

[Manuals.plus](#) /

› [HOLFENRY](#) /

› HOLFENRY Blood Pressure Monitor U80B User Manual

## HOLFENRY U80B

# HOLFENRY Blood Pressure Monitor U80B User Manual

Model: U80B

## 1. PRODUCT OVERVIEW

The HOLFENRY Blood Pressure Monitor U80B is an accurate upper arm automatic digital BP machine designed for convenient home use. It features a large, easy-to-read display and stores measurement data for up to two users.

### Key Features:

- Large Character & HD Display: Backlight design for clear reading day or night, with an optimal viewing angle of 25°.
- 2\*99 Data Storage: Automatically records blood pressure for up to two users, with 99 sets of data each, allowing for tracking morning/evening or pre/post-medication readings.
- Comfortable Large Size Cuff: Adjustable 9"W x 17"L cuff for easy one-hand operation and automatic inflation.
- BP Status At A Glance: Divides blood pressure values into 1-6 grades for quick interpretation.
- Ready To Use: Includes blood pressure machine, AAA batteries, and cuff.

### What's in the Box:

- 1 x HOLFENRY Blood Pressure Monitor U80B
- 1 x 9"x17" Adjustable Blood Pressure Cuff
- 4 x AAA Batteries
- 1 x Instruction Manual



Image: The HOLFENRY Blood Pressure Monitor U80B, showing the main unit and the attached arm cuff.

# Never battery anxiety

2 power supply methods, convenient for travel and use at home.



<< Type-C plug-in use



4\*AAA batteries >>  
(included in the package)



Image: A visual representation of the items included in the product package: the blood pressure monitor, 9"x17" cuff, 4 AAA batteries, and the user manual.

## 2. SAFETY INFORMATION

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Always consult with a healthcare professional for medical

advice.

### **Tips for Accurate Measurement:**

- Relax for about five to ten minutes prior to the measurement.
- Measured on the same hand (usually the left arm).
- Measured at a fixed time of day.
- Continuous measurements need to be separated by at least 1 minute.
- Please keep the cuff and heart level when measuring.
- Do not eat, drink, smoke, exercise, or bathe within 30 minutes before the measurement.
- Do not touch the trachea and cuff while measuring.

# Blood pressure grading display



Image: Visual tips for ensuring accurate blood pressure readings, including resting before measurement and proper arm positioning.

## 3. SETUP

### Powering the Device:

The HOLFENRY Blood Pressure Monitor can be powered by the included 4 AAA batteries or via a Type-C USB

cable (not included). Ensure batteries are inserted correctly according to polarity markings in the battery compartment.

# Packing List

Note: The charging cable is not included in the package

Blood pressure monitor x1



9"x17" cuff x1



AAA battery x4



User Manual x1

Image: The blood pressure monitor highlighting its dual power supply options: 4 AAA batteries and a Type-C plug-in port.

## Connecting the Cuff:

Connect the air tube from the cuff securely into the port on the side of the main monitor unit.

## Initial Setup and Date/Time Setting:

Upon first use or after battery replacement, you may need to set the date and time. Refer to the instruction manual for detailed steps on navigating the settings menu using the 'SET' and 'MEM' buttons.

Your browser does not support the video tag.

Video: A demonstration on how to set up and use the HOLFENRY Blood Pressure Monitor, including battery installation and cuff connection.

## 4. OPERATING THE MONITOR

### Wearing the Cuff Correctly:

1. With the palm facing up, wrap the cuff around the left arm.
2. Make sure the trachea is on the extension line of the middle finger of the arm (2-3cm from the elbow joint).
3. There should be a finger width between the arm and the cuff, and the cuff should be glued tightly.
4. Keep arm straight with your palms facing up. Ensure cuff is parallel to heart, tube faces down and does not fold.

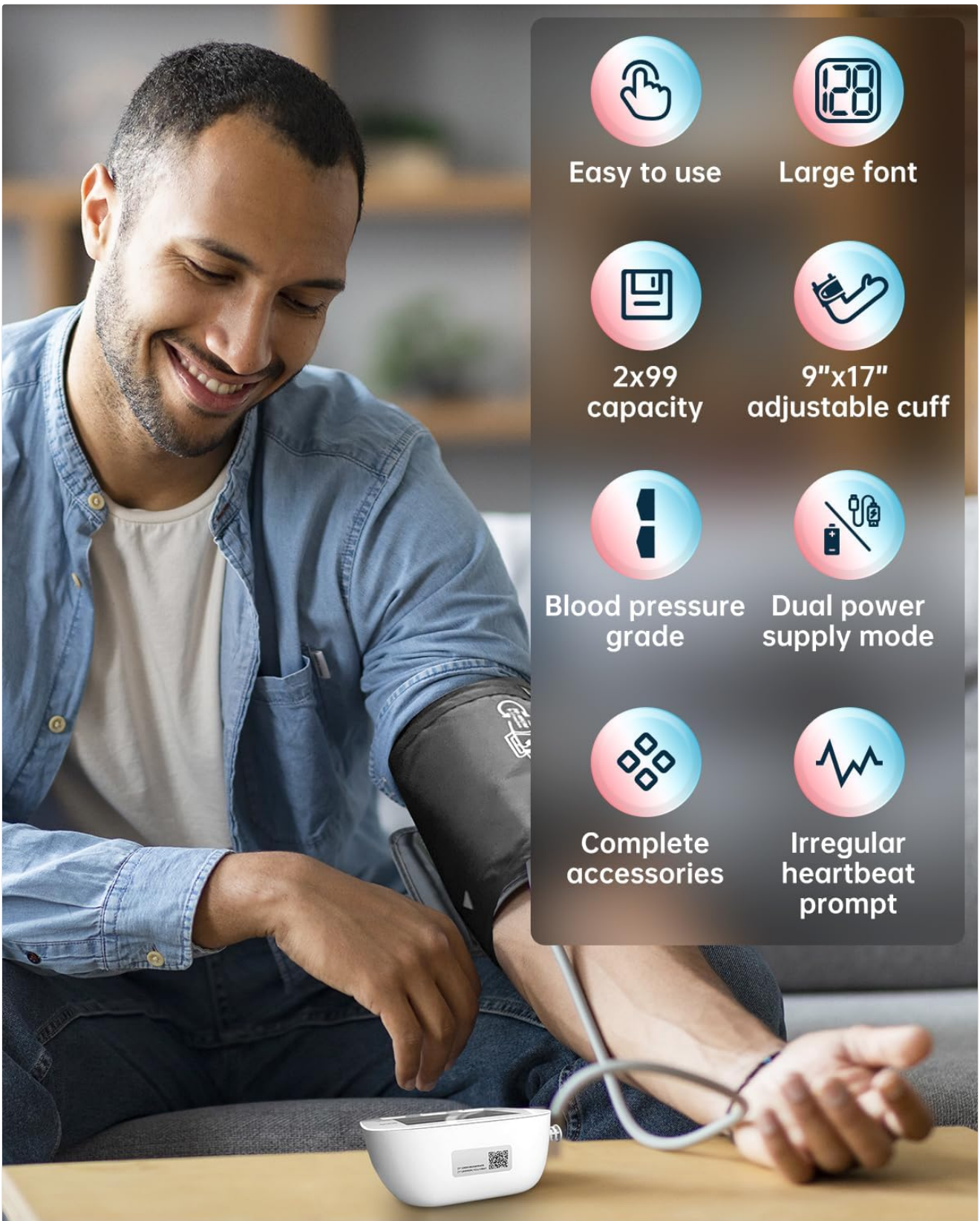
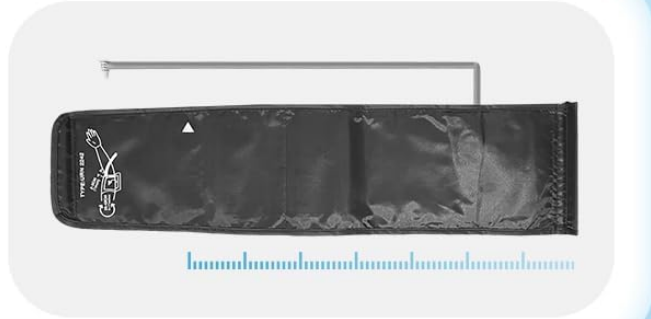


Image: A person demonstrating the correct placement of the blood pressure cuff on the upper arm for accurate measurement.

# Operate with one hand



9" W x 17" L



Smart  
pressurization



Adjustable cuff



Image: Visual guide on how to operate the blood pressure monitor with one hand, emphasizing proper cuff adjustment and smart pressurization.

## Taking a Measurement:

Once the cuff is correctly positioned and you are relaxed, press the 'START/STOP' button. The cuff will automatically inflate and then slowly deflate as it takes your reading. Remain still and quiet during the measurement.

# Humanized Screen Bevel

Large font, clear reading at a glance



Image: The blood pressure monitor display showing a measurement in progress, highlighting the simplicity of one-button operation.

Your browser does not support the video tag.

Video: A detailed guide on how to use the HOLFENRY Blood Pressure Monitor, covering the measurement process from start to finish.

## Interpreting Results:

The monitor displays Systolic (SYS) and Diastolic (DIA) blood pressure, along with Pulse (PUL) rate. The BP monitor categorizes values into 1-6 grades, with lower grades indicating better blood pressure. An irregular heartbeat prompt may also appear if detected.

# Blood pressure grading display



Image: The blood pressure monitor display showing the grading system for blood pressure levels, from ideal to hypertension.

## Memory Function:

The device can store up to 99 sets of data for two individual users (User 1 and User 2). This allows for tracking trends over time, comparing morning and evening readings, or monitoring before and after medication. Press the 'MEM' button to review past readings.



2 people sharing



Store data by ID



Morning/Evening



Image: The blood pressure monitor displaying its 2\*99 data storage capacity, allowing two users to track their blood pressure readings over time, including average values and comparisons by time or status.

## 5. MAINTENANCE

### Cleaning:

Wipe the monitor and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.

Disinfect the cuff with a mild disinfectant if necessary, ensuring it is completely dry before storage.

### Storage:

Store the device in a cool, dry place away from direct sunlight and extreme temperatures. If not in use for an extended period, remove the batteries to prevent leakage.

### Battery Replacement:

When the low battery indicator appears on the display, replace all four AAA batteries with new ones. Ensure correct polarity.

## 6. TROUBLESHOOTING

If you encounter issues with your HOLFENRY Blood Pressure Monitor, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
No display/Device won't turn on	Low or dead batteries; incorrect battery insertion; power cable issue.	Replace batteries; check battery polarity; ensure Type-C cable is securely connected if using external power.
Inaccurate readings	Improper cuff placement; movement during measurement; talking during measurement; recent physical activity/eating/smoking.	Ensure cuff is correctly positioned and snug; remain still and quiet; follow pre-measurement guidelines (see Safety Information).
Cuff does not inflate or inflates too little/much	Air tube not connected properly; cuff leakage; cuff size mismatch.	Check air tube connection; inspect cuff for damage; ensure cuff size is appropriate for your arm (9-17 inches).
Irregular Heartbeat Indicator (heart icon with waves)	Arrhythmia detected.	Arrhythmia occurs when the electrical signals that coordinate the heartbeat don't work properly. Consult a healthcare professional if this occurs frequently.

## 7. SPECIFICATIONS

- **Model Name:** U80B
- **Product Dimensions:** 6.5 x 4.53 x 3.35 inches
- **Item Weight:** 15.87 ounces (0.45 Kilograms)
- **Power Source:** Battery Powered (4 AAA batteries included)

- **Cuff Size:** 9"W x 17"L (Adjustable)
- **Use for:** Arm
- **Display Type:** Digital
- **Age Range:** Adult
- **Manufacturer:** Shenzhen Urion Technology Co., Ltd.
- **ASIN:** B0C5ZRTJXP

## 8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the contact details provided in your product packaging or visit the official HOLFENRY store on Amazon.

Official HOLFENRY Store: [HOLFENRY Store](#)