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› Sperax Walking Vibration Pad User Manual

Sperax Sperax Treadmill Q1

Sperax Walking Vibration Pad User Manual

Model: Sperax Treadmill Q1 (LK-01) | Brand: Sperax

1. INTRODUCTION

Thank you for choosing the Sperax Walking Vibration Pad. This 3-in-1 under desk treadmill is designed to provide a convenient and effective way to incorporate physical activity into your daily routine, whether at home or in the office. Featuring a powerful yet quiet 2.5HP motor, it supports users up to 320 lbs and offers versatile speed modes for working, walking, and running. This manual will guide you through the product's features, setup, operation, maintenance, and important safety information to ensure a safe and optimal user experience.



The Sperax Walking Vibration Pad, demonstrating its use as a standalone walking pad and integrated with a standing desk setup.

2. SAFETY PRECAUTIONS AND WARNING INSTRUCTIONS

To ensure your safety and prolong the life of your Sperax Walking Vibration Pad, please adhere to the following guidelines:

- Always place the machine on a flat, stable ground.
- Do not use the treadmill outdoors.
- Avoid placing the treadmill on sloping ground.
- Keep the treadmill away from direct sunlight or heat sources.

- Ensure the operating environment is not excessively noisy to prevent distractions and allow for safe use.
- Keep children and pets away from the treadmill during operation.
- Do not touch the running belt while it is in motion.
- Always wear appropriate athletic footwear when using the treadmill.

SAFETY PRECAUTIONS AND WARNING INSTRUCTIONS

PLEASE PUT THE MACHINE ON FLAT GROUND. IT IS UNSUITABLE TO PUT THE MACHINE IN THE FOLLOWING PLACES



OUTDOORS



SLOPING GROUND



SUNLIGHT AREA OR
NEAR HEATER



BIG NOISY PLACES

Visual representation of environments to avoid for safe treadmill operation.

3. PRODUCT OVERVIEW

3.1 Key Features

- **Powerful 2.5HP Quiet Motor:** Operates silently, making it suitable for home and office environments without disturbance. Supports up to 320 lbs.
- **Durable Construction:** Features a steel frame and multi-layer shield design for shock absorption and noise reduction, ensuring stable and quiet operation.
- **LED Display:** Real-time tracking of speed, distance, time, and calories.
- **Remote Control:** Conveniently adjust speed and stop the treadmill instantly.
- **Speed Range:** Adjustable from 0.6 to 3.8 MPH, catering to various fitness levels and activities.
- **Non-Slip Running Belt:** Provides a stable and safe surface for walking and running.
- **Space-Saving Design:** Compact dimensions (48"D x 19.6"W x 4.6"H) and transport wheels allow for easy movement and storage under furniture.

3.2 Components and Design

DAMPING SYSTEM

DIAMOND PATTERN RUNNING BELT

ERGONOMIC STEEL CONSTRUCTION



Anti-slip and anti-static walking belt



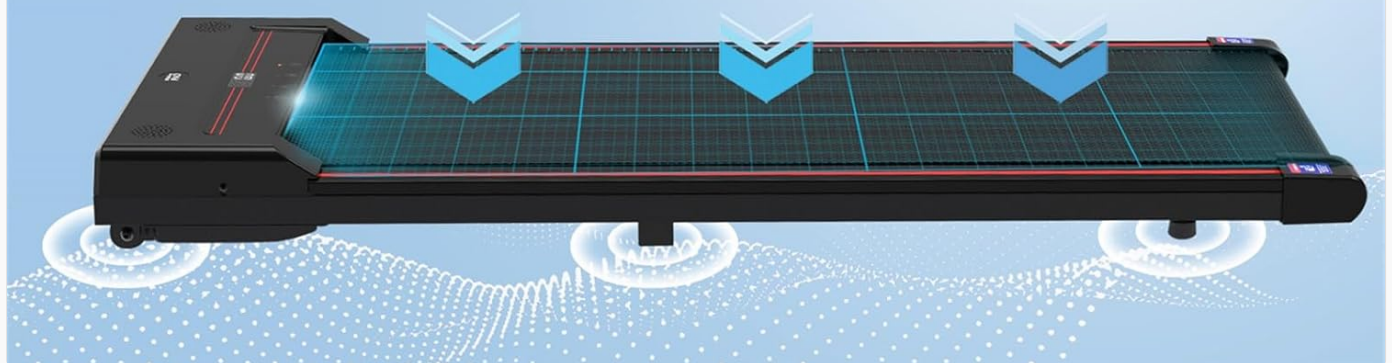
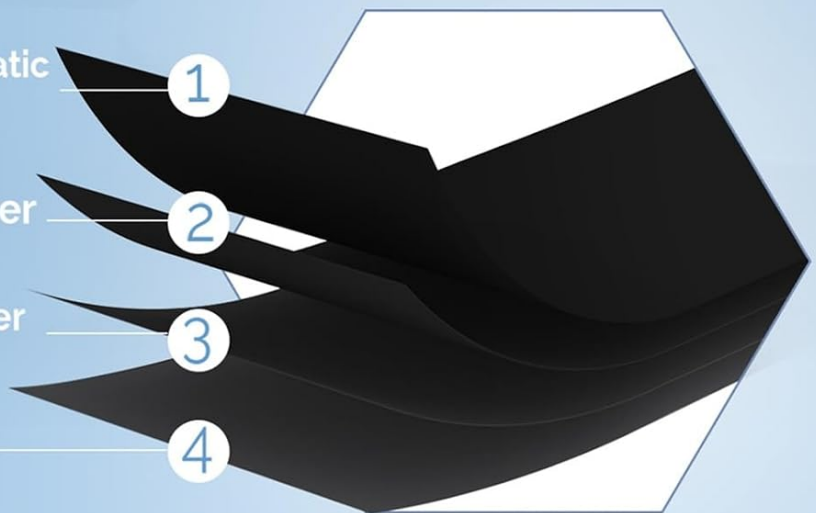
Wear-resistant layer



EVA cushioning layer



High density fiber running board



Damping System: The treadmill features a multi-layer running belt designed for anti-slip, wear-resistance, EVA cushioning, and a high-density fiber running board for superior shock absorption.

LIQUID CRYSTAL DISPLAY

CLEAR VISION



TIME



SPEED



CALORIES

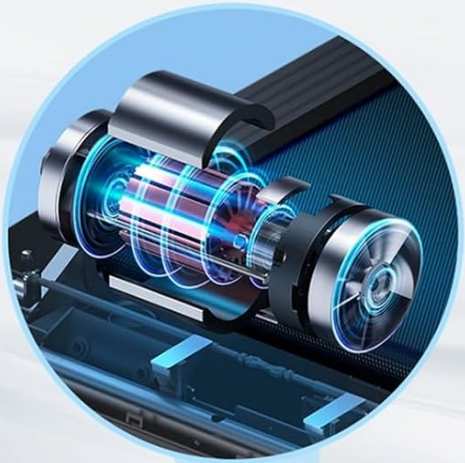


TOTAL MILEAGE

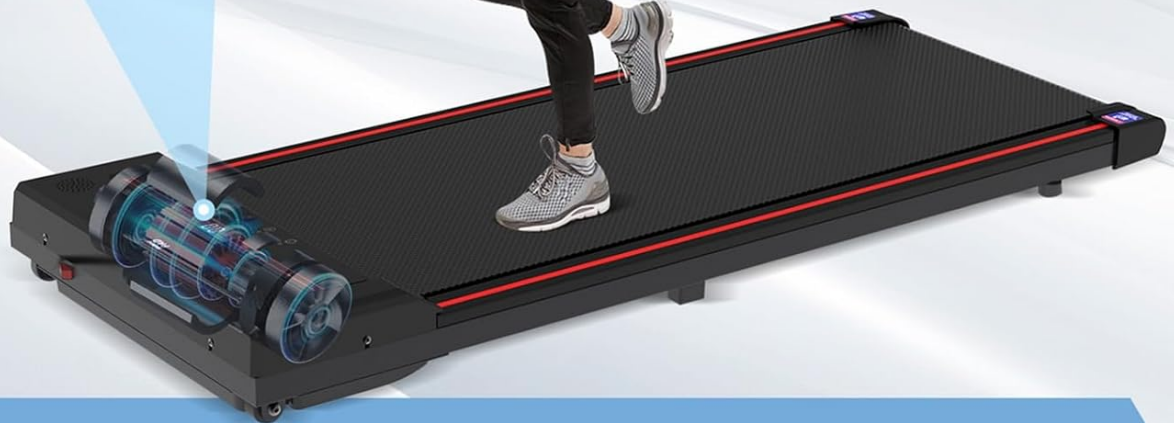


Liquid Crystal Display & Remote Control: The clear LED display provides essential workout metrics, and the included remote allows for easy speed adjustments.

LOW NOISE MOTOR



- STABLE AND SAFE
- LONG SERVICE LIFE
- NO NOISE DISTURBANCE



-THE 7TH GENERATION SPERAX Re&D SMART MOTOR

Low Noise Motor: Equipped with a 2.5HP motor designed for stable, safe, and quiet operation, ensuring no noise disturbance during use.

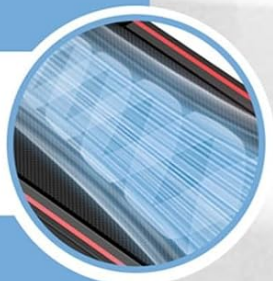
**STRONG
DAMPING**



**CAN BEAR
320 POUNDS**



**WIDEN THE
RUNNING BELT**



**BELT
ADJUSTABLE**



Enhanced Features: The treadmill offers strong damping, a robust 320 lbs weight capacity, a widened running belt for comfort, and easy belt adjustability.

4. SETUP

The Sperax Walking Vibration Pad arrives fully assembled, requiring no complex setup. Simply unbox the unit, place it on a flat surface, and connect it to a power source. It is ready for immediate use.

4.1 Moving and Storage

The treadmill is designed for easy portability and storage. It features transport wheels that allow you to effortlessly move it and store it under a sofa, in a corner, or under a bed, maximizing your home or office space.

MOVABLE TIRES FOR EASY MOVEMENT.



Movable Tires: The integrated wheels facilitate easy movement and relocation of the treadmill.

5. OPERATING INSTRUCTIONS

The Sperax Walking Vibration Pad offers three distinct modes to suit your activity level, controlled via the included remote.

5.1 Speed Modes

- **Working Mode (0.6-1.5 MPH):** Ideal for light activity while working or engaging in other sedentary tasks.
- **Walking Mode (0.6-2.5 MPH):** Suitable for a steady walking pace.
- **Running Mode (2.5-3.8 MPH):** For a brisk walk or light jog.

Use the remote control to power on/off the treadmill and adjust the speed within these ranges. The LED display will show your current speed, distance, time, and calories burned.

3 IN 1 PORTABLE TREADMILL

WORKING MODE (0.6-1.5MPH)



WALKING MODE (0.6-2.5MPH)



RUNNING MODE (2.5-3.8MPH)



3-in-1 Portable Treadmill: Visual guide to the different operational modes and their respective speed ranges.

5.2 Remote Control Usage

The remote control allows for convenient adjustment of speed and immediate stopping. Familiarize yourself with the buttons for increasing/decreasing speed and the stop function before beginning your workout.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Sperax Walking Vibration Pad. Lubricating oil is included with your purchase for routine upkeep.

6.1 Routine Maintenance Method

Refer to the included user manual for detailed instructions on how and when to apply the lubricating oil to the running belt. This typically involves lifting the belt and applying a small amount of oil to the deck underneath. Regular lubrication helps reduce friction and wear on the motor and belt.

ROUTINE MAINTENANCE METHOD

				
User Manual x1	L-Shaped Wrench x 1	Remote Controller x1	Lubricating Oil x1	Power Cord x1

Routine Maintenance Components: Essential items for maintaining your treadmill, including lubricating oil.

7. TROUBLESHOOTING

If you encounter any issues with your Sperax Walking Vibration Pad, please refer to the following common troubleshooting tips:

- **Treadmill not turning on:** Ensure the power cord is securely plugged into both the treadmill and a working electrical outlet. Check if the main power switch on the treadmill is in the 'ON' position.
- **Belt slipping or hesitating:** This may indicate that the running belt needs lubrication or adjustment. Refer to the maintenance section and the detailed user manual for instructions on lubricating and tightening the belt.
- **Remote control not responding:** Check the batteries in the remote control and replace them if necessary. Ensure there are no obstructions between the remote and the treadmill's receiver.
- **Unusual noises:** Stop using the treadmill immediately. Check for any loose parts or foreign objects under the belt. If the noise persists, contact customer support.

For issues not covered here, please consult the comprehensive user manual or contact Sperax customer support.

8. SPECIFICATIONS

Feature	Specification
Brand	Sperax
Model Name	Sperax Treadmill Q1
Part Number	LK-01
Color	Classic
Product Dimensions	48"D x 19.6"W x 4.6"H
Item Weight	26 Pounds
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour

Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	320 Pounds
Display Type	LED
Metrics Measured	Speed, Calories Burned
Assembly Required	No
Included Components	Remote control unit
UPC	726960932778

9. WARRANTY AND SUPPORT

9.1 Warranty Information

Please note that the product's warranty description indicates 'NO' warranty. For specific details regarding returns or any potential manufacturer's guarantees, please refer to your purchase documentation or contact the retailer directly.

9.2 Customer Support

For any questions, concerns, or assistance with your Sperax Walking Vibration Pad, please contact Sperax customer support through the official brand website or the contact information provided with your product packaging. Ensure you have your model number (Sperax Treadmill Q1 or LK-01) and purchase details ready when contacting support.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question