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## LifePro LP-VBRCP

# LifePro VibraCare Calf & Foot Massager with Heat

Model: LP-VBRCP

Brand: LifePro

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## 1. INTRODUCTION

Thank you for choosing the LifePro VibraCare Calf & Foot Massager. This device is designed to provide targeted relief and relaxation for your feet and calves. Featuring vibration and acupressure therapy, along with an optional heat function, it aims to reduce joint stiffness, alleviate discomfort, and promote better blood circulation. This manual will guide you through the proper setup, operation, and maintenance of your massager to ensure optimal performance and a soothing experience.

## 2. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the LifePro VibraCare Calf & Foot Massager. Keep this manual for future reference.

- **Consult a Physician:** If you have any pre-existing medical conditions, including but not limited to diabetes, neuropathy, heart conditions, or are pregnant, consult your doctor before using this device.
- **Not for Medical Use:** This massager is intended for personal relaxation and comfort only. It is not a medical device and should not be used to diagnose, treat, cure, or prevent any disease or health condition.
- **Avoid Water:** Do not use the massager near water or in damp environments. Do not immerse the device in water.
- **Proper Power Source:** Use only the provided AC adapter. Ensure the power outlet matches the voltage specified on the adapter.
- **Supervision:** Close supervision is necessary when the massager is used by or near children, invalids, or disabled persons.
- **Discontinue Use:** If you experience any pain, discomfort, or unusual sensations during use, stop immediately and consult a physician.
- **Heat Caution:** The heat function can reach temperatures between 108°-113°F. Individuals with reduced heat sensitivity should use caution. Do not use heat for prolonged periods on one area.

- **Cleanliness:** Always ensure the device is clean and dry before and after each use.

### 3. PACKAGE CONTENTS

Upon unpacking your LifePro VibraCare Calf & Foot Massager, please ensure all items listed below are present and in good condition:

- LifePro VibraCare Calf & Foot Massager Unit
- Wireless Remote Control
- AC Power Adapter
- User Manual
- Non-Slip Mat

### 4. PRODUCT OVERVIEW

Familiarize yourself with the components of your LifePro VibraCare massager:

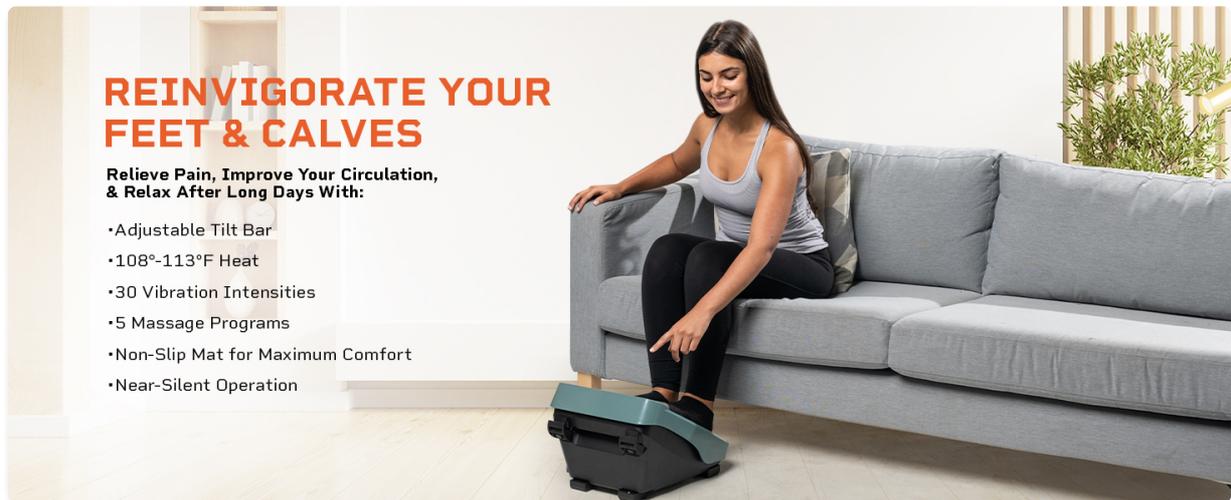


Figure 4.1: Top view of the massager highlighting heat zones and control panel.



Figure 4.2: The massager unit with its wireless remote control.

- **Main Unit:** The primary device housing the motor, control panel, and foot/calf pads.
- **Control Panel:** Located at the top of the unit, it features buttons for power, mode selection, intensity adjustment, and heat function.
- **Foot/Calf Pads:** Textured surfaces designed for optimal contact and acupressure points.
- **Adjustable Tilt Bar:** Allows you to change the angle of the massager for comfortable foot or calf positioning.
- **Wireless Remote Control:** Provides convenient access to all functions from a distance.

### 5. SETUP

1. **Placement:** Place the massager on a flat, stable surface. For added stability and comfort, use the included non-slip mat underneath the unit.
2. **Power Connection:** Connect the AC power adapter to the power input port on the massager unit. Plug the other end into a standard electrical outlet.
3. **Remote Control:** Ensure the remote control has batteries installed. If not, open the battery compartment and insert the required batteries (usually AAA, not specified in data, so general advice).
4. **Adjust Tilt:** The massager features an adjustable tilt bar. You can adjust the angle to suit your preferred massage position for either feet or calves.

## 6. OPERATING INSTRUCTIONS

The LifePro VibraCare offers various programs and intensity levels for a personalized massage experience.

### 6.1 Basic Operation

1. **Power On:** Press the Power button ( ) on the control panel or remote control to turn on the device. The display will illuminate.
2. **Select Program:** Use the 'P' (Program) button on the control panel or the arrow buttons on the remote to cycle through the 5 pre-programmed massage modes (P1-P5) or select a manual mode (HA).
3. **Adjust Intensity:** Use the 'Speed' or arrow buttons on the remote to adjust the vibration intensity. There are 30 intensity levels available.
4. **Set Time:** The massager typically runs for 15-minute intervals. You can adjust the massage duration using the time setting on the remote control.
5. **Activate Heat:** Press the Heat button (☺) on the control panel or remote to activate the soothing heat function. Press again to turn off.
6. **Power Off:** Press the Power button ( ) again to turn off the massager.

### 6.2 Massage Positions



**Figure 6.1:** Using the massager for foot therapy. Place your feet comfortably on the textured pads.

**Figure 6.2:** For calf massage, flip the unit upside down and rest your calves on the pads.

- **Foot Massage:** Sit comfortably and place your bare feet on the textured pads of the massager. Adjust the tilt bar for the most comfortable angle.
- **Calf Massage:** For calf relief, you can flip the massager upside down and rest your calves on the vibrating pads. This allows for targeted vibration and acupressure on your calf muscles.

## 7. MAINTENANCE

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### 7.1 Cleaning

- Always unplug the massager from the power outlet before cleaning.
- Wipe the surface of the massager with a soft, slightly damp cloth. Do not use abrasive cleaners, solvents, or harsh chemicals.
- Ensure no liquid enters the interior of the device.
- Allow the massager to dry completely before storing or next use.

### 7.2 Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on the massager during storage.
- Keep the massager out of reach of children.

## 8. TROUBLESHOOTING

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If you encounter any issues with your LifePro VibraCare massager, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in correctly or power outlet issue.	Ensure the power adapter is securely plugged into both the massager and a working electrical outlet. Try a different outlet.
Remote control is not working.	Batteries are dead or incorrectly inserted.	Replace the batteries in the remote control. Ensure they are inserted with correct polarity. Point the remote directly at the massager's sensor.
Vibration is weak or inconsistent.	Low intensity setting or improper contact.	Increase the intensity level using the remote or control panel. Ensure your feet/calves are making full contact with the pads.
Heat function is not working.	Heat function not activated or device malfunction.	Press the Heat button to activate. Allow a few minutes for the heat to build up. If still not working, contact customer support.

If the problem persists after trying these solutions, please contact LifePro customer support for assistance.

## 9. SPECIFICATIONS

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- **Model Name:** VibraCare Calf & Foot Massager
- **Model Number:** LP-VBRCP
- **Manufacturer:** LifePro
- **Power Source:** Corded Electric (AC Adapter)
- **Cordless:** No
- **Water Resistance Level:** Not Water Resistant
- **Heat Option:** Yes (108°-113°F)

- **Programs:** 5 Pre-programmed modes + Manual mode
- **Intensity Levels:** 30
- **Unit Count:** 1.00 Count

## 10. WARRANTY & SUPPORT

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LifePro is committed to providing high-quality products and excellent customer service. Your LifePro VibraCare Calf & Foot Massager comes with a manufacturer's warranty.

- **Warranty Information:** For detailed information regarding your product's warranty, including coverage and duration, please refer to the warranty card included in your package or visit the official LifePro website.
- **Customer Support:** If you have any questions, require technical assistance, or need to report an issue with your massager, please contact LifePro customer support. You can typically find contact information (phone, email, or support portal) on the LifePro website or in your product packaging.

Please have your model number (LP-VBRCP) and purchase date ready when contacting support to expedite the process.