here](#)

Related Documents - RJ55-SS-7

	Chefman Countertop Classic Compact Microwave RJ55-SS-7 Quick Start Guide Get started quickly with your Chefman Countertop Classic Compact Microwave (Model RJ55-SS-7). This guide provides essential setup, operation, and maintenance instructions for your microwave oven.
	Chefman Countertop Classic Compact Microwave User Guide User guide for the Chefman Countertop Classic Compact Microwave, model RJ55-SS-7. Includes safety instructions, features, operating instructions, troubleshooting, cleaning and maintenance, terms and conditions, and warranty registration.
	Chefman Countertop Classic Compact Microwave User Guide RJ55-7 Comprehensive user guide for the Chefman Countertop Classic Compact Microwave, Model RJ55-7. Includes safety precautions, features, operating instructions, troubleshooting tips, cleaning advice, and warranty details.

	<p>Chefman 0.7 Cu. Ft. Countertop Microwave User Manual</p> <p>Comprehensive user manual for the Chefman 0.7 Cu. Ft. Countertop Microwave (Model RJ55-7-V2). Learn about safety instructions, installation, operation, presets, defrosting, and warranty information.</p>
	<p>Chefman Countertop Select 1.1 Cu. Ft. Microwave User Guide</p> <p>Comprehensive user guide for the Chefman Countertop Select 1.1 Cu. Ft. Microwave (Model RJ55-SS-11), covering safety instructions, features, operating procedures, troubleshooting, cleaning, and warranty information.</p>
	<p>Chefman 2-Slice Digital Toaster User Guide</p> <p>User guide for the Chefman 2-Slice Digital Toaster (RJ31-SS-V2-D), covering safety instructions, features, operating instructions, toasting tips, cleaning and maintenance, troubleshooting FAQs, terms and conditions, and warranty registration.</p>

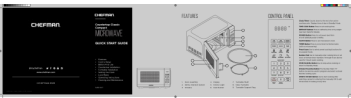
Documents - Chefman – RJ55-SS-7



[Chefman Countertop Classic Compact Microwave User Guide](#)

User guide for the Chefman Countertop Classic Compact Microwave, model RJ55-SS-7. Includes safety instructions, features, operating instructions, troubleshooting, cleaning and maintenance, terms and conditions, and warranty registration.

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[Chefman Countertop Classic Compact Microwave RJ55-SS-7 Quick Start Guide](#)

Get started quickly with your Chefman Countertop Classic Compact Microwave (Model RJ55-SS-7). This guide provides essential setup, operation, and maintenance instructions for your microwave oven.

lang:en score:35 filesize: 826.34 K page_count: 2 document date: 2023-03-31