

Desk 42317124599964

Desk Cushioned Foot Rest Instruction Manual

Model: 42317124599964

INTRODUCTION

The Desk Cushioned Foot Rest is designed to enhance comfort and promote ergonomic posture during extended periods of sitting. This manual provides essential information for the proper setup, operation, and maintenance of your footrest, ensuring optimal use and longevity.



Image: The Desk Cushioned Foot Rest, showcasing its sleek design and cushioned surface.

SETUP

The Desk Cushioned Foot Rest is designed for quick and easy setup, requiring minimal assembly.

1. **Unpack:** Carefully remove all packaging materials from the footrest.
2. **Placement:** Position the footrest on a flat, stable surface directly under your desk or workstation.

3. **Stability Check:** Ensure the non-slip base is in full contact with the floor. This prevents unwanted movement and provides a secure foundation during use.

Your footrest is now ready for immediate use.

OPERATING INSTRUCTIONS

The footrest features an adjustable tilting platform to help you find the most comfortable and ergonomic position for your feet, promoting better posture and circulation.

Adjusting the Tilt Angle

The platform can be tilted to various angles, ranging from -20° to $+20^{\circ}$. To adjust:

1. **Loosen Knob:** Locate the adjustable knob on the side of the footrest and turn it counter-clockwise to loosen.
2. **Set Angle:** Position the platform to your desired angle by gently pushing or pulling it with your feet.
3. **Secure Knob:** Once the desired angle is achieved, turn the knob clockwise firmly to secure the platform in place.



Image: Illustration of the footrest's adjustable tilt functionality, showing angles from -20° to $+20^{\circ}$.

Ergonomic Benefits

- **Improved Circulation:** Elevating your feet helps encourage better blood flow, reducing the risk of discomfort and swelling in the legs and ankles.
- **Reduced Lumbar Strain:** Proper foot support can alleviate pressure on your lower back, contributing to a more comfortable sitting experience.
- **Enhanced Posture:** The footrest assists in maintaining correct posture, especially beneficial for individuals of shorter stature who may struggle to keep their feet flat on the floor.



Image: Visual representation of blood flow stimulation, the tilt adjustment knob, and the protective rubber feet.



**SUITABLE FOR
SHORT PEOPLE**



**MAINTAIN
GOOD POSTURE**



**RELIEVE LUMBAR
STRAIN**



DESKY

Image: Key benefits of using the footrest, including suitability for shorter individuals, posture improvement, and lumbar strain relief.

MAINTENANCE

To ensure the longevity and hygiene of your Desky Cushioned Foot Rest, follow these maintenance guidelines:

- **Cleaning the Suede Cover:** The soft suede cover is removable for easy cleaning. Unzip and gently remove the cover from the foam cushion. Hand wash with mild soap and cold water, or machine wash on a delicate cycle. Air dry thoroughly before reattaching. Do not bleach or tumble dry.
- **Cleaning the Base:** Wipe the metal frame and non-slip base with a damp cloth. Avoid using abrasive cleaners or harsh chemicals, as these may damage the finish.
- **Regular Inspection:** Periodically inspect the anti-skid feet for any signs of wear or damage. If the feet appear worn, they may need replacement to maintain stability and protect your flooring.

CUSHIONED SURFACE FOR MAXIMUM COMFORT



DESKY

Image: A detailed view of the cushioned surface, emphasizing the soft suede material.

TROUBLESHOOTING

If you encounter any issues with your Desky Cushioned Foot Rest, refer to the following common problems and solutions:

- **Problem: Footrest Does Not Stay in Position.**

Solution: Ensure the adjustable knob on the side of the footrest is tightened securely after setting your desired tilt angle. If the issue persists, inspect the tilting mechanism for any obstructions or damage that might prevent it from locking properly.

- **Problem: Footrest Slides on the Floor.**

Solution: Verify that the non-slip base is clean and free of any debris. Ensure the footrest is placed on a dry, flat surface. If the anti-skid feet are worn or damaged, they may need replacement to restore proper grip.

- **Problem: Unusual Noises During Adjustment.**

Solution: Check for any loose components or obstructions within the tilting mechanism. Ensure all parts are properly aligned and secured. If the noise continues, contact customer support.

Safety Information: Do not use the footrest if the anti-skid feet are damaged or worn out, as this may compromise stability and

could lead to injury.

SPECIFICATIONS

The following table details the key specifications of the Desky Cushioned Foot Rest:

Feature	Detail
Model Number	42317124599964
Product Dimensions	32.7 x 32.7 x 15.8 cm (12.8 x 12.8 x 6.2 inches)
Item Weight	2.1 Kilograms (4.6 lbs)
Material	Alloy Steel (Frame), Plastic, Suede (Cover)
Color	Black
Tilt Angle Range	+20° to -20°
Weight Capacity	Up to 20 kg (44.1 lbs)
GTIN/UPC	754590759281

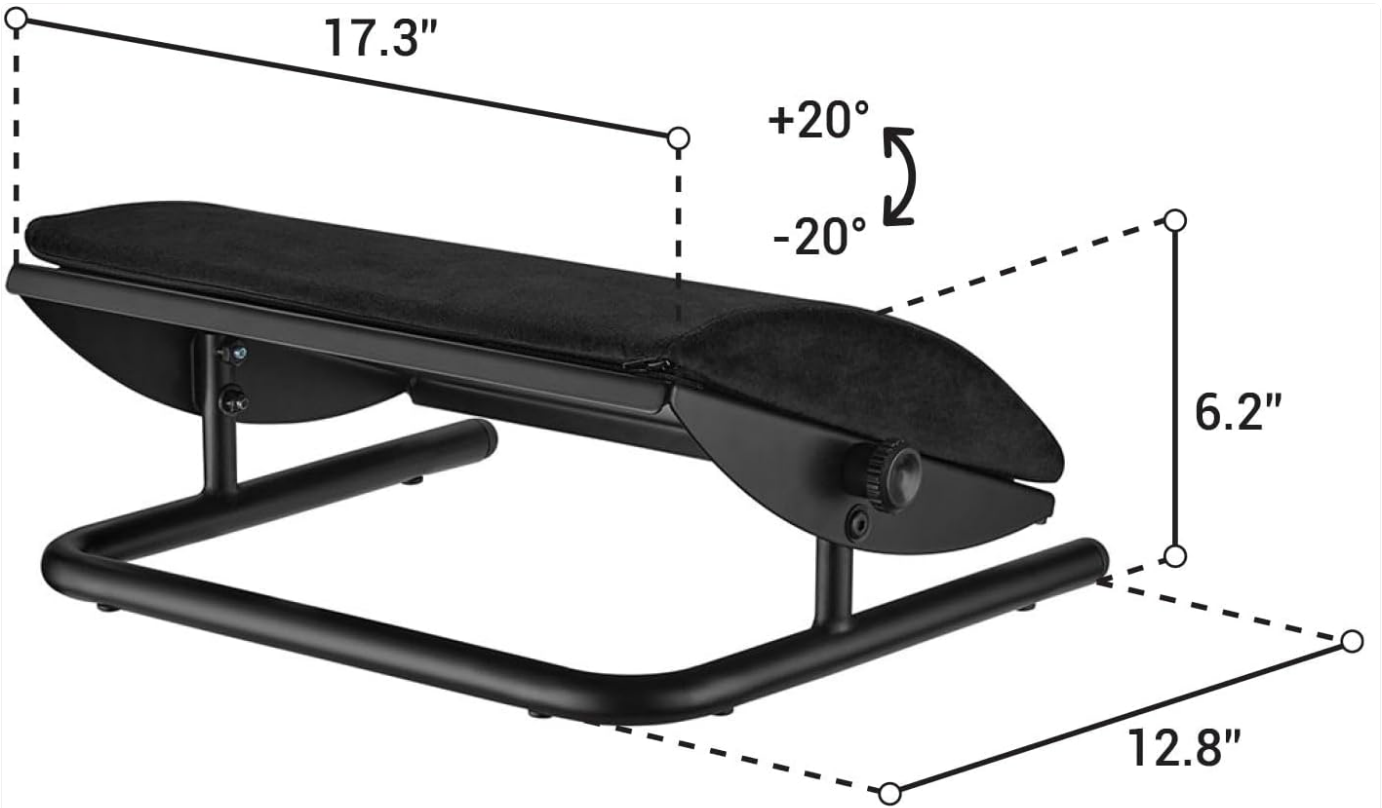


Image: Detailed dimensions of the footrest, including length, width, height, and tilt range.

WARRANTY INFORMATION

The Desky Cushioned Foot Rest is backed by a **3-Year Limited Warranty**. This warranty covers manufacturing defects and material flaws under normal use. For warranty claims or detailed terms and conditions, please retain your proof of purchase and contact Desky customer support.

CUSTOMER SUPPORT

For further assistance, technical support, or any inquiries regarding your Desky Cushioned Foot Rest, please contact our customer support team:

- **Phone:** [+1 800-657-5042](tel:+18006575042)
- **Email:** help@desky.ca

Our support team is available to assist you with any questions or concerns you may have.

ASK A QUESTION ABOUT THIS MANUAL

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