

Trakk TR-MSGN-250

Trakk Massage Gun User Manual

MODEL: TR-MSGN-250

INTRODUCTION

Thank you for choosing the Trakk Massage Gun. This cordless, rechargeable handheld percussion therapy device is designed to help relieve muscle pain and stiffness through high-frequency vibrations. It comes equipped with two interchangeable attachments to target different areas of the body effectively. Please read this manual thoroughly before use to ensure safe and optimal performance of your device.

SAFETY INFORMATION

WARNING: To reduce the risk of electric shock, fire, and injury, this product must be used in accordance with the following instructions.

- Always use the device on the lowest speed setting when first using it.
- Do not use the device on or near the head, neck, or genitals.
- Keep the device away from water to prevent electrical shock.
- Always follow all instructions provided with the device.
- Do not operate if the device or charging cable is damaged.
- Consult a physician before use if you have any medical conditions or are pregnant.

PACKAGE CONTENTS

- Trakk Massage Gun (Main Unit)
- 2 x Interchangeable Massage Heads
- Charging Cable

- User Manual

PRODUCT FEATURES

- Helps relieve muscle soreness
- Super speed high torque motor
- Improves range of motion
- 2 interchangeable massage heads
- Rechargeable battery

SETUP

Charging the Device

Before first use, fully charge your Trakk Massage Gun. The charging port is located on the back of the device, near the power button. Connect the provided charging cable to the device and a suitable power source. The indicator light will show charging status (e.g., red for charging, blue for fully charged).



Figure 1: The Trakk Massage Gun. The charging port is located on the rear of the device, opposite the massage head.

OPERATING INSTRUCTIONS

Attaching Massage Heads

The Trakk Massage Gun comes with two interchangeable massage heads. To attach a head, align its base with the opening on the front of the device and push firmly until it clicks into place. To remove, gently pull the head straight out.

Power On/Off and Speed Adjustment

The power button is located on the back of the device. Press and hold the power button for a few seconds to turn the device on. Once on, short presses of the power button will cycle through different speed settings. Press and hold again to turn the device off.

Using the Massage Gun

Once powered on and a desired speed is selected, gently apply the massage head to the target muscle area. Move the device slowly over the muscle, applying light to moderate pressure. Do not press too hard or remain in one spot for too long. Avoid bony areas and joints. The device is effective for various body parts, including the back, shoulders, and legs.



Figure 2: Proper application of the massage gun on the shoulder area.



Figure 3: The massage gun can be used to target muscles in the upper back and neck.



Figure 4: The Trakk Massage Gun is suitable for various muscle groups, including the neck, back, and legs.

MAINTENANCE

Cleaning

Wipe the device with a slightly damp cloth after each use. Do not use harsh chemicals or abrasive cleaners. Ensure the device is completely dry before storing or recharging.

Storage

Store the massage gun in a cool, dry place away from direct sunlight and extreme temperatures. Keep it out of reach of children and pets.

TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. If the battery is low, connect it to the charger.
- **Weak massage intensity:** Check if the massage head is securely attached. Ensure the battery is sufficiently charged.
- **Unusual noise or vibration:** Turn off the device immediately and inspect for any visible damage or loose parts. Do not use if damaged.

If you encounter issues not listed here, please refer to the "Warranty and Support" section for assistance.

SPECIFICATIONS

Feature	Detail
Product Dimensions	7 x 7 x 2 inches
Item Weight	1.7 Pounds
Item Model Number	TR-MSGN-250
Brand	Trakk
Power Source	Battery Powered
Special Feature	Rechargeable

WARRANTY AND SUPPORT

For warranty information, technical support, or any questions regarding your Trakk Massage Gun, please contact Trakk customer service. Refer to the product packaging or the official Trakk website for contact details.

Please retain your proof of purchase for warranty claims.

