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› Yaheetech Ergonomic Office Chair YA-00121542 User Manual

## Yaheetech YA-00121542

# Yaheetech Ergonomic Office Chair User Manual

Model: YA-00121542

## 1. INTRODUCTION

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Thank you for choosing the Yaheetech Ergonomic Office Chair. This manual provides essential information for the safe and efficient assembly, operation, and maintenance of your new chair. Please read these instructions carefully before use and retain them for future reference.

This ergonomic office chair is designed to provide personalized comfort and support for extended periods of work or study. Key features include an adjustable headrest, retractable padded armrests, a movable lumbar cushion, and seat height adjustment. The chair combines a foam-padded seat with a breathable mesh backrest for optimal comfort and support.



Image 1.1: Yaheetech Ergonomic Office Chair in a modern office environment.

## 2. SAFETY INFORMATION

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- Ensure all components are present and undamaged before assembly.
- Do not stand on the chair.
- Do not exceed the maximum weight capacity of 136 kg (300 lbs).
- Keep children away from the assembly area. Small parts may be a choking hazard.
- Tighten all screws firmly, but do not overtighten. Re-tighten screws periodically.
- Use the chair only for its intended purpose.

## 3. SETUP AND ASSEMBLY

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Assembly of your Yaheetech Ergonomic Office Chair typically involves attaching the base, casters, gas lift, seat, backrest, and armrests. Please follow the detailed instructions provided in the separate assembly guide included with your product packaging. Ensure all parts are securely fastened before use.



Image 3.1: Dimensional overview of the Yaheetech Ergonomic Office Chair, illustrating various components and measurements.

## 4. OPERATING INSTRUCTIONS (ADJUSTMENTS)

Your ergonomic office chair offers several adjustment features to customize your seating experience:

### 1. Seat Height Adjustment:

Locate the adjustment lever under the right side of the seat. To raise the seat, lift the lever while taking your weight off the seat. To lower the seat, lift the lever while seated. Release the lever to lock the height. The seat height can be adjusted between 47.5 cm and 56.5 cm.

### 2. Rocking Function and Tilt Tension:

The chair features a rocking function for relaxation. To activate the rocking function, pull the adjustment lever outwards. To lock the chair in an upright position, push the lever inwards. The tilt tension can be adjusted by rotating the control knob located under the seat. Turn clockwise to increase tension (making it harder to recline) and counter-clockwise to decrease tension (making it easier to recline).

### 3. Adjustable Headrest:

The headrest can be adjusted vertically to provide optimal neck and head support. Gently push or pull the headrest up or down to your desired height.

#### 4. Flexible Lumbar Support:

The lumbar support is designed to protect your spine. It can be adjusted vertically to align with the natural curve of your lower back. Gently push or pull the lumbar support up or down to your desired position.

#### 5. Flip-up Armrests:

The armrests can be flipped up by 90 degrees, allowing you to push the chair closer to your desk or save space when not in use. Simply lift the armrests upwards until they lock into the vertical position.

## MULTIFUNCTIONAL



Image 4.1: Overview of the chair's multifunctional adjustments including rocking, flip-up armrests, flexible lumbar support, wide star base, and seat height adjustment.

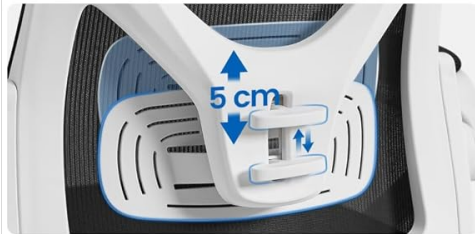


Image 4.2: Detailed view of the adjustment lever for seat height and rocking function, and the control knob for adjusting tilt tension.

# ERGONOMIC Design



Adjustable headrest serves enough support to your neck



Flexible lumbar support properly protects your spine



Image 4.3: Visual representation of the adjustable headrest and flexible lumbar support, highlighting their ergonomic benefits.



## CONVENIENT MOBILITY

70 cm wide star base is stable and will not collapse, mute rolling casters make the chair move smoothly from any angle.

Image 4.4: Close-up of the chair's stable 70 cm wide star base and smooth-rolling casters, designed for convenient and quiet mobility.

## 5. MAINTENANCE

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- **Cleaning:** Wipe the mesh and plastic surfaces with a damp cloth and mild detergent. Avoid abrasive cleaners or solvents. For the padded seat, spot clean with a suitable fabric cleaner.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Re-tighten as necessary to maintain stability and safety.
- **Casters:** Keep the casters clean from hair and debris to ensure smooth movement.
- **Gas Lift:** Do not attempt to disassemble or repair the gas lift. If it malfunctions, contact customer support.

## 6. TROUBLESHOOTING

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- **Chair is unstable/wobbly:** Check that all screws are securely tightened, especially those connecting the base, gas lift, and seat. Ensure the casters are fully inserted into the base.
- **Chair does not adjust height:** Ensure the gas lift lever is fully engaged. If the gas lift is faulty, it may need replacement. Contact customer support.

- **Chair squeaks:** Apply a small amount of silicone-based lubricant to moving parts, joints, and connections. Avoid oil-based lubricants on plastic components.
- **Casters do not roll smoothly:** Check for hair, dust, or debris wrapped around the caster wheels. Clean them thoroughly.

## 7. SPECIFICATIONS

| Feature                            | Specification                                             |
|------------------------------------|-----------------------------------------------------------|
| Brand                              | Yaheetech                                                 |
| Model Number                       | YA-00121542                                               |
| Color                              | White / Black                                             |
| Materials                          | Polyester mesh, foam, plywood, nylon, plastic, iron       |
| Overall Dimensions (with headrest) | 66 cm × 62 cm × 122-132 cm (27.56 x 27.56 x 51.77 inches) |
| Seat Size                          | 51 cm W × 50 cm D (19.69 inches D)                        |
| Adjustable Seat Height             | 47.5 - 56.5 cm                                            |
| Distance of Armrests from Ground   | 66 - 75.5 cm                                              |
| Maximum Weight Capacity            | 136 kg (300 lbs)                                          |
| Item Weight                        | 11.5 kg                                                   |
| Frame Material                     | Iron                                                      |
| Recommended Uses                   | Office                                                    |
| Age Range Description              | Adult                                                     |

## 8. WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please refer to the documentation included with your purchase or visit the official Yaheetech website. You may also contact Yaheetech customer service directly for assistance.