

Sealy SL-HW-MA-101-AC

Sealy SL-HW-MA-101-AC Dual Grip Mini Massager User Manual

Model: SL-HW-MA-101-AC

1. INTRODUCTION

This manual provides essential instructions for the safe and effective use of your Sealy SL-HW-MA-101-AC Dual Grip Mini Massager. Please read this manual thoroughly before first use and retain it for future reference. This device is designed to help reduce muscle tension through high-frequency vibration.

2. SAFETY INFORMATION

Important Safety Precautions:

- The massager is **not water-resistant**. Avoid contact with water or other liquids.
- Do not use the massager on sensitive, injured, or swollen areas of the body.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Keep out of reach of children.
- Do not disassemble or attempt to repair the device yourself.
- Use only the provided charging cable.
- Unplug the device when not in use or during cleaning.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

- 1 x Sealy SL-HW-MA-101-AC Dual Grip Mini Massager Unit

- 4 x Interchangeable Massage Heads
- 1 x USB Charging Cable
- 1 x User Manual (this document)



Image 1: The Sealy Dual Grip Mini Massager unit shown with one massage head attached and the three other interchangeable heads displayed below it. The massager is black with a rubberized coating and features dual grip handles.

4. PRODUCT FEATURES

- **Rubberized Coating:** Enhances durability and provides a comfortable grip.
- **5-Speed High-Frequency Vibration:** Offers various intensity levels for a deep massage experience.
- **4 Interchangeable Massage Heads:** Allows targeting of specific muscle groups and areas.

- **Dual Grip Handles:** Designed for comfortable and secure handling during use.
- **4-Hour Charge Time:** Provides convenient and relatively quick recharging.
- **Noiseless Operation:** Ensures a quiet and relaxing massage experience.

5. SETUP

1. Unpack all components from the packaging.
2. Before initial use, fully charge the massager for approximately 4 hours. Refer to the "Charging the Device" section for details.
3. Select the desired massage head and firmly attach it to the massager's vibration shaft. Ensure it is securely seated.



Image 2: The retail packaging box for the Sealy Dual Grip Mini Massager, highlighting key features such as dual handle grips, four massage heads, five speed levels, and ergonomic rubber finish.

6. OPERATING INSTRUCTIONS

1. After attaching the desired massage head and ensuring the device is charged, press the power button to turn on the massager.

2. The massager features 5-speed settings. Press the speed adjustment button (if separate) or cycle through the power button presses to select your desired intensity level.
3. Grip the massager firmly using the dual grip handles.
4. Apply the massager to the target body area. Move it slowly and gently over muscles.
5. Use the massager in multiple positions on various muscle groups such as the abs, neck, waist, arms, feet, and legs for effective relief.
6. Avoid prolonged use on a single area. Do not use for more than 15-20 minutes per session.
7. To turn off the massager, press the power button until the device powers down.

7. INTERCHANGEABLE MESSAGE HEADS

The Sealy Dual Grip Mini Massager includes four distinct massage heads, each designed for specific applications:

- **Ball Head:** Ideal for large muscle groups like arms, back, hips, thighs, and calves. Provides a general, deep tissue massage.
- **Bullet Head:** Suitable for pinpoint treatment, targeting specific knots, trigger points, and small muscle areas like feet and joints.
- **Flat Head:** Designed for all body parts, especially for relaxation and shaping. Offers a broader, softer contact.
- **U-Shaped Head (Fork Head):** Best for spinal muscles, neck, and Achilles tendon. Designed to avoid direct contact with bones.

To change a massage head, gently pull the current head off the massager. Then, firmly push the desired head onto the vibration shaft until it clicks into place.

8. CHARGING THE DEVICE

1. Locate the charging port on the massager.
2. Connect the provided USB charging cable to the massager's charging port.
3. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer's USB port.
4. The charging indicator light will illuminate, typically red, to show that the device is charging.
5. Allow approximately 4 hours for a full charge. The indicator light may change color (e.g., to green or off) when fully charged.
6. Disconnect the charging cable once charging is complete.

9. MAINTENANCE AND CARE

- **Cleaning:** After each use, clean the massager and massage heads with a damp cloth and mild soap. Ensure the device is turned off and unplugged before cleaning. Do not immerse the device in water.
- **Storage:** Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures. Keep it away from moisture.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not used for extended periods.

10. TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Battery is depleted.	Charge the massager for 4 hours.
Weak vibration.	Low battery or incorrect speed setting.	Recharge the device. Increase the speed setting.
Massage head falls off.	Head not securely attached.	Ensure the massage head is firmly pushed onto the shaft until it clicks.
Device stops working during use.	Battery depleted or automatic shutdown.	Recharge the device. If fully charged, allow it to cool down before restarting.

11. SPECIFICATIONS

- **Model Number:** SL-HW-MA-101-AC
- **Dimensions (HxWxD):** 7 x 8 x 2 inches (Overall)
- **Item Weight:** 1.3 Pounds
- **Power Source:** Battery Powered (1 Lithium Ion battery, included)
- **Number of Massage Styles:** 4 (referring to heads)
- **Number of Speed Settings:** 5
- **Charge Time:** Approximately 4 hours
- **Material:** Acrylonitrile Butadiene Styrene (ABS) with Rubberized Coating
- **Manufacturer:** Sealy

12. WARRANTY AND SUPPORT

Warranty information for the Sealy SL-HW-MA-101-AC Dual Grip Mini Massager is not provided within this manual. For details regarding warranty coverage, product support, or service inquiries, please refer to the documentation included with your purchase or contact the manufacturer directly.

Manufacturer: Sealy