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› [MUSICOZY 3D Bluetooth Sleep Mask \(Model GH01\) User Manual](#)

MUSICOZY GH01

MUSICOZY 3D Bluetooth Sleep Mask (Model GH01) User Manual

Model: GH01 | Brand: MUSICOZY

1. INTRODUCTION

The MUSICOZY 3D Bluetooth Sleep Mask (Model GH01) is designed to enhance sleep and relaxation by combining total light blocking with integrated wireless audio. This device features a comfortable, ergonomic design suitable for various sleeping positions, including side sleeping, and offers Bluetooth connectivity for audio playback. It includes a customizable timer function for controlled audio duration.



Figure 1: Front and back view of the MUSICOZY 3D Bluetooth Sleep Mask.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- MUSICOZY 3D Bluetooth Sleep Mask (Model GH01)
- USB Type-C Charging Cable
- User Manual
- Carrying Pouch
- Earplugs (optional for additional noise blocking)

3. PRODUCT FEATURES

- **3D Ergonomic Design:** Contoured eye cups provide zero pressure on the eyes and total light blocking. Features a curved nose bridge and side light blockers for comprehensive darkness.

- **Integrated Bluetooth 5.4 Headphones:** Offers stable connections, lower energy consumption, and HD stereo sound for music, audiobooks, or white noise.
- **Customizable Timer Function:** Built-in timer with 30, 90, and 120-minute settings for automatic audio shutdown.
- **Long Battery Life:** Built-in 200mAh rechargeable battery provides up to 14 hours of continuous use on a 2-hour charge via Type-C port.
- **Comfortable Material:** Made from soft, breathable, and skin-friendly fabric (Velvet and Stretch Cotton).
- **Adjustable Strap:** Ensures a secure and comfortable fit for various head sizes.

Fit Better, Sleep Deeper

After scanning over 1 million facial profiles, we created the ultimate sleep mask that blocks 100% of light



Figure 2: The 3D ergonomic design provides comfort and light blocking.

Naturally Soft Unnaturally Comfortable.

Premium cotton-blend fabric that cushions your face
regulates moisture, and supports deep sleep.



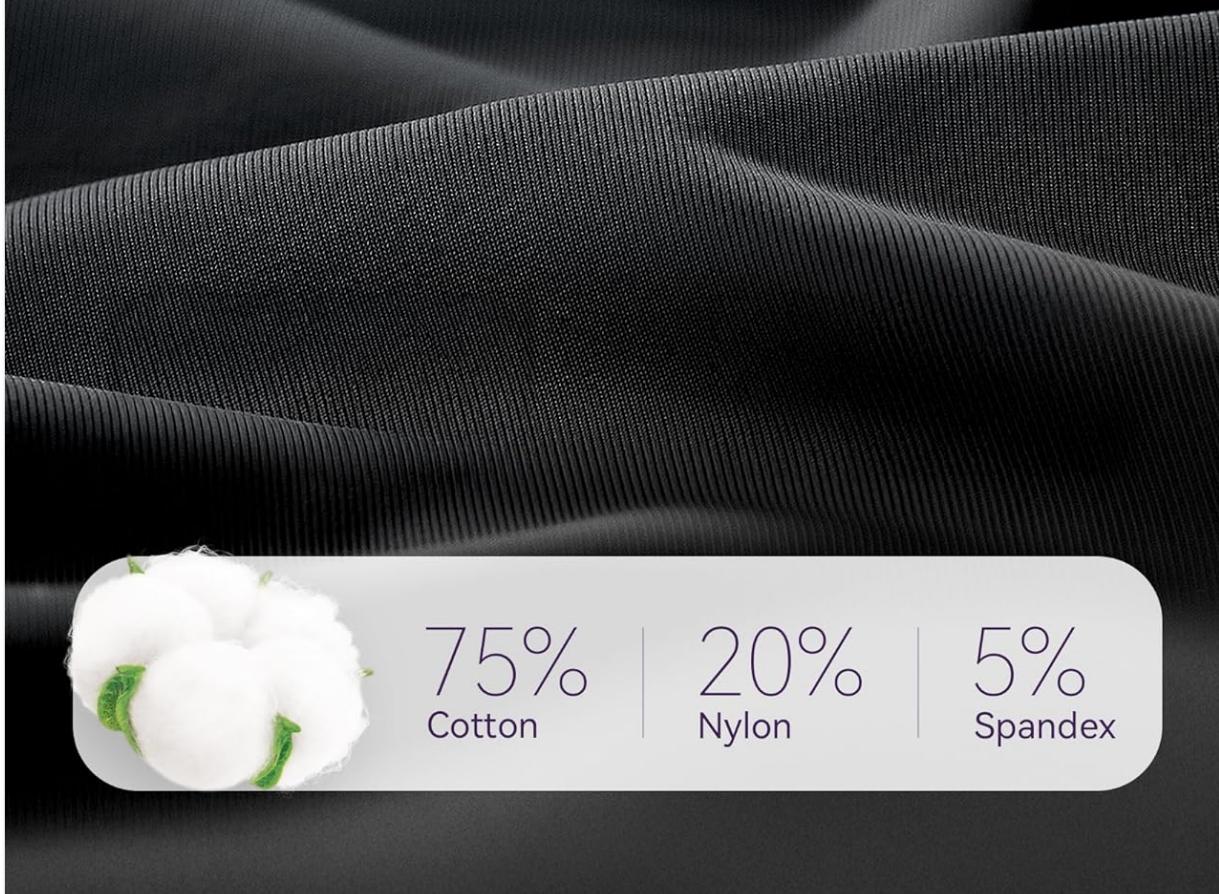
Breathable



Reusable



Cotton



75%
Cotton

20%
Nylon

5%
Spandex

Figure 3: The soft, breathable fabric ensures comfort during extended wear.

4. SETUP

4.1 Charging the Device

1. Locate the Type-C charging port on the control panel of the sleep mask.
2. Connect the provided USB Type-C cable to the charging port.
3. Plug the other end of the USB cable into a compatible USB power source (e.g., computer, wall adapter).
4. The LED indicator light will illuminate during charging and change color or turn off when fully charged. A full charge typically takes approximately 2 hours.

Cobalt-Core Power: Dense Energy Cleaner Chemistry



Figure 4: Charging the sleep mask via the Type-C port.

4.2 Bluetooth Pairing

1. Ensure the sleep mask is charged.
2. Press and hold the Power button (usually the middle button on the control panel) for a few seconds until the LED indicator light flashes blue and red, indicating pairing mode.
3. On your smartphone or Bluetooth-enabled device, go to Bluetooth settings and enable Bluetooth.
4. Search for available devices and select "MUSICOZY" (or similar name) from the list.
5. Once connected, the LED indicator light will typically turn solid blue or stop flashing.

Bluetooth 5.4

2X Faster | 0% Dropouts



32mm Powerhouse

50% Bigger Drivers | 200% Richer Bass



S6 Chip Crystal Clear Conversations

Cut 98% Background Chaos – Hear Every Word Like Face-to-Face

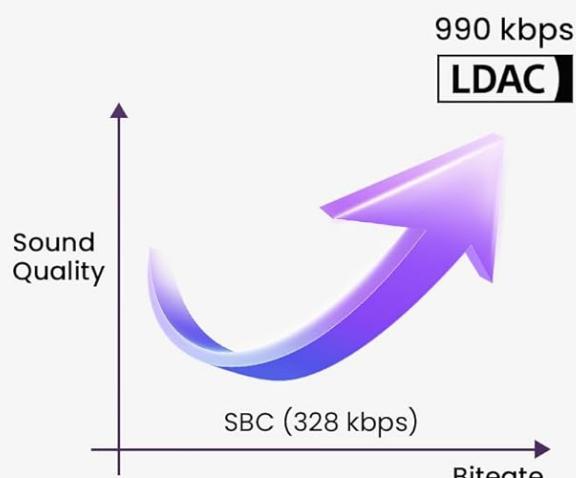


Figure 5: Bluetooth 5.4 technology for stable audio connection.

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

- **To Power On:** Press and hold the Power button (middle button) until the LED indicator light illuminates.
- **To Power Off:** Press and hold the Power button (middle button) until the LED indicator light turns off.

5.2 Music Playback and Volume Control

- **Play/Pause:** Short press the Power button (middle button).
- **Volume Up:** Short press the '+' button.
- **Volume Down:** Short press the '-' button.

- **Next Track:** Long press the '+' button.
- **Previous Track:** Long press the '-' button.

5.3 Timer Function

The sleep mask features a customizable timer to automatically stop audio playback after a set duration. This is ideal for falling asleep without audio playing all night.

1. Locate the timer buttons on the control panel (labeled 30, 90, 120).
2. Short press the desired timer button (30, 90, or 120 minutes) to activate the timer. The corresponding LED light will illuminate.
3. To cancel the timer, short press the active timer button again.



Figure 6: The control panel with timer options (30, 90, 120 minutes).

Video 1: Demonstration of the MUSICOZY 3D Bluetooth Sleep Mask, including its timer function and comfortable fit.

6. MAINTENANCE

6.1 Cleaning Instructions

To maintain hygiene and prolong the life of your sleep mask, follow these cleaning steps:

1. Carefully remove the electronic components (control panel and speakers) from the fabric casing. These components are typically housed in pockets within the mask.
2. Hand wash the fabric mask with mild soap and cool water.
3. Rinse thoroughly and allow the fabric to air dry completely before reinserting the electronic components.
4. Do not machine wash or tumble dry the mask, as this may damage the fabric or electronic housing.

6.2 Speaker Adjustment/Removal

The speakers can be adjusted within their pockets to align with your ears for optimal sound quality and comfort. They can also be removed for cleaning the fabric mask.

- Gently slide the speakers within their fabric pockets to position them over your ears.
- To remove, carefully slide the speakers out of their pockets.

7. TROUBLESHOOTING

- **Device not powering on:** Ensure the mask is fully charged. Connect to a power source and check the LED indicator.
- **Unable to pair via Bluetooth:** Ensure the mask is in pairing mode (flashing blue/red LED). Check that Bluetooth is enabled on your device and that the mask is within range. Try restarting both the mask and your device.
- **No sound or low volume:** Check the volume levels on both the mask and your connected device. Ensure the speakers are correctly positioned over your ears.
- **Light leakage:** Adjust the mask's strap for a snug fit. Ensure the nose flap and side blockers are properly positioned to prevent light entry.

8. SPECIFICATIONS

Feature	Detail
Model Number	GH01
Bluetooth Version	5.4
Battery Capacity	200mAh Lithium Ion
Charging Time	Approx. 2 hours (via Type-C)
Playtime	Up to 14 hours
Material	Velvet and Stretch Cotton
Special Features	Built-in Microphone, Hi-Res Audio, Lightweight
Package Dimensions	8.9 x 4.61 x 1.46 inches

Item Weight	5.93 ounces
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9. SAFETY INFORMATION

Please read and adhere to the following safety guidelines:

- May cause discomfort or difficulty breathing if not used properly.
- Not suitable for use by individuals with difficulty removing the mask or those with specific medical conditions. Consult a healthcare professional if you have concerns.
- Use with caution to avoid potential hearing damage. Do not set volume to excessively high levels for prolonged periods.
- Keep out of reach of children.

10. WARRANTY AND SUPPORT

For warranty information, technical support, or customer service inquiries, please refer to the contact details provided in your product packaging or visit the official MUSICOZY website. Keep your purchase receipt for warranty claims.