

## Armitron 40/8450

# Armitron Sport Digital Chronograph Watch Model 40/8450 Instruction Manual

Your guide to setting up and operating your Armitron Sport watch.

## 1. INTRODUCTION

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Thank you for choosing the Armitron Sport Digital Chronograph Watch Model 40/8450. This manual provides detailed instructions to help you understand and utilize all the features of your new timepiece. Please read this manual thoroughly before use to ensure proper operation and care.

## 2. PRODUCT OVERVIEW

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The Armitron Sport Digital Chronograph Watch Model 40/8450 features a metallic grey resin case with a metallic chrome top ring, an LCD display, and a black silicone strap. It is designed for durability and functionality.

### Watch Components and Buttons

- **MODE Button (Bottom Left):** Used to cycle through different modes (Time, Chronograph, Alarm, Dual Time).
- **SET Button (Top Left):** Used to enter setting mode and confirm selections.
- **ADJ Button (Top Right):** Used to adjust values during setting mode.
- **LIGHT Button (Bottom Right):** Activates the backlight for visibility in low light conditions.



Figure 1: Front view of the Armitron Sport Digital Chronograph Watch, showing the LCD display and button labels.



Figure 2: Side view of the watch, illustrating the placement and design of the control buttons.

### 3. SETUP INSTRUCTIONS

## Setting Time and Date

1. In Timekeeping Mode, press and hold the **SET** button until the seconds begin to flash. This indicates you are in setting mode.
2. Press the **MODE** button to cycle through the settings: Seconds → Hour → Minute → Year → Month → Day.
3. While a value is flashing, press the **ADJ** button to increase the value. Hold **ADJ** to rapidly advance.
4. Once all settings are correct, press the **SET** button to exit the setting mode.

## 12/24-Hour Format (Military Time)

In Timekeeping Mode, press the **ADJ** button to toggle between 12-hour (AM/PM indicator) and 24-hour (military time) formats.

## 4. OPERATING INSTRUCTIONS

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### Timekeeping Mode

This is the default mode, displaying the current time (hours, minutes, seconds), day of the week, and date.

### Chronograph (Stopwatch) Mode

1. From Timekeeping Mode, press the **MODE** button once to enter Chronograph Mode. The display will show 'CHRONO' or '0:00:00'.
2. Press the **ADJ** button to start the stopwatch.
3. Press the **ADJ** button again to pause the stopwatch.
4. While paused, press the **SET** button to reset the stopwatch to zero.
5. Press the **MODE** button to return to Timekeeping Mode.

### Alarm Mode

1. From Timekeeping Mode, press the **MODE** button twice to enter Alarm Mode. The display will show 'ALARM'.
2. Press and hold the **SET** button until the alarm hour begins to flash.
3. Press the **ADJ** button to adjust the hour.
4. Press the **MODE** button to select the minutes, then use the **ADJ** button to adjust.
5. Press the **SET** button to confirm the alarm time.
6. To activate/deactivate the alarm, press the **ADJ** button while in Alarm Mode (not in setting mode). An alarm icon will appear/disappear.

### Dual Time Mode

1. From Timekeeping Mode, press the **MODE** button three times to enter Dual Time Mode. The display will show 'DUAL' or 'DT'.
2. Press and hold the **SET** button until the dual time hour begins to flash.
3. Press the **ADJ** button to adjust the hour.
4. Press the **MODE** button to select the minutes, then use the **ADJ** button to adjust.
5. Press the **SET** button to confirm the dual time.

### Backlight Function

Press the **LIGHT** button (bottom right) to illuminate the display for a few seconds, enhancing visibility in

dark environments.

## 5. MAINTENANCE

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### Battery Replacement

The watch is powered by one 12V battery (included). When the display dims or functions become erratic, it may be time to replace the battery. It is recommended to have battery replacement performed by a qualified watch technician to ensure proper sealing and water resistance.

### Cleaning Your Watch

To clean your watch, wipe it with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the case or strap. For the silicone strap, mild soap and water can be used.

### Water Resistance (100M / 330FT)

Your Armitron Sport watch is water resistant to 100 meters (330 feet). This means it is suitable for showering, swimming, and snorkeling. However, it is not recommended for scuba diving. Do not operate the buttons while the watch is submerged in water, as this can compromise the water resistance.





**Figure 3:** Back view of the watch, highlighting the durable silicone strap and buckle closure.

## 6. TROUBLESHOOTING

- **Display is blank or dim:** The battery may need replacement. Refer to the 'Battery Replacement' section.
- **Buttons are unresponsive:** Ensure the watch is not in a locked mode (if applicable, though this model does not feature a lock). If issues persist, a battery reset (by a professional) might be needed.
- **Time is inaccurate:** Re-set the time following the 'Setting Time and Date' instructions. If inaccuracy persists, the battery may be low or the watch may require servicing.

## 7. SPECIFICATIONS

Feature	Detail
Model Number	40/8450
Movement	Quartz
Case Material	Metallic Grey Resin with Metallic Chrome Top Ring
Strap Material	Black Silicone
Display Type	LCD Digital
Functions	Chronograph, Alarm, Dual Time, Military Time, Backlight, Time, Seconds, Day, Date
Water Resistance	100 meters (330 feet)
Battery	1 x 12V (included)

Approx. Package Dimensions	10.7 x 9.4 x 7.8 cm
Approx. Weight	110 g

## 8. WARRANTY AND SUPPORT

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For warranty information and customer support, please refer to the documentation included with your purchase or visit the official Armitron website. Keep your proof of purchase for warranty claims.