

DeerRun BA04

DeerRun Walking Pad 2-in-1 Under Desk Treadmill User Manual

Model: BA04

1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the DeerRun Walking Pad. Retain this manual for future reference.

- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- The maximum user weight capacity for this device is **265 pounds (120 kg)**. Do not exceed this limit.
- Wear appropriate athletic footwear during use.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Always unplug the treadmill from the power outlet before cleaning, maintenance, or moving.
- Keep hands and feet clear of the running belt and moving parts.
- Use the emergency stop function if you feel unwell or need to stop immediately.

2. PRODUCT OVERVIEW

The DeerRun Walking Pad is a versatile 2-in-1 under-desk treadmill designed for both walking and light jogging in home or office environments. Its compact and lightweight design allows for easy storage and portability.

Key Features:

- **2-in-1 Design:** Functions as an under-desk walking pad or a standalone jogging machine.
- **Powerful 2.5HP Motor:** Provides smooth and quiet operation.
- **Low Noise:** Operates below 50 decibels for minimal disturbance.
- **5-Layer Running Belt:** Offers anti-slip properties and shock absorption for joint protection.
- **Remote Control:** For convenient speed adjustment and power control.

- **LED Display:** Tracks speed, distance, calories burned, and time.
- **Compact & Portable:** Lightweight with built-in wheels for easy movement and storage.

Components:

- DeerRun Walking Pad Treadmill
- Remote Control (with battery and spare battery)
- Lubricating Oil
- Hex Wrench (for belt adjustment)
- Power Cord



Figure 2.1: The DeerRun Walking Pad in a typical usage scenario, showing its compact design and remote control.



Figure 2.2: Illustration of the treadmill's versatility, demonstrating running mode, and two working modes (under a standing desk and walking freely).

Powerful 2.2HP Motor



Weight Capacity

250 LBS



Low Noise

<60 dB



Shock Absorption

8 QTY



Figure 2.3: Detailed view of the powerful 2.5HP motor, highlighting its robust construction and low noise operation.

3. SETUP AND INSTALLATION

The DeerRun Walking Pad is designed for minimal setup, requiring no complex assembly.

3.1 Unpacking

1. Carefully remove the treadmill from its packaging.
2. Remove all packing materials and protective films.
3. Verify that all components listed in Section 2.2 are present.

3.2 Placement

- Place the treadmill on a firm, level surface. Ensure there is adequate clear space around the unit for safe operation (at least 2 feet behind and 1 foot on each side).

- Avoid placing the treadmill on thick carpets, which may obstruct ventilation or affect belt alignment.
- If using under a standing desk, ensure the desk is stable and provides sufficient clearance for movement.

3.3 Leveling

The treadmill is equipped with adjustable stands on the bottom. If the treadmill feels unstable or wobbles, gently lift one end and adjust the feet by rotating them until the unit is level and stable.

3.4 Power Connection

- Connect the power cord to the treadmill's power inlet.
- Plug the power cord into a grounded electrical outlet.
- Ensure the main power switch (usually located near the power inlet) is in the 'ON' position.

4. OPERATING INSTRUCTIONS

The DeerRun Walking Pad is controlled primarily via the included remote control.

4.1 Remote Control Functions

The remote control allows you to power on/off the treadmill and adjust the speed.

- **Power Button:** Press to turn the treadmill on or off.
- **Speed Up Button (+):** Increases the walking/running speed.
- **Speed Down Button (-):** Decreases the walking/running speed.

Note: The treadmill will emit a beeping sound when powered on or when speed is adjusted.

4.2 Starting and Adjusting Speed

1. Ensure the treadmill is plugged in and the main power switch is ON.
2. Stand on the side rails of the treadmill, not directly on the belt.
3. Press the Power button on the remote control. The display will light up.
4. The treadmill will typically start at a low speed (e.g., 0.6 MPH).
5. Carefully step onto the moving belt.
6. Use the Speed Up (+) or Speed Down (-) buttons to adjust your desired pace. The speed range is **0.6 to 3.8 Miles per Hour (MPH)**.
7. To stop, press the Power button on the remote control. The belt will gradually slow down and stop.

4.3 LED Display

The integrated LED display provides real-time feedback on your workout:

- **Speed:** Current walking/running speed.
- **Distance:** Total distance covered during the current session.
- **Calories:** Estimated calories burned.
- **Time:** Duration of the current workout.

LED Display to Track Your Running Data

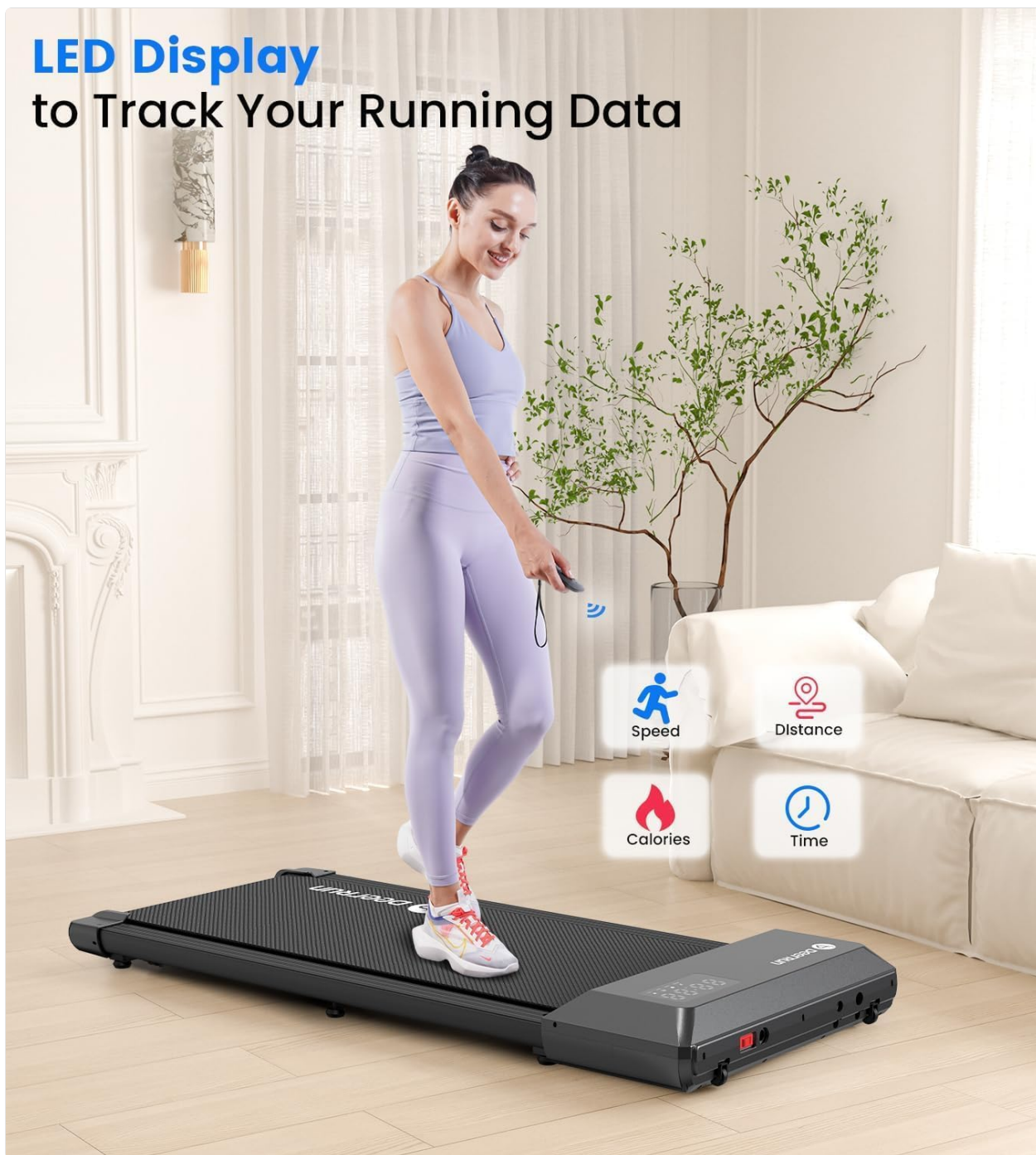


Figure 4.1: The LED display provides essential workout metrics such as speed, distance, calories, and time.

4.4 App Integration (PitPat App)

The DeerRun Walking Pad supports connection to the "PitPat" app via Bluetooth for enhanced tracking and interactive workouts.

- Download the "PitPat" app from your device's app store.
- Enable Bluetooth on your smartphone or tablet.
- Open the PitPat app and follow the on-screen instructions to connect to your DeerRun Walking Pad.
- The app allows you to track performance, participate in virtual walks, access custom exercise plans, and view exercise history.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your DeerRun Walking Pad.

5.1 Lubrication

The running belt requires periodic lubrication to maintain smooth operation and reduce friction. A dedicated oil drip hole is located on the upper right corner of the treadmill for this purpose.

- It is recommended to lubricate the running belt once a month, or after every 30 hours of use.
- Turn off and unplug the treadmill before applying lubricant.
- Lift the edge of the running belt and apply a small amount of the provided silicone lubricant to the center of the deck, underneath the belt.
- Plug in the treadmill and run it at a low speed (e.g., 1 MPH) for 5 minutes to distribute the lubricant evenly.

5.2 Belt Adjustment

If the running belt shifts to one side or feels loose, it may need adjustment. Use the provided hex wrench.

- If the belt drifts to the **right**, turn the right adjustment bolt clockwise a quarter turn.
- If the belt drifts to the **left**, turn the left adjustment bolt clockwise a quarter turn.
- Run the treadmill at a low speed for a few minutes and observe the belt. Repeat adjustments as necessary until the belt is centered.
- If the belt feels too loose (slipping), turn both adjustment bolts clockwise by a quarter turn simultaneously to increase tension.

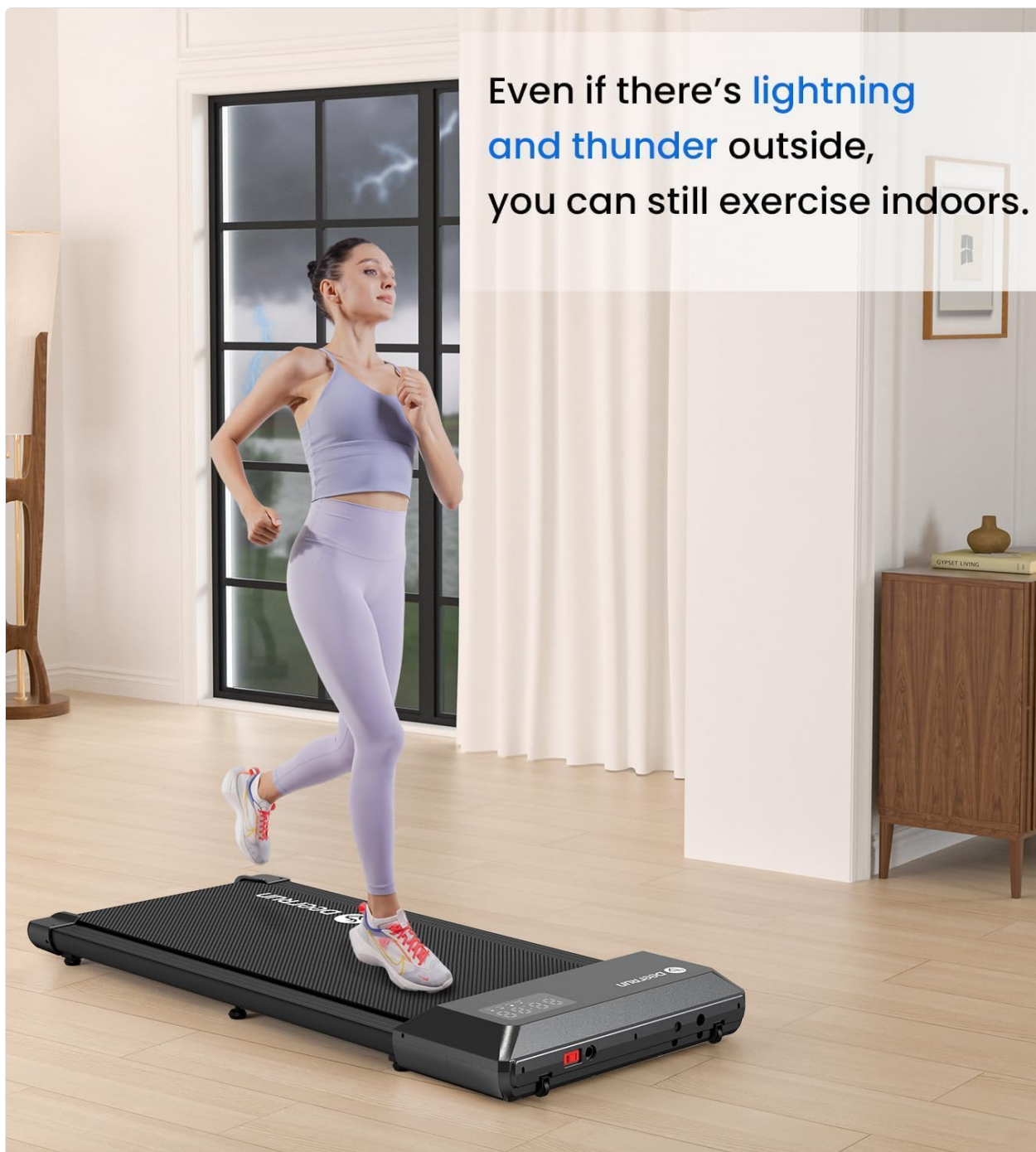
5.3 Cleaning

- Regularly wipe down the treadmill surface with a damp cloth. Avoid abrasive cleaners.
- Keep the area around the motor clean and free of dust to ensure proper ventilation.

5.4 Storage

The DeerRun Walking Pad is designed for easy storage due to its compact size and built-in wheels.

- Turn off and unplug the treadmill.
- Lift the front end of the treadmill to engage the transport wheels.
- Roll the treadmill to your desired storage location, such as under a desk, bed, or sofa.



Even if there's **lightning and thunder** outside, you can still exercise indoors.

Figure 5.1: The treadmill's lightweight design and integrated wheels facilitate easy storage and movement.

6. TROUBLESHOOTING

Refer to this section for common issues and their solutions.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; Main power switch off; Remote control battery dead.	Ensure power cord is securely plugged in; Turn main power switch ON; Replace remote control battery.
Running belt slips or hesitates.	Belt tension too low; Insufficient lubrication.	Adjust belt tension using the hex wrench (refer to Section 5.2); Apply silicone lubricant (refer to Section 5.1).

Problem	Possible Cause	Solution
Running belt drifts to one side.	Belt alignment issue.	Adjust belt alignment using the hex wrench (refer to Section 5.2).
Unusual noise during operation.	Lack of lubrication; Loose components; Foreign object.	Lubricate the belt; Check for and tighten any loose screws; Inspect for foreign objects.

If you encounter issues not listed here or if the problem persists after attempting the solutions, please contact DeerRun Customer Service.

7. SPECIFICATIONS

Feature	Specification
Brand	DeerRun
Model Name	BA04
Product Dimensions (LxWxH)	43"D x 20"W x 4"H (109.2 cm x 50.8 cm x 10.2 cm)
Item Weight	41.8 Pounds (19 kg)
Material	Alloy Steel, Silicone
Motor Horsepower	2.5 HP
Speed Range	0.6 - 3.8 MPH (1 - 6.1 km/h)
Maximum Weight Recommendation	265 Pounds (120 kg)
Running Belt Length	40 Inches (101.6 cm)
Screen Size	2 Inches (LED Display)
UPC	694743407686

8. WARRANTY AND CUSTOMER SUPPORT

DeerRun is committed to providing quality products and excellent customer service.

8.1 Product Warranty

This DeerRun Walking Pad (Model BA04) comes with a **12-month warranty** from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or improper maintenance.

8.2 Customer Service

For any questions, concerns, or warranty claims, please contact our professional customer service team. We

provide support via email and phone.

- **Email:** [Insert Customer Service Email Here]
- **Phone:** [Insert Customer Service Phone Number Here]

Please have your model number (BA04) and purchase information ready when contacting support.

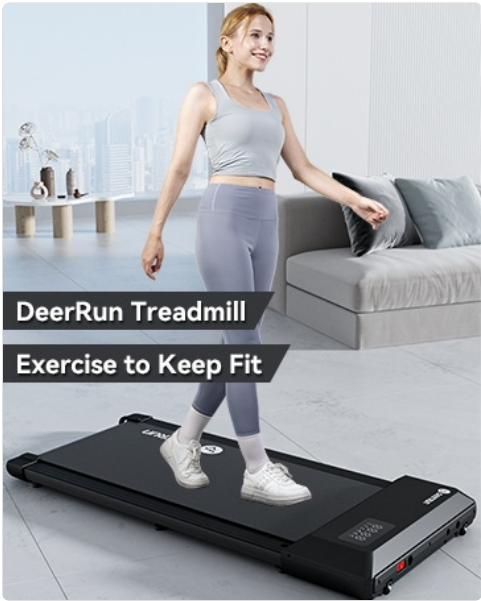
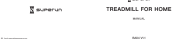
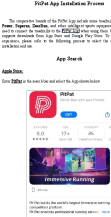


Figure 8.1: DeerRun customer service is available to assist with product inquiries and support.

Related Documents - BA04

	DeerRun Home Treadmill Instruction Manual: Assembly, Operation, and Safety Guide Comprehensive instruction manual for the DeerRun Home Treadmill (Model Q1 Mini/BA04). Covers safety precautions, assembly steps, operation, maintenance, and troubleshooting for optimal home fitness.
	Starpower BA04 Treadmill User Manual and Safety Guide Comprehensive user manual for the Starpower BA04 treadmill, covering product specifications, safety precautions, warm-up exercises, function diagrams, first-time use guidance, maintenance instructions, and troubleshooting FAQs. Learn how to operate and maintain your home treadmill for a healthier lifestyle.
	PitPat App Installation Guide: Step-by-Step Instructions Detailed guide on how to install and register for the PitPat fitness app. Learn to connect your Star Power, Superun, or DeerRun treadmills and start your immersive running journey.

HOME TREADMILL INSTRUCTION MANUAL A line drawing of a compact, rectangular treadmill unit with a black running belt and a silver frame.	Home Treadmill Instruction Manual Comprehensive instruction manual for the Home Treadmill, covering safety, assembly, operation, maintenance, and troubleshooting. Includes details on monitor configuration, remote control usage, and connection to the PitPat app.
Superun HOME TREADMILL INSTRUCTION MANUAL A line drawing of a compact, rectangular treadmill unit, similar to the first one but with a slightly different frame design.	Superun Home Treadmill Instruction Manual This instruction manual provides comprehensive guidance on the assembly, operation, maintenance, and troubleshooting of the Superun Home Treadmill, model Q1 Mini/BA04. It includes safety instructions, workout routines, and specifications for optimal use.