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Zinus EU-FBMMH6-42H

Zinus Heidi Metal Bed Frame User Manual

Model: EU-FBMMH6-42H

Introduction

The Zinus Heidi Metal Bed Frame is a timeless and elegant addition to any bedroom. Designed with a traditional aesthetic, it features a sturdy metal construction with a decorative headboard and footboard. This manual provides essential information for safe assembly, proper use, and maintenance of your new bed frame, ensuring long-lasting comfort and stability.

Safety Warnings

- Always follow assembly instructions carefully to prevent pinching hazards and ensure bed stability.
- The bed supports a maximum weight of 318 kg (700 lbs) for all sizes except the 90 x 190 cm size, which supports up to 159 kg (350 lbs). Please adhere to these weight limits to avoid damage or injury.
- Do not allow children to play on or under the bed frame during assembly or without supervision.
- Ensure all bolts and connections are fully tightened before use. Periodically check and re-tighten as needed.

Product Overview

The Zinus Heidi bed frame is constructed from durable steel, providing a reliable foundation for your mattress. It features multiple support legs and a robust mattress platform designed for long-term use.



Figure 1: The Zinus Heidi Metal Bed Frame, showcasing its elegant design with headboard and footboard.

A key feature of this bed frame is the generous 28 cm (11 inches) of under-bed clearance, offering ample space for storage. A mattress thickness of 25 cm (10 inches) to 30 cm (12 inches) is recommended to best complement the headboard's height.



Figure 2: Illustration of the 28 cm under-bed clearance, ideal for storage solutions.



Figure 3: Mattress thickness guide, recommending 25cm or 30cm for optimal aesthetic and comfort.

Setup and Assembly

The Zinus Heidi bed frame is designed for straightforward assembly. All necessary tools, parts, and step-by-step instructions are conveniently packed in one compact shipping box. It is recommended to assemble the bed frame with the assistance of another person, which typically allows for completion in less than an hour.



Figure 4: All components and tools are included in a single box for easy setup.

Assembly Steps:

1. Unpack all components and verify against the parts list provided in your instruction manual.
2. Follow the step-by-step diagrams and instructions to connect the headboard, footboard, side rails, and support legs.
3. Securely attach the metal slats to the frame. Ensure all bolts are tightened using the provided tools.
4. Once assembled, gently lift and move the bed frame to its desired position. Avoid dragging the frame to prevent damage.

Operating Instructions

The Zinus Heidi bed frame provides a stable and supportive base for your mattress without the need for a box spring. Its robust design ensures even weight distribution and long-term durability.

Usage Guidelines:

- Place your mattress directly onto the metal slat platform.
- Ensure the total weight on the bed, including mattress and occupants, does not exceed the specified weight limit of 318 kg (700 lbs) for the Super King size.
- Avoid jumping on the bed, as this can compromise the structural integrity of the frame.

Maintenance

Proper maintenance will extend the life and appearance of your Zinus Heidi bed frame.

Care and Cleaning:

- **Regular Inspection:** Periodically check all bolts and connections to ensure they remain tight. Re-tighten any loose fasteners to maintain stability.
- **Cleaning:** Wipe the metal frame with a soft, damp cloth. For stubborn marks, a mild soap solution can be used, followed by drying with a clean cloth.
- **Avoid Chemicals:** Do not use harsh chemical cleaners, abrasive materials, or polishes, as these can damage the powder-coated finish.
- **Environmental Conditions:** Avoid exposing the bed frame to excessive moisture or extreme temperature changes.

Troubleshooting

This section addresses common issues you might encounter with your bed frame.

Common Issues and Solutions:

- **Bed Frame Feels Unstable/Wobbly:**
  Ensure all bolts and screws are fully tightened. Refer to the assembly instructions and re-check each connection point. Make sure the bed is on a level surface.
- **Squeaking Noises:**
  Squeaking often indicates loose connections. Identify the source of the squeak (e.g., specific joints, slats) and tighten the corresponding bolts. A small amount of silicone-based lubricant applied to the connection points can also help reduce friction and noise.
- **Missing Parts:**
  Before assembly, carefully check all packaging materials for small parts. If parts are genuinely missing, contact Zinus customer support with your product model number and a description of the missing items.

Specifications

Attribute	Detail
Brand	Zinus
Model Number	EU-FBMMH6-42H
Color	Black
Product Dimensions (L x W x H)	180 x 30.5 x 200 cm (70.9 x 12 x 78.7 inches)
Material	Metal Steel

Attribute	Detail
Item Weight	23.8 Kilograms (52.5 lbs)
Compatible Mattress Size	Super King (180 x 200 cm)
Finish Type	Powder Coated
Included Components	Headboard, Installation Manual, Slats
Under-bed Clearance	28 cm (11 inches)

Warranty and Support

The Zinus Heidi Metal Bed Frame is backed by a **5-year warranty**, covering manufacturing defects and ensuring peace of mind. For any questions regarding assembly, missing parts, or warranty claims, please contact Zinus customer support. Have your product model number (EU-FBMMH6-42H) and purchase information ready for faster assistance.
You can often find support contact information on the Zinus official website or within the packaging materials.

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