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› OVICX Foldable Treadmill for Home Apartment Red User Manual

OVICX FLEX

OVICX Foldable Treadmill for Home Apartment Red User Manual

Model: FLEX | Brand: OVICX

1. SAFETY INFORMATION

Please read all instructions carefully before using the OVICX Foldable Treadmill. Retain this manual for future reference. Always follow basic safety precautions to reduce the risk of injury.

- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Always attach the safety key clip to your clothing before starting the treadmill. The treadmill will stop automatically if the safety key is detached.
- Do not stand on the warning areas indicated on the treadmill's side rails.
- Regularly inspect the treadmill for any signs of wear or damage.
- Maintain a clear space of at least 2 meters (6.5 feet) behind the treadmill and 0.6 meters (2 feet) on each side.

SHOCK ABSORPTION



Image: The OVICX treadmill features a shock absorption system designed to protect knees and joints during exercise.



Image: A warning label on the treadmill's side rail advises users not to stand in that area during operation for safety.

2. PACKAGE CONTENTS

Upon unpacking, please verify that all components are present:

- OVICX Foldable Treadmill Unit
- Warranty Card
- Setup Guide

3. ASSEMBLY

The OVICX Foldable Treadmill is designed for quick and easy setup, requiring minimal assembly. Refer to the included Setup Guide for detailed, step-by-step instructions.

1. Carefully remove the treadmill from its packaging.
2. Unfold the treadmill according to the instructions in the Setup Guide. Ensure all locking mechanisms are securely

engaged before use.

3. Connect the power cord to the treadmill and a grounded electrical outlet.



Image: The OVICX Foldable Treadmill fully assembled and ready for use.



Image: Visual representation of the treadmill's dimensions in both unfolded and folded configurations.

4. SETUP

Before your first workout, ensure proper power connection and familiarize yourself with the safety key and app connectivity.

4.1 Power Connection

Locate the power input on the treadmill. Insert the power cord firmly into the port, then plug the other end into a standard wall outlet. Ensure the power switch is in the 'ON' position.

Video: This video demonstrates how to properly connect the power cable and turn on the OVICX treadmill.

4.2 Safety Key

The safety key is a crucial safety feature. Attach the magnetic end of the safety key to the designated area on the treadmill's console. Clip the other end to your clothing. The treadmill will not operate without the safety key in place.

4.3 Bluetooth Connectivity and App Access

Enhance your workout experience by connecting your treadmill to the OVICX fitness app via Bluetooth. The app offers on-demand classes and tracking features.

1. Download the OVICX fitness app from your device's app store.
2. Ensure Bluetooth is enabled on your smartphone or tablet.
3. Open the OVICX app and follow the on-screen prompts to search for and connect to your treadmill.

Video: This video illustrates the process of connecting your mobile phone to the OVICX treadmill via Bluetooth for app control.

5. OPERATING INSTRUCTIONS

Learn how to start, stop, and adjust your workout on the OVICX treadmill.

5.1 Starting a Workout

1. Stand on the side rails of the treadmill.
2. Ensure the safety key is properly attached.
3. Press the 'Start' button on the console or within the OVICX app. The belt will begin to move at a low speed.
4. Carefully step onto the moving belt and begin walking.

5.2 Adjusting Speed

You can adjust the speed of the treadmill using the control buttons on the console or through the OVICX app. The maximum speed is 8.5 MPH.

- Use the '+' and '-' buttons on the console to incrementally increase or decrease speed.
- Within the OVICX app, use the speed controls to set your desired pace.



Image: A user demonstrating proper running form on the OVICX treadmill.



Image: A rear view of a user exercising on the OVICX treadmill, highlighting the running area.

5.3 Stopping a Workout

To stop the treadmill, press the 'Stop' button on the console or in the app. For an emergency stop, pull the safety key from the console.

5.4 Folding and Storage

The OVICX treadmill features a simple 2-touch folding mechanism for compact storage, ideal for home apartments.

1. Ensure the treadmill is completely stopped and powered off.
2. Follow the folding instructions in your Setup Guide to safely fold the treadmill.
3. Once folded, the treadmill can be stored upright or flat, utilizing its built-in transport wheels for easy movement.

OVICX



> **COMPACT AND SPACE-SAVING DESIGN**

Compact Design,
Maximum Impact: A 16.90 by
41.30-inch Running Area

> **SILENT POWER**

Quiet, Smooth, and Powerful

> **JOINT-FRIENDLY INNOVATION**

Exercise Without Limits

> **CONNECTED FITNESS**

Bluetooth Connectivity

> **FOLD AND STORE**

Foldable Design for anywhere
Storage

Image: The OVICX treadmill shown in its compact, folded state, ready for storage.





Image: The OVICX treadmill stored upright, demonstrating its space-saving design.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your OVICX treadmill.

6.1 Cleaning

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.
- Avoid using abrasive cleaners or solvents that could damage the finish.

6.2 Belt Adjustment and Lubrication

The running belt may require occasional adjustment or lubrication to ensure smooth operation and prevent slipping.

- If the belt feels loose or slips during use, consult the Setup Guide for instructions on how to tighten the belt using the adjustment screws at the rear of the treadmill.
- If the belt feels dry or makes excessive noise, it may require lubrication. Refer to the Setup Guide for the recommended lubricant type and application procedure.



Image: A close-up view of the treadmill belt and side rail, showing the texture and warning label.

7. TROUBLESHOOTING

This section addresses common issues you might encounter with your OVICX treadmill.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not fully plugged in; Power switch off; Circuit breaker tripped.	Check power connections; Ensure power switch is ON; Reset circuit breaker.
Running belt slips or hesitates.	Belt too loose; Belt requires lubrication.	Adjust belt tension (refer to Maintenance section); Lubricate belt (refer to Maintenance section).
E9 Error Code displayed.	Indicates a motor or control board issue.	Power off the treadmill, wait 5 minutes, then power on again. If the error persists, contact customer support.
Bluetooth connection issues.	Bluetooth off on device; App not updated; Treadmill not in pairing mode.	Ensure Bluetooth is on; Update OVICX app; Restart treadmill and app.

8. SPECIFICATIONS

Key technical specifications for the OVICX Foldable Treadmill:

Feature	Detail
Brand	OVICX
Model Name	FLEX
Color	Red
Product Dimensions (Unfolded)	55.12"D x 24.8"W x 50"H
Folded Size	65"L x 25.6"W x 8.3"H
Material	Alloy Steel
Maximum Speed	8.5 Miles per Hour
Minimum Speed	0.01 Miles per Hour
Maximum Weight Recommendation	265 Pounds
Running Area (Deck Length x Width)	41.3" x 17"
Maximum Horsepower	1 Horsepower (3.0HP Peak)
Display Type	LCD
Connectivity Technology	Bluetooth
Assembly Required	Yes
UPC	850026018295

9. WARRANTY AND SUPPORT

OVICX is committed to providing quality products and customer satisfaction.

9.1 Warranty Information

Your OVICX Foldable Treadmill comes with a Warranty Card. Please refer to this card for specific warranty terms and conditions, including coverage duration and what is covered.

9.2 Returns and Customer Support

This product is eligible for 30-day easy returns. For any questions, technical assistance, or warranty claims, please contact OVICX Customer Support. Contact information can typically be found on the Warranty Card or the official OVICX website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question