

Carepeutic KH339

Carepeutic The Ultimate 6D Foot Reflexology Machine User Manual

Model: KH339

INTRODUCTION

This manual provides essential instructions for the safe and effective operation of your Carepeutic The Ultimate 6D Foot Reflexology Machine, Model KH339. Please read this manual thoroughly before initial use and retain it for future reference.

IMPORTANT SAFETY INFORMATION

Failure to follow these safety instructions may result in electric shock, fire, or serious injury.

- Always unplug the massager before use, cleaning, or storage.
- Do not use the massager while sleeping or in the presence of water or high humidity.
- Consult a physician before use if you have any medical conditions, are pregnant, have a pacemaker, or have a history of blood clots.
- Keep the massager clean and dry when not in use.
- Do not use the massager if the power cord or plug is damaged. Contact customer support for assistance.
- Ensure the massager is placed on a stable, flat surface during operation.
- Keep out of reach of children and pets.
- Do not attempt to disassemble or repair the unit yourself. Refer all servicing to qualified personnel.
- Do not use the massager for more than 15 minutes at a time to prevent overheating and over-stimulation.

PRODUCT OVERVIEW

The Carepeutic Ultimate 6D Foot Reflexology Machine is designed to provide a comprehensive therapeutic foot and ankle massage experience. It combines advanced Shiatsu technology with Thai massage concepts to relieve discomfort and promote relaxation.

Figure 1: Front view of the Carepeutic Ultimate 6D Foot Reflexology Machine.

Key Features:

- **6D Shiatsu Therapy:** Multi-action massage including knocking, kneading, pressing, and rolling for the entire foot and ankle.
- **Thai Massage Inspired:** Designed to relax and rejuvenate feet and legs.
- **Soothing Heat Therapy:** Optional heat function with three selectable temperatures to stimulate circulation and ease muscle tension.
- **Air Pressure Kneading:** Gentle compression massage with three selectable speeds.
- **Six Preset Massage Programs:** Offers various massage modes and three intensity levels.
- **Intuitive One-Touch Operation:** Simplified control for ease of use, especially for elderly users.
- **Hygienic Design:** Features a washable, changeable, and breathable mesh cover.
- **Comfort-Driven Design:** Compact and lightweight with raise-up legs and non-slip rubber pads for stability.

Figure 2: Overview of massage functions including heat, knocking, rolling, and air pressure.

Figure 3: Illustration of the 6D massage techniques provided by the machine.

SETUP INSTRUCTIONS

1. **Unpack:** Carefully remove the foot reflexology machine from its packaging.
2. **Placement:** Place the machine on a flat, stable surface near an electrical outlet. Ensure there is enough space around the unit for proper ventilation. The raised legs and non-slip rubber pads provide stability.
3. **Power Connection:** Connect the included AC adapter to the power input port on the machine, then plug the adapter into a standard electrical outlet.
4. **Initial Check:** Before first use, inspect the power cord and the unit for any visible damage.

OPERATING INSTRUCTIONS

The control panel features an intuitive design with LED light display, suitable for use in various lighting conditions.

Figure 4: Control panel with one-button operation.

1. **Power On:** Plug in the machine. Press the **Power Button** (usually red) to turn on the unit. The machine will typically start in an automatic program.
2. **Positioning Your Feet:** Sit comfortably and place your feet into the foot inserts of the machine. Ensure your feet are fully inserted for optimal massage coverage.
3. **One-Button Automatic Mode:** For simple operation, especially for elderly users, repeatedly press the **Power Button** to cycle through different working times (e.g., 10, 15, 20 minutes). In this mode, the machine will automatically cycle through various massage programs and functions, including heat therapy.
4. **Selecting Preset Programs:** Use the "Mode" button to choose from six different preset massage programs. Each program combines various massage techniques (knocking, kneading, pressing, rolling) and air pressure.

- 5. **Adjusting Intensity:** Use the "Intensity" button to select one of three intensity levels for the massage.
- 6. **Heat Therapy:** Press the "Heat" button to activate or deactivate the soothing heat function. There are three selectable temperature levels. The heat function can work independently or simultaneously with other massage functions.
- 7. **Air Pressure Kneading:** Use the "Air Pressure" button to adjust the intensity of the compression massage, with three selectable speeds.
- 8. **Power Off:** Press and hold the **Power Button** to turn off the machine after use. Always unplug the unit from the power outlet when not in use.



Figure 5: Proper foot placement during use.



Figure 6: Illustration of the heat therapy function.

MAINTENANCE AND CARE

- **Cleaning the Unit:** Before cleaning, ensure the machine is unplugged. Wipe the exterior of the unit with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Cleaning the Foot Sleeves:** The foot sleeves are washable, changeable, and breathable. Unzip and remove the mesh covers from the foot inserts. Hand wash or machine wash on a gentle cycle with mild detergent. Air dry completely before reattaching.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight and moisture. Do not wrap the power cord tightly around the unit.



Figure 7: Removing the washable foot sleeve for cleaning.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Machine does not power on.	Not plugged in; power outlet malfunction; damaged power cord.	Ensure the AC adapter is securely plugged into both the machine and a working electrical outlet. Try a different outlet. Inspect the power cord for damage. If damaged, discontinue use and contact customer support.
Massage intensity feels too weak or too strong.	Incorrect intensity setting; feet not properly positioned.	Adjust the intensity level using the "Intensity" button. Ensure your feet are fully and comfortably inserted into the foot inserts.
Heat function is not working.	Heat function not activated.	Press the "Heat" button to activate the heat function. Allow a few minutes for the heat to become noticeable.
Unusual noise during operation.	Normal operating sound; obstruction.	A low hum or mechanical sound is normal. Check for any foreign objects inside the foot inserts. If the noise is loud or unusual, discontinue use and contact customer support.

PRODUCT SPECIFICATIONS

Model Number: KH339

Brand: Carepeutic

Product Dimensions: 16 x 10 x 16 inches (L x W x H)

Item Weight: 9 Pounds

Power Source: Corded Electric (AC Adapter included)

Material: Rubber (referring to components, likely the foot pads/rollers)

Use For: Foot and Ankle



Figure 8: Product dimensions.



Figure 9: Foot size compatibility (up to size 12).

WARRANTY AND CUSTOMER SUPPORT

For warranty information, technical support, or any questions regarding your Carepeutic The Ultimate 6D Foot Reflexology Machine, please contact Carepeutic customer service. Refer to the product packaging or the official Carepeutic website for contact details.

Manufacturer: Carepeutic

LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for personal, non-medical use to provide comfort and relaxation. It is not a substitute for professional medical care.

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Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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