HUAWEI 55026228

HUAWEI Scale 3 User Manual

Model: 55026228

Introduction

The HUAWEI Scale 3 is an advanced smart scale designed to provide comprehensive body composition analysis. Utilizing HUAWEI TruFit™ technology, it measures 11 different body indicators, offering precise data to help you monitor your health and fitness journey. This manual provides detailed instructions for setting up, operating, and maintaining your HUAWEI Scale 3.



Image: The HUAWEI Scale 3, showcasing its sleek white design and digital display.

Setup

1. Unboxing and Initial Inspection

Carefully remove the HUAWEI Scale 3 from its packaging. Inspect the scale for any signs of damage. Ensure all components are present.

2. Battery Installation

The HUAWEI Scale 3 requires 4 AAA batteries (not included). Locate the battery compartment on the underside of the scale. Open the cover, insert the batteries according to the polarity indicators (+/-), and close the cover securely.

3. App Installation and Pairing

1. **Download the Huawei Health App:** Search for "Huawei Health" in your smartphone's app store (Google Play Store or Apple App Store) and install it.

2. **Create/Log In to Huawei ID:** Open the app and log in with your existing Huawei ID or create a new one.
3. **Add Device:** In the Huawei Health app, navigate to the "Devices" section. Tap on the "+" icon to add a new device. Select "Scales" and then choose "HUAWEI Scale 3".
4. **Pairing via Bluetooth:** Follow the on-screen instructions in the app to pair the scale via Bluetooth. Ensure Bluetooth is enabled on your smartphone. You may need to step on the scale briefly to activate it for pairing.
5. **Wi-Fi Configuration (Optional):** The scale supports Wi-Fi connectivity for automatic data upload. After initial Bluetooth pairing, the app will guide you through connecting the scale to your home Wi-Fi network. This allows for automatic data synchronization without needing to open the app every time you weigh yourself.

Operating Instructions

1. Taking a Measurement

- Place the scale on a hard, flat surface. Avoid carpets or uneven floors, as this can affect accuracy.
- Step onto the scale barefoot, ensuring your feet are centered on the electrodes (the four circular metal pads). Stand still until your weight is displayed and the measurement is complete.
- If connected via Wi-Fi, your data will automatically sync to the Huawei Health app. If using Bluetooth only, ensure the app is open on your smartphone when you weigh yourself for data synchronization.

2. Understanding Body Composition Indicators

The HUAWEI Scale 3 measures 11 body composition indicators. These include:

- Weight
- Body Fat Percentage
- BMI (Body Mass Index)
- Muscle Mass
- Body Water Percentage
- Bone Mineral Content
- Protein
- Visceral Fat Level
- Basal Metabolic Rate (BMR)
- Ideal Weight
- Body Score

Detailed explanations and trends for each indicator can be found within the Huawei Health app.

3. Intelligent User Identification

The scale can intelligently identify individual users based on their historical data. Once identified, measurements are automatically uploaded to the correct user's profile in the Huawei Health app.

4. Guest Mode

To allow guests to use the scale without saving their data to your profile:

1. Open the Huawei Health app.
2. Navigate to the scale's settings or device management section.
3. Select "Guest Mode" or "Measure for Guest".

4. Enter the guest's basic information if prompted. The scale will then be ready for the guest to use. Guest data will not be archived and will be deleted shortly after the measurement.

Maintenance

1. Cleaning

Wipe the surface of the scale with a soft, damp cloth. Do not use abrasive cleaners or immerse the scale in water. Ensure the scale is dry before storage or next use.

2. Battery Replacement

When the battery indicator appears on the scale's display or in the app, replace all 4 AAA batteries simultaneously. Use new batteries of the same type.

3. Storage

Store the scale in a cool, dry place, away from direct sunlight and extreme temperatures. Avoid placing heavy objects on the scale when not in use.

Troubleshooting

- **Scale not turning on:** Check if batteries are installed correctly and are not depleted. Replace batteries if necessary.
- **Inaccurate readings:** Ensure the scale is on a hard, flat surface. Avoid carpets. Make sure your feet are clean and dry, and centered on the electrodes.
- **Cannot connect to Huawei Health app:**
  - Ensure Bluetooth is enabled on your smartphone.
  - Make sure the scale is within range of your smartphone or Wi-Fi router.
  - Restart the Huawei Health app and your smartphone.
  - If using Wi-Fi, verify your Wi-Fi network is active and the password is correct.
  - Try re-pairing the scale through the app.
- **No body composition data:** Ensure you are stepping on the scale barefoot and your feet are making good contact with all four electrodes.
- **"Bluetooth only" issue:** While the product is designed for both Bluetooth and Wi-Fi, some users have reported receiving Bluetooth-only models. Please verify the model number on your packaging. If you believe you received an incorrect model, contact customer support.

Specifications

Model Number	55026228
Dimensions (L x W x H)	28 x 28 x 2.55 cm
Weight	1.3 Kilograms
Weight Limit	180 Kilograms
Power Source	4 AAA batteries
Connectivity	Bluetooth, Wi-Fi

Material	Tempered Glass
Display Type	LCD or LED
Special Feature	Intelligent Body Composition Analysis

Safety Information

- Do not use the scale on slippery surfaces.
- Do not jump on the scale.
- Keep the scale away from water and high humidity.
- Do not attempt to disassemble or repair the scale yourself. Contact authorized service personnel.
- Individuals with pacemakers or other implanted medical devices should consult their doctor before using this product.

Warranty and Support

For warranty information and customer support, please refer to the warranty card included with your product or visit the official HUAWEI support website. You can also contact HUAWEI customer service for assistance with product inquiries, troubleshooting, and service requests.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question