

Paruu YD-1198S

Paruu R12 Wearable Breast Pump Instruction Manual

Model: YD-1198S

1. PRODUCT OVERVIEW

The Paruu R12 Wearable Breast Pump is a hands-free, electric, and portable solution designed for convenience and efficiency. It features 3 modes and 9 suction levels, a smart display, memory function, and comes with 19mm, 22mm, and 25mm flanges to ensure a comfortable fit. This pump is rechargeable and designed for discreet use, allowing mothers to pump anytime, anywhere.



Image: The Paruu R12 Wearable Breast Pump, showcasing its compact and discreet design.

2. SAFETY INFORMATION

Your safety and your baby's well-being are paramount. Please read and adhere to the following safety guidelines:

- The pump components are made from BPA-free, food-grade silicone, ensuring safety for both mother and baby.
- The anti-backflow design and sealing system prevent breast milk leakage and maintain hygiene.
- Do not immerse the motor unit in water or other liquids.
- Ensure all parts are clean and dry before assembly and use.
- This device is not dishwasher-safe. Refer to the cleaning instructions for proper maintenance.

Safe for both Moms and Babies



BPA-free



Skin-friendly



Food-grade
Silicone



Soft-touch



Image: Visual representation highlighting the BPA-free, skin-friendly, food-grade silicone, and soft-touch materials used in the pump, emphasizing safety for mothers and babies.

3. SETUP AND CHARGING

3.1 Assembly

Before first use, and after each cleaning, ensure all components are correctly assembled. Refer to the diagram in the packaging for detailed assembly steps. Ensure the flange, milk collector, and motor unit are securely connected.

3.2 Charging the Pump

The Paruu R12 pump is equipped with a 1400mAh rechargeable battery. Use the provided USB charging cable to charge the device.

- Connect the USB cable to the charging port on the motor unit and to a suitable USB power adapter (not included).
- A full charge takes approximately 2.5 hours.
- A fully charged pump provides approximately 150 minutes (7-8 pumping sessions) of usage.

- The smart display will indicate the battery level during charging and operation.

4. OPERATING INSTRUCTIONS

4.1 Choosing the Correct Flange Size

The package includes a measure card to help you determine the appropriate flange size (19mm, 22mm, or 25mm) for optimal comfort and milk expression. A correct flange fit is crucial for effective pumping and to prevent discomfort.

4.2 Wearing the Pump

Once assembled, place the pump inside your bra. The semicircular design allows for discreet and comfortable wear, making it unnoticeable under clothing.



Image: A woman holding a baby, discreetly wearing the Paruu R12 breast pump, demonstrating its hands-free and invisible design.

4.3 Powering On and Mode Selection

Press the power button to turn on the pump. The LED screen will display the current suction mode, suction level, and battery level. The pump features 3 modes:

- **Stimulation Mode:** A faster, lighter suction to initiate milk flow.
- **Expression Mode:** A slower, stronger suction to efficiently express milk.
- **Massage Mode:** A gentle, rhythmic suction to comfort and prepare the breast.

Use the mode selection button to switch between these modes.

4.4 Adjusting Suction Levels

Each mode has 9 adjustable suction levels. Use the '+' and '-' buttons to increase or decrease the suction

intensity. The suction level range is 280~322mmHg. Adjust to a comfortable level that mimics your baby's natural feeding rhythm and optimizes milk output.

4.5 Smart Display and Memory Function

The LED screen provides real-time information. The pump includes a memory function that remembers your last used settings for convenience. It also features a 30-minute automatic shutdown timer to prevent over-pumping.

4.6 Ending a Pumping Session

Press the power button to turn off the pump. Carefully remove the pump from your bra and disassemble the parts for cleaning.

5. MAINTENANCE AND CLEANING

Proper cleaning and maintenance are essential for hygiene and the longevity of your breast pump. The Paruu R12 is designed with fewer parts for easier cleaning.

5.1 Disassembly

Gently separate all components: the flange, milk collector, silicone diaphragm, and valve. The motor unit should not be disassembled or washed.

5.2 Cleaning Instructions

- Rinse all disassembled parts (excluding the motor unit) immediately after use with cold water to remove milk residue.
- Wash parts in warm, soapy water using a mild dish soap. Use a soft brush to clean hard-to-reach areas.
- Rinse thoroughly with clean water.
- **Important:** The pump components are **not** dishwasher-safe. Hand washing is required.
- Air dry all parts completely on a clean drying rack before reassembly or storage. Avoid using cloth towels, which can leave lint.

5.3 Sterilization

Sterilize parts (excluding the motor unit) regularly by boiling them in water for 5 minutes or using a steam sterilizer. Allow parts to cool completely before handling.

Easy to Clean

Fewer parts

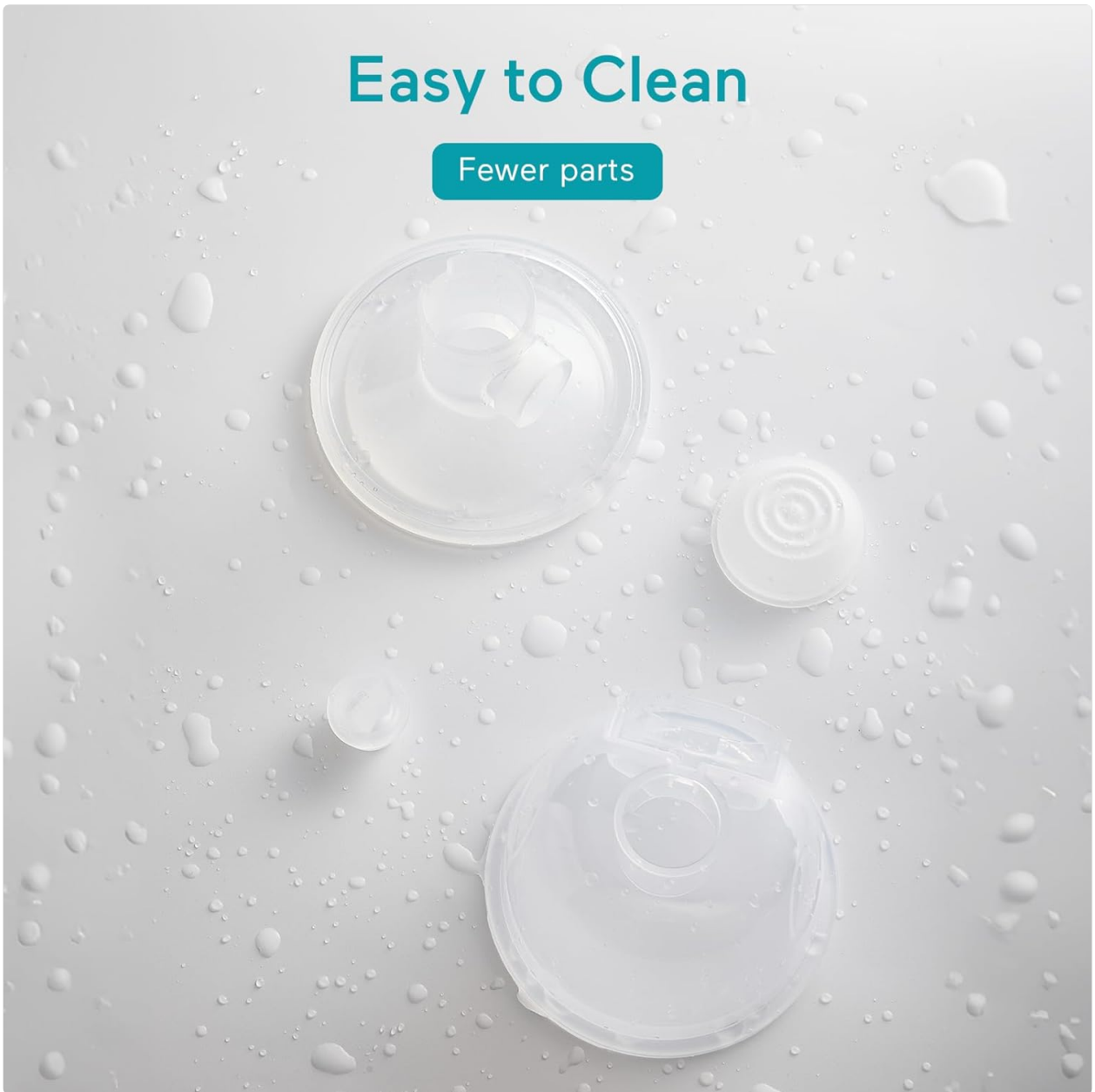


Image: Disassembled components of the Paruu R12 breast pump, illustrating its fewer parts for easy cleaning.

Easy to
Clean

Fewer
parts



Image: A person demonstrating the hand-washing process for the breast pump components in a kitchen sink.

6. TROUBLESHOOTING

If you encounter any issues with your Paruu R12 breast pump, please refer to the following common solutions:

- **No Power:** Ensure the pump is fully charged. Connect it to a USB power source and check the battery indicator on the smart display.
- **Weak Suction:**
 - a. Check that all pump components are correctly assembled and securely sealed.
 - b. Ensure the silicone diaphragm and valve are clean and free from damage or tears.
 - c. Verify that the flange size is appropriate for your nipple. An incorrect size can affect suction.
 - d. Adjust the suction level using the '+' button on the control panel.
- **Milk Leakage:**
 - a. Confirm that all parts are correctly assembled and tightly sealed.
 - b. Do not overfill the milk collector; the optimal collection volume is 120ml/4oz, with a maximum capacity of 150ml/5oz.

- **Pump Not Turning On:** If the pump does not respond after charging, try resetting it by holding the power button for 10 seconds. If the issue persists, contact customer support.

For further assistance, please contact Paruu customer support.

7. SPECIFICATIONS

- **Model Number:** YD-1198S
- **Brand:** Paruu
- **Operation Mode:** Electric
- **Battery Capacity:** 1400mAh
- **Charging Time:** Approximately 2.5 hours
- **Usage Time:** Approximately 150 minutes (7-8 sessions) on a full charge
- **Milk Collector Capacity:** 150ml (5oz), optimal 120ml (4oz)
- **Modes:** 3 (Stimulation, Expression, Massage)
- **Suction Levels:** 9 per mode
- **Suction Range:** 280~322mmHg
- **Material:** BPA-free, Food-grade Silicone
- **Product Dimensions:** 21.08 x 13.97 x 13.72 cm
- **Item Weight:** 470 Grams
- **Special Features:** Hands-Free Usage, Portable, Rechargeable, Smart Display, Memory Function, 30-minute Timer Shutdown
- **Dishwasher Safe:** No

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official Paruu website. If you have any questions or require assistance with your Paruu R12 Wearable Breast Pump, please do not hesitate to contact our customer service team.