LC-dolida LC001

LC-dolida Bluetooth Headband Headphones (Model LC001) User Manual

Comprehensive instructions for your LC-dolida Bluetooth Headband Headphones.

INTRODUCTION

Thank you for choosing the LC-dolida Bluetooth Headband Headphones. This manual provides detailed instructions on how to set up, operate, and maintain your device. Please read this manual thoroughly before use to ensure optimal performance and longevity of your product.

PACKAGE CONTENTS

Please check the package for the following items:

- LC-dolida Bluetooth Headband Headphones (Model LC001)
- USB Charging Cable
- User Manual

If any items are missing or damaged, please contact customer support.

PRODUCT OVERVIEW

The LC-dolida Bluetooth Headband Headphones (Model LC001) are designed for versatile use, combining a comfortable headband with integrated audio technology. They are suitable for various activities including sleep, sports, and general audio listening.

Image: Front view of the LC-dolida Bluetooth Headband Headphones, highlighting the control panel.

Key Features:

- **3-in-1 Design:** Functions as a sports headband, sleep mask, and Bluetooth headphones.
- **Comfortable Material:** Made from highly elastic, breathable, and sweat-wicking fabric.
- **Ultra-Thin Speakers:** Designed for comfort, especially for side sleepers, with adjustable positioning.
- **Bluetooth 5.2 Connectivity:** Provides stable connections and clear audio.
- **Built-in Microphone:** Enables hands-free calling.

4 in 1 HIGHLY ELASTIC SPORTS HEADPHONES

Sleep headphones& Sleep mask & Bluetooth headphones

Soft

Sweat Absorbing

Elastic

Breathable

SIZE 50-65cm
19.6-25.5"

LC-dolida

Image: Visual representation of the headband's material properties: soft, sweat-absorbing, elastic, and breathable.
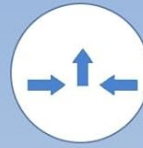
Image: Depiction of the headband's comfort for side sleepers, highlighting the super thin speakers and zero pressure design.

SETUP

1. Initial Charging

1. Connect the provided USB charging cable to the charging port on the headband.
2. Connect the other end of the USB cable to a USB power adapter (not included) or a computer's USB port.
3. The LED indicator light will illuminate during charging.
4. A full charge typically takes 1-2 hours. The LED indicator will change or turn off once charging is complete.

Image: Visual guide for charging time (2 hours) and approximate playtime (14 hours).

2. Bluetooth Pairing

1. Ensure the headband is fully charged.
2. Press and hold the Power button on the control panel until the LED indicator light flashes blue and red, indicating pairing mode.
3. On your device (smartphone, tablet, etc.), enable Bluetooth and search for available devices.
4. Select "LC-dolida" from the list of devices.
5. Once connected, the LED indicator will typically show a solid blue light or flash blue slowly.
6. **Automatic Reconnection:** After the initial pairing, the headband will automatically attempt to connect to the last paired device when powered on, provided the device's Bluetooth is active and within range.

One-Step Auto Pairing

After first pairing, earphones will auto pair
with your device while you turn on the headband.

Image: Illustration of the one-step auto pairing process with a smartphone.

Image: Visual confirmation of strong compatibility with various Bluetooth-enabled devices (Android, iOS, Windows).

OPERATING INSTRUCTIONS

Control Panel Functions

The control panel on the headband allows you to manage power, music playback, and calls.

- **Power On/Off:** Press and hold the Power button (center button) for approximately 3 seconds.
- **Play/Pause Music:** Press the Power button once.
- **Volume Up:** Press the "+" button.
- **Volume Down:** Press the "-" button.
- **Next Track:** Press and hold the "+" button for 2 seconds.
- **Previous Track:** Press and hold the "-" button for 2 seconds.
- **Answer/End Call:** Press the Power button once.
- **Reject Call:** Press and hold the Power button for 2 seconds.

- **Redial Last Number:** Double-press the Power button.

Image: Visual highlighting of the HIFI music and HD stereo sound capabilities.

Speaker Adjustment

The ultra-thin speakers inside the headband can be gently moved to align with your ears for optimal sound and comfort. Simply slide them within the fabric casing to find your preferred position.
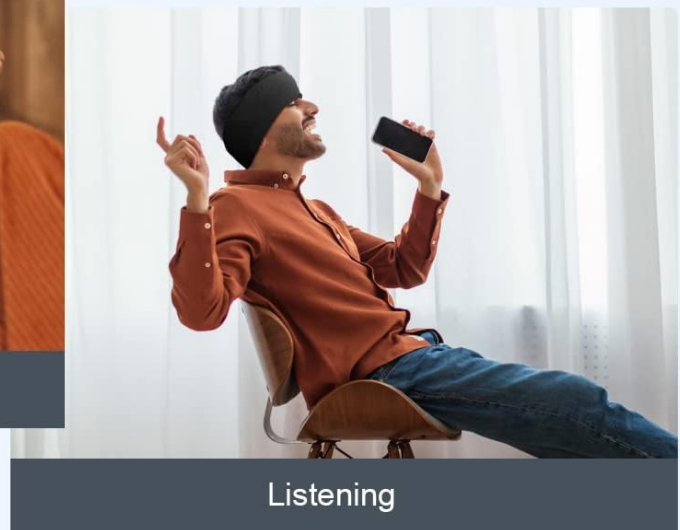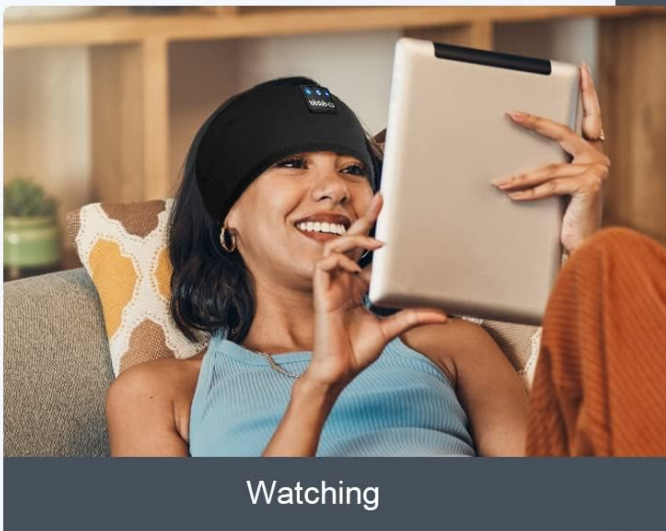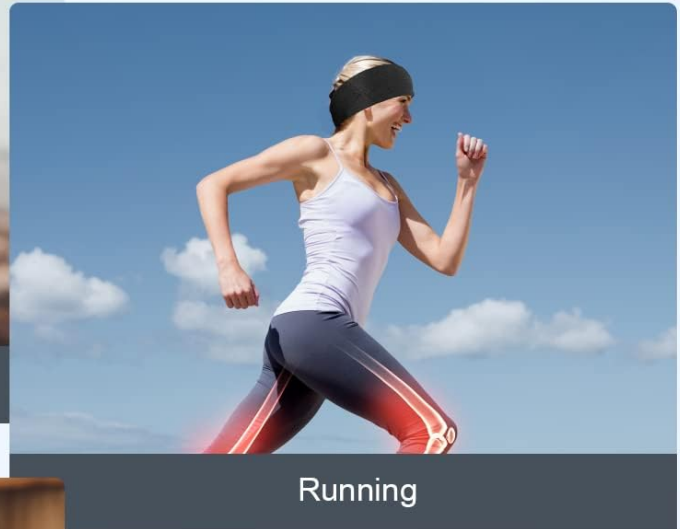
Multi Purpose Use

Image: Examples of multi-purpose use, including hands-free calling, running, watching media, and general listening.

MAINTENANCE

Cleaning the Headband

1. Before cleaning, ensure the headband is powered off and disconnected from any charging source.
2. Gently remove the electronic module (control panel and speakers) from the fabric headband.
3. The fabric headband can be hand-washed with mild soap and cold water. Do not machine wash or tumble dry.
4. Allow the fabric headband to air dry completely before reinserting the electronic module.
5. Wipe the electronic module with a dry, soft cloth. Do not immerse it in water.

Storage

- Store the headband in a cool, dry place away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on the headband to prevent damage to the speakers or internal components.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Headband does not power on.	Low battery.	Charge the headband for 1-2 hours.
Cannot pair with device.	Bluetooth is off on your device; headband is not in pairing mode; device is too far.	Ensure Bluetooth is enabled on your device. Put the headband into pairing mode (flashing blue/red LED). Move device closer to the headband.
No sound or low volume.	Volume too low on headband or device; speakers misaligned; connection issue.	Increase volume on both the headband and your device. Adjust speaker position within the headband. Re-pair the device.
Intermittent connection.	Device too far; interference; low battery.	Move closer to your device. Avoid strong electromagnetic interference. Charge the headband.
Microphone not working.	Microphone blocked; device settings.	Ensure the microphone area is clear. Check your device's audio input settings.

If you encounter issues not listed here, please refer to the Warranty and Support section for assistance.

SPECIFICATIONS

Model Name	LC001
Connectivity Technology	Wireless (Bluetooth)
Bluetooth Version	5.2
Bluetooth Range	45 Feet
Audio Driver Type	Dynamic Driver
Frequency Range	20Hz - 20,000Hz
Battery Life	Up to 13 Hours (Playback)
Charging Time	1-2 Hours
Control Type	Media Control (Buttons)
Water Resistance Level	Not Water Resistant
Item Weight	2.89 ounces
Package Dimensions	7.95 x 3.98 x 0.94 inches

Note: Specifications are subject to change without notice.

WARRANTY AND SUPPORT

Manufacturer's Warranty

This LC-dolida product comes with a one-year manufacturer's warranty from the date of purchase, covering defects in materials and workmanship under normal use.
Additionally, a 30-day satisfaction guarantee allows for a refund within 30 days of purchase if you are not satisfied with the

product.

Customer Support

For any questions, technical assistance, or warranty claims, please contact our after-sales team via email. We aim to provide a satisfactory solution within 6 hours.
Please visit the official LC-dolida website or your purchase platform for specific contact details.

Related Documents - LC001

	[LC-dolida Bluetooth Headband Headphones User Manual](#) User manual for LC-dolida Bluetooth Headband Headphones, detailing features, specifications, operation, care instructions, and support information.
	[LC-dolida Bluetooth Sleep Headphones: Features, Usage, and Warranty](#) Comprehensive Q&A covering the features, material, charging, usage, cleaning, sound quality, warranty, brand history, and design team behind the LC-dolida Bluetooth Sleep Headphones.
	[LC-dolida Bluetooth Headband Headphones User Manual](#) Comprehensive user manual for LC-dolida Bluetooth Headband Headphones. Learn about package contents, product specifications, LED status indicators, operation instructions, quick start guide, washing and care, and support information. Features Bluetooth 5.2, HD stereo sound, and comfortable headband design.
	[LC-dolida 3D Bluetooth Sleep Mask User Manual](#) User manual for the LC-dolida 3D Bluetooth Sleep Mask, detailing package contents, product specifications, operating instructions, LED status lights, button functions, and care instructions for this wireless sleep mask with integrated headphones.
	[LC-dolida 3D Bluetooth Sleep Mask User Manual - Features, Setup, and Care](#) Get the most out of your LC-dolida 3D Bluetooth Sleep Mask with this comprehensive user manual. Learn about setup, functions, LED indicators, washing instructions, and product specifications.
	[LC-dolida White Noise Sleep Headphones User Manual](#) User guide for the LC-dolida White Noise Sleep Headphones, detailing features, operation, and maintenance for this Bluetooth sleep mask.