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› S COM T55 Smartwatch User Manual

S COM T55

S COM T55 Smartwatch User Manual

Model: T55

1. INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your S COM T55 Smartwatch. Please read this manual thoroughly before using the device to ensure proper function and longevity.

2. WHAT'S IN THE BOX

Carefully unpack your S COM T55 Smartwatch package and ensure all items are present:

- 1 x S COM T55 Smartwatch
- 1 x Charging Cable
- 2 x Watch Straps (Dual Strap)
- 1 x User Manual (this document)

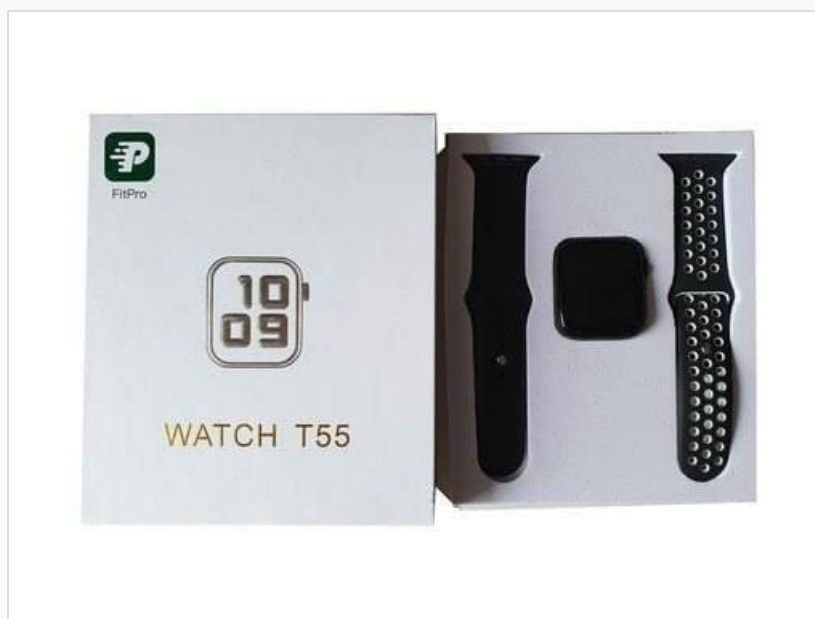


Image 2.1: Contents of the S COM T55 Smartwatch package, showing the watch body, two different style straps, and the charging cable within the box.

3. SETUP GUIDE

3.1. Charging the Smartwatch

Before initial use, fully charge your S COM T55 Smartwatch. Connect the charging cable to the charging port on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port. The watch display will indicate charging status.

- **Charging Time:** Approximately 2-3 hours for a full charge.
- **Battery Indicator:** The battery icon on the watch screen will show charging progress.

3.2. Installing the App and Pairing

To unlock the full functionality of your S COM T55 Smartwatch, you need to install the companion application on your smartphone and pair the devices via Bluetooth.

1. **Download the App:** Search for "FitPro" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and install it.
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open the App:** Launch the FitPro app and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the FitPro app, navigate to the "Device" or "My Device" section and select "Add Device" or "Bind Device". The app will scan for available Bluetooth devices.
5. **Select Your Watch:** From the list of found devices, select "T55" or a similar identifier for your smartwatch. Confirm the pairing request on both your phone and the watch if prompted.
6. **Complete Setup:** Once paired, the app will guide you through initial settings such as personal profile, notification preferences, and desired watch faces.

Note: For optimal performance, ensure your smartphone's operating system is up to date.

4. OPERATING INSTRUCTIONS

4.1. Basic Navigation

The S COM T55 Smartwatch features a full touch display for intuitive navigation.

- **Swipe Up/Down:** Scroll through menus or notifications.
- **Swipe Left/Right:** Access different feature screens (e.g., heart rate, activity data, music control).
- **Tap:** Select an item or confirm an action.
- **Side Button:** Press to wake the screen, return to the home screen, or access the main menu.



Image 4.1: The S COM T55 Smartwatch displaying its main watch face with time, date, and health data icons.

4.2. Bluetooth Calling

Once paired with your smartphone, the T55 Smartwatch supports Bluetooth calling.

- **Making Calls:** Access the dialer on the watch to make calls directly.
- **Answering Calls:** When an incoming call is received, the watch will display the caller ID. Tap the green icon to answer or the red icon to reject.
- **Call History:** View recent calls directly from your watch.

4.3. Fitness Tracking

The T55 Smartwatch monitors various health and fitness metrics:

- **Heart Rate Monitor:** Access the heart rate function on the watch to measure your current heart rate. For continuous monitoring, enable the feature in the FitPro app.
- **Activity Tracker (Steps & Calories):** The watch automatically tracks your steps taken and estimated calories burned throughout the day. View daily summaries on the watch or detailed reports in the FitPro app.
- **Sleep Monitor:** Wear the watch to bed for automatic sleep tracking. The FitPro app provides analysis of your sleep patterns (deep sleep, light sleep, wake-up times).

4.4. Notifications

Receive notifications from your smartphone directly on your smartwatch.

- **Setup:** Enable desired app notifications (e.g., WhatsApp, Facebook, Instagram, SMS) within the FitPro app.
- **Viewing:** Swipe down on the watch face to view recent notifications.

4.5. Music Player Control

Control music playback on your smartphone from your T55 Smartwatch.

- **Functions:** Play, pause, skip tracks, and adjust volume.
- **Access:** Swipe to the music control screen on your watch.

4.6. Alarm Clock & Time Display

Set alarms and customize time display settings.

- **Alarm:** Set and manage alarms through the FitPro app. The watch will vibrate to alert you.
- **Time Display:** The watch automatically syncs time with your paired smartphone.

4.7. Watch Faces

Customize the appearance of your smartwatch with various watch faces.

- **Changing Faces:** Long-press on the watch face to cycle through pre-installed options. More watch faces are available for download and customization within the FitPro app.

5. MAINTENANCE

5.1. Cleaning Your Smartwatch

To maintain the appearance and functionality of your T55 Smartwatch:

- Wipe the screen and body with a soft, lint-free cloth.
- If necessary, slightly dampen the cloth with water. Avoid using harsh chemicals, abrasive cleaners, or solvents.
- Clean the charging contacts regularly to ensure proper charging.

5.2. Water Resistance

The S COM T55 Smartwatch is designed with a waterproof touch display. This typically means it is resistant to splashes, rain, and sweat. However, it is **not recommended** for swimming, showering, or prolonged submersion in water. Water damage caused by improper use is not covered under warranty.

5.3. Battery Care

- Avoid fully discharging the battery frequently.
- Do not expose the watch to extreme temperatures (hot or cold), as this can affect battery life.
- If storing the watch for an extended period, charge it to about 50% to prevent deep discharge.

6. TROUBLESHOOTING

If you encounter issues with your S COM T55 Smartwatch, refer to the following common solutions:

Problem	Solution
Watch not turning on/charging	Ensure the charging cable is securely connected to both the watch and the power source. Try a different USB port or power adapter. Clean the charging contacts.
Cannot pair with smartphone	Ensure Bluetooth is enabled on your phone. Restart both the watch and your phone. Make sure the FitPro app has necessary permissions. Try unpairing and re-pairing.
Notifications not received	Check notification settings in the FitPro app and your phone's system settings. Ensure the app is running in the background and not restricted by battery optimization.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, about one finger's width above the wrist bone. Avoid excessive movement during measurements. Note that the watch is not a medical device.

Problem	Solution
Touch screen unresponsive	Restart the watch. Ensure the screen is clean and dry.

7. SPECIFICATIONS

Key technical specifications for the S COM T55 Smartwatch:

- **Model:** T55
- **Display:** 1.55 Inches, LCD/LED Touch Display (Resolution: 240 x 240)
- **Connectivity:** Bluetooth
- **Compatible Devices:** Android & iOS Smartphones
- **Special Features:** Alarm Clock, Calorie Tracker, Heart Rate Monitor, Music Player Control, Notifications, Phone Call (Bluetooth Calling), Sleep Monitor, Text Messaging, Time Display
- **Dimensions:** 15 x 17 x 3.5 cm (Product Dimensions)
- **Water Resistance:** Waterproof (Splash, rain, sweat resistant; not for swimming/showering)

8. WARRANTY AND SUPPORT

For warranty information, please refer to the documentation provided at the time of purchase or contact your retailer. For technical support or further assistance, please contact S COM customer service through the contact details provided on their official website or product packaging.
Please retain your proof of purchase for warranty claims.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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