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› DailyBody 3-in-1 Sound Machine, Alarm Clock, and Night Light User Manual

DailyBody DAC-ZB2

DailyBody 3-in-1 Sound Machine, Alarm Clock, and Night Light

Model: DAC-ZB2 | Brand: DailyBody

INTRODUCTION

This user manual provides detailed instructions for the DailyBody 3-in-1 Sound Machine, Dual Alarm Clock, and Night Light. This versatile device combines a white noise machine with 27 soothing sounds, a dual alarm clock featuring 30 wake-up sounds, and a night light with 20 brightness levels. Please read this manual thoroughly to ensure proper use and to maximize your experience with the product.



Image: The DailyBody 3-in-1 device, showcasing its compact design and digital display.

SAFETY INFORMATION

For safe operation, this device should be used with the recommended voltage and power requirements. Do not disassemble or attempt to modify the product, as this may increase the risk of electric shock. This product is not intended as a toy and should be kept out of reach of children.

PRODUCT FEATURES

- **27 High Fidelity Non-looping White Noise:** Includes brown noise, white noise, 17 natural sounds (wind, cricket, fan, rain, brook), and 8 ambient sounds (happy birthday, Merry Christmas). Effectively blocks noise and aids relaxation.
- **3-in-1 Functionality:** Combines a night light, alarm clock, and sound machine into one compact device.
- **30 Wake-Up Sounds & Large LED Display:** Offers a variety of alarm sounds, including natural sounds and classic tones. Features 4 levels of adjustable LED time display brightness, with an option to turn off the screen completely.
- **Easy to Use:** Designed for simple and practical operation.
- **Adjustable Volume:** Features a precise 32-level volume control.

- **Night Light:** Provides 20 levels of brightness for ambient lighting.
- **Sleep Timer:** Allows setting a timer for the sound machine function.
- **Memory Function:** Retains settings after power off.



Image: Illustration highlighting the three main functions: Night Lights, Alarm Clock, and Sound Machine.

SETUP

1. **Unpack:** Carefully remove the sound machine, alarm clock, and night light device from its packaging.
2. **Power Connection:** Connect the device to a suitable power source using the provided cable. Ensure the voltage and power requirements match.
3. **Initial Power On:** The device should power on automatically or by pressing the power button. The LED display will illuminate.

OPERATING INSTRUCTIONS

Setting the Time

Refer to the device's top panel for time setting buttons. Typically, a "Time Set" button (often indicated by a clock icon) is used to enter time setting mode. Use the "+" and "-" buttons to adjust hours and minutes. Confirm settings by pressing the "Time Set" button again or waiting for the display to exit setting mode automatically. The clock supports 12/24-hour display modes.

Using the Sound Machine

The device offers 27 high-fidelity, non-looping sounds to aid sleep and relaxation. These include various white noises, natural sounds, and ambient melodies.

- **Selecting Sounds:** Press the "Music" button (often indicated by a musical note icon) to cycle through the available 27 sounds.
- **Adjusting Volume:** Use the "+" and "-" volume buttons to set the desired sound level. The device features a precise 32-level volume control.
- **Sleep Timer:** Press the "Timer" button (often indicated by a timer icon) to set a sleep timer. Options typically include 15, 30, 60, 90, or 120 minutes, or continuous play. The sound will automatically turn off after the set duration.

27 Soothing Sounds for Sleeping



8 Lullabies



2 White Noise



17 Nature Sounds



Image: The sound machine displaying the time, with icons indicating sound and timer functions. Text highlights 27 soothing sounds including lullabies, white noise, and nature sounds.

Setting the Alarm Clock

The dual alarm clock allows setting two independent alarms with 30 different wake-up sounds.

- **Setting Alarm 1/2:** Press the "Alarm 1" or "Alarm 2" button (indicated by alarm clock icons) to enter alarm setting mode. Use the "+" and "-" buttons to adjust the alarm time.
- **Selecting Alarm Sound:** While in alarm setting mode, press the "Music" button to cycle through the 30 available wake-up sounds.
- **Alarm Mode:** Set the alarm to activate on working days, weekends, or the whole week.
- **Snooze Function:** When the alarm sounds, press the "Snooze" button to temporarily silence it for a few minutes.

20 Brightness Levels



Auto-off Timer



Image: The alarm clock displaying the time, with text indicating "30 Wake up Sounds" and "There's always a wake-up sound you like."

Using the Night Light

The integrated night light provides ambient illumination with adjustable brightness.

- **Turning On/Off:** Press the "Light" button (often indicated by a sun icon) to turn the night light on or off.
- **Adjusting Brightness:** Use the "Brightness" button (often indicated by a gear or sun with rays icon) to cycle through 20 levels of brightness.
- **LED Display Brightness:** The main LED time display has 4 adjustable brightness levels (low, medium, high) and can be turned off completely to avoid disturbing sleep.

30 Wake up Sounds

There's always a wake-up sound you like



Image: The device on a bedside table with a soft glow from its base, illustrating the 20 brightness levels and auto-off timer feature.

MAINTENANCE

To ensure the longevity and optimal performance of your DailyBody 3-in-1 device, follow these maintenance guidelines:

- **Cleaning:** Wipe the device with a soft, dry cloth. Do not use liquid cleaners or abrasive materials, as they may damage the surface or internal components.
- **Storage:** When not in use for extended periods, store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Power:** Always disconnect the power cable before cleaning or moving the device.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not power on.	Not properly connected to power; power outlet issue.	Ensure the power cable is securely plugged into both the device and a working power outlet. Try a different outlet.
No sound from the speaker.	Volume is too low or muted; incorrect sound selected.	Increase the volume using the "+" button. Ensure a sound is selected and not paused.
Alarm does not sound.	Alarm not set or enabled; alarm volume too low.	Verify that the alarm is set correctly and enabled. Check alarm volume. Ensure the alarm mode (weekday/weekend/all week) is appropriate.
Display is too dim or off.	Brightness level set too low or display turned off.	Adjust the LED display brightness using the appropriate button.

SPECIFICATIONS

Product Dimensions: 2.75 x 2.36 x 3.54 inches

Weight: 6.4 ounces

Model Number: DAC-ZB2

Power Source: Battery Powered (LR44 batteries included)

Material: Plastic

Color: White

Sound Options: 27 (White Noise, Natural Sounds, Ambient Sounds)

Wake-Up Sounds: 30

Volume Levels: 32

Night Light Brightness: 20 levels

LED Display Brightness: 4 levels (plus off)

WARRANTY AND SUPPORT

This DailyBody product comes with a **365-day warranty** from the date of purchase. This warranty covers manufacturing defects and issues arising from normal use.

If you have any questions, require technical assistance, or need to claim warranty service, please contact DailyBody customer support. Refer to your purchase documentation or the official DailyBody website for the most current contact information.

For further assistance, please visit the [DailyBody Brand Store on Amazon](#).

