

helavo H1160

Helavo All Terrain Upright Walker H1160

Instruction Manual

PRODUCT OVERVIEW

The Helavo All Terrain Upright Walker Model H1160 is designed to provide stable and comfortable mobility for seniors, both indoors and outdoors. Its robust construction and thoughtful features aim to enhance independence and reduce strain during walking.



Image: The Helavo All Terrain Upright Walker H1160 shown with its packaging and a senior man demonstrating its use.

SETUP AND ASSEMBLY

Your Helavo Upright Walker comes partially assembled and requires a few simple steps to get it ready for use. Please follow the instructions below or refer to the assembly video for a visual guide.

Assembly Video Guide

Video: Quick and easy assembly instructions for Helavo H1060 and H1160 series rollators. This video demonstrates unboxing, attaching wheels, adjusting handles, and folding.

Step-by-Step Assembly

1. **Unpack Components:** Carefully remove all parts from the packaging. Lay them out to ensure all components are present.



Image: All parts of the walker laid out on the floor, ready for assembly.

2. **Attach Rear Wheels:** Identify the rear wheel axles (marked 'RB' and 'LB'). Remove the wing screws, insert the axles into the frame, align the markings, and re-fasten the screws.
3. **Attach Front Wheels:** Similarly, attach the front wheels (marked 'RF' and 'LF') by removing the wing screws, inserting the wheels, and re-fastening. Ensure the wing screws point inwards.
4. **Unfold the Rollator:** Stand the rollator upright and unfold it completely until it locks into position with an audible 'click'.



Image: A senior man demonstrating the unfolding process of the Helavo walker.

5. **Attach Backrest:** Secure the backrest to both sides of the frame extension with arm pads by tightening the gray wing screws. Ensure the Helavo logo faces forward.
6. **Insert Handle Grips:** Insert the handle grips with brake handles into the arm pads. Fix them at your desired position using the adjustment mechanism.
7. **Secure Brake Cables:** Fix the brake cables on both sides of the frame using the provided Velcro tape.
8. **Attach Bag:** Hook the tabs of the transport bag into the hooks provided on the frame.

OPERATING INSTRUCTIONS

The Helavo Upright Walker is designed for ease of use and maximum comfort. Familiarize yourself with its features for optimal performance.

Adjusting Height

To adjust the height of the arm pads and handles, press and hold the gray height adjustment button and insert the frame extension parts into the frame one after the other. Adjust both sides to the same height for balanced support.



Easy handling
Adjustable to fit you perfectly

- Best in class height adjustment mechanism
- Height adjustable backrest and lower handles
- Easy foldable



Image: Close-up view of the adjustable handles and armrests, highlighting the height adjustment mechanism.

Braking System

The walker features an easy-to-use braking system. Pull the brake handles backwards to engage the brakes. To activate the parking brake, push the handles forward until they lock, securing the rear wheels.

Using the Seat

The spacious and cushioned seat provides a comfortable resting spot. Ensure the parking brake is engaged before

sitting down for stability.



Unique Comfort

For a break whenever needed

- Extra padded and adjustable backrest
- Super soft padded seat
- Ergonomic molded handles



Image: A senior couple resting on a park bench, with the Helavo walker positioned for easy access, demonstrating its comfort features.

Folding for Transport/Storage

To fold the rollator, pull the handle in the middle of the seat firmly upwards. Continue to push the rollator on both sides of the frame until it is fully folded. This compact design makes it easy to transport and store.

Video: Helavo H1160 - Upright All Terrain Walker. This video showcases the walker's features including its all-terrain capability, folding mechanism, and user comfort.

Additional Features

- **Cup Holder:** A convenient clip-on cup holder is included for beverages.
- **Cane Holder:** An integrated cane holder allows for easy transport of a walking stick.
- **All-Terrain Tires:** The 10-inch flat-free solid rubber tires provide excellent durability and cushioning for various outdoor surfaces.

MAINTENANCE

Regular maintenance ensures the longevity and safe operation of your Helavo walker.

- **Cleaning:** Wipe down the frame and components with a damp cloth. Avoid abrasive cleaners.
- **Brakes:** Periodically check the brake cables and mechanisms to ensure they are functioning smoothly and effectively. Adjust if necessary.
- **Wheels:** Inspect the wheels for any debris or damage. The flat-free tires require no inflation.
- **Fasteners:** Ensure all screws and fasteners are tight. Re-tighten any loose components as needed.

TROUBLESHOOTING

If you encounter any issues with your Helavo walker, please refer to the common troubleshooting tips below:

- **Difficulty Folding/Unfolding:** Ensure the seat is fully lifted and all locking mechanisms are disengaged. Check for any obstructions.
- **Brakes Not Engaging Properly:** Check the tension of the brake cables. They may need adjustment. Ensure no debris is obstructing the brake pads.
- **Unstable Walking:** Verify that the height of both arm pads and handles are adjusted to the same level and securely locked. Ensure all frame connections are tight.
- **Wheels Not Rolling Smoothly:** Check for debris caught in the wheels or axles. Clean as necessary.

If the issue persists, please contact Helavo customer support for assistance.

SPECIFICATIONS

Feature	Detail
Product Dimensions	26.4"D x 26.4"W x 46.9"H
Item Weight	10.3 Kilograms (22.71 Pounds)
Material	Aluminum, All Terrain Rubber Tires
Color	Green
Model Number	H1160
Maximum Load Capacity	300 lbs

WARRANTY AND SUPPORT

Helavo is committed to providing high-quality products and excellent customer service.

- **Warranty:** All Helavo rollators come with a standard one-year warranty, which can be extended to three years upon registration.
- **Customer Support:** We offer 24/7 support for any questions or issues you may have. High availability of replacement parts is also ensured.

For support, please visit the official Helavo website or contact our customer service team.