

## TOPUTURE TP-TM01W

# User Manual: Walking Pad Treadmill

Model: TP-TM01W | Brand: TOPUTURE

## INTRODUCTION

Thank you for choosing the TOPUTURE Walking Pad Treadmill. This compact and versatile 2-in-1 treadmill is designed for both walking and jogging, making it ideal for home or office use. With its powerful yet quiet motor, LED touch screen, and app control capabilities, it provides a convenient and effective way to maintain your fitness. Please read this manual thoroughly before operation to ensure safe and optimal performance of your device.

## IMPORTANT SAFETY INFORMATION

To reduce the risk of serious injury, read all important precautions and instructions in this manual before using the treadmill. TOPUTURE assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

- Always place the treadmill on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Ensure adequate clearance around the treadmill (at least 2 feet on sides and rear).
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear. Do not use the treadmill barefoot.
- The maximum user weight capacity for this treadmill is **300 lbs**.
- Always attach the safety key clip to your clothing before starting the treadmill.
- Consult a physician before beginning any exercise program.
- Unplug the treadmill from the power outlet when not in use or before cleaning.

## PRODUCT OVERVIEW

### Included Components

- TOPUTURE Walking Pad Treadmill (TP-TM01W)
- User Manual
- Safety Key
- Power Cord
- Tool Kit

## Key Features

- **2-in-1 Design:** Functions as an under-desk walking pad (0.6-2 MPH) and a jogging treadmill (3-6.2 MPH).
- **Powerful & Quiet Motor:** 2.25HP motor with low noise operation (below 45dB).
- **LED Touch Screen Display:** Clearly shows time, speed, calories, and distance.
- **App & Remote Control:** Control via remote or the FITSHOW App for tracking data and programs.
- **Spacious Running Belt:** 40" x 16" non-slip, 5-layer shock-absorbing belt.
- **Compact & Portable:** Built-in wheels for easy movement and storage (50"x22.4"x5" folded size).



Figure 1: TOPUTURE Walking Pad Treadmill in both walking and jogging configurations.

# Multifunction LED Display



Figure 2: Multifunction LED Display details, indicating speed, time, program, distance, and calories.

# Powerful and Quiet 2.25HP Motor



Motor  
2.25 HP



Low noise  
<45db



Weight capacity  
300lbs



Figure 3: Illustration of the powerful and quiet 2.25HP motor.

# Non-Slip Shock-Absorbing Running Belt

- 1 Non-slip and wear-resistant surface
- 2 PEP sound insulation layer
- 3 EVA sound-absorbing layer
- 4 Shock-absorbing cushion layer
- 5 Shock-absorbing reinforcement layer

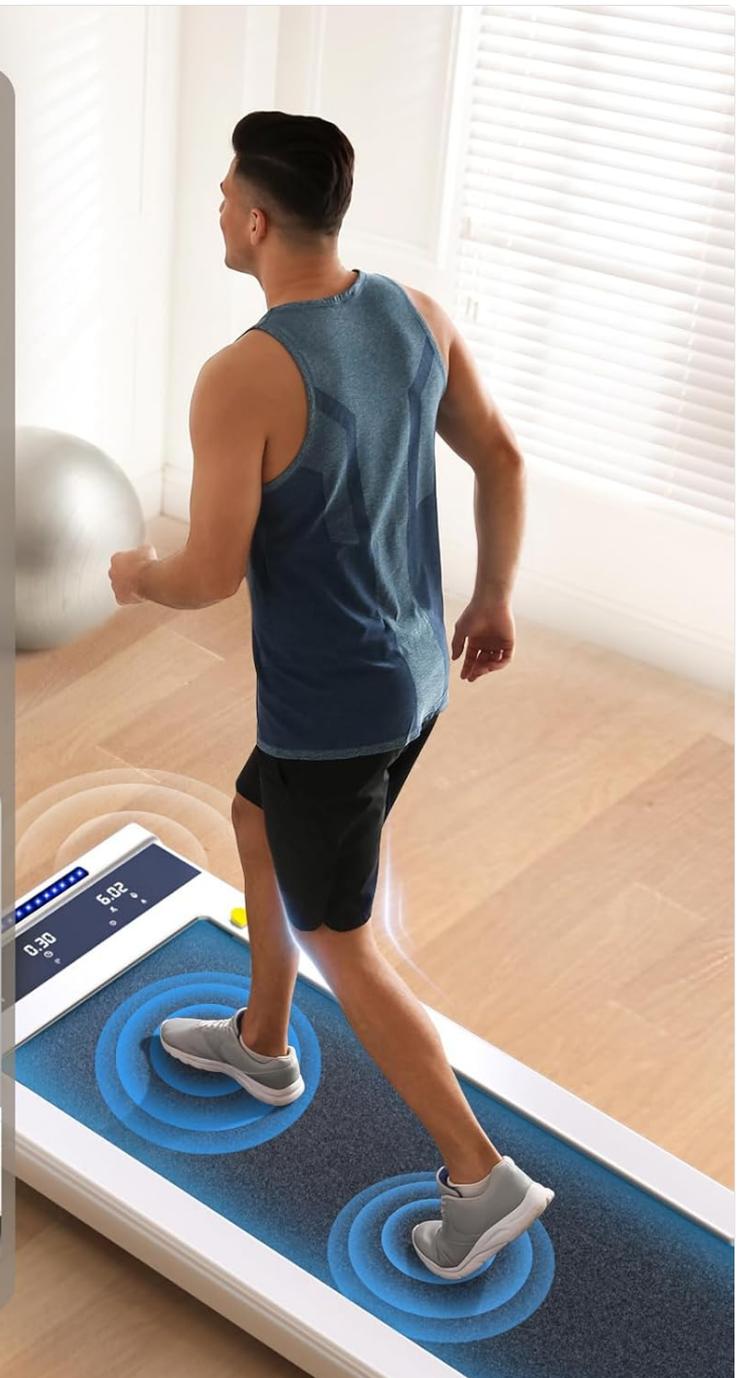


Figure 4: Detailed view of the 5-layer non-slip shock-absorbing running belt construction.

## SETUP

The TOPUTURE Walking Pad Treadmill arrives fully assembled and ready to use. Follow these steps for initial setup:

1. **Unpack:** Carefully remove the treadmill from its packaging.
2. **Placement:** Place the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation.
3. **Power Connection:** Plug the power cord into a grounded electrical outlet.
4. **Safety Key:** Attach the safety key to the designated slot on the treadmill's console. Secure the other end of the safety key clip to your clothing. The treadmill will not operate without the safety key in place.

# Easy to move

Convenient Design for Maintenance of the Treadmill



Figure 5: The treadmill's compact design and built-in wheels for easy movement and storage.

## OPERATING INSTRUCTIONS

### Starting the Treadmill

1. Ensure the safety key is properly attached.
2. Press the "On/Off" button on the LED touch screen or the remote control to power on the treadmill.
3. The display will light up, and the treadmill will be in standby mode.
4. Press the "Start" button on the remote or touch screen to begin operation. The treadmill will start at a low speed.

### Speed Adjustment and Modes

The treadmill supports two main modes based on speed:

- **Walking Mode:** Speeds from 0.6 MPH to 2 MPH. Ideal for under-desk use or light walking.

- **Jogging Mode:** Speeds from 3 MPH to 6.2 MPH. Suitable for brisk walking or jogging.

Use the "Speed+" and "Speed-" buttons on the LED touch screen or remote control to adjust the speed. The treadmill will automatically switch between walking and jogging modes as you adjust the speed within these ranges.



Figure 6: Visual representation of Walking Mode and Jogging Mode.

## LED Display Functions

The large LED display provides real-time feedback on your workout:

- **Speed:** Current speed in Miles Per Hour (MPH).
- **Time:** Duration of your workout.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.
- **Programs:** Indicates selected pre-set program (P01-P12) or manual mode.

## App Control (FITSHOW App) & Remote Control

Your treadmill can be controlled via the included remote control or through the FITSHOW App on your smartphone.

- **Remote Control:** Use the remote to start/stop the treadmill, adjust speed, and select programs.
- **FITSHOW App:** Download the FITSHOW App from your device's app store. Connect your treadmill via Bluetooth. The app allows you to:
  - Control treadmill functions (start, stop, speed).
  - Track and record your fitness data (time, distance, calories).
  - Access 12 pre-set programs for varied workouts.
  - Share your fitness progress.

# APP Control & Remote Control

professional fitness course and experience sharing , real-time recording of exercise data.

1

2

**FS**

Get Connect the "FITSHOW" App

GET IT ON Google Play

Download on the App Store

Smart Bluetooth Connection

TOPfuture

Figure 7: App and Remote Control features for the treadmill.

## Pre-set Programs

The treadmill includes 12 pre-set programs (P01-P12) designed to simulate various exercise scenarios. These programs

automatically adjust speed over time. Refer to the FITSHOW App or the detailed program chart in the full user manual for specific program profiles.

## MAINTENANCE

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Regular maintenance ensures the longevity and optimal performance of your treadmill. Always unplug the treadmill before performing any maintenance.

### Cleaning

- Wipe down the treadmill's surface, including the console and running belt, with a damp cloth after each use.
- Do not use abrasive cleaners or solvents, as they may damage the finish.
- Periodically vacuum underneath the treadmill to prevent dust and debris buildup.

### Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. The treadmill features a convenient lubricating hole for easy application.

1. Turn off and unplug the treadmill.
2. Locate the lubricating hole (refer to Figure 5).
3. Apply a small amount of silicone lubricant (not included, typically sold separately) into the hole.
4. Run the treadmill at a low speed (e.g., 1 MPH) for 5 minutes to distribute the lubricant evenly.
5. Lubricate every 3-6 months depending on usage.

### Running Belt Adjustment

If the running belt feels loose, slips, or drifts to one side, it may need adjustment. Use the included tool kit for this procedure. Refer to the full user manual for detailed instructions on belt tensioning and centering.

## TROUBLESHOOTING

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If you encounter issues with your treadmill, please refer to the following common problems and solutions:

Problem	Solution
Treadmill does not power on.	Ensure power cord is securely plugged in. Insert safety key. Check power switch.
Running belt slips or hesitates.	Adjust belt tension (refer to manual). Lubricate the running belt.
Treadmill makes unusual noise.	Check for loose screws. Lubricate belt. Inspect for foreign objects under the belt.
Remote control not working.	Replace battery. Ensure no obstruction between remote and treadmill. Re-pair if necessary (refer to manual).
App connection issues.	Ensure Bluetooth is enabled on your device. Update FITSHOW App. Restart treadmill and app.

For issues not listed here, or if solutions do not resolve the problem, please contact TOPUTURE customer support.

## SPECIFICATIONS

Feature	Detail
Model Name	TP-TM01W
Brand	TOPUTURE
Motor Horsepower	2.25 HP
Speed Range	0.6 - 6.2 MPH
Maximum Weight Capacity	300 lbs
Running Belt Dimensions	40" (Length) x 16" (Width)
Product Dimensions (LxWxH)	50"D x 22.4"W x 5"H
Item Weight	50 Pounds
Material	Alloy Steel
Display Type	LED Touch Screen (18 Inches)
Control Methods	Remote Control, FITSHOW App
Number of Programs	12 Pre-set Programs
Special Features	No Assembly Required, Compact Design, Shock Absorbent, Wheeled

## WARRANTY AND SUPPORT

### Warranty Information

The TOPUTURE Walking Pad Treadmill (Model TP-TM01W) comes with a **24-month warranty** from the date of purchase. This warranty covers manufacturing defects and workmanship under normal use. It does not cover damage caused by misuse, accident, unauthorized modification, or failure to follow the instructions in this manual. Please retain your proof of purchase for warranty claims.

### Customer Support

For technical assistance, warranty claims, or any questions regarding your TOPUTURE Walking Pad Treadmill, please contact our customer support team. Refer to the contact information provided on the product packaging or the official TOPUTURE website.

Our dedicated support team is available to assist you with any inquiries.

### Related Documents

 <p>Toputure USER MANUAL (Model TP1) FOLDING TREADMILL</p>	<p><a href="#">Toputure TP1 Folding Treadmill User Manual</a> Comprehensive user manual for the Toputure TP1 Folding Treadmill, covering installation, operation, safety, maintenance, and troubleshooting.</p>
 <p>Toputure USER MANUAL (Model TP3) INCLINE WALKING PAD</p>	<p><a href="#">Toputure TP3 Incline Walking Pad User Manual</a> User manual for the Toputure TP3 Incline Walking Pad, covering installation, usage, maintenance, and troubleshooting.</p>
 <p>Toputure USER MANUAL (Model TP1) FOLDING TREADMILL</p>	<p><a href="#">Toputure TP1 Folding Treadmill User Manual</a> Comprehensive user manual for the Toputure TP1 Folding Treadmill, covering installation, operation, maintenance, and troubleshooting.</p>
 <p>Toputure USER MANUAL (Model TP2) HOME TREADMILL</p>	<p><a href="#">Toputure TP2 Home Treadmill User Manual</a> User manual for the Toputure TP2 Home Treadmill, covering installation, operation, maintenance, and safety guidelines.</p>