Viconor Red Light Therapy Belt

Viconor Red Light Therapy Belt Instruction Manual

Model: Red Light Therapy Belt (ASIN: B0C5SM8XJK)

Introduction

This manual provides detailed instructions for the safe and effective use of your Viconor Red Light Therapy Belt. Please read this manual thoroughly before operation and retain it for future reference.

Safety Information

- Consult a healthcare professional before use if you have any medical conditions.
- Do not use on broken or irritated skin.
- Avoid direct eye exposure to the light.
- Do not use for longer than recommended session times.
- Discontinue use if you experience any discomfort or adverse reactions.
- Keep out of reach of children.
- Ensure the device is unplugged when not in use or during cleaning.
- The device may feel warm during use; this is normal.

Product Overview

Components

- Red Light Therapy Belt
- Remote Control with Integrated Power Cable
- Power Adapter (for wall outlet)
- USB Cable (for power bank/computer USB)

Features

- **Light Area**: 23.43" x 6.14" with 105 red lights (660nm) and 210 infrared lights (850nm), totaling 315 lights.

- **Power Modes**: 4 energy levels (100%, 75%, 50%, 25%) and a pulse mode for sensitive skin.
- **Timer Function**: Default 30-minute session with automatic shutdown.
- **Material**: Skin-friendly neoprene and transparent TPU film.
- **Power Supply Options**: Can be powered via wall outlet or portable power bank (not included).

Product Diagram



Figure 1: The Viconor Red Light Therapy Belt showing the main belt unit with red and infrared LEDs, and the attached remote control with display and buttons.

Setup

1. **Unpack**: Carefully remove all components from the packaging.
2. **Connect Power**:
    - **Wall Outlet**: Connect the remote control's power cable to the provided power adapter, then plug the adapter into a standard wall outlet.

- **Power Bank/USB**: Connect the remote control's power cable to the USB cable, then plug the USB cable into a compatible power bank (not included) or computer USB port.

3. **Placement**: Position the belt on the desired body area (e.g., back, waist, shoulder, knee). The Velcro straps allow for secure and adjustable fitting.



Figure 2: A user demonstrating the application of the Viconor Red Light Therapy Belt around the waist area.



Figure 3: Illustration of the two power supply methods: direct wall socket connection and portable power bank connection via USB.

Operating Instructions

1. **Power On**: Press the power button on the remote control to turn on the device. The default session time is 30 minutes.
2. **Select Intensity (Power Modes)**: Use the "up" and "down" arrow buttons on the remote control to cycle through the 4 power levels (L1-L4) or activate the pulse mode (M).

   Power Mode Settings

Mode	Power Output	Approximate Temperature	Description
L1	4W	~96°F	Muscle Relaxation
L2	8W	~101°F	Helps Lose Weight
L3	12W	~113°F	Relieves Body Pain
L4	16W	~116°F	Surgery/Postpartum Body Repair
M (Pulse Mode)	9W	~100°F	Suitable for sensitive skin

3. **Set Timer**: The default session is 30 minutes. The device will automatically shut down after the session concludes.
4. **Begin Session**: Once the desired intensity is set, the therapy session will begin.
5. **End Session**: The device will automatically turn off after 30 minutes. You can manually turn it off at any time by pressing the power button.

EASY TO USE



L1	4W	About 96°F
L2	8W	About 101°F
L3	12W	About 113°F
L4	16W	About 116°F
Pulse mode	9W	About 100°F

Figure 4: Detailed view of the remote control, illustrating the display for time and intensity levels (1-4 and M for pulse mode).



Figure 5: A table detailing the various power modes, their wattage, approximate temperature, and recommended uses.

Application Areas

The flexible design and Velcro straps allow the belt to be applied to various body parts, including:

- Back
- Waist
- Shoulders
- Knees
- Elbows
- Other muscle groups requiring therapy

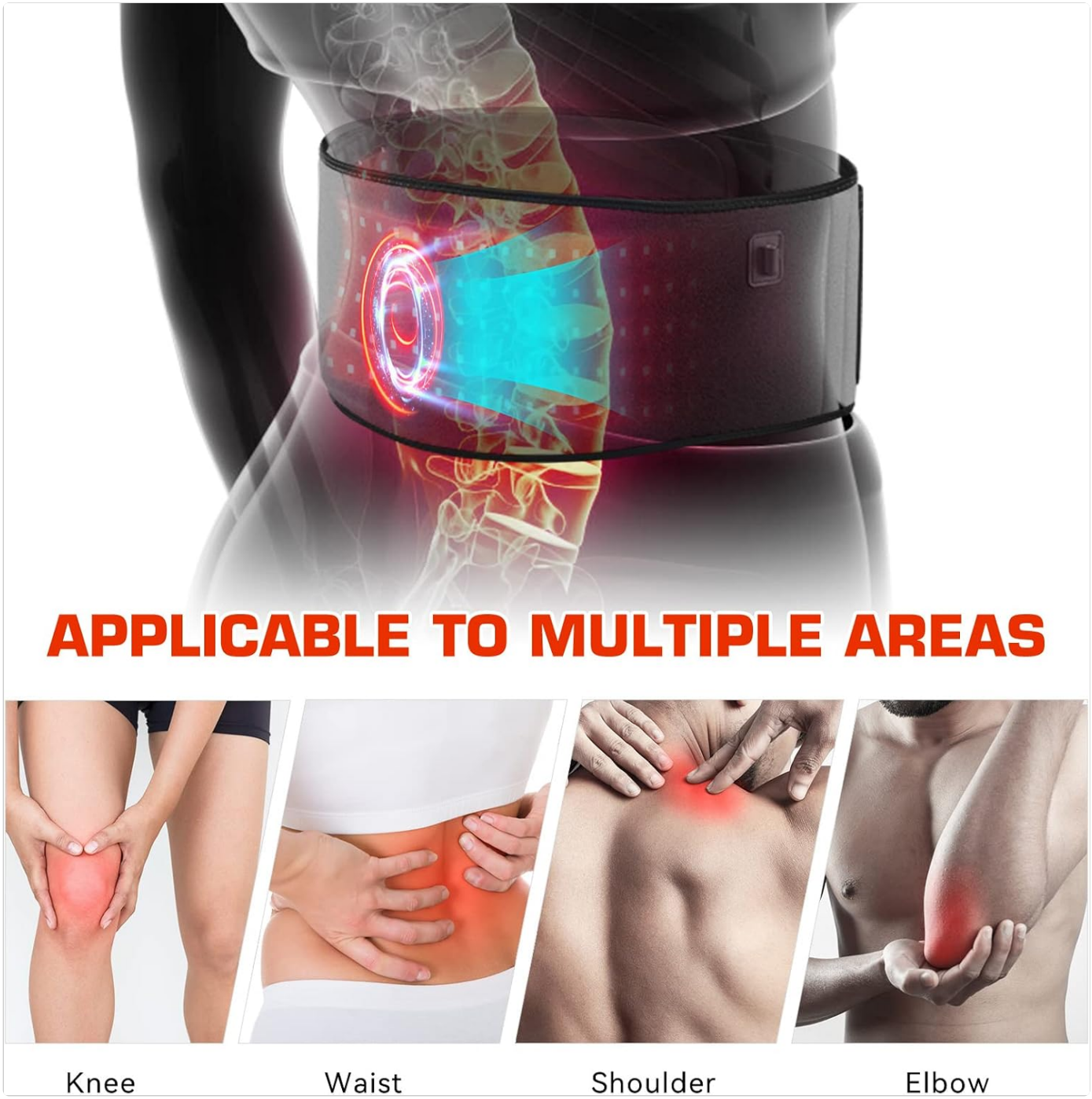


Figure 6: Visual representation of the versatile application areas for the therapy belt, highlighting the knee, waist, shoulder, and elbow.

Maintenance

1. **Cleaning**: The transparent TPU film is designed to isolate sweat and oil. To clean, simply wipe the surface with a damp cloth. Do not submerge the device in water.
2. **Storage**: Store the belt in an airy place when not in use.
3. **Care**: Avoid sharp objects that could puncture the belt. Do not bend the belt excessively or apply undue force to the light panel.



Figure 7: The protective TPU layer on the belt, designed for effortless maintenance and easy cleaning with a damp cloth.

Troubleshooting

Troubleshooting Guide

Problem	Possible Cause	Solution
Device does not turn on.	No power supply; loose connection.	Ensure power adapter is securely plugged into a working outlet or power bank is charged and connected. Check all cable connections.
Lights are dim or flickering.	Insufficient power; faulty connection.	Ensure power source provides adequate power. Check for any damage to the cable or remote control.
Device shuts off unexpectedly.	Session timer expired; power interruption.	The device has a default 30-minute auto-shutoff. If it shuts off before 30 minutes, check power connections.
Device feels too hot.	High intensity setting; prolonged use.	Reduce the intensity level. Ensure proper ventilation. Discontinue use if discomfort occurs.

Specifications

Model: Red Light Therapy Belt

ASIN: B0C5SM8XJK

Light Source: 105 x 660nm Red Lights, 210 x 850nm Infrared Lights

Total Lights: 315 LEDs

Light Area: 23.43" x 6.14" (approx. 142 in^2)

Belt Size: 49.6" x 6.89"

Power Modes: 4 intensity levels + Pulse mode

Timer: Default 30 minutes auto-shutoff

Power Input: USB (for power bank/computer) or Wall Adapter

Material: Neoprene, Transparent TPU Film

Manufacturer: Viconor

Country of Origin: China

Package Dimensions: 11.65 x 8.11 x 2.6 inches

Weight: 1.79 Pounds



Figure 8: Illustration of the 3-in-1 chip design, detailing the visible 660nm red light and invisible 850nm near-infrared light, and their respective penetration depths into the skin.

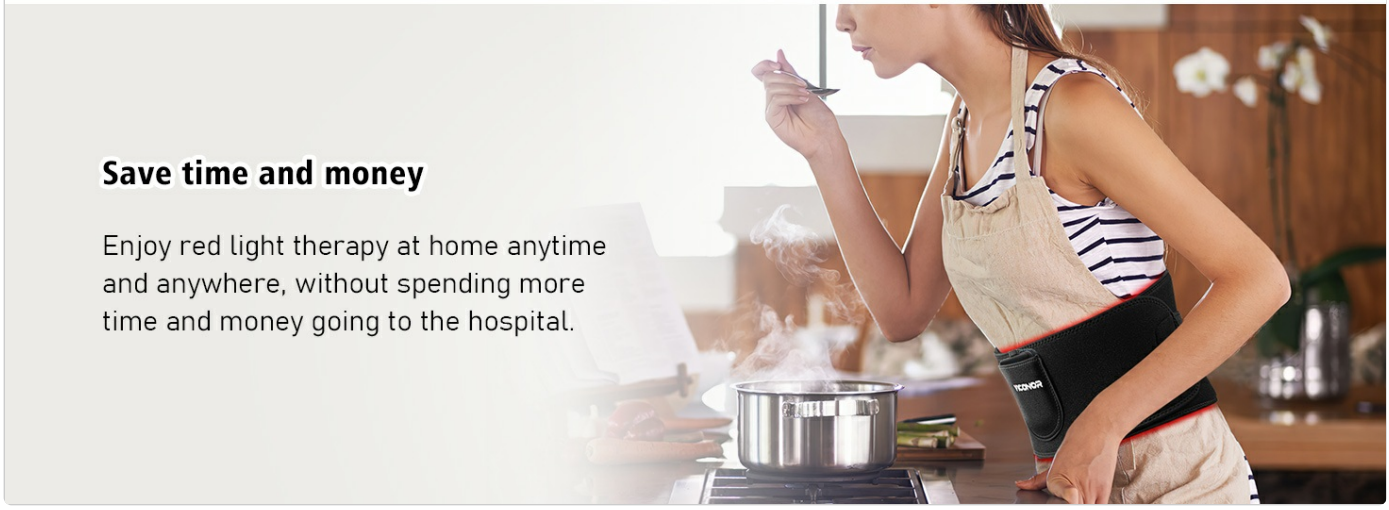


Figure 9: Dimensions of the Viconor Red Light Therapy Belt, including the overall belt size and the specific irradiation area.

Warranty and Support

For warranty information and customer support, please refer to the contact details provided with your product packaging or visit the official Viconor website.

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question