

UMF RUHLA 1062M-4

UMF RUHLA Autokinetic 1062M-4 Men's Automatic Watch Instruction Manual

Model: 1062M-4

1. INTRODUCTION

Thank you for choosing the UMF RUHLA Autokinetic 1062M-4 automatic watch. This manual provides essential information for the proper setup, operation, and maintenance of your timepiece. Please read it carefully to ensure optimal performance and longevity of your watch.

2. PRODUCT OVERVIEW

The UMF RUHLA Autokinetic 1062M-4 is a sophisticated men's automatic watch featuring a distinctive design and reliable movement. Key features include:

- **Movement:** Autokinetic PX82A automatic movement.
- **Dial:** Green dial with a color gradient and sunburst finish.
- **Case:** 42 mm diameter, special K1 glass, screwed glass case back.
- **Bracelet:** Stainless steel Milanese bracelet with a deployant clasp.
- **Functions:** Date display, luminescent hands for visibility in low light.
- **Power Reserve Indicator:** Displays the current energy level of the watch.



Image 1: Front view of the UMF RUHLA Autokinetic 1062M-4 watch.

This image shows a close-up of the UMF RUHLA Autokinetic 1062M-4 watch. It features a vibrant green dial with a

sunburst finish, silver-toned hands and hour markers, and a date window at the 3 o'clock position. The watch also displays an 'Energy Level' indicator on the upper left quadrant, showing power reserve from 'start' to '1 day', '2 days', '1 month', and '4-6 months'. The case is polished silver, and it is fitted with a finely woven Milanese mesh bracelet.

3. SETUP AND INITIAL OPERATION

3.1 Winding the Watch

As an automatic watch, the Autokinetic 1062M-4 is powered by the motion of your wrist. For initial startup or after a period of inactivity, it is recommended to manually wind the watch:

1. Unscrew the crown (if applicable) and pull it out to position 1 (first click).
2. Rotate the crown clockwise approximately 20-30 times. This will build up an initial power reserve.
3. Push the crown back to its original position and screw it in (if applicable) to ensure water resistance.

The watch will then continue to wind itself through normal daily wear.

3.2 Setting the Time

1. Unscrew the crown (if applicable) and pull it out to position 2 (second click). The seconds hand will stop.
2. Rotate the crown to move the hands clockwise until the correct time is displayed. To avoid confusion between AM/PM for the date change, advance the hands past 12 o'clock. If the date changes, it is midnight. Continue to set the time.
3. Once the time is set, push the crown back to position 0 and screw it in (if applicable).

3.3 Setting the Date

1. Unscrew the crown (if applicable) and pull it out to position 1 (first click).
2. Rotate the crown counter-clockwise to adjust the date. Avoid setting the date between 9 PM and 3 AM, as this is when the date change mechanism is engaged and could be damaged. If the current time falls within this period, first set the time outside this range, then set the date, and finally reset the correct time.
3. Once the date is set, push the crown back to position 0 and screw it in (if applicable).

3.4 Adjusting the Milanese Bracelet

The Milanese bracelet features a deployant clasp that can be adjusted for a comfortable fit. Typically, this involves:

1. Locate the small lever or clasp on the underside of the deployant buckle.
2. Carefully lift this lever using a small, flat tool (e.g., a small screwdriver or spring bar tool).
3. Slide the buckle along the mesh bracelet to the desired position.
4. Press the lever back down firmly to secure the buckle in place. Ensure it clicks securely to prevent accidental opening.

Note: If you are unsure about adjusting the bracelet, it is recommended to seek assistance from a professional watchmaker to avoid damage.

4. OPERATING YOUR AUTOMATIC WATCH

4.1 Automatic Winding Mechanism

Your UMF RUHLA Autokinetic 1062M-4 watch is equipped with an automatic (self-winding) mechanical movement. This means that the mainspring is wound by the natural motion of your arm while wearing the watch. A rotor inside the watch rotates with your movements, transferring energy to the mainspring.

For the watch to maintain its power reserve, it should be worn regularly. If the watch is not worn for an extended

period, it will stop. Simply wind it manually as described in Section 3.1 or wear it for several hours to restart it.

4.2 Power Reserve Indicator

The watch features an "Energy Level" indicator on the dial, which shows the remaining power reserve. This indicator helps you monitor how much power your watch has stored. The markings typically range from "start" (low power) to "1 day", "2 days", "1 month", and "4-6 months" (full power reserve). Ensure the indicator shows sufficient power for continuous operation.

5. MAINTENANCE AND CARE

5.1 Cleaning

To maintain the appearance of your watch:

- Wipe the case and crystal with a soft, dry, lint-free cloth.
- For the Milanese bracelet, you can gently clean it with a soft brush and mild soapy water, then rinse thoroughly with clean water and dry immediately with a soft cloth. Ensure the crown is fully screwed in before any contact with water.
- Avoid using harsh chemicals, solvents, or abrasive cleaning materials.

5.2 Water Resistance

While the specific water resistance rating is not provided, it is generally advisable to:

- Always ensure the crown is fully pushed in and screwed down (if applicable) before any contact with water.
- Avoid operating the crown or pushers when the watch is wet or submerged.
- Do not expose the watch to hot water, steam, or extreme temperature changes, as this can compromise seals.
- Have the water resistance checked periodically by a professional watchmaker, especially after battery changes (not applicable for automatic) or if the case back has been opened.

5.3 Service and Storage

Mechanical watches benefit from periodic servicing (typically every 3-5 years) by a qualified watchmaker to ensure accuracy and longevity. When not wearing your watch, store it in a cool, dry place, away from direct sunlight, extreme temperatures, and strong magnetic fields.

6. TROUBLESHOOTING

- **Watch is not running or stops frequently:**

Ensure the watch is sufficiently wound. Manually wind it 20-30 times (Section 3.1) and wear it for several hours. If the issue persists, the movement may require servicing.

- **Time is incorrect:**

Reset the time as described in Section 3.2. If the watch consistently gains or loses significant time, it may need regulation by a professional.

- **Date is incorrect:**

Adjust the date as described in Section 3.3. Remember to avoid setting the date between 9 PM and 3 AM.

- **Condensation under the crystal:**

This indicates a loss of water resistance. Immediately take the watch to a professional watchmaker for inspection and repair to prevent damage to the movement.

7. SPECIFICATIONS

Model Number	1062M-4
Movement	Autokinetic PX82A Automatic
Case Diameter	42 mm
Crystal	Special K1 Glass
Case Back	Screwed Glass Case Back
Bracelet Material	Stainless Steel Milanese
Functions	Hours, Minutes, Seconds, Date, Power Reserve Indicator
Manufacturer	UMF RUHLA
Package Dimensions	30.6 x 8.1 x 3.2 cm; 290 grams
Service	Men

8. WARRANTY AND SUPPORT

For information regarding the warranty period and terms for your UMF RUHLA Autokinetic 1062M-4 watch, please refer to the warranty card included with your purchase or contact your authorized retailer. For technical support or service inquiries, please reach out to the manufacturer, UMF RUHLA, or your point of purchase.

Spare parts availability information is not available at this time.