

[Manuals.plus](#) /

› [Speedo](#) /

› Speedo Men's Endurance+ Solid Jammer Swimsuit Instruction Manual

Speedo MENDJAMMERUSAA

Speedo Men's Endurance+ Solid Jammer Swimsuit Instruction Manual

INTRODUCTION

The Speedo Men's Endurance+ Solid Jammer is engineered for competitive swimming and frequent pool use. This swimsuit features Speedo's exclusive Endurance+ fabric, designed for superior durability and resistance to chlorine. Its athletic fit provides optimal support and hydrodynamics, making it an ideal choice for training and performance.



Image: Front view of the Speedo Men's Endurance+ Solid Jammer Swimsuit in Team Navy.

SIZING AND FIT

Selecting the correct size is crucial for the performance and comfort of your Speedo Jammer. Competitive swimwear is designed to fit snugly to reduce drag in the water. If you prefer a more comfortable fit for casual use, consider sizing up.

Size Chart

speedo

MEN’S COMPETITIVE SWIM FIT

COMPETITIVE SIZE	PANT/JEAN SIZE	ALPHA SIZE	CHEST	WAIST	HIP
20	23	—	29	23	27
22	25	—	31	25	29
24	27	XXX-SMALL	33	27	31
26	29	XX-SMALL	35	29	33
28	31	X-SMALL	37	31	35
30	32	SMALL	38	32	36
32	34	MEDIUM	40	34	38
34	36	LARGE	42	36	40
36	38	X-LARGE	44	38	42
38	40	XX-LARGE	46	40	44
40	42	3X-LARGE	48	42	46
42	44	3X-LARGE	50	44	48
44	46	4X-LARGE	52	46	50
46	48	4X-LARGE	54	48	52
48	50	—	56	50	54

Our competitive suits are ultra compressive to reduce drag in the water. If you prefer a more comfortable fit, please size up.

Image: Speedo Men's Competitive Swim Fit Chart, providing guidance on competitive size based on pant size, alpha size, chest, waist, and hip measurements.

Refer to the chart above to match your body measurements (chest, waist, hip) with the recommended competitive size. For example, a person with a 32-inch waist might wear a competitive size 30 for a snug fit.

Wearing Instructions

To wear the jammer, pull it up smoothly over your legs. The inner drawstring allows for a custom and secure fit around the waist. Adjust the drawstring as needed to ensure the jammer stays in place during activity without causing discomfort.



High-Compression

Features a below the waist fit, with hip-hugging compression.

Image: Close-up of the inner drawstring being adjusted for a custom waist fit.

OPERATING (PERFORMANCE FEATURES)

The Speedo Endurance+ Jammer is engineered with advanced features to enhance your swimming experience.

Endurance+ Fabric Technology

Constructed from 50% Polyester and 50% PBT, the Endurance+ fabric is ultra-chlorine resistant, designed to last 20 times longer than conventional swimwear fabrics. This material maintains its shape, color, and elasticity even with frequent exposure to chlorinated water. Its four-way stretch technology provides a body-hugging fit, excellent shape retention, and soft comfort, while also being lightweight and quick-drying.

Durable, Low-Stretch Fabric

Quick-drying Endurance+ fabric is enhanced with four-way stretch to deliver maximum shape retention and chlorine resistance for a style that won't fall apart after one season.



Image: Detail of the durable, low-stretch Endurance+ fabric.

Design for Movement and Hydrodynamics

The jammer features a mid-thigh height with a trim leg opening that hits just above the knee, optimizing hydrodynamics. The high-compression fit below the waist provides hip-hugging support, reducing drag and allowing for a full range of motion during strokes.



Image: Rear view of the Speedo Jammer on a model, showcasing the fit.

Official Product Video

Video: This official Speedo video highlights the key features and benefits of the Endurance+ Jammer, including its durable fabric, fit, and performance advantages.

MAINTENANCE

Proper care extends the life of your Speedo Jammer and maintains its performance characteristics.

- **Hand Wash Only:** Always hand wash your swimsuit in cold water immediately after use.
- **Rinse Thoroughly:** Rinse out all chlorine or saltwater.
- **Avoid Harsh Detergents:** Use a mild soap if necessary, but avoid strong detergents or bleach.
- **Do Not Wring:** Gently squeeze out excess water.
- **Air Dry:** Lay flat or hang to dry in the shade. Avoid direct sunlight and high heat, such as dryers, as these can

damage the fabric.

- **Storage:** Store in a cool, dry place.

TROUBLESHOOTING

Fit Feels Too Tight or Loose

Competitive jammers are designed for a very snug fit. If the suit feels excessively tight or restricts movement, or conversely, feels too loose and creates drag, re-evaluate your size using the provided size chart. Ensure the drawstring is properly adjusted for a secure waist fit. Body shape and personal preference can influence fit; consider trying one size up or down if the current size is uncomfortable.

Fabric Degradation or Fading

While Endurance+ fabric is highly chlorine resistant, improper care can still lead to premature wear. Ensure you are consistently following the 'Maintenance' instructions, especially hand washing and air drying, to maximize the lifespan of your swimsuit.

SPECIFICATIONS

Brand	Speedo
Model Number	MENDJAMMERUSAA
Material Type	Polyester
Fabric Type	50% Polyester, 50% PBT
Apparel Fabric Stretch	High Stretch
Apparel Fabric Weight Class	Lightweight
Fit Type	Athletic
Rise Style	Low Rise
Apparel Closure Type	Drawstring
Product Benefits	Ultra chlorine resistant fabric lasts 20x longer than conventional swimwear
Product Care Instructions	Hand Wash Only
Age Range Description	Adult
UPC	196555196173

WARRANTY INFORMATION

This Speedo product is covered by a manufacturer’s warranty. For specific details regarding coverage, duration, and claims process, please refer to the official Speedo website or contact their customer service directly. Retain your proof of purchase for any warranty claims.

CUSTOMER SUPPORT

For additional assistance, product inquiries, or to explore other Speedo products, please visit the official Speedo store:

[Visit the Speedo Store on Amazon](#)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question