

Le Creuset 21079026090041

Le Creuset Enameled Cast Iron Signature Cassadou 3.75 qt. Instruction Manual

Model: 21079026090041

1. PRODUCT OVERVIEW

The Le Creuset Signature Cassadou, a traditional design inspired by Provencal hunters, is updated for the modern kitchen. This enameled cast iron piece functions as a deep sauté pan or a small Dutch Oven, featuring a convenient handle. It is ideal for a variety of cooking methods, including frying, braising, and simmering.

Key Features:

- Enameled cast iron construction ensures superior heat distribution and retention.
- Ready to use upon purchase, requiring no seasoning.
- Easy-to-clean and durable enamel resists dulling, staining, chipping, and cracking.
- Light-colored, smooth interior enamel allows for easy monitoring of cooking progress.
- Tight-fitting lids are specifically designed to circulate steam and return moisture to the food.



Figure 1: Front view of the Le Creuset Signature Cassadou in Flame color.



Figure 2: Side view of the Le Creuset Signature Cassadou, highlighting the handle and helper handle.



Figure 3: Back view of the Le Creuset Signature Cassadou.

2. SETUP

Before first use, remove all packaging and labels. Wash the Cassadou thoroughly with warm, soapy water, then rinse and dry completely. Your enameled cast iron Cassadou does not require seasoning before use.

3. OPERATING INSTRUCTIONS

The Le Creuset Cassadou is designed for versatile cooking on various heat sources, including stovetops (gas, electric, ceramic, induction), ovens, and grills. Always use appropriate heat settings to prevent overheating and ensure even cooking.

General Cooking Guidelines:

- **Heat Source:** Use low to medium heat for most cooking tasks. High heat should only be used for boiling water or reducing liquids.
- **Oil/Fat:** Always add a small amount of oil or fat before heating to prevent food from sticking.
- **Lid Use:** The tight-fitting lid helps retain moisture and flavor. Use it for simmering, braising, and slow cooking.
- **Utensils:** Use silicone, wooden, or heat-resistant plastic utensils to protect the enamel surface. Metal utensils may scratch the enamel.
- **Oven Use:** The Cassadou is oven safe. Ensure the lid knob is oven-safe for your desired temperature.



Figure 4: The Cassadou in use, cooking a chicken dish.



Figure 5: The Cassadou used for braising meat with vegetables.

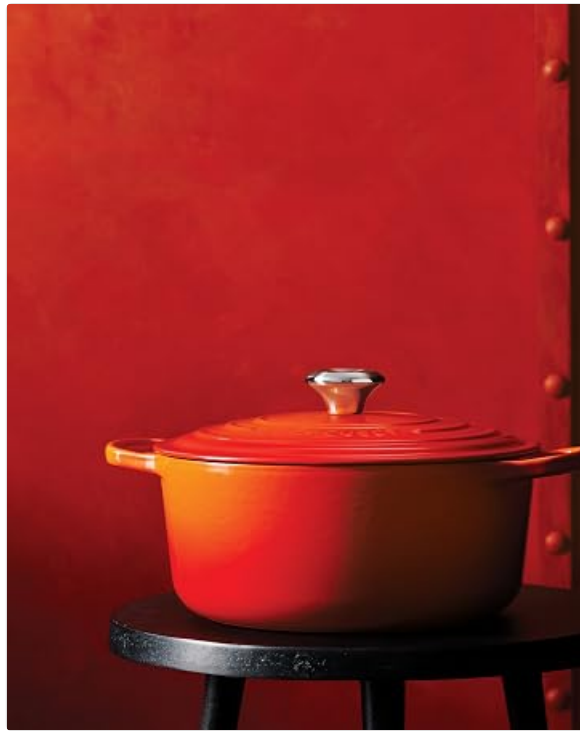


Figure 6: The Cassadou on a stovetop, demonstrating its ergonomic handles and wide surface area.

Recipe Demonstration:

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Video 1: A recipe demonstration using the Le Creuset Cassadou, showcasing its versatility in preparing various dishes.

4. MAINTENANCE

Cleaning:

- **Dishwasher Safe:** The Cassadou is dishwasher safe, but hand washing is recommended to preserve the enamel's luster over time.
- **Hand Washing:** Allow the cookware to cool completely before washing. Use warm, soapy water and a nylon scrub brush or soft sponge. Avoid abrasive cleaners, metal pads, or harsh detergents.
- **Stubborn Food Residue:** For stuck-on food, fill the pan with warm water and a small amount of dish soap, let it soak for 15-20 minutes, then clean as usual.

Storage:

Store your Cassadou in a dry place. Avoid stacking other cookware directly inside the enamel surface to prevent scratches. If stacking is necessary, place a soft cloth or pan protector between pieces.

5. TROUBLESHOOTING

Food Sticking:

- Ensure sufficient oil or fat is used and the pan is adequately preheated before adding food.
- Avoid overcrowding the pan, which can lower the temperature and lead to steaming rather than searing.

Discoloration/Stains:

- Minor discoloration is normal over time. For stubborn stains, a paste of baking soda and water can be gently applied and scrubbed with a soft cloth.
- Avoid using metal scouring pads or harsh chemicals, as these can damage the enamel.

6. SPECIFICATIONS

Attribute	Value
Material	Cast Iron
Brand	Le Creuset
Capacity	3.75 Quarts
Color	Flame
Finish Type	Enameled
Shape	Round
Product Care Instructions	Broiler Safe, Freezer Safe, Grill Safe, Oven Safe, Refrigerator Safe
With Lid	Yes
Is Oven Safe	Yes
Item Weight	11.1 Pounds
Lid Material	Cast Iron
Is Dishwasher Safe	Yes
Product Dimensions	10.9"W x 6"H
Manufacturer	Le Creuset
UPC	024147316749
Item Model Number	21079026090041
Date First Available	May 30, 2023

7. WARRANTY AND SUPPORT

For detailed warranty information and customer support, please refer to the official Le Creuset website or the documentation included with your product. You can also visit the [Le Creuset Store on Amazon](#) for additional resources.