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ADDIESDIVE MY-H3-2

ADDIESDIVE MY-H3-2 Automatic Diver Watch User Manual

Model: MY-H3-2

INTRODUCTION

Thank you for choosing the ADDIESDIVE MY-H3-2 Automatic Diver Watch. This timepiece is engineered for reliability and performance, featuring a robust stainless steel construction, a precise Japanese NH35A mechanical movement, and significant water resistance. This manual provides essential information for the proper setup, operation, and maintenance of your watch to ensure its longevity and accurate function.



Image: Front view of the ADDIESDIVE MY-H3-2 Automatic Diver Watch, showcasing its dial and bezel.

SAFETY INFORMATION

- Avoid exposing the watch to extreme temperatures or sudden temperature changes.
- Do not operate the crown or pushers underwater unless specifically designed for such use and the crown is fully screwed down.
- Keep the watch away from strong magnetic fields, as these can affect the accuracy of the mechanical movement.
- Ensure the crown is always fully pushed in or screwed down to maintain water resistance.

PRODUCT FEATURES

- **Movement:** Japanese NH35A Automatic Mechanical Movement.
- **Case and Bracelet:** Premium 316L Stainless Steel, highly anti-corrosion.
- **Water Resistance:** 200M/300M (20-30 Bar), suitable for professional diving.
- **Bezel:** 120-click Unidirectional Rotating Ceramic Bezel.
- **Luminescence:** C3 luminous hands and indices, BGW9 luminescent ceramic bezel for visibility in low light.
- **Crystal:** Sapphire glass for scratch resistance.
- **Clasp:** Double Locking Foldover Clasp for secure wear.



Image: Close-up view of the watch crystal, highlighting its sapphire material and clarity.

SETUP AND INITIAL OPERATION

1. Winding the Automatic Movement

Your ADDIESDIVE MY-H3-2 watch is powered by an automatic mechanical movement (NH35A) that winds itself with the motion of your wrist. If the watch has stopped or its power reserve is low, it can be manually wound:

1. Unscrew the crown counter-clockwise until it pops out to position 0 (winding position).
2. Turn the crown clockwise approximately 20-30 times. This will provide sufficient power reserve to start the watch.
3. Once the watch starts running, push the crown back in and screw it down clockwise to ensure water resistance.

Wearing the watch for at least 8 hours a day will keep it sufficiently wound.

2. Setting the Time and Date

1. **Unscrew the crown** counter-clockwise until it pops out.
2. **Pull the crown out to position 2** (first click) for date adjustment. Turn the crown to set the date. Avoid setting the date between 9 PM and 3 AM, as this can damage the movement.
3. **Pull the crown out to position 3** (second click) for time adjustment. The second hand will stop (hacking feature). Turn the crown to set the hour and minute hands. To ensure accurate time, set the minute hand a few minutes ahead and then turn it back to the correct time.
4. Once time and date are set, **push the crown back in** to position 0 and **screw it down clockwise firmly** to maintain water resistance.

3. Bracelet Adjustment

The stainless steel bracelet features a double locking foldover clasp with micro-adjustment holes. To adjust the length:

- Use a small tool to depress the spring bar in the clasp's micro-adjustment holes to shift the clasp position.
- For more significant adjustments, links can be removed or added by a qualified watchmaker.



Image: View of the watch's case back and the open double locking foldover clasp, showing the bracelet mechanism.

OPERATING THE WATCH

Unidirectional Rotating Bezel

The 120-click unidirectional rotating bezel is a key feature for divers. It allows you to measure elapsed time underwater or for other timing purposes.

1. Rotate the bezel counter-clockwise to align the zero marker with the minute hand.
2. The minute hand will then indicate the elapsed time on the bezel.
3. The unidirectional design prevents accidental clockwise rotation, which could falsely indicate less elapsed time.



Image: Side view of the ADDIESDIVE MY-H3-2 watch resting on a rock, highlighting the rotating bezel and crown.

Luminescence

The watch features C3 luminous material on the hands and indices, and BGW9 luminescent material on the ceramic bezel. These materials absorb light and glow in low-light conditions, ensuring readability underwater or in darkness.



Image: The ADDIESDIVE MY-H3-2 watch in darkness, showcasing the bright green luminescence of its hands, indices, and bezel markers.

MAINTENANCE

Cleaning

- Wipe the watch regularly with a soft, dry cloth to remove dust and fingerprints.
- After exposure to saltwater, rinse the watch thoroughly with fresh water and dry it completely with a soft cloth. Ensure the crown is fully screwed down before rinsing.
- Avoid using chemical cleaners or abrasive materials, as these can damage the watch's finish.

Water Resistance Care

The MY-H3-2 is water resistant up to 200M/300M. To maintain this rating:

- Always ensure the crown is fully screwed down before any contact with water.
- Do not operate the crown or pushers while the watch is wet or submerged.
- Have the water resistance seals checked periodically (e.g., every 2-3 years) by a professional watchmaker, especially if the watch is frequently used for diving.



Image: The ADDIESDIVE MY-H3-2 watch partially submerged in water, demonstrating its water resistance.

Storage

When not wearing the watch, store it in a cool, dry place away from direct sunlight and strong magnetic fields. If storing for an extended period, ensure it is fully wound or consider a watch winder to keep the movement running.

TROUBLESHOOTING

- **Watch not running:** Ensure the watch is sufficiently wound. Manually wind the crown 20-30 times. If it still does not start, the power reserve may be completely depleted, or there might be an internal issue requiring professional inspection.
- **Time inaccuracy:** Mechanical watches can have slight variations in accuracy. If the deviation is significant (e.g., more than +/- 30 seconds per day), it may require regulation by a watchmaker. Exposure to strong magnetic fields can also affect accuracy; demagnetization may be necessary.
- **Date not changing:** Check if the date is being set during the "danger zone" (9 PM - 3 AM). If so, adjust the time outside this period and then set the date. If the issue persists, seek professional assistance.
- **Condensation under crystal:** This indicates a breach in water resistance. Immediately take the watch to a professional watchmaker for inspection and repair to prevent further damage to the movement.

SPECIFICATIONS

Feature	Detail
Model Number	MY-H3-2
Movement	Japanese NH35A Automatic Mechanical
Case Material	316L Stainless Steel
Case Diameter	41 mm
Case Thickness	13.5 mm
Lug Width (Strap Width)	20 mm
Total Length (Watch)	220 mm
Water Resistance	200M/300M (20-30 Bar)
Bezel	120-click Unidirectional Rotating Ceramic
Luminescence	C3 (hands/indices), BGW9 (bezel)
Crystal	Sapphire Glass
Clasp Type	Double Locking Foldover Clasp
Weight	Approximately 157g (5.98 ounces)



Image: Diagram illustrating the dimensions (diameter, thickness, lug width, total length) and weight of the ADDIESDIVE MY-H3-2 watch.

WARRANTY AND SUPPORT

ADDIESDIVE watches are manufactured to high standards. For any issues or warranty claims, please refer to your purchase documentation or contact ADDIESDIVE customer support through the retailer where the watch was purchased. Keep your proof of purchase for warranty validation.

For further assistance or inquiries, please visit the official ADDIESDIVE store or contact their customer service department.



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Image: The official ADDIESDIVE brand logo.

