

LASTAR CM022

LASTAR Light Therapy Lamp User Manual

Model: CM022

1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the LASTAR Light Therapy Lamp. Retain this manual for future reference.

- Do not immerse the lamp or power adapter in water or other liquids.
- Keep the lamp away from heat sources, direct sunlight, and flammable materials.
- Ensure the power cord is not damaged or pinched.
- This product is for indoor use only.
- Consult a healthcare professional before use if you have any pre-existing eye conditions, mental health conditions, or are taking medications that may increase light sensitivity.
- Keep out of reach of children and pets.

2. PACKAGE CONTENTS

Verify that all items are present in the package:

- LASTAR Light Therapy Lamp Unit
- Remote Control
- Power Cable
- Adapter
- User Manual (this document)

3. ASSEMBLY INSTRUCTIONS

The LASTAR Light Therapy Lamp is designed for easy assembly. Please follow these steps:

1. Screw the base onto the bottom pole section.
2. Connect the metal lamp pole sections by screwing them together.
3. Screw the light head onto the top of the assembled pole.
4. Stow the power cord neatly along the pole and secure it with the provided cable clips.

5. Connect the power adapter to the lamp and then plug it into a suitable power outlet.



Image: Step-by-step visual guide for assembling the LASTAR Light Therapy Lamp, showing the base, pole sections, light head, and cable management.

4. OPERATING INSTRUCTIONS

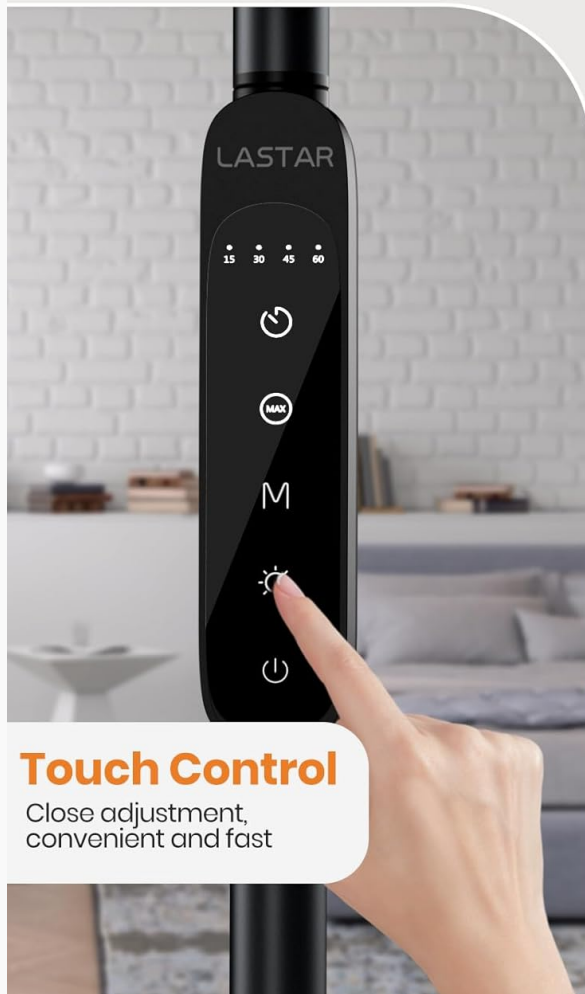
Your LASTAR Light Therapy Lamp offers versatile control options for a customized experience.

4.1 Control Modes

The lamp can be controlled via the integrated touch panel on the pole or the included remote control.

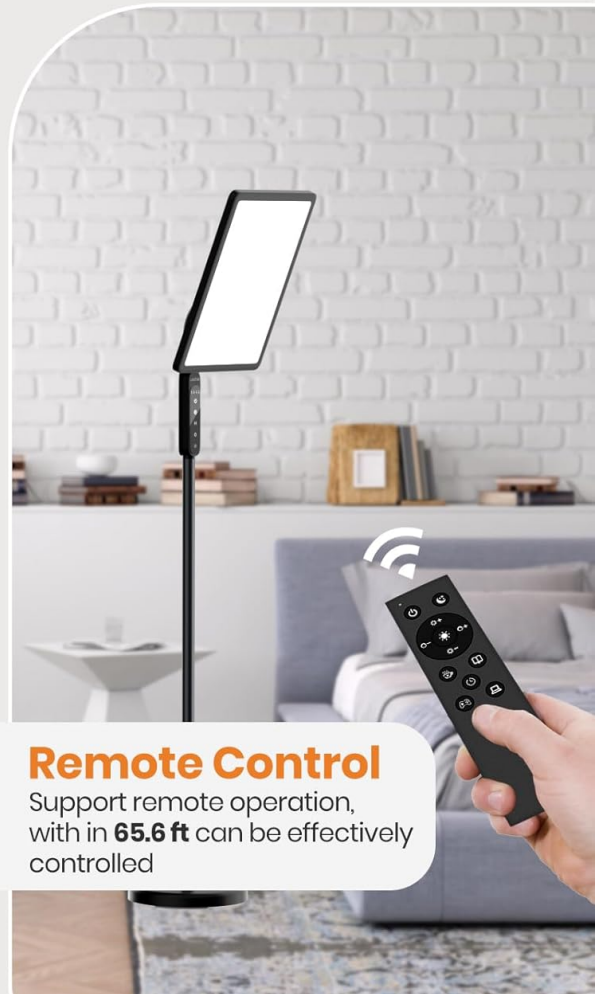
Two Adjustment Modes

Touch adjustment & remote control adjustment



Touch Control

Close adjustment,
convenient and fast



Remote Control

Support remote operation,
with in **65.6 ft** can be effectively
controlled

Image: Illustration of the two control methods: the touch-sensitive panel on the lamp's pole and the separate remote control unit.

4.2 Power On/Off

- **Touch Control:** Press the power symbol (