

Greater Goods 0663

Greater Goods Bluetooth Blood Pressure Monitor

Model: 0663

For Home Use

1. INTRODUCTION

Thank you for choosing the Greater Goods Bluetooth Blood Pressure Monitor. This device is designed to provide accurate and reliable blood pressure and heart rate measurements for home use. It features a large, easy-to-read display, dual-user memory, and seamless integration with the Balance Health app for comprehensive health tracking.

What's Included:

- Blood Pressure Monitor Unit
- Wide Range Upper Arm Cuff (fits 8.7 to 16.5 inches / 22-42 cm)
- USB to Micro USB Cable
- Drawstring Carrying Bag
- Quick Start Guide (not included in this manual)



The complete Greater Goods Bluetooth Blood Pressure Monitor kit, including the main unit, arm cuff, USB cable, and carrying bag, alongside a smartphone displaying the Balance Health app interface.

The Complete Kit

- ✓ BP Monitor
- ✓ Comfort Cuff
- ✓ USB Cable
- ✓ Travel Bag



A detailed view of the components included in the kit: the BP monitor, comfort cuff, USB cable, and travel bag, all essential for convenient and accurate blood pressure monitoring.

2. SETUP

2.1 Powering the Device

The monitor is battery-powered. Insert 4 AAA batteries (not included) into the battery compartment on the back of the unit, ensuring correct polarity. Alternatively, you can power the device using the provided USB to Micro USB cable connected to a compatible USB power source.

2.2 Attaching the Cuff

1. Insert the air plug of the cuff firmly into the air jack on the side of the monitor unit.
2. Ensure the connection is secure to prevent air leakage during measurement.

2.3 App Installation and Bluetooth Pairing

For full functionality and data tracking, download the **Balance Health** app by Greater Goods. The app is available on both iOS and Android devices.

- Search for "Balance Health by Greater Goods" in your device's app store.
- Install the app and create an account.
- Follow the in-app instructions to pair your blood pressure monitor via Bluetooth. Ensure Bluetooth is enabled on your smartphone.

Greater Goods

Bluetooth Blood Pressure Monitor



Validated Accuracy



Bluetooth Connected



Universal Cuff



Dual Users



Memory Capacity



Healthy Range Meter



Irregular Heartbeat Detector



This image highlights the key features of the monitor, including validated accuracy, Bluetooth connectivity, universal cuff, dual-user support, memory capacity, healthy range meter, and irregular heartbeat detection.

User-Friendly Design

Bright,
Easy-to-Read
Display

Store 60
Readings for
Each User

Seamless
Bluetooth
Connection

Toggle
Between
2 Users

1-Touch Design,
Large START
Button



The monitor's user-friendly design is showcased, emphasizing its bright, easy-to-read display, capacity to store 60 readings per user, seamless Bluetooth connection, ability to toggle between two users, and a convenient one-touch START button.

3. OPERATING INSTRUCTIONS

3.1 Before Taking a Measurement

- Avoid eating, drinking alcohol or caffeine, smoking, exercising, or bathing for 30 minutes before measurement.
- Rest for at least 5 minutes before taking a measurement.
- Sit upright with your back supported, feet flat on the floor, and legs uncrossed.
- Place your arm on a flat surface so the cuff is at heart level.

3.2 Applying the Arm Cuff

1. Wrap the cuff around your bare upper arm, approximately 1 inch (2-3 cm) above your elbow.
2. Ensure the air tube runs down the center of your arm in line with your middle finger.
3. The cuff should be snug but not too tight; you should be able to insert two fingers between the cuff and your arm.



Unmatched Comfort

Our Premium Comfort Cuff is super soft, with a pinch-free, universal fit (8.75"-16.5").

The image demonstrates the proper placement of the premium comfort cuff on the upper arm, highlighting its universal fit for arm sizes between 8.75 and 16.5 inches.

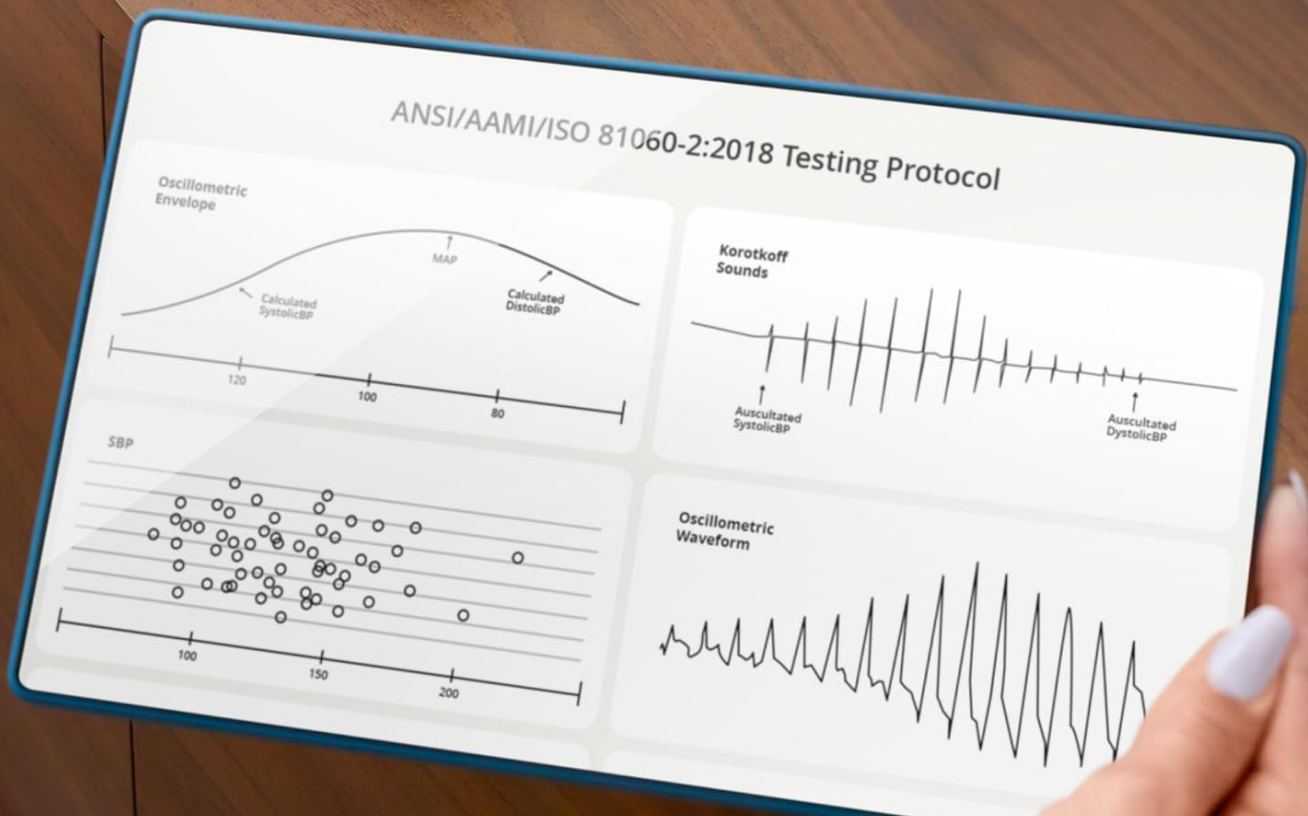
3.3 Taking a Measurement

1. Press the **START/STOP** button to turn on the monitor and begin inflation.
2. The cuff will inflate, and the measurement will automatically begin. Remain still and silent during the measurement.
3. Once complete, your Systolic (SYS), Diastolic (DIA), and Pulse (PUL) readings will be displayed on the screen.
4. The monitor will automatically store the reading in the selected user profile (A or B).
5. Press the **START/STOP** button again to turn off the monitor, or it will automatically shut off after 1 minute of inactivity.

VALIDATEBP.ORG

Certified Accuracy

Scientifically validated & globally recognized for meeting key BPM performance standards.



The monitor displays accurate readings, backed by scientific validation and global recognition for meeting key BPM performance standards, as indicated by the 'Certified Accuracy' label and accompanying graph.

3.4 Understanding Your Readings

- **SYS (Systolic Pressure):** The top number, indicating the pressure in your arteries when your heart beats.
- **DIA (Diastolic Pressure):** The bottom number, indicating the pressure in your arteries between beats.
- **PUL (Pulse Rate):** Your heart rate, measured in beats per minute.
- The monitor also features a color-coded indicator on the left side of the display to help interpret your blood pressure level according to WHO guidelines.
- An irregular heartbeat indicator will appear if an irregular heartbeat is detected during the measurement.

3.5 Dual-User Function and Memory

The monitor supports two users (User A and User B), each capable of storing up to 60 readings. To switch between users, press the **A/B** button. To view past readings, press the **MEM** button.

3.6 App Synchronization and Data Sharing

Readings automatically sync to the Balance Health app when the app is open and the monitor is connected via Bluetooth. The app allows you to:

- Store unlimited entries.
- Analyze your health data over time with graphs and trends.
- Share your readings with your healthcare provider (the app is HIPAA compliant).

Your browser does not support the video tag.

This video provides a comprehensive overview of the Greater Goods Bluetooth Blood Pressure Monitor, demonstrating its ease of use, accurate readings, and seamless integration with the Balance Health app for tracking and sharing health data. It highlights features like the bright display, hypertension warnings, and the ability to securely sync readings to a smartphone.

4. MAINTENANCE

4.1 Cleaning

Wipe the monitor and cuff with a soft, dry cloth. If necessary, use a slightly damp cloth with mild soap, then wipe dry. Do not use abrasive cleaners or immerse the unit or cuff in water.

4.2 Storage

Store the device in the provided drawstring bag in a cool, dry place, away from direct sunlight, extreme temperatures, and humidity. Do not store the cuff tightly rolled or folded for extended periods.

4.3 Battery Replacement

When the low battery indicator appears on the display, replace all four AAA batteries with new ones. Ensure proper polarity when inserting new batteries.

5. TROUBLESHOOTING

Problem	Possible Cause	Solution
No display/Unit won't turn on	Batteries are dead or incorrectly inserted.	Replace batteries, ensuring correct polarity. Check USB cable connection if using external power.
"E-1" or "E-2" error message	Cuff not properly applied or air leakage.	Re-apply cuff correctly. Ensure air plug is securely inserted into the monitor.
Erratic or inconsistent readings	Movement or talking during measurement; improper cuff placement; not resting before measurement.	Ensure you are still and silent. Re-apply cuff correctly. Rest for 5 minutes before measuring.

Problem	Possible Cause	Solution
Bluetooth connection issues	Bluetooth off on phone; app not open; monitor not in pairing mode.	Ensure Bluetooth is on. Open Balance Health app. Restart monitor and try pairing again.

6. SPECIFICATIONS

Feature	Detail
Product Dimensions	5"L x 4"W x 1.7"Th (12.7 x 10.16 x 4.32 cm)
Item Model Number	0663
Manufacturer	Greater Goods
Country of Origin	China
Included Components	Cuff, Monitor, Drawstring Bag, USB to Micro USB Cable
Power Source	Battery Powered (4x AAA, not included)
Use For	Arm
Display Type	LCD
Age Range (Description)	Adult
Band Size	22-42 cm (8.7-16.5 inches)
UPC	875011006637

7. WARRANTY AND SUPPORT

7.1 Limited Warranty

The Greater Goods Bluetooth Blood Pressure Monitor comes with a 1-year limited warranty from the date of purchase. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.

7.2 Customer Support

Greater Goods is a US-based company with a dedicated support team located in St. Louis, Missouri. If you have any questions, concerns, or require assistance with your blood pressure monitor, please do not hesitate to contact our customer support team. We are committed to providing lifetime assistance and ensuring your satisfaction.

For support, please visit the Greater Goods website or refer to the contact information provided in your product

packaging.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

Can the readings be removed from the Greater Goods 0663 Blood Pressure Monitor when the memory is full (60 readings)?

Based on the manual for the Greater Goods 0663 Blood Pressure Monitor, here is how the device handles memory when it is full:Automatic Overwriting: Most digital blood pressure monitors of this type do not...

[Read full answer](#)